



BRYN MAWR BUGLE

Published by the Bryn Mawr Neighborhood Association

November 2015

The Garden of Hope and Healing

On September 27, 2012 in Bryn Mawr, six people lost their lives in one of Minnesota's worst mass shootings. Many of us knew those who lost their lives that day and they will forever be remembered. In response to that tragic event, a small committee of neighbors was formed to plan a way to remember those whose lives were lost. After our 3-year journey, our dream of creating a garden became a reality.

On Sunday October 25th, the dedication ceremony for the Garden of Hope and Healing took place out on the lawn of the Bryn Mawr Presbyterian Church. Nearly 100 people representing friends and neighbors, UPS, the church, and Accent Signage attended the ceremony. A beautiful day was accented with a canopy of fall foliage and color within the garden. The program started off with an introduction by Richard Bauer of the Bryn Mawr Presbyterian Church followed by singing from the Cedar Lake 7. Speakers included Richard Bauer, Jessica Wiley of the BMNA, John Markgraf of UPS, Kathryn Kaatz of the garden committee, and Scott Monge of area 5. Following a final song by the Cedar Lake 7, guests were invited inside the church for coffee from Cuppa Java and cookies from the Cookie Cart on N. Broadway.

We could not have dreamed of a more perfect location for the garden than in the heart of Bryn Mawr. It has become a new focal point of the

downtown area. The garden beds are planted with mid-height native grasses and plants allowing the stone bench to remain at center stage. In the spring the garden beds will burst with thousands of bulbs reflecting hope and renewed life. At night, the garden takes on a whole different look with soft lighting that shines through the trees. At the backside of the stone bench are 6 stepping-stones that represent lives lost that September day. It is our hope that people come to see this garden and find it as a place of respite, comfort, and community. Furthermore, it is our wish that this garden will motivate those who visit to work towards making our communities more peaceful and safe.

What originally catapulted our committee into action has now become a much broader focus. When we began this journey, our main motivation was to create a garden to remember those whose lives were lost in the shooting. But the garden now honors all lives that have been lost to senseless violence.

We are forever in debt to those who have helped us see this beautiful garden through to completion. They include UPS, Bryn Mawr Presbyterian Church, BMNA, Brent Basinski, Richard Bauer, Dennis Fazio, Patty Wycoff, Jessica Wiley, and Jason Rathe and the crew of Field Outdoor Spaces.

In closing, we would like to share with you the poem written by Scott Monge, Area 5 that was read at the dedication ceremony.

- Kathryn Kaatz and Tami Galvin



Photo by Michelle Bruch, Southwest Journal

-A Garden of Hope and Healing-

The inherent seeds of hope through all
Our hearts beneath swell of dismay,
Rise of the womb's nurturing call,
To seek again, the maiden pathway.

A reverence for life, taken in violence's measure
Instilling in our soul a faith to believe,
That we are nobler than loss we endure
On a planet whose unity, we pray to conceive.

Upon this native land and hallowed ground,
A blessing of our spirit growing to share
Within your sorrow, a path gathered round,
A garden of empathy within the grief you bare.

Live not alone, uprooted in that moment...
Remembrance is the heart's passion revealing
All the endearing times together spent...
Evermore, in a Garden of Hope and Healing.

-Scott Monge

2015 Sip and Stroll!

The 7th Annual Sip and Stroll was another well attended neighborhood event. 17 businesses participated and 84 neighbors visited every business for a chance to win one of 21 donated prizes. There were many more people sipping, strolling and socializing. Thank you neighbors and businesses.





BMNA Reporter

BRYN MAWR NEIGHBORHOOD ASSOCIATION
Board Meeting Minutes
Wednesday, October 14, 2015
7:00– 8:45 PM
Bryn Mawr Elementary School

1. Call to Order & Introductions:

Jessica Wiley called the meeting to order at 7:00
Members of the BMNA Board, Staff and Committee Members Attending are as follows:
Jessica Wiley-Vice President
Dave Holets-Co-Rep for Area 1
Susan Verrett-Co-Rep for Area 2
Brian Treece-Co-Rep for Area 3
Joanne Michalec-Co-Rep for Area 4
Matt Stark-Co-Rep for Area 4
Barry Schade-Co-Rep for Area 6
Jay Peterson-Co-Rep for Area 6
Nick Cichowicz-NPP Coordinator
Patty Wycoff-Neighborhood Coordinator
JoEllyn Jolstad-Bugle Editor.
Jeremy Staffeld, Web Master
Guests attending are as follows:
Lisa Goodman-City of Minneapolis
Tyler Pederson-MPRB
Winstein Wildebush
Terry Stark-Area 4

2. Approval of today's agenda.

Moved, Seconded and Passed.

