

Published by the Bryn Mawr Neighborhood Association

December 2015

BMNA Yearly COMMUNITY PROJECT

Help Improve the 'hood!

The BMNA Community Project program has been in place for the last nine years. Each year we ask neighbors to suggest projects that improve livability and safety in Bryn Mawr. Projects from past years include:

Redesigning the Upton garden in Area 4: our first community project; we completed a remake of the Upton garden and thanks to Cathy Skalicky, created a plan for ongoing maintenance. Drive by to enjoy the beauty.

Energy Challenge: over 80 neighbors joined the challenge and received statistics about their energy use. From this project we leveraged our relationship with SEE to receive two cash awards that benefited BMNA initiatives.

Ash Borer identification project: Our team identified more than 800 ash trees in Bryn Mawr and presented neighbors with a variety of options.

Downtown banner project: Part of a joint City of Minneapolis/BMNA NRP project. The banners are up! **2011 Pedal to Pedal garden bike ride;** which culminated in a very successful 2012 BMNA garden tour.

Construction of a Little Library: on Penn Avenue in front of Bassett Creek Arts.

Buckthorn removal: in Chestnut Park/Fruen Mill area over a period of three years

Construction of a bench at Brownie Lake Historical murals to be placed in neighborhood sites Successful projects have a leader who is willing to carry out the work needed to finish the undertaking. In past years, the financial commitment from the neighborhood was limited to \$2000. This year some of our CPP dollars from the city are being allocated to the community projects program; we are looking for projects that might need up to \$5000 to complete.

Got a good idea?

The Community Project Committee (Jay Peterson, Area 6; Steve Harvey, Area 7; Jessica Wiley, Area 3; Susan Vernett, Area 2, Joanne Michalec, Area 4; and Patty Wycoff, Neighborhood Coordinator) will take suggestions and create a prioritized list, making a recommendation to the BMNA board in the spring.

The categories of projects considered:

Environmental (e.g. Ash Tree identification, buckthorn removal)

Energy (e.g. Energy Challenge project) Downtown (e.g. Banner project)

Transportation

Community (e.g. Upton Garden Redesign, historical murals)

The committee evaluates suggestions using criteria including:

Is it possible (politically, physically)? Does it meet the budget (\$0 - \$5000)?

Is it sustainable long term?

Does it have neighborhood wide impact?

Is there leadership (an identified neighbor) to get the project done?

We will review ideas from past years and add new ideas contributed this winter. Please submit ideas for projects to jessicasusanwiley@gmail.com, or 612-374-3481, by March 1, 2016.



Ome on down and join the fun on Saturday, December 12. The fun begins at 4pm with Santa and the Women's Drum Corp. Enjoy a hot cocoa, roast a few marshmallows and warm your hands by the fire. Hop on the sleigh anytime from 5:30-7pm. An adults only party will begin at

Cuppa Java at 8pm with live music



and libations. Don't miss this fabulous annual event hosted by the Bryn Mawr Neighborhood Association. - Patty Wycoff,

- Patty Wycoff, Neighborhood Coordinator

Harvest Dinner 2015

ur annual Harvest Dinner attracted 75+ neighbors this year. Neighbors shared a lovely potluck meal with nine squash dishes from our squash competition. Emily Wilson(Area 6) won the "Guess How Many Candy Corn" game and Steve and Marliss Jensen(Area 5) won the squash competition with their delicious Butternut Squash Tart. They won a \$25 gift certificate to Cuppa Java. Check out the winning recipe below!

Butternut Squash and Kale Tart

Directions To make Crust: In a large bowl, whisk together the flour, yeast and salt. Make a well in the center and pour in the oil, 1 egg and 1/4 cup water. With a fork, begin beating the wet ingredients, slowly pulling in the dry ingredients until a soft dough forms. Knead in the bowl until the ball of dough holds together, then transfer it to a lightly floured surface and knead for a couple of minutes. The dough should be soft but not sticky. It it's sticky, add a little flour and knead again. Wrap in plastic wrap and set aside while preparing filling. Preheat oven to 350 degrees.



Taste of Anwatin! An International Celebration of Culture, Arts, Service & Learning Thursday, December 10, 5:30-8:30 p.m.

Food, crafts and lots of fun...

(Variation on "Squash and Chard Tart" published in the Minneapolis Star Tribune Sept. 18, 2014) **Crust**

1 2/3 c. Spelt flour

- 1 tsp. instant yeast
- 1/2 tsp. salt
- 2 tbsp. olive oil
- 1 egg
- 1/4 c. warm water

Filling

1 1/2 lb. Butternut squash
2 tbsp. olive oil, divided
1 tsp. dried thyme
8 oz. fresh kale
4 oz grated Pecorino Romano cheese
4 oz grated Pecorino Toscana Fresco
2 eggs plus one egg yolk
1 c. heavy cream
1/4 tsp. freshly grated nutmeg
Olive oil for greasing pan

To make filling: Peel squash, making sure to peel down to the deep orange flesh, then seed and slice into 1/2-inch thick discs. Place on lightly oiled baking sheet, brush with 1 tablespoon olive oil and sprinkle with thyme. Roast for 20 to 30 minutes, or until tender.

- Shop for <u>Arts & Crafts</u> made by students and community artists.
- Taste wonderful international <u>food</u> for sale in the cafeteria until 7:30 p.m.
- Come be part of the Empty Bowls community service event!
- Enjoy the Winter <u>Music Concert</u> starting at 7:00 p.m.

Proceeds from food and bowl sales benefit local food shelf.

Taste of Anwatin sponsored by RBC Wealth Management. Arts & Crafts Fair co-sponsored by Anwatin Community Education and the Bryn Mawr Neighborhood Association schools committee.





