

### Published by the Bryn Mawr Neighborhood Association

### December 2012



hhhh....Satumlia. The most magical event of the year. We have a horse drawn sleigh ride, the Women's Drum Corp, Santa, and singing carolers. We hope you'll take time off from your holiday preparations, gather your family and friends, and come and enjoy Saturnalia in Downtown Bryn Mawr.

These events are free and open to the public, and are brought to you by the Bryn Mawr Neighborhood Association.



This wonderful event was started by the Bryn Mawr Business Association.

Volunteers are needed (for short shifts) watch your e-mail for a notice or call or email Patty Wycoff to volunteer. 612-239-1710 or pwycoff@comcast.net This Annual Bryn Mawr Tradition Will Be Just One Afternoon, So Don't Miss Out!

#### The schedule will be

(all times approximate):

4:00 to 5:30 p.m.

• Drum Corp will rock the 'hood

4:00 to 6 p.m.

• marshmallow roasting and hot cocoa (while supplies last)

#### 4:30 to 6:30 p.m.

• Santa drops in to visit with the children **5:30-7:00** 

• Horse-drawn hay rides to view the neighborhood holiday lights (departing every 15-20 minutes)

• carolers at Cuppa Java. Singing to raise money for St. Anne's Shelter. Donations appreciated.

#### 8:00 to 10:00 p.m.

• Party hearty at Cuppa Java (adults only), featuring live music. Drinks may be purchased.

#### Saturnalia Wagon Rides & Road Closure

Saturday, December 8th is Saturnalia 2012 in Downtown Bryn Mawr. Please note that on this day, Cedar Lake Road from Laurel Avenue West to Russell Avenue South will be closed to through traffic from 3:30 PM to 7 PM. Barricades and safety cones will be placed at each end of the street so that emergency vehicles and the hay wagon can pass through.

### We ask residents who live on this street

for their understanding and to please enter and leave the roadway by the west end (the Russell Avenue entry rather than the Laurel Avenue entry).

We ask residents and businesses located within a few blocks of Downtown Bryn Mawr (in other words, within a few blocks of Bryn Mawr Presbyterian Church) to please turn porch or holiday lights on!

### Also, we ask for supervision of children riding the hay wagon. Children may not climb on or off the wagon while the wagon is moving. Doing so is very dangerous and may result in injury.

Thank You!

BRYN MAWR NEIGHBORHOOD ASSOCIATION

### Bryn Mawr's Project Starfish: Caroling to Help the Homeless on Saturnalia

Come join us on Saturnalia - Sat. Dec. 8th at 5:30pm in front of Cuppa Java. We will sing and collect donations for St. Anne's Women's Shelter in North Minneapolis. Children are welcome. Bring some jingle bells if you have them.

See you on Dec. 8th!

- Mindy Macy, Area 6



### Food, crafts and lots of fun...



- Come be part of the Empty Bowls community service event.
- ★ Taste wonderful ethnic food for sale in the cafeteria until 7:30 p.m.
- Shop for Arts & Crafts made by students and community artists.
- View multimedia presentations by students about global & local hunger.
- Enjoy the Winter Music Concert starting at 7:00 p.m.

### **Proceeds from food and bowl sales benefit Branch 1 Food Shelf.** Taste of Anwatin sponsored by RBC Wealth Management. Arts & Crafts Fair co-sponsored by Anwatin Community Education and the Bryn Mawr Neighborhood Association schools committee.



RBC Wealth Management





Anwatin Middle School • 256 Upton Ave. S, Minneapolis, MN 55405 • 612-668-2450 • http://anwatin.mpls.k12.mn.us



#### BRYN MAWR NEIGHBORHOOD ASSOCIATION Board Meeting Minutes Wed., November 14, 2012, 7:00– 8:45 PM

### **Call to Order and Introductions**

Marlin called meeting to order and introductions made.

Attendees are as follows: Marlin Possehl-President; Scott McLaughlin-Vice-President; Sandie Gay-Secretary; Liz Lindholm-Pederson-Treasurer; Chris Kirwan-Area 4; Barry Shade-Area 6; Jay Peterson-Area 6; Stephen Harvey-Area 7; JoEllyn Jolstad-Bugle Editor.