3. Approval of minutes of last month's meeting

Moved, Seconded and Passed.

4. City of Minneapolis: Councilmember Lisa Goodman's Report

- Last Lunch w/Lisa is Oct. 21st at University of St. Thomas. Secretary of State, Steve Simon will be the guest speaking about the 50th anniversary of voting rights act.
- Street sweeping begins Oct. 20th
- Cedar Lake Parkway will be closed for 6 days beginning Oct. 19th

5. Treasurer's Report

3rd Quarter Treasurer's report with notes attached to these minutes.

6. Draft Community Engagement Plan for Bassett's Creek Park Improvements—Tyler Pederson, MPRB

* Bassett's Creek Park is located at Chestnut and Thomas Ave. S. Many

Special Invitation to Bryn Mawr Residents

Have you ever wondered what the terms “high density” or “mixed use” mean?

Have you ever wondered what development is being anticipated or could be advocated for at the Penn Avenue and Van White LRT stations (both serving Bryn Mawr and Harrison) and in the “The Bassett Creek” project area?

Have you ever wondered whether the Master Plan, for the Bassett Creek Valley, is etched in stone or whether there is room for the plan to change? And change to what?

WELL, WONDER NO MORE!!!

You're invited to a public meeting on November 12, 2015, at 6 pm in the Meeting Room at Harrison Community Center, 503 IRVING AVENUE NORTH (across the street from Cedar Lake Road N, off Glenwood Av, between the fire station and education center)

Attendees at the Open Houses for the Bottineau Line requested that Bryn Mawr, Harrison and the Bassett Creek Valley Redevelopment Oversight Committee

(ROC) consider changing the Bassett Creek Master Plan to accommodate greater housing density and development that would increase jobs in the Valley. ROC, the author of the Master Plan for the Valley and joint committee of the Bryn Mawr and Harrison neighborhoods, has been studying what the results of these changes might be. They would like neighbors in Bryn Mawr and Harrison to understand what these two concepts might mean to the neighborhoods and to the Master Plan, and then offer informed ideas/suggestions for ROC, Harrison and Bryn Mawr to consider as they consider changes to the Master Plan. Whatever the final changes are, they will need to be presented to and approved by the City Council.

Business Development Senior Project Coordinators, Beth Grosen and Long Range Planning Principal City Planner, Jim Voll will educate us on these two terms.

For more information on the meeting, you can call Vida Ditter at 612-374-1481

neighbors refer to this park as “Chestnut” park.

* Dollars allocated are just over \$400,000

* This is the 1st engagement with neighborhood.

* Community Engagement Plan will be complete around Nov. 4th and the first community engagement meeting with Bryn Mawr will be around Dec. 1st

7. Traffic Issues: Penn Ave. Alley (next to Bassett Creek Arts), Chestnut Ave – Jessica

Cars park too close to the alley on the south side of Bassett's Creek Arts. When cars come down the alley, they have difficulty turning/ seeing traffic on Penn. The law states that cars should be 5 feet from an alley entrance

Neighbors request that BMNA pay for signs from city that say “no parking” with arrows. Each sign will cost \$250.

Motion to approve the expenditure unless there is pushback from the businesses closest to the alley. If there is pushback, come back to the board. Area 6 Rep., Barry Schade moved ,Area 2 Rep., Sue Verrett second.

Discussed the speed of traffic between Chestnut and Laurel on Upton Ave. Possibilities to help included speed bumps, painting at intersections, changing the speed limit. Jay Peterson will check with city about changing the speed limit to 20 mph

8. Garden of Hope and Healing Dedication—Patty Wycoff

The garden is complete. Dedication ceremony planned for Sunday, October 25th at 12:15.

9. Neighborhood Coordinator Report—Patty Wycoff

- * Sip and Stroll was a huge success. 85 neighbors turned in their punch cards indicating they went to every business.
- * Encouraging costumes for the Harvest Dinner

10. Bugle Report: JoEllyn Jolstad

- MPS ordered a color ad for October issue.
- Area 6 Rep., Barry Schade, will provide an article for the November Bugle.
- JoEllyn is still hoping for a volunteer to handle our mail subscriptions. Only 20 each month. Insert Bugle, address and attach postage for each subscription and mail it.