BRYN MAWR NEIGHBORHOOD ASSOCIATION **Board Meeting Minutes** Wednesday, November 11, 2015 7:00-8:45 PM Bryn Mawr Elementary School

1. Call to Order & Introductions

Kevin called the meeting to order with a quorum present and introductions were made. The following people attended:

Board Members, Staff and Committee Members:

Kevin Thompson-President Jessica Wiley-Vice President Dennis Fazio-Treasurer Sandie Gay-Secretary Dennie Juillerat-Area 3 Co-Rep Brian Treece-Area 3 Co-Rep Chris Etz-Area 4 Co-Rep Matt Stark-Area 4 Co-Rep Joanne Michalec-Area 4 Co-Rep Britta Larson-Area 5 Co-Rep Barry Shade-Area 6 Co-Rep Jay Peterson-Area 6 Co-Rep Steve Harvey-Area 7 Rep JoEllyn Jolstad, Bugle editor

Guests:

Margo Ashmore-2016 Minneapolis and St. Paul Home Tour

2. Approval of today's agenda

Moved, seconded and passed.

3. Approval of minutes of last month's meeting.

Moved, seconded and passed.

4. Treasurer's Report: Dennis Fazio

- Garden of Hope and Healing was completed without needing \$10,000 from BMNA.

- Budget committee will present next year's budget at December meeting. Dennis asked about any new projects for next year. NRP dollars have been accounted for; CPP budget needs to be developed. Plans should, also, be developed for City's money.

5. Minneapolis/St. Paul Home Tour: Margo Ashmore

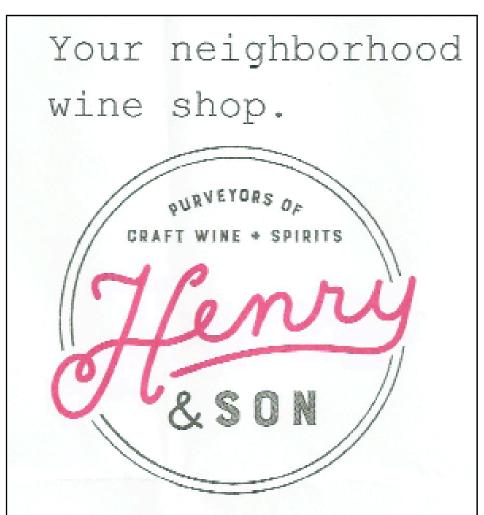
Nominations are needed for homes to be on next year's tour. 50 plus homes in both cities usually participate. Dates are April 30 and May 1, 10-5 and 1-5. Call Margo at 612-867-4874 with names to contact. Jan 15th is deadline for nominations. Margo will email article to JoEllyn for publication in The Bugle.

6. Area 5 Co-Rep Appointment, Britta Larson: Kevin Thompson

Britta was nominated to be the Co-Rep for Area 5. Barry Shade moved, Chris Etz seconded. Motion passed.

7. Wirth Park Advocacy Group: **Barry Schade**

John Munger started the group with people interested in biking, trails, and the welfare of the park and



they intend to advocate for following the Master Plan. This meeting was to develop the group's mission. At a later date, broader issues will be addressed.

8. Trash Containers, downtown Bryn Mawr and the boulevard by the hedge: Kevin Thompson

Discussed the process for emptying the downtown trash containers in front of the market, Fast Freddies, and the bus stop, and on the boulevard by the hedge. These trash containers are often full; each has a different procedure for pick up. There has been a request for financial support from the BMNA to empty the trash cans more frequently. Patty proposed we pay the City of Minneapolis to manage trash cans downtown Bryn Mawr. There are three trash cans at the bus stop, corner other side and front of The Market. The City won't collect unless paid \$600 a year. BMNA would have to replace the current cans with the city standard (concrete with pebbly sides). The City won't re-line them. Jessica and Patty will get back to us with a report on the options and make a recommendation at the December meeting.

9. Bugle Report: JoEllyn Jolstad

There were two full page color ads in last month's Bugle. December is a tight turn-around. All articles need to be to JoEllyn by November 20. There is no January edition. The new subscription manager is Kate Olsen. Many thanks to Kevina Munich for her years of service in this position.

10. Standing Committee Reports

Communications: Jay Peterson West Work has been hired to redesign BMNA website. They are studying the current website with a planned mid-January or February launch date. They will put together two proposals and need volunteers to participate in review. JoEllyn and Jeremy are participating. Kevin and Brian volunteered. Contact Jay to volunteer.

Schools: Jessica Wiley

- The Craft Fair held during the Taste of Anwatin is December 10. The fee to participate is \$15 for a table.

- The superintendent search is narrowed to six candidates.

are needed. The goal is to wrap up all 12 by December. The date for the tour is July 16th ,2016. Dennie Juillerat volunteered to be Chair of Garden Tour. Chris moved, Joanne seconded, motion passed.

11. ROC Update - Impound Lot Small Group Meetings

Barry and Kevin are attending the meetings." Greening and screening" are the biggest issues. The City is changing the zoning from residential to mixed use. There is a meeting November 12th at 6pm at Harrison Community Center.

12. SWLRT Update: Vida Ditter/Barry Schade

The Kenilworth landscape plan has been accepted. An open house will be held on November 18th at Dunwoody. The plan saved lots of trees and replaced others.

13. Discussion Items, New Business, Updates and Announcements

The Park Board has notified the BMNA board that the update for the Bryn Mawr Meadows has been pushed back to 2021. Jessica Wiley moved, Jay Peterson seconded that we write a letter to the Park Board expressing our disappointment and meet with Anita Tabb, our representative to discuss this delay. Jessica expressed disappointment with the change of date for Park Board's update of Bryn Mawr Meadows. She made a motion for Kevin to write letter from BMNA stating that, Jay seconded. Motion passed.