Guests attending are as follows: Lisa Goodman-City of Minneapolis; Kathryn Kaatz-Area 3 Neighbor; Kristin Markert-Area 4 Neighbor; Dick Adair-Area 6 Neighbor; Carolyn Bastick-Area 4 Neighbor.

### Approval of Consent Agenda

- Minutes of last month's meeting
- Today's Agenda

- Acceptance of this month's Financial Report (available online)

### City update: Councilmember Lisa Goodman

The City of Minneapolis Precinct 7 had highest voter turn-out at 92.1% . City elections voter turnout summary for Ward 7 is 85.6%

Lunch with Lisa is over for the season. The last event is on Dec 13th at Normandy Inn, from 4:30 to 7:00.

This week is the last week for yard waste collection. Street sweeping will soon begin. One of the neighbors in Area 2 has volunteered to write an article for the Bugle explaining the environmental impact of leaving leaves in the street.

Single source recycle starting soon. Information will come out on Nov 26th and Dec 31st.

### Patty Wycoff, NC activity report

The 4th annual Sip and Stroll was well attended. Business owners emailed Patty to thank BMNA for sponsoring the event.

Saturnalia plans are complete. Horses, drummers and permits have all been completed.

The Accent Signage account has \$17,726.49 in it. Patty requested assistance with the names and addresses. The Board will determine exactly who will receive the donations-families of the deceased and, perhaps, the families of the injured, also.

Give to the Max MN is on Thursday and BMNA usually gets several donations.

### JoEllyn Jolstad, Bugle Report

Articles on Memorial Service, Harvest Dinner and Saturnalia will be in next Bugle. There are some new advertisers. JoEllyn passed around a sign-up sheet for Board members to sign up for writing monthly articles. Local announcements will be added to Bugle Notes.

### Update on Accent Signage memorial -Kathryn Kaatz

Two ways to remember the deceased were discussed-a memorial and an event in the neighborhood. Memorial would be a visual reminder, perhaps, in heart of downtown or a stone for each victim in garden or closer to the site, perhaps, a labyrinth in the adjacent park. Event envisioned is a sing-along vigil. Songs of hope and healing-in the meadows or the parking lot at school. Musicians could participate. Could have information tables for charities. Could be on Garage Sale weekend. Memorial Fund- could use some of the donations to off-set costs

### Update on Harrison efforts to bring Surly Brewery to neighborhood

Chris Kirwan met with Harrison group and city planner. It is probably not going to Harrison.

### Treasurer's report- Liz Pederson-

BMNA has \$90,500 Total- Marlin and Liz are meeting with personnel to provide professional back-up for Liz.

### **BMNA Website**

Web Site-It needs a lot of work and BMNA has a volunteer who is willing to work on it. She plans to meet with Dave and come back with proposals to make it simpler to operate and easier to maintain. Carolyn Bastick, the volunteer, suggested it be a paid position.

### **NCEC report – Scott McLaughlin**

Business façade report-5-6 businesses have not finished work. City will extend deadline from 120 days to end of calendar year.

Rain garden project ends next year The solar program is still ongoing but it expires 12-31-12. The report for CCP is almost done. Patty will review prior to turning it in. BMNA will put together a group to look at our priorities for future planning. Include an article in Bugle asking for neighbors to volunteer.

### **LRT Project updates-Barry**

EIS study and public forums -The EIS is a large document and was emailed to Board members. Dec 11th is deadline to return comments. On Tues. 11-20-2012 a meeting for the neighborhood will be held. Some comments to date are as follows: There will be limited access to LRT and Kenilworth trail if there is no Penn Station. Main issue is freight rail should be moved to St. Louis Park. The report recommended removal of line to St. Louis Park. The route is environmentally preferable and supports Met Council's preference. St. Louis Park City Council has to sign off on project. Locally preferred option is supported by the Board, Jay and Barry.

### Standing Committee Reports

**Communications Committee – Jay**-The committee discussed Patty's contract. The committee recommends extending her contract and Marlin will conduct her review. They are compiling a list of responsibilities and number of contract hours.

The official communication vehicles are BMNA. Org, communication board/kiosk, Bugle, Email blasts. Unofficial vehicles are gogglegroup.com for the Garden Club, the BM Facebook site, and NextDoor Bryn Mawr. Area Reps should plan face-to-face opportunities for communication with neighbors. Some Area Reps have put flyers on doors to invite neighbors to neighborhood gatherings. Writing articles for the Bugle is a great way for Reps to communicate.