11. Standing Committee Reports

Communications- Our Communication Committee has signed a contract with WestWerk to redesign our website. This has been a lengthy process. Special thanks to this committee for all of their time and effort.

Schools Committee- BMNA Craft Fair at Anwatin Middle School is Dec. 10th. Looking for crafters to sell their goods and shoppers to buy the goods. This is the same night as Taste of Anwatin, Anwatin Band/Choir concert and Empty Bowls fundraiser.

12. CPP/NPP Update—Revised NRP funds proposal. Nick Cichowicz/Jessica Wiley

Nick Cichowicz read the revised NRP funds. VP, Jessica Wiley, made a motion to accept revised funds. All community

members present voted. Passed unanimously.

13. Reports from BMNA Representatives to affiliated groups

ROC is hosting a multi-neighborhood meeting to inform neighbors about high rise/high density meaning.

14. Discussion Items, New Business, Updates & Announcements

- Wirth Advocacy Group seeking members. Barry Shade is attending meetings
- Area 5 Rep., Beth Turnbull is seeking a co-rep.

15. Adjourn 8:30 p.m.

NEXT BOARD MEETING:
Wednesday, November 11, 2015
7:00 p.m., Bryn Mawr Elementary Cafeteria

UPCOMING EVENTS: Harvest Dinner

The BMNA invites and encourages participation by every resident to each program, service and event organized by the BMNA. Should you require an accommodation in order for you to fully participate, or if you require this document in a different format, please let us know by contacting our neighborhood coordinator at organizer@BMNA.org at least five days before our event.



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streets of Bryn Mawr,
I bet they'd never forget
a name like "Kalitowski."

Jim Kalitowski
R E A L T O R

He's been around your block.



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Bryn Mawr Recycling Schedule

	Monday	Tuesday
Area 1	November 9 November 23	
Areas 4W, 5W, 6, 7	November 2 November 16 November 30	
Areas 2, 3, 4E, 5E		November 3 November 17

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From the Editor

Despite the fact that it snowed a little during rush hour yesterday, this fall has been mostly warm and lovely. In fact, just a couple weeks ago I went for a swim at the cabin. The water was absolutely bone-chillingly cold (as you would expect in mid-October) but the air was 80+ degrees and the sun was shining.

It was not nearly so warm, but still lovely on this past Sunday, when neighbors gathered to dedicate the Garden of Hope and Healing. Not only did the weather cooperate, but the trees on the lawn of Bryn Mawr Church were in brilliant color.

Hopefully you have noticed the new installation on the triangle where Laurel Avenue branches off of Cedar Lake Road. The simple bench, stepping stones and plantings are a beautiful addition to our neighborhood and they are steeped in meaning.

During the Garden of Hope and Healing dedication ceremony, Bryn Mawr Church representative, Richard Bauer talked about the events of Sept. 27, 2012 which were the impetus for this project.

The shooting at Accent Signage was brutal and it was so shocking that it happened in our peaceful little community. Richard commented on how many would want to forget that it happened and move on. But a small handful of neighbors insisted that to truly move on, a deliberate act of peace needed to happen first. Tami Galvin and Kathryn Kaatz lead the efforts to bring this garden to life. The many thank yous are include in the article on page one of this Bugle.

Although this garden was originally conceived as a way to commemorate a particular event, it now is a testament to a greater desire to acknowledge and prevent violence. Last month, I attended the funeral of a 15-year-old boy who killed himself. I thought of him and his family during the dedication of the garden. I'm sure many who attended took the opportunity to reflect on others who have been lost.

The beautiful thing about the Garden of Hope and Healing is that it will endure grow more lovely. It will be a place where people can reflect, long after the pain of the events which inspired it fade.

When future generations come to the bench, they will not think that something horrible happened here. They will think something wonderful happened and know that a group of kind, caring community members thought that a place of beauty could give people hope, healing and peace.

- JoEllyn Jolstad, bugle@bmna.org

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From the ARCHIVES

Below is part two of a three-part history, written by Emily D. Olson, of Bryn Mawr. Many of the families she mentions are still in Bryn Mawr! It was originally printed in the Bugle in the May/June 1976 edition.

If you have historic information or photos that you would like to share with the Bugle, please email Kevina Munnich at kmunnich@gmail.com.