14. Adjourned by 8:30 p.m.

NEXT BOARD MEETING: Wednesday, December 9, 2015 7:00 p.m., Bryn Mawr Elementary Cafeteria

UPCOMING EVENTS: Craft Fair - December 10 Saturnalia - December 12th, 4-7pm.

The BMNA invites and encourages participation by every resident to each program, service and event organized by the BMNA. Should you require an accommodation in

Now open on Glenwood Avenue.

811 Glenwood Ave (across from IMS, on side facing Downtown Dogs)

Henry & Son focuses on wines made by independent vintners and features a selection of craft beer, cider and spirits. Weekly wine & beer tastings 5-7pm on Thursdays and/or Fridays.

www.facebook.com/shophenryandson/ Like us on Facebook!

- A desegregation lawsuit has been filed against the school district and may result in attendance change boundary changes in the future. Gardens-

Garden Tour-There are four confirmed in Areas 3 & 6. Eight more

order for you to fully participate, or if you require this document in a different format, please let us know by contacting our neighborhood coordinator at organizer@BMNA.org at least five days before our event.



lenn. alitonsk

Happy Holidays and a prosperous New Year to all my clients. Anyone else can reach me at 612.867.6703.

Jim Kalitowski

He's been around your block.



612-867-6703 jimkalitowski@remax.net

@1996 James Kalitowski, Realtor.



www.ci.minneapolis.mn.us /solid-waste (612) 673-2917

Bryn Mawr Recycling Schedule

	Monday	Tuesday
Area 1	December 7 December 21 January 4 January 18	
Areas 4W, 5W, 6, 7	December 14 December 28 January 11 January 25	
Areas 2, 3, 4E, 5E		December 8 December 22 January 5 January 19

Use it up, wear it out, make it do, do without. Recycle.

What are you doing this weekend? Why not go DANCING! LIVE music is more FUN!





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On the Corner of Glenwood & Logan Monday - Friday 6:00 AM - 3:00 PM

Last day December 23. Visit us at Ginger Hop in the new year!



OHIANG MAI THAI

Calhoun Square 3001 Hennepin Ave. S. Minneapolis, MN 55408 (612) 827-1606 Fax (612) 827-1635



From the Editor

Lowing Saturday, Dec. 12.

Typically, in the December Bugle I reflect on the past year and say a bunch of thank yous. I am truly grateful for so many things this year. But, the events of this past week have been so troubling to so many people, that I feel the need to write about how it has impacted me.

The death of Jamar Clark at the hands of a Minneapolis Police Officer has torn a community apart. So many questions, so few answers, and too much speculation. Youth and adults are protesting, disrupting our streets and hate-filled people stir the pot and succeed in precipitating more violence. And through this all, city leaders and law enforcement are tasked with trying to keep everyone safe.

People want answers right now. They way it happens on television. But no information is coming until the BCA investigation is complete. As a person who grew up trusting the police, I believe them when they say they need time to do a full investigation. But it is hard to be patient when your race has been persecuted and marginalized for generations.

As the holidays approach, I hope you all have plans to be with loved ones and that you also take a moment to consider those who feel the pain of these past weeks so deeply. For my beloved city of Minneapolis, my holiday wish is both simple and very complicated. Peace. Understanding. This year "Peace on Earth, Goodwill to mankind." holds so much more meaning.

- JoEllyn Jolstad, bugle@bmna.org

WEEKLY MEETINGS OF ALCOHOLICS ANONYMOUS are held at Bryn Mawr Presbyterian Church, Cedar Lake Road and Laurel Avenue,on

Tuesdays at 7:30 p.m.

All interested people are invited to attend.

NORTH END HARDWARE

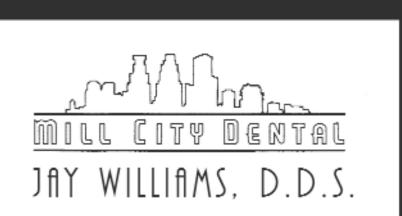


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From the ARCHIVES

Below is part three of a three-part history, written by Emily D. Olson, of Bryn Mawr. Many of the families she mentions are still in Bryn Mawr! It was originally printed in the Bugle in the May/June 1976 edition.

If you have bistoric information or photos that you would like to share with the Bugle, please email Kevina Munnich at kmunnicb@gmail.com.

THE HISTORY OF BRYN MAWR By Emily D. Olson

(Editor's Note: Emily Olson is chairperson of the Mpls. Senior Citizen Bi-Centannial Comm. This history of Bryn Mewr is the result of Emily Olson's research on this neighborhood. We appreciate her sharing her research with us. This is the third article of a three-part series. THE FRUEN FAMILY

William H. Fruen was born in England, July 5, 1845. He came to this country in June 1865, and to St. Paul in 1870 and then to Minneapolis in 1874. He built a dam on Bassett Creek near where Glenwood Ave., formerly Western, cross ed it and built a factory to make screws.

There were fine springs on the property so he built a factory'to have spring water in 1682. In 1885 he began delivery of water in jugs. Fruen retired in 1896 and his son, Wm. F. Fruen became head of the business now known as Glenwood-Inglewood Co.

In 1890 another project was started, the Trucz Milling Company. In 1909 the management of the mill was turned over to another son, Arthur B. Fruen. Arthur was born in Bryn Mawr. He was a charter member and ruling elder of the Bryn Mawr Community Church. He organized and was Scoutmaster of the Bryn Mawr Boy Scout Troop, He became Alderman of this ward in 1921 and served until 1946. The Fruen family gave several parcels of land to the Park Board. They have contributed much, not only to Bryn Mawr, but to Minocapolis as well. Mrs. Arthuz Fruen (Reba) was a pupil of Eloise Butler's biology class in South High School.