### Adjournat 8:45 p.m.

NEXT BOARD MEETING: Wed, December 12, 7:00 p.m., Bryn Mawr Elementary School UPCOMING EVENTS: Saturnalia: Sat, Dec. 8, 4:00 pm.

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alitand

Happy Holidays and a prosperous New Year to all my clients. Anyone else can reach me at 612.867.6703.

# Jim Kalitowski

He's been around your block.



## 612-867-6703 jimkalitowski@remax.net

@1996 James Kalitowski, Realtor.



www.ci.minneapolis.mn.us /solid-waste (612) 673-2917

### Bryn Mawr Recycling Schedule

	Monday	Tuesday	Wednesday
Area	December 10		
1	December 24		
	January 7		
	January 23		
Areas	December 3		
<b>4W, 5W, 6,</b> 7	December 17		
	December 31		
	January 14		
	January 28		
Areas		December 4	
2, 3, 4E, 5E		December 18	
			January 2
		January 15	- •
		January 29	

Use it up, wear it out, make it do, do without. Recycle.





### From the Editor

Leven a few copies of every Bugle printed since I became editor in the late 1990's. Somewhere in my house is a box (yet-to-be-unpacked from our move from our first Bryn Mawr house to our current home.) In it are Bugles from my tenure as ad manager when Jennifer Bartholomew was editor. But even though this covers almost two decades, the Bugle has been around since the 1970's.

At the Harvest Dinner, Area 5 Rep and Bugle contributor, David Logsdon brought Bugle copies from his personal archive. Most of these predated me/Jennifer and went all the way back to the start of the BMNA.

It was fun to look at the masthead and see who the editor, contributors and BMNA Board members were at the time. I noticed that many of them still serve the neighborhood.

I also enjoyed reading the "Bugle Notes" which apparently have been around as long as the Bugle. It was fun to see birth announcements of now-adult children along with, wedding announcements, and who had recently moved into the various areas.

There was also business news. Most poignantly, the introduction of the new owner of the Bryn Mawr Coffee Shop, Kevin Hazlett. Sadly, a week after reading this item, Kevin passed away.

Bryn Mawr Coffee was on Cedar Lake Road in Area 3, where Sparks is currently located. At Kevin's funeral, Area 3 Co-Rep (and devoted Bryn Mawr Coffee patron) Jessica Wiley offered to write something for the Bugle Notes.

Of all the neighbor news that is shared, I think funerals have been the most frequent. So I got to thinking we should renew our efforts to document the joyful times in our lives.

Maybe I am just nosey, but I love to know what is going on with people. It used to be that neighbors saw each other more often than they seem to now. Or maybe people feel like it is enough when word is emailed or posted on Facebook.

At the last BMNA Board meeting, I made a request of the Area Representatives to actively solicit and submit more neighbor news for the Bugle. Of course, you can do your part as well. Look on the back of this Bugle. See what Area you live in and who your Rep(s) is/are. Chances are they live just a couple blocks from you. Drop them a note or knock on their door when you have news in your household. You can also send me an email directly.

As I reflect on this past year and look forward to the Bugles in 2013, I hope you will lots of good news to share with the Bryn Mawr Community. Happy Holidays!

- JoEllyn Jolstad, bugle@bmna.org



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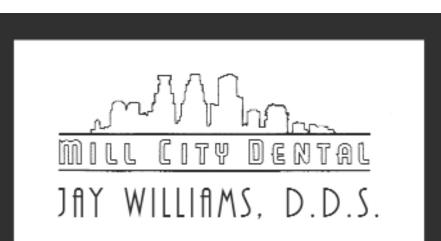
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common thread."

season!