THE HISTORY OF BRYN MAWR

By Emily D. Olson

(Editor's Note: Emily Olson is chairperson of the Mpls. Senior Citizen Bi-Centennial Comm. This history of Bryn Mawr is the result of Emily Olson's research on this neighborhood. We appreciate her sharing her research with us. This is the second article of a three part series.

A great many of the early settlers were lawyers, judges and prominent business men of that time who built large homes in the eastern part of Bryn Mawr and later moved out of the area. Tony Miller "the plumber" lived on Chestnut Avenue when his daughter Vivienne was born, later moving onto Newton Avenue. Most of these families were here for fifty years or more.

Who could ever forget the "Burma Shave Company" with their clever roadside signs. It was started by a Mr. Odell. His daughter Elizabeth is now president of the "Friends of the Eloise Butler Wild Flower & Bird Sanctuary".

Mr. Monteng built the building on Cedar Lake Road immediately south of Bassett Creek and the railroad tracks in 1900. Various businesses have been in there. First, Loomis & McClintock Clock Company who moved onto Lyndale Avenue. In 1921 Mr. Morticco used it as a macaroni factory. For the past several years it has had various other businesses using it. Mr. Monteng built another building immediately in back of it for his beekeeper's supply company. However, several years ago the building burned down.

There was also the Bryn Mawr Water Company at Laurel & Knox, delivering spring water all over the city and several of our senior citizens remember going down there for water. A Mr. McGee owned it.

At one time we had a golf course, polo grounds and a tennis club east of Cedar Lake Road.

The first street car into Bryn Mawr was in 1900 driven by a man named Spencer and it was called "The Toonerville Trolley" by some and "The Brown Mare" by others. It "y"ed at Oliver & Cedar Lake Road. Mr. Spencer was quite a character and got to know all of the people who rode it and was conscientious to be sure that all who came to the area got the last run into Mpls. proper, especially the young men who were calling on their "dates".

In 1924 the Community Church was a reality. A Mr. Durkee who was a builder donated the house at 408 Penn Ave. So. to be used as the church and another house a few doors east for the Manse. The church was started under the sponsorship of Westminster Church and the Presbytertery. A Mr. Johnson had started Sunday School previously on Cedar Lake Road near Oliver. The church is now located on the triangle of Cedar Lake Road and Laurel Ave. The first minister was Dr. Hale. The church sold the building at 408 Penn to the Bryn Mawr Masonic Lodge.

The Women's Association was started in 1921 and is affiliated with the Community Church and they still hold meetings.

The Bryn Mawr Masonic Lodge was started in Oct. 1924. George Zock was instrumental in starting the Lodge and was Secretary until 1970. T. B. Mowser was the first Master.

The Order of the Eastern Star was started in 1926, Mrs. Ada Goetchell was the first Worthy Matron.

Bryn Mawr Community League was started in 1940 and Mrs. Bergford, Sr., was the first woman president in about 1945. Later it was changed to an Athletic Association for men only.

Bryn Mawr Senior Citizen's group was started in 1967, a very congenial group who are interested and enjoy doing things. Membership is now over 100. We met at the Masonic Hall until spring 1975 and now meet in Anwatin School every other Friday at 1:15 p.m. Aino Hakarinen, President. Adolph Erickson was our first president.

The Bryn Mawr Neighborhood Association was started in the spring of 1974 and a great many who belong are the young married couples and are very interested in the continued improvement of the Bryn Mawr Neighborhood. They put out a paper called the "Bryn Mawr Bugle". I am sure the neighborhood is going to continue to be a very good area to reside in because of their enthusiasm which seems to increase as the time goes by for the welfare of the area as well as the people who reside here.

Who, beside Vivienne, Tony Miller's (the plumber) daughter recalls the fun they had on the iron trestle, 1 foot wide over the bridge on Cedar Lake Road, spanning Bassett Creek and the railroad tracks. Climb up the north side and slide down the south side. Fun! Also in winter skating on the Creek. I am sure there were others who recollect doing this and agree it is wonderful memories to have.

PASTY - A Meat Pie

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BMNA

Progress on Extension of the Green Line

The Southwest LRT Project has recently begun to look like a concept that may soon become a reality. The staff and decision-makers seem to be acting with great haste, and this momentum is mirrored by the high attention the Federal staff are giving to the review of the Project.

Here are a few highlights:

- The Supplemental DEIS comment period ended in July and the Final EIS will likely be published in the second quarter of 2016, allowing the project to go forward.

- A gap of \$18.5 million in local funding is expected to be closed by the end of this year. Legislative action on State funding is yet to be determined.