The Eloise Butler Wild Flower Garden and Bird Sanctuary was established April 4, 1907, consisting of 3 acres. It is located East of Glanwood Parkway and North of Highway 12. The idea came to Miss Butler who was a botany teacher at Central and than South High. It was difficult to find places where she could take her pupils to familiarize themselves with living plants because of the growth of the city. It now consists of 13 acres.

The idea of the garden came to Miss Butler as she had to take her pupils further away and wanted a place permanent before all space was taken. She found the place in Glenwood Park, the larges in the city now called Wirth Park. It was acquired ity Education Department. I have enjoyed it in April 1907 and was dedicated without coremony. however, as I am a history "buff".

Until 1911 it was cared for by Miss Butler and five other botany teachers. In 1911 Miss Butler

Miss Butler introduced 704 flore species, 70 variaties of trees and 160 species of shrubs. The garden is open from April to November 1, weather permitting.

After the death of Miss Butler, Mrs. Martha Crone became curator. She had been assisting Miss Butler for 15 years. Mrs. Crons set out some 42, 500 plants. Minnesota has a wide range of flora, extending 600 miles from Canada to lows and 300 miles from North Dakots to Wisconsin. In 1947 water was piped in from the main at Chestnut and Xernes North.

The garden is now known as the "Eloise Butler Wild Flower Garden & Bird Sanctuary" as it is a stopping off place for migrating birds. Several species stay the year around. We now have a lovely building where people can come for information and see various species of dried flors. It is nationally known, people coming from most of the states and Mexico to admire such a "beauty spot" in the heart of Minneapolis. It belongs to the Park Board and is under the supervision of "The Friends of The Garden". Kenneth Avery is now the Curstor.

In the era of 1910 to shout the early 1920s it was the popular thing for the wealthier people to spend the summers in cottages around Cedar Lake, allowing the children as well as thomselves of the opportunity of using the lake for swimming and fishing. However, as automobiles became popular the practice dwindled and they went further afield.

I wish to thank everyone who so graciously gave me information including the Hennepin County Historical Society. I also spent time at the Minneapolis Public Library and the Eloise Butler Wild Flower Garden & Bird Sanctuary. Everyone was very generous with their information and I truly appreciate it. However, I sincerely hope they are not disappointed because I have condensed information. It has taken considerable time, but I have enjoyed it very much.

Little did I realize when Noel Pyle asked me to represent our group at the next "leaders" meeting that there would be so much work involved because I gave a few suggestions. As a result I was made chairperson for the entire 33 groups of Senior Citizens under the Commun-

FRED'S GROCERY

ratized and was made full-time curator until she died April 10, 1933. It was named Eluise Butler Flower Garden on June 19; 1929.

Open 7 AM unW 10 PM Coder Laka Road & Penn Avenue Oeliveries Monday thru Friday. Phone 377-8368





Bryn Mawr Neighborhood Association Calendar - December 2015

All meetings are open - everyone is welcome. Neighbors are urged to attend and participate in meetings and activities of special interest to them. Bryn Mawr Neighborhood Association and its committees meet at Bryn Mawr Elementary School during the school year, unless otherwise noted.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	Family Gym Night, 2 6-8 @ Bryn Mawr Elementary	3	4	5
6	7	8	Family Gym Night, 9 6-8 @ Bryn Mawr Elementary, BMNA Monthly meeting, 7 PM Bryn Mawr Elementary in the cafeteria	Taste of Anwatin & 10 Anwatin Craft Fair, 5:30-8:30 PM	11	Saturnalia in down 12 town Bryn Mawr, 4- 7:30, Adults Only party @ Cuppa Java, 8-10:30
13	14	15	Family Gym Night, 16 6-8 @ Bryn Mawr Elementary	17	18	19
20	21 Minnea	22 polis Public Schools Clos	23 red - Winter Break Decer	24 mber 21, 2015-January 1	25 1, 2016	26
27	28 Minnea	29 polis Public Schools Clos	30 red - Winter Break Decer	31 mber 21, 2015-January 1	, 2016	



Bassett Creek Streambank Erosion Repair Project

assett Creek is an important amenity for the Bryn Mawr Neighborhood. The creek and its banks are home to birds, turtles, frogs, and other wildlife! But it's also a carrier and a source of pollution that flows downstream into the Mississippi River. Unprotected banks erode sediment (dirt) into the stream with each heavy rain and flood. Sediment carries nutrients with it like phosphorus that feeds algae. And, sediment can settle to the bottom of the stream where the flow slows down - burying important habitats for aquatic creatures.

To help control erosion along Bassett Creek and stabilize the streambanks, the Bassett Creek Watershed Management Commission (BCWMC), in cooperation with the City of Minneapolis, is planning a project to repair eroding areas near the Fruen Mill and from Cedar Lake Road to the entrances of both the new and old tunnels at Dupont Avenue North and 2nd Avenue North. Ultimately, the project will reduce streambank erosion, reduce the amount of sediment and pollu-

tants entering the stream and flowing downstream into the Mississippi River, and improve stream habitat for fish and other aquatic life.

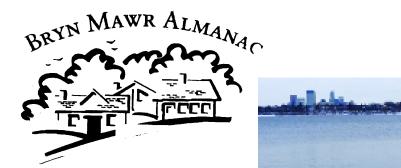
Construction of project is slated for 2017, but the first step in this process is to complete a feasibility study to evaluate site conditions, gather community input, and assess options for different stabilization techniques in each area like establishing vegetation (willows, grasses, etc.), using boulders, or other stabilization methods.