patches, many pieces, many colors,

many sizes, all woven together by a

The election season is over

and we will miss all those

ads. Actually, we probably won't

begin the holiday background music

miss them after all. Instead we

Kevin Hazlett 1956-2012

At Kevin's funeral service I saw

many familiar faces as our commu-

nity showed up to honor the pass-

our neighborhood. Bad jokes and

good coffee! That's how many Bryn

Mawr residents would start their day

at the old Bryn Mawr Coffee shop

that Kevin owned. The service held

at Edina Morningside Church was a

fitting tribute to him. It was cool to

find out that when he worked for a

Madonna once auditioned for him

much more successful as a talent

and he didn't like her voice. He was

than as an evaluator of talent, as he

co-wrote many songs, jingles, and contributed to movie soundtracks. With all his accomplishments he'll

always be known to us as the coffee shop guy who sent us off on our day with a coffee and a smile.

big record label in New York,

ing of someone who was big part of

"Bad for America" television

-Rev. Jesse Jackson-



davesmagnets@gmail.com

are very familiar with this one. Save yourself the popsicle headache of battling crowds on Black Friday by shopping locally. Keep your holiday dollars here and they will promote a vibrant commercial community. Gift certificates from Sparks, Cuppa Java and the Bryn Mawr Deli make great stocking stuffers. Check out holiday card selections at Honeyshine, Bassett Creek Arts, Cuppa Java, Cockle-Doodle-Do or even the Bryn Mawr Market. Remember the Market for "America is not like a blanket-one those last minute dinner needs. And, of course, don't forget those amaz-America is more like a quilt-many ing magnets at Cuppa Java!

#### He sees you when your....

In the past couple of winters there has been a disturbing trend in our community. Sidewalks are not getting shoveled in a timely manner or sometimes not at all. Come on people, we can do better. If you are physically unable to do it yourself then hire someone. If you can't afford to hire someone, contact me and I'll get someone to help you. When a senior citizen (like me) falls on an icy sidewalk it can be life altering, so please be respectful or else you could be facing a fine. The city is unveiling a new plan in January that will enable neighbors to text photos of problem properties. We don't want you to get a ticket, work with us to keep our walkways clear.

### Le Grande Finale!!

Everybody's favorite Pagan celebration is back! Yes, the annual Saturnalia winter gathering in Downtown Bryn Mawr will happen on Saturday December 8th! You got your s'mores, you got your horse drawn hayrides, you got your drummers,

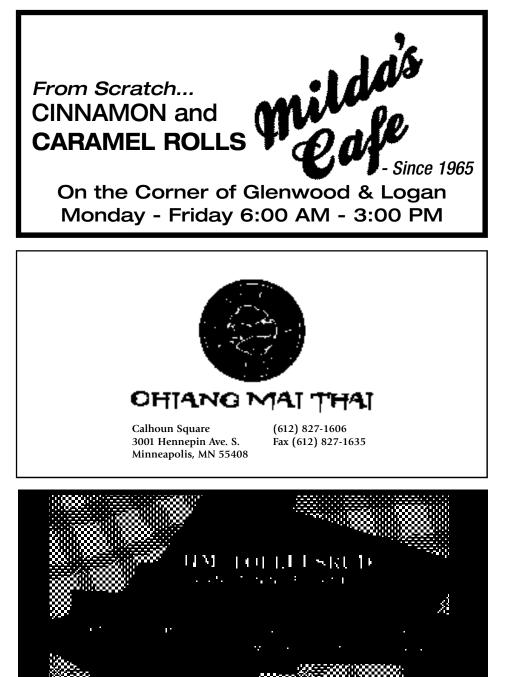
you got your big guy in red suit, your got your drummers, and most of all you got your neighbors!

Izzy is back in town! Isabel Monk-O'Connor will be part of the Guthrie Theatre's "A Christmas Carol" and will grace us with her presence until February when she heads back to Oregon where she has been part of an ongoing Shakespeare group. Glad to have you back home for the Holidays.

On a personal note, the Bugle darn near lost its fair haired boy

when the car I was riding in coming back from my sojourn to the annual School of the America's protest in Columbus, Georgia, ran a red light and collided with another car at about 35 miles per hour. Amazingly, nobody was hurt in the crash. Both cars were totaled! I may be doing Volvo commercials next year! My traveling companion's car is now sitting in a junkyard out on highway 61 in south Memphis.

See you on the streets and keep on dancing!



### Enjoy a Finnish Christmas at



Rest in peace, brother.

Why not do something special this holiday season. Shop locally! Many longtime fans of my monthly rants

> WEEKLY MEETINGS OF **A**LCOHOLICS **ANONYMOUS**

> are held at Bryn Mawr Presbyterian Church,

> Cedar Lake Road and Laurel Avenue.on Tuesdays at 7:30 p.m.