- Project staff are working on the quickest pathway for getting the “deferred” Eden Prairie Center Station built. There is determination that the station will be built.

- Landscaping design for the Kenilworth area is nearing completion. Project design and engineering is moving forward quickly. Staff expects to turn dirt by the end of 2016 and start heavy construction in early 2017.

- It will likely be a favorable time to start construction because the USBank Stadium will be finished by the end of 2016 and the St. Croix Bridge project will be completed in 2017. This is when construction on the SWLRT should be under way and contractors will be looking for new work.

- Barry Schade

COORDINATOR CORNER

**My name is Patty Wycoff and I am the
Bryn Mawr Neighborhood Association Coordinator.**

**Feel free to contact me at
coordinator@bmna.org or 612-239-1710.**

If you are not part of our e-mail list,
please sign up at www.bmna.org.

Dec. 10 Anwatin Craft Fair is looking for crafters!

The BMNA Schools Committee is planning the Anwatin Craft Fair and are looking for crafters. The craft fair is on Thursday, December 10. This is a well-attended craft fair. The craft fair is the same night as the Anwatin band/choir concert, the Empty Bowls program and the Taste of Anwatin. The fee is only \$15. The fee includes a 6-foot table to display your wares and advertising to promote the event. The event begins at 5:30 and ends at 8 PM.

Please complete this registration form or go to bmna.org and register using our PayPay link. The deadline to register is December 5.

Bryn Mawr Craft Fair Registration Fo rm

The deadline to register is December 5, 2015.

Name_____

What will you be selling? _____

How many 6ft tables would you like____? (Table rental is \$15 each.)
Please make checks payable to BMNA.

Mail your registration to:

Bryn Mawr Neighborhood Association

Attn: Craft Fair

2915 Wayzata Blvd

Minneapolis, MN 55405-2145

Contact Patty Wycoff with any questions.

pwcoordinator@comcast.net

Bryn Mawr Neighborhood Association Calendar - November 2015

All meetings are open - everyone is welcome. Neighbors are urged to attend and participate in meetings and activities of special interest to them.

Bryn Mawr Neighborhood Association and its committees meet at Bryn Mawr Elementary School during the school year, unless otherwise noted.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11 BMNA Monthly Board Meeting, 7pm at Bryn Mawr Elementary School Cafeteria	12 BCV-ROC Public meeting, 6 pm in the Meeting Room at Harrison Community Center, 503 IRVING AVENUE NORTH	13	14
15	16	17	18 Family Open Gym 6-8pm, Wednesdays Nov-April at Bryn Mawr Elementary	19	20	21
22	23	24	25	26	27	28
29	30	<div> Minneapolis Public Schools Closed - Thanksgiving Holiday </div>				
		<div> Save the dates! December 10th - Anwatin Craft Fair December 12th - Saturnalia, 4-7pm </div>				

Minneapolis Audubon Society Monthly Events

Friday, November 13, 2015, 1:00 p.m.

BIRDING IN CUBA — DONNA AND JERRY BAHL

Friday, December 11, 2015, 1:00 p.m.

KAZAKHSTAN BIRDING — SHARON STITELER

Join the Minneapolis Audubon Society for food and fun at the Bryant Square Neighborhood Center, 31st & Bryant Avenue S, just one block south of Lake Street, easily accessible via the #4 bus, which runs every 15 minutes! For more information call 763-533-8381.

Lifelong Fitness at Nearby YMCA

The Heritage Park YMCA satellite to the downtown Minneapolis YMCA has become my go to place for exercise, camaraderie and an affordable \$36.00 a month membership rate. I have been a member since 2013 and appreciate its close proximity to my

area 6 Bryn Mawr home. Located at 1015 4th ave N, it is less than 3 miles from home which makes it easy to fit in my workout virtually any day. It has a unique mission which is to help seniors and/or anyone over the age of 40 live healthier lives. There is something for everyone at this Y: Zumba, Tai Chi, mat Pilates, yoga, cycling, strength and conditioning classes. If you prefer a solo workout, there are machines which the friendly, knowledgeable staff can show you how to use. Senior focused personal trainers are available at additional cost and there are diverse senior – focused seminars which are free.

Why do I keep coming back? Because I appreciate its unique focus on seniors and the welcoming friendly atmosphere for people of all backgrounds and income levels. I encourage my fellow Bryn Mawr residents to come and check out this very special Y and to become participants in this dynamic community of older active adults. Y not?