Do you have a question or concem about this project? Community members are invited to learn more about the project, provide feedback, and share ideas at any of these upcoming events:

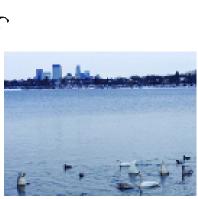
Bryn Mawr Neighborhood Assoc. Board Meeting

Wednesday, December 9, 7:00 p.m. Bryn Mawr Elementary School Harrison Neighborhood Assoc. Pre-**Board Meeting** Monday, December 14, 6:30 p.m.

503 Irving Avenue North



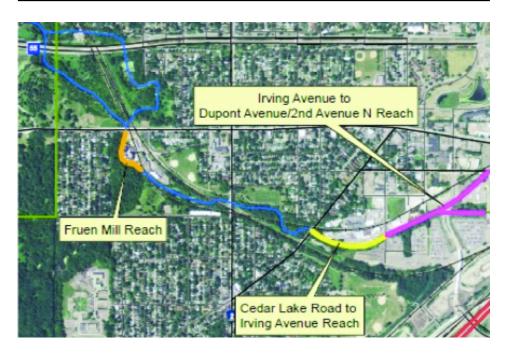
November 18, 2014 Large flock of migrating swans at the south end of Lake Calhoun.



December 25, 2015 Full moon, the Ojibwe descending cold moon. Jet stream patterns related to warm water in the Pacific (El Nino) may keep arctic air up north this year.

Seen at a spring near Bassett's Creek on a cold December 31, 2013 day: 2 robins, 2 cardinals, 2 snow buntings.

January 24, 2015 High 39°. Chickadees singing their spring song, "fee-bee, fee-bee".



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
***	S Nex	Bugle in Ja t issue is Febru ising and editorial subm	ary 2016.	720.	New Year's Day 1 Holiday	2
3	4	5	Family Gym Night, 6 6-8 @ Bryn Mawr Elementary	7	8	9
10	11	12	Family Gym Night, 13 6-8 @ Bryn Mawr Elementary, BMNA Monthly meeting,	7 PM Bryn Mawr 14 Elementary in the cafeteria	15	16
17	18	19	Family Gym Night, &0 8 @ Bryn Mawr Elementary	21	22	23
24 31	25	26	Family Gym Night, &1 8 @ Bryn Mawr Elementary	BMNA Schools 28 Committee, 7 PM @ Bryn Mawr Elemen- tary, RM 136	29	30



By Anna Quirk, Area 6

Atthew Smith, of Area 3, is a true Renaissance Man. For this month's article, Matthew graciously invited me to his home and work space. As I entered the home, I felt like I was in a museum – art in its many forms was showcased on any and all wall space. The art was a mix of his own work, work from friends and other artists, as well as art created by his wife Lauren Stringer, who was featured in the September 2015 edition of the Bryn Mawr Bugle.

The Painter

Matthew is an artist, but the medium in which he works changes with nearly each new decade. Over the last 40 years, Matthew has transitioned from oil painter, to composer and musician to a full-time writer of fiction.

Matthew and his wife Lauren Stringer have been Bryn Mawr residents for 27 years, but how he came to Bryn Mawr is another story. Matthew graduated from Oberlin College in 1976 with a focus in art and headed east to Washington, DC to work and live for a few years. Then he wanted to be more in the center of the art scene and moved to New York City. Matthew was put off immediately. Washington DC had been much more "aesthetically pleasing" with all its monuments and architecture, but New York was devoid of igniting any artistic inspiration. The "maximum city" was big and noisy and gray and jarring to the senses. Matthew and other artists rely on their "alive and highly tuned" sensitivity to the world around them for inspiration, and Matthew's experience in New York had a negative impact on his art. He says, "For the first 3 years, I made some of the worst art in my life! I have thrown out much of the artwork from that time."

During his years in New York City, Smith had several part time jobs that allowed him to also pursue and work on his painting. The move to New York was hard financially, but he worked with an art moving company where he got to see the high end art scene, in neighborhoods like Soho, where he would see work by "blue chip" artists. The scale of the work was big!

New York wasn't all bad for Smith, as he met his wife, Lauren Stringer, while they both worked at the Cooper Hewitt design museum. They spent a few more years in New York and then moved to Minneapolis, seeking a new city with a slower pace, but still a very active art scene. Matthew and Lauren both got jobs at the Walker Art Cen-



Sunflower Group No. 3 Original Oil Painting by Matthew Smith

ter hanging art installations. They would work for three weeks at a time and then have a month off. A schedule very conducive to the artist life.

In his early years as an artist, he couldn't always afford paint and other supplies. He told me a story about how he would go down to the old hardware store and look through their basement for old cans of latex house paint, because he could not afford oils. He would pin up canvas drop cloths on his bedroom wall and paint huge pieces. In all of Matthew's work he needs to have a personal connection to the object. He describes this feeling as almost being able to "taste" it, there is such an

intimate connection. Matthew painted mostly landscapes and still lives in oil paint but also worked in pastels. Matthew's last showcase of his paintings was in 1999 at the Groveland Gallery, when he exhibited and sold oil paintings from his show entitled Sunflowers.

Natural Step Tai Chi Center for Health & Conscious Living 414 Penn Ave South, Bryn Mawr Village





After the death of his mother and a grandparent, Matthew did not feel like he could express himself only through his painting. Music got closer to the "psychological intensity" he was feeling. Matthew says it came from a place of "do this now" in which he started to transition to composing music through the layering of sounds with the help of a digital recorder. Growing up Matthew played the piano, first by ear, and then later taking lessons, but he never liked the confines of having to learn from reading music. He's amassed a plethora of instruments and incorporated them into the perf o mance of his compositions.