All interested people are invited to attend.

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Extended Holiday Hours: (November 25th - December 23rd) Sunday: Noon - 5pm Open 12/24 & 12/31: 10AM - 2PM

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### 2012 Hərvest Dinner

he Annual Harvest Dinner was a feast of middle eastern delights. The Bryn Mawr Neighborhood Association purchased gyro meat, pita bread, and tabouli salad from Holy Land to add



Many youth got an early jump on Halloween by wearing costumes.



Neighbors enjoyed perusing old editions of the Bugle brought by David Logsdon, Area 5.

to middle eastern delights brought by neighbors. Area 2 Representative, Lynda Shaheen, won a \$25 gift certificate donated by Cuppa Java, along with a bottle of wine for her delicious Lebanese Kibbi. (Recipe follows!) Todd Marshall (husband of Lynda Shaheen) was the winner of "guess how many M&M's are in the jar." Excellent food and company was shared by all.

### **COORDINATOR CORNER**

My name is Patty Wycoff and I am the Bryn Mawr Neighborhood Association Coordinator. Feel free to contact me at organizer@bmna.org or 612-377-4565.

Please add your e-mail to the BMNA e-mail list. Go to bmna.org and click on "add to e-mail." You will receive information about upcoming events, snow emergencies, crime reports, etc.

My grandfather's family came to the U.S. from Lebanon. This is a recipe we made frequently when I was growing up. Traditionally it's made with ground lamb but

you can substitute ground beef. It's also available at Emily's Lebanese Deli in Northeast Minneapolis and at Holy Land Deli. From Lebanese Cuisine by Madelain Farah, "Kibbi is one of the prizes of Lebanese cuisine and is served largely on special occasions. Kibbi, colloquial for kubaybah, is in fact

Taste-off winner,

Lynda Shaheen,

renowned among all Middle Eastern dishes. The word comes from the verb that means to form into a ball."

### **BAKED KIBBI** 8-10 servings

(you'll need to make Kibbi stuffing and basic Kibbi) **Kibbi stuffing** 1/4 c pine nuts 2 T butter

1/2 lb ground lamb or beef1 medium onion, finely chopped1/8 t. Cinnamon1/8 t. AllspiceSalt and pepper

Brown the pine nuts in the butter until golden, then add the meat and sauté for 10-12 minutes. Add the onions and spices and cook until the onions are limp. Remove from heat.



- 2-2/3 cup bulgur wheat, plus 1/2 cup more if using lamb instead of beef
- 1 large onion minced
- 2 T salt
- 1/4 t. Pepper
- 1/8 t. Cinnamon
- 1/8 t. Allspice2 lbs ground lamb or beef

Cover the bulgur with water. Soak for 10 minutes. Drain and press between the palms of your hands to remove any excess water. Work the onions and spices together with your fingers. Knead the meat and spices thoroughly, add the crushed wheat and continue kneading. Dip your hands in ice water while kneading in order to soften the Kibbi. Run the kneaded mixture through a food processor 1-3 times for a finer consistency.

At this point you can make balls of the basic Kibbi, use your finger to make a hole in the middle for the stuffing, and seal up and bake in a greased pan at 375 for 20-30 minutes or butter a 9x12 pan. Spread 1/2 inch layer of basic Kibbi on bottom. Spread the stuffing over the Kibbi. Then spread the remaining Kibbi on top. Smooth well. Score the top layer 1/2 deep in 1 inch diamond shapes. Pour 1/2 cup melted butter on top. Bake at 400 for 25 minutes, lower the heat to 300 and bake 20-30 minutes more until golden brown.

### Bryn Mawr Neighborhood Association Calendar - December 2012

All meetings are open - everyone is welcome. Neighbors are urged to attend and participate in meetings and activities of special interest to them. Bryn Mawr Neighborhood Association and its committees meet at Bryn Mawr Elementary School during the school year, (begins August 27, 2012) unless otherwise noted.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2012 Saturnalia Festival! Join your neighbors for some fun on Cedar Lake Road Saturday, December 8th starting at 4:00 p.m.						1
2	3	Land Use Committee Meeting, 7pm at Bryn Mawr Elemen- tary, RM 136	Family Gym Night <b>5</b> 7pm at Bryn Mawr Elementary,	Anwatin Craft Fair, <b>6</b> 5:30-8:30pm at Anwatin Middle School	7	Saturnalia Festival, <b>8</b> 4-7:30pm on Cedar Lake Rd.