Call Kimieshia Paul at 612 230-3617 to arrange a free day pass, week's membership or tour of this beautiful facility so close to home.

- Linda King, area 6 Bryn Mawr resident and 2 year plus member of Heritage Park YMCA.

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Fascinating
Folks

By Anna Quirk, Area 6

This month, Fascinating Folks interviewed Kerry Grundhoefer—Area 5, Nationally Certified Shiatsu Therapist and owner of CLEAR Holistic Therapies right in the heart of downtown Bryn Mawr.

Kerry initially found out about Bryn Mawr because of her mother, Leslie Senden. Leslie had a small travel business in the space now occupied by CLEAR Holistic Therapies from 1994 to 2011. After going back to school for Shiatsu massage, Kerry and a friend from school wanted to go into business together. They started Purple Bamboo, Shiatsu Bodywork Clinic, renting the small office located above the street level corner space (now rented by Uptown Plumbing, Heating & Cooling) in 2002. Later, Kerry moved into a house with her husband, expanded and renamed her business and has been a part of the neighborhood for 12 years!

Kerry got into holistic health in her early twenties but really got serious when she decided to make a career change and went back to school “later in life”, as a non-traditional student to Centerpoint Massage & Shiatsu Therapy School & Clinic. Kerry had limited experience with massage and its techniques but was really blown away by the history and “vast array and benefits” of massage. Some techniques have been around for thousands of years.

What is Shiatsu Massage?

Kerry’s expertise is in Shiatsu massage. Shiatsu Therapy is a form of bodywork rooted in Traditional Chinese medicine. It is a Chinese medical massage that uses pressure, kneading, tapping and stretching to affect energy flow, balancing, bringing back and maintaining health throughout the body and internal organs. Shiatsu Therapy can assist in maintaining or avoiding symptoms from western medical diagnoses such as diabetes, thyroid disease, Lyme’s disease, Crohn’s disease, colitis, and PTSD, among others. Additionally, unlike familiar forms of western massage, Shiatsu clients remain clothed (in comfy, moveable clothes) because the techniques do not require oils, and also to allow for ease of passive stretching of the client by the practitioner. This clothed aspect of Shiatsu Therapy also appeals to, and is particularly applicable for clients who simply pre-



Kerry and her husband Joe at “Rock the Garden 2015”



An example of Shiatsu Therapy technique

fer to remain clothed due to body consciousness issues, mobility issues, or sexual trauma.

After building and maintaining her practice in the small office (above Uptown Heating and Cooling) for 7 years, her mom decided to retire, leaving the space previously occupied with her travel business open. This provided Kerry the opportunity to grow her business and CLEAR Holistic Therapies was born. Kerry, along with a very supportive landlord and friends, gutted the space and transformed it into a truly Zen-like retreat. (On a personal note: I visited and toured the space during the BMNA’s annual Sip and Stroll and it’s amazing what Kerry and her team have done with their limited space. There is a beautiful yoga studio/classroom in the lower level. Very relaxing.)

CLEAR Holistic Therapies is known for its exceptional level of therapists and instructors, many of whom also live and raise their families in the Bryn Mawr neighborhood. Ms. Grundhoe-

fer encourages everyone to read the staff bios on the website, to call or email with questions, and to sign up or drop in for some yoga and wellness classes. All the practitioners at CLEAR are independent contractors and work together to provide an excellent array of services to support clients’ health and well-being. CLEAR practitioners believe in treating the whole person not just the parts, as well as integration, since the “same tool may not be the answer or as effective for every job”.

Kerry loves EVERYTHING about Bryn Mawr, the people, the businesses, the events, and the proud history of other healing modalities and practitioners. Kerry loves being a “Bryn Mawrt-ian”. She can be seen around town going to concerts, out to eat and art events, and spending time with her “endlessly entertaining husband and step-daughter.

Find out more about CLEAR Holistic Therapies, Kerry or other therapists, visit: <http://www.clearholistictherapies.com/>

If you know a Fascinating Folk, or would like to know more about your neighbors, please email their name(s) to: bugle@bmna.org, C/O Fascinating Folks, and look for the feature in future Bugle editions.