Matthew's compositions are like his paintings, layers of colorful sounds from different instruments recorded on a multi-track digital recorder. Smith says, "I'm at home in both these worlds; a bow stroke is like a brush stroke, both a matter of touch." Matthew had applied for several grant opportunities when he was working as a painter, but wasn't accepted until he applied as a composer, then he was granted two! One from the McKnight Foundation and another from the Bush Foundation.

As a composer, Matthew worked with the local Zeitgeist Composer Workshop, made possible through the Jerome Foundation, in which he worked with musicians for a five day

workshop to

develop and

explore new



CD Cover from archaic with Original Artwork by Matthew Smith

music. His album, archaic is available on iTunes and contains original symphonies incorporating such instruments as the jaw harp, violins and percussion. Smith composed music for approximately 10 years but has since moved on to writing.

The Writer

Writing helped Smith once again pull together all the parts of his life and made him feel more conscious and whole. He says that what he writes is a "reorganized structure of my life" or fictionalized accounts of things that have happened in his life. Matthew has lived a life full of hardships and tragedy, but also great joy. "Writing helps me honor the suffering, the humor and the connections in my own life. I write about the 'unspoken moments' as a creative act, not a memoir". He likes this style because he can take bits and pieces from his memory and change or embellish the story. He says, "If I take a person from my life – people are so complicated – I can turn this one person into several people in a novel, I can take one facet of their personality and break it up." Matthew cannot wait to work on his writing everyday. He never has writer's block, it's a freeing experience for him, and it provides him with further self awareness. Matthew truly enjoys being home playing music, writing and spending time with his wife and two grown children. His future plans include volunteering for the Loft Center for Literacy and continuing to work on his novel The Caregiver.

\$10.00 Drop in Rate - Teachers are trained & certified specialists

Qiflow Yoga - with Birgit from BK Healing Arts

A combination of Qigong & Yoga suitable for all! The classes are deeply relaxing & will help strengthen & energize the body by releasing blockages. Thursdays 7:00 pm - All ages Mondays 11:00 am - Gentle classes for 50 + bkhealingartsmn@gmail.com

Beginner Vinyasa Flow Class - with Ali from Full Moon Yoga

This class is for anyone and everyone! Learn to combine breath & movement for a meditation that nourishes you. Mondays at 7:00 pm

fullmoonyoga2015@gmail.com

Your Recovery Yoga - with Michelle

Addiction: Behaviors you continually do despite the fact they bring negative consequences to your life. Practice compassion, acceptance & love for yourself. Release addiction in a fun, gentle class. Everybody can do it!

> Mondays at 4:30 pm Thursdays at 5:30 pm michelle@yourrecoveryyoga.com

For Complimentary Tai Chi Classes & additional Yoga information ~ Visit www.NaturalStepTaiChi.com

Introducing Webmaster for Neighborhood Association

eremy Staffeld is our new Bryn Mawr Webmaster. He grew up in Marquette MI. After high school he attended college with a major in Computer Programming. He realized it was not the right match for him. In 1999 he joined General Motors in Detroit. There he performed various IT support functions. In 2005 he moved on to work with the Ford Motor Company in Dearbom MI. He was responsible for website software support for all dealerships in North America. He returned to college with a major in Psychology and a minor in Writing. Shortly after that he moved to Omaha to be with his father. At that time he started freelancing for website development. He continues to do that today.

On a personal note, Jeremy moved to Bryn Mawr three years ago. He signed up for treatment at CrossRoads and has since become a part-time Resident Manager there as a way to give back to the program that greatly helped him. His interests are diverse. His biggest passion is for biking. His other interests are art, painting, photography and music. He plays the guitar and sings folk music. He is also supporting Bemie Sanders in his campaign for President.

Since becoming the Bryn Mawr Webmaster he has been working behind the scenes to enhance the



website. After deciding on one of four companies, a contract was recently signed with

WestWerks. This new website development fim will create a newly designed website within two to five months. After that he and other Bryn Mawr designates will have access to update the website. Some of the key features in the new design will be to meet the needs of people with special needs and become a more welcoming center for neighborhood information. Stay tuned for a new and exciting website. In the interim feel free to access our website at: bmna.org. *- Joanne Michalec, Area 4 Co-Rep*

Minneapolis Audubon Society Monthly Events

Friday, December 11, 2015, 1:00 p.m. KAZAKHSTAN BIRDING — SHARON STITELER Friday, January 8, 2016 at 1 p.m. DAVID CAHLANDER — BIRDS OF BHUTAN Friday, February 12, 2016, 1 p.m. DR. SCOTT SHARKEY — THE MARVELOUS MARSH Join the Minneapolis Audubon Society for food and fun at the Bryant Square Neighborhood Center, 31st & Bryant Avenue S, just one block south

Square Neighborhood Center, 31st & Bryant Avenue S, just one block south of Lake Street, easily accessible via the #4 bus, which runs every 15 minutes! For more information call 763-533-8381.

Rolayne's Hair Design JULIETTE HUBER + NANCY WILSON CONTINUING A BRYN MAWR TRADITION Under the Green Awning Downtown Exceptional Service

Reasonable Prices Men, Women & Children DECEMBER DEALS Juliette has great stocking stuffers Organic color & cut \$20 off with Nancy (new clients only) Wi-Fi Available 612-377-4179

Annie Child & Susan Stryker: Bryn Mawr Residents and Real Estate Agents





Annie Child eachild@cbburnet.com 612-819-8785 Susan Stryker srstryker@cbburnet.com 612-839-6360





Family Open Gym at Bryn Mawr **Community School Returns** Wednesdays, 6-8 p.m. November through April

pen gym every Wednesday, 6-8pm starting on November 18, through March 30th. Small gym and big gym. We will be looking for other adults to commit to supervise, as 2 gyms will require at least 2 adults per night. Contact: Steve.Lish@mpls.k12.mn.us or Lisa Mills: mills018@yahoo.com.