CLEAR Holistic Therapies, under construction



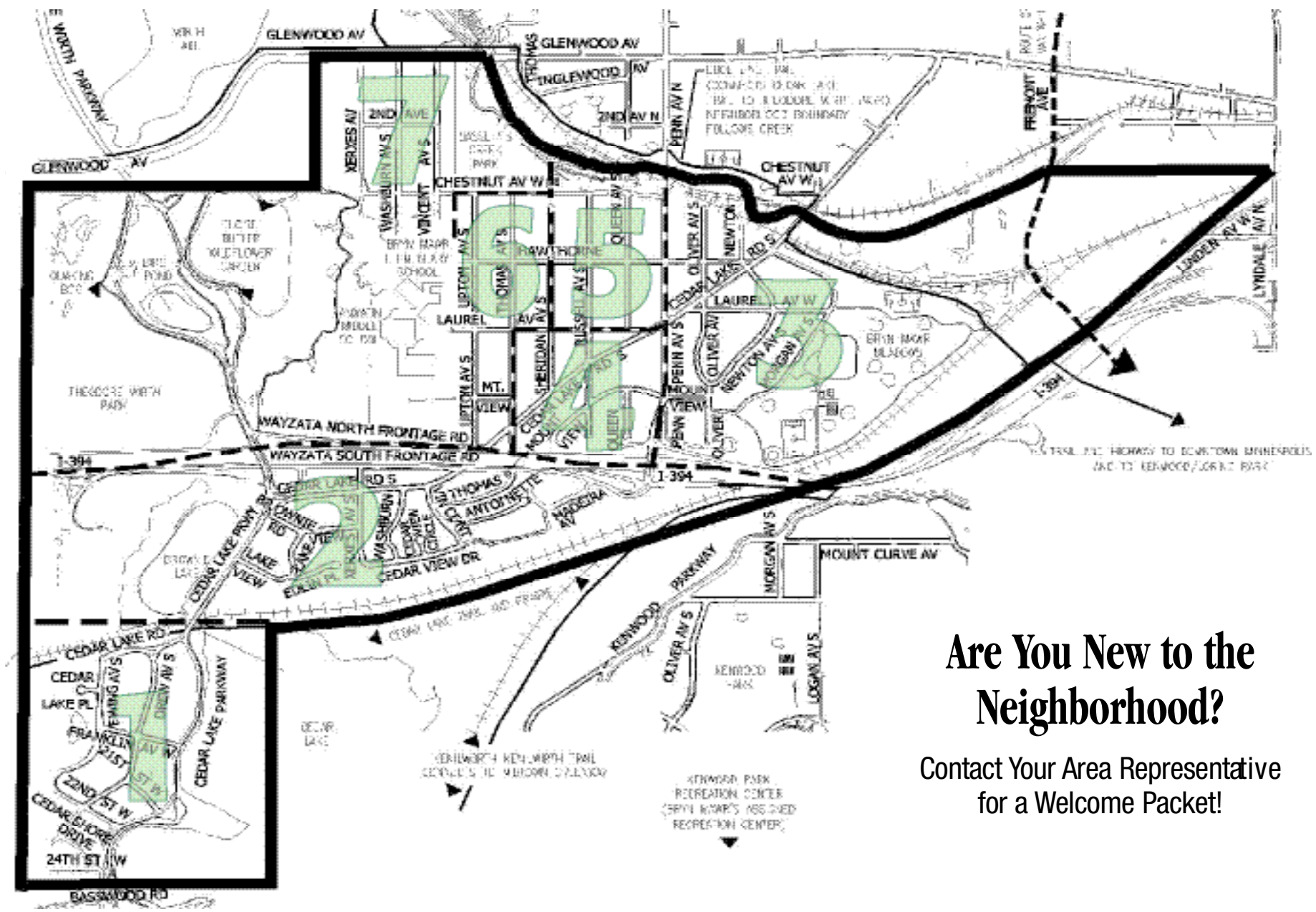
- November 7, 2015
- Venus is the bright morning star near the crescent moon. Mars is just above it, much less bright with a reddish hue.
- November 10, 2013
- An estimated 16,000 tundra swans were counted at La Crosse on their way south along the Mississippi. Robins, Franklin’s gulls, and American coots also head south about this time.
- November 18, 2014
- Large flock of migrating swans at the south end of Lake Calhoun. (insert photo, sent separately)
- November 25, 2015
- Full moon, the Ojibwe freezing moon.



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Are You New to the Neighborhood?

Contact Your Area Representative
for a Welcome Packet!