5th Grade Open House at Anwatin IB Middle School (6-8) Wednesday, January 20, 2016

Call Family Liaison, Daniel Burgos at 612-668-2478 for times and details or to schedule a tour.

Thank you to Generous **Bryn Mawr Business Owners!**

t our principal's request, the APTA President put out word (on Next Door) that the refrigerator in the teacher's lunchroom was on it's

'last leg,' and we were looking for a used (but in good working order) fridge, that someone would be willing to donate. Several neighbors immediately volunteered an old one! Even better, in the end a NEW fridge was purchased by Jeffrey Caron, of Studio 411 and Dr. Jay Williams, of Mill City Dental! The new fridge was delivered to school on Friday November 20th.

We are SO grateful for the Bryn Mawr neighborhood's continuing support of the school and our amazing, dedicated teaching staff.

THANK YOU, Jeffrey and Dr. Jay!! - Lisa Mills, BME PTA President

Contact Information For Community Schools

Bryn Mawr Elementary (PreK-5) 252 Upton Avenue South 612-668-2500 brynmawr.Minneapolis.k12.mn.us

Minneapolis Kids School-age Childcare (at Bryn Mawr School) 612-668-3890

mplskids.Minneapolis.k12.mn.us/

Anwatin Middle School (6-8) International Baccalaureate and **Spanish Dual Immersion**

256 Upton Avenue South 612-668-2450 anwatin.Minneapolis.k12.mn.us

Anwatin Community Education 612-668-2470

www.mplscommunityed.com

Any Service

Over \$100

Any Service

Over \$200

Any Service

Over \$500

Types







Ongratulations to the 43 Anwatin Middle School Beacons students who were invited on a "Caught Being Good: Beacons Best" field trip to the Roller Gardens on November 23rd.

The 43 students invited to attend were caught being good during after

school Beacons programming and handed personal invites from their Beacons teachers.

The good actions that got them invited all reflected the work, respect and sense of belonging that Beacons embodies.

- Matt Branch, Anwatin Beacons



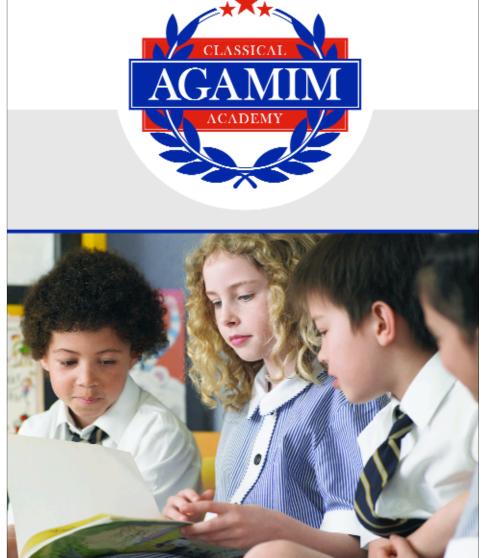
Linden Hills Dentistry welcomes Dr. Jane Puntillo



289 Sheridan Avenue South, Minneapolis, MN 55410 www.lindenhillsdentistry.com (612) 922-6164

Bryn Mawr Presbyterian Church Welcomes You!

Children's Christmas Pageant Sunday December 13 at 10:30 a.m.



BUILDING A BRIGHTER FUTURE ONE CHILD AT A TIME

Agamim Classical Academy educates children both intellectually and morally so they can live lives of truth, beauty and goodness. Our focus on classical virtues and American values form the basis of the seven liberal arts



that prepare students to thrive in a free society and grow into the type of citizens that make a difference.

Tuition-Free

Rigorous Academics

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K-5 Program Beginning Fall of 2016

Private Academy Feel with Uniforms

Before and After Care Provided

Christmas Eve Candlelight Service December 24 at 7:30 p.m.