THE BRYN MAWR NEIGHBORHOOD ASSOCIATION

2915 Wayzata Boulevard, Minneapolis, MN 55405

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The Bryn Mawr Bugle is an open-forum newspaper published by the Bryn Mawr Neighborhood Association. Content is based entirely on volunteer submissions which may be emailed to bugle@bmna.org. Articles and letters to the editor will be printed at the discretion of the Editor. The Bryn Mawr Bugle is published every month except January. Distribution is free to Bryn Mawr residents; copies are also available at the Bryn Mawr Market, Bryn Mawr Mobil and Cuppa Java. Subscriptions are \$21 per year. Opinion articles represent the opinion of the writer, not necessarily those of the Bryn Mawr Neighborhood Association or the Editor of the Bugle. The Bryn Mawr Bugle will print letters to the editor as space allows. Letters may be edited for length without altering the letter writer's message. Letters must be signed by the person who wrote them. Under the law, letter writers, like journalists, may not commit libel, be obscene, reveal names of juveniles accused of crime, invade personal space, or incite to riot.

Copy deadline for the December issue is November 20!

Display & Classified Ads are due November 20th. Ads must be pre-paid & camera ready.

Call Deryck Jolstad at (612) 377-8968 or djolstad@msn.com for rates.

GENERAL ADVERTISING POLICIES: All ad copy is subject to approval by the paper, which reserves the right to reject or request changes to an ad. Ad placement does not imply endorsement by the BMNA. The advertiser, not the paper, is responsible for the truthful content of the ad. Readers use service/product providers at their own risk and are solely responsible for checking references, state agencies, BBB, etc.



Want Ads

Rates: \$4.50 minimum (4 lines, approx. 40 characters per line), \$.50 per additional line. **FREE** ads for lost, found, free items, pets & youth ads. **Due Date:** 20th of preceding month. **Instructions:** No ads over the phone please or accepted without payment. Drop off in the Bugle Box at the Bryn Mawr Market or email bugle@bmna.org.

Be sure to check references, State Agencies, BBB, etc. and inquire about bonding when using any new service.

SERVICES

CONCRETE/BRICK/STONE/MASONRY: Repair or New - foundations, driveways, sidewalks & steps, garage slabs, also kitchens & bathrooms. Call Gary 651-423-6666.

SNOW REMOVAL, LAWN CARE, TREE & SHRUB TRIMMING: Premier Lawn & Snow, Inc. providing reliable snow removal/lawn care, tree and shrub trimming with quality results for SW Minneapolis since 1987. For prompt estimate call Dennis (952) 545-8055.

REMODELING. Windows and doors replaced. All types of siding installed/repaired. Fences and decks. Custom tile installation, sheet rock, taping, and finish carpentry. Local references, free estimates. Tom 612-824-1554

VOLUNTEER OPPORTUNITY

Reimbursed Senior Volunteer Positions: The Senior Companion and Foster Grandparent Programs are seeking volunteers 55+ years willing to help seniors as friendly visitors in their home & outings in the community OR to help children in school settings as mentors and tutors. Volunteers needed in YOUR community! Tax-free stipend, mileage reimbursements & other benefits. Contact Lisa at, 651-310-9450 lisa.beardsley@lssmn.org.

Volunteer tutors are needed to teach Adult ESL & GED classes one day per week at Sumner Library. No previous experience necessary; full training provided. Must be able to commit to a 3 month period. For more information, please call John Ashby at 612-377-5399 or jashby@mnliteracy.org

YOUTH SERVICES

BABYSITTER Experienced, responsible: Bryn Mawr resident, 16 years old, CPR certified, loves kids! Call Merideth (763) 913.4491.

Bryn Mawr Resident (2014 SWHS graduate) If you need help mowing your lawn, contact Jesse at 612-834-4543.

Hard worker for Odd Jobs My name is Gabe. I am 13 years old and I'm available to mow/weed, walk your dog, cat sit and babysit. I am saving for a new bike. Please call if you need any help. Thank you. 612-239-1710.

Bugle also available at www.bmna.org

A reminder that in addition to being delivered to your doorstep, the Bryn Mawr Bugle is available online at bmna.org. Click on the Bugle logo on the home page to read the current edition or go under the 'Bugle' tab to see past editions and to learn more about advertising rates and submission deadlines.



**BRYN MAWR
BUGLE**

Questions about placing an ad or submitting a story? Email bugle@bmna.org.



LAST CALL TO OWN A NEIGHBORHOOD CRAFT BREWERY

With 80% of Bryn Mawr Brewery's investment goal already met, time is running out to own a piece of this exciting craft brewery coming to your neighborhood!

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BRYNMAWRBREWING.COM | BREWERYINVESTORS.COM

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