COMPLIMENTARY ADVERTISEMENT In Exchange for BMNA Meeting Space

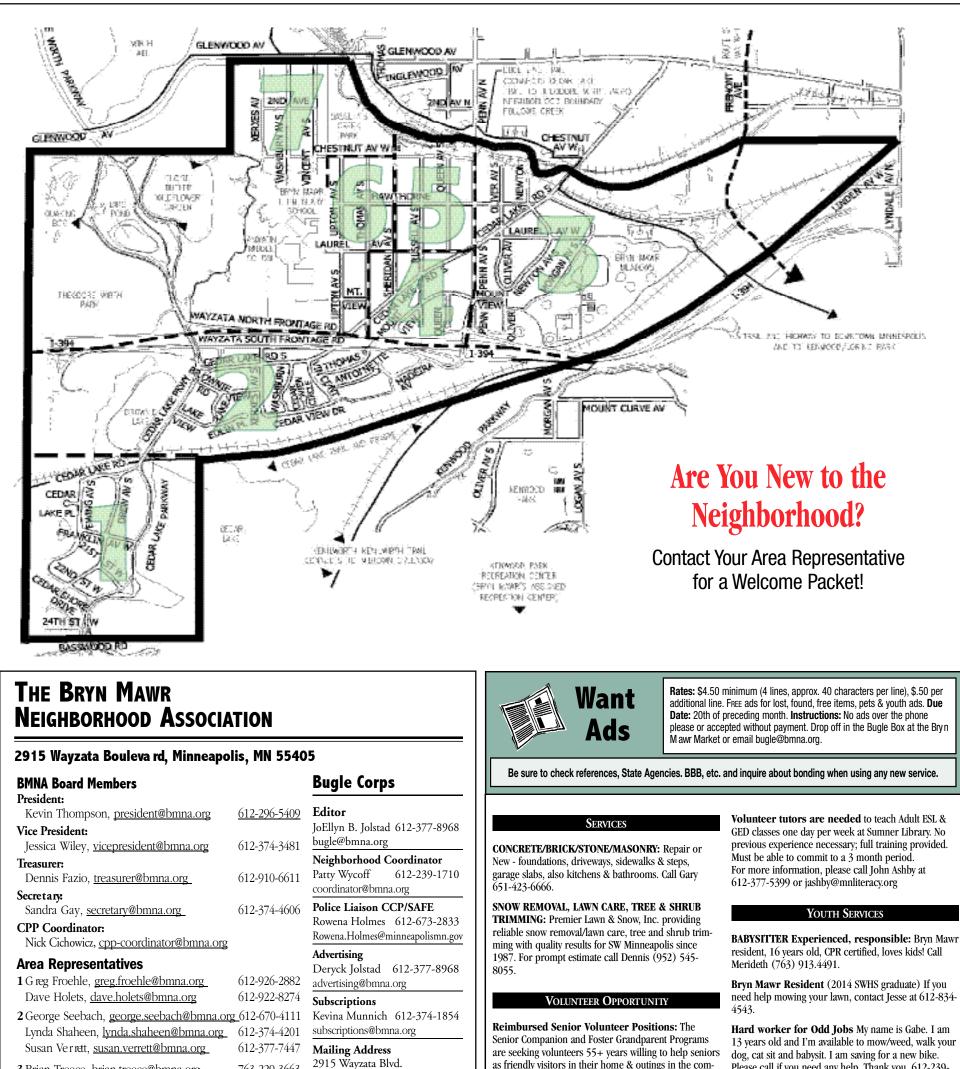




agamim.org

1503 Boyce Street, Hopkins, MN 55343

Open house: Sunday, December 13 at 3:30 p.m. Tours available. Call 952-856-2531



efits. Contact Lisa at, 651-310-9450 lisa.beardsley@lssmn.org.

as friendly visitors in their home & outings in the com-

munity OR to help children in school settings as men-

tors and tutors. Volunteers needed in YOUR community!

Tax-free stipend, mileage reimbursements & other ben-

dog, cat sit and babysit. I am saving for a new bike. Please call if you need any help. Thank you. 612-239-1710

Beth Turnbull, <u>beth.turnbull@bmna.org</u>	612-423-3033	bmna.org
6 Vida Ditter, <u>vida.ditter@bmna.org</u>	612-374-1481 612-377-4677	Jeremy Staffeld webmaster@bmna.org
Jay Peterson, <u>jay.peterson@bmna.org</u> Barry Schade, <u>barry.schade@bmna.org</u>	612-3/7-46/7 612-203-1758	
7 Steve Harvey, <u>steve.harvey@bmna.org</u>	612-374-3613	

3 Brian Treece, brian.treece@bmna.org

Matthew Stark, matt.stark@bmna.org

5 Britta Larson, britta.larson@bmna.org

Dennie Juillerat, dennie.juillerat@bmna.org_ 612-850-5658

4 Christopher Etz, <u>christopher.etz@bmna.org</u> 612-378-2987

Joanne Michalec, joanne.michalec@bmna.org 612-377-3348

763-229-3663

239-313-5661

612-849-1330

Minneapolis, MN 55405-2145

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Web Site

612-767-1876

Drop Off Box

Bryn Mawr Market,

behind the counter

The Bryn Mawr Bugle is an open-forum newspaper published by the Bryn Mawr Neighborhood Association. Content is based entirely on volunteer submissions which may be emailed to bugle@bmna.org.Articles and letters to the editor will be printed at the discretion of the Editor. The Bryn Mawr Bugle is published every month except January Distribution is free to Bryn Mawr residents; copies are also available at the Bryn Mawr Market, Bryn Mawr Mobil and Cuppa Java. Subscriptions are \$21 per year. Opinion artides represent the opinion of the writer, not necessarily those of the Bryn Mawr Neighborhood Association or the Editor of the Bugle. The Bryn Mawr Bugle will print letters to the editor as space allows. Letters may be edited for length without altering the letter writer's message. Letters must be signed by the person who wrote them. Under the law, letter writers, like journalists, may not commit libel, be obscene, reveal names of juveniles accused of crime, invade personal space. or incite to riot.

Copy deadline for the February issue is January 20!

Display & Classified Ads are due January 20th. Ads must be pre-paid & camera ready.

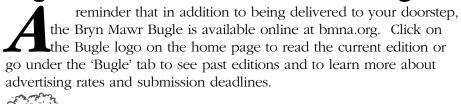
Call Deryck Jolstad at (612) 377-8968 or djolstad@msn.com for rates.

GENERAL ADVERTISING POLICIES: All ad copy is subject to approval by the paper, which reserves the right to reject or request changes to an ad. Ad placement does not imply endorsement by the BMNA. The advertiser, not the paper, is responsible for the truthful content of the ad. Readers use service/product providers at their own risk and are solely responsible for checking references, state agencies, BBB, etc.

COORDINATOR CORNER

My name is Patty Wycoff and I am the Bryn Mawr Neighborhood Association Coordinator. Feel free to contact me at coordinator@bmna.org or 612-239-1710. If you are not part of our e-mail list, please sign up at www.bmna.org.

Bugle also available at www.bmna.org



BRYN MAWR ╶╏╽╱┍┤┍┑┍╴

Questions about placing an ad or submitting a story? Email bugle@bmna.org.