9	10	11	Family Gym Night <b>12</b> 7pm at Bryn Mawr Elementary, BMNA monthly meeting, 7pm @ Bryn Mawr Elemen- tary, Cafeteria	Later with Lisa <b>13</b> Goodman, 4:30-7:00 The Normandy Inn, 405 South 8th St. RSVP: 612-673-2207	14	15
16	17	18	Family Gym Night <b>19</b> 7pm at Bryn Mawr Elementary,	20	21	22
23	24	25	26	27	28	29
	Minneapolis Public Schools Winter Recess - December 24-January 1.					
30	31					

## **Minneapolis Recycles!**







### One Sort Recycling is Coming to Minneapolis!

he City of Minneapolis is beginning a One-Sort Recycling Collection Program. Instead of diligently sorting recyclables by category, all recyclables will go into one blue cart. One-sort recycling, also known as no-sort recycling, will be easier for you and more efficient for us.

The new one-sort program will begin in phases. You will know you

start, when you receive your new cart! You will receive a mailing one week before your cart arrives with instructions.

r: mail, magazines, newspaper, boxes and cardboard Cartons: milk cartons, juice boxes and soup cartons

Plastic bottles, jugs, cups, containers and lids

Glass bottles and lars

Metal Cans No trash. Io yard waste.

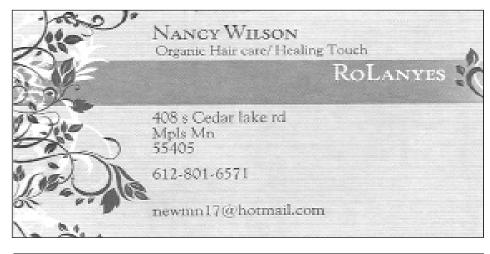
Bryn Mawr is scheduled to start the first week December, so check your mail for the letter and your collection point for a blue cart. The recycling items collected will remain the same. The only change will be that all recycling items go into the cart – no sorting required! There will be a photo on the lid of your new cart explaining what will go inside. For more information call 612-673-2917 or visit:

www.minneapolismn.gov/onesort.

### **Minneapolis Audubon Society January Event**

On Friday, January 11, 2013 at 1 p.m. the Minneapolis Audubon Society welcomes Grant Bowers, U of M Program Coordinator of "Monarchs in the Classroom." He will speak on "The Missing Monarchs." The Bryant Square Neighborhood Center, just one block south of Lake Street, is easily accessible via the #4 bus, which runs every 15 minutes. Please join us for the program and refreshments! For more information call 952-926-4205.







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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		New Year's Day 1	Minneapolis Public 2 Schools students return from winter break	3	4	5
6	7	8	Family Gym Night 7pm at Bryn Mawr Elementary BMNA monthly meeting, 7pm Bryn Mawr Elementary, Cafeteria	10	11	12
13	14	ROC Committee, <b>15</b> Harrison Community Center, 6:00pm	Family Gym Night <b>16</b> 7pm at Bryn Mawr Elementary,	17	18	19
20	Reverend Dr. Marti <b>21</b> Luther King, Jr. Holiday	22	Family Gym Night <b>23</b> 7pm at Bryn Mawr Elementary,	24	25	26
27	28	29	Family Gym Night <b>30</b> 7pm at Bryn Mawr Elementary,	31		<b>7, Feb 2-3</b> oppet.com for informa- r, volunteer as well as

### **Drawing on Nature**

### formerly known as View From The Bridge

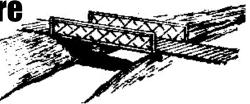
#### December 2012, First in a Series

ver the past ten years, this column has addressed Bassetts Creek Park history, wildflowers, trees of street and forest, and weeds. The former name of the column first referred to the Glenwood Avenue bridge next to the park where much restoration and planting took place. This month, a new name and a new topic comes to the column. Besides the obvious meaning of its first word, the title "Drawing on Nature" underscores that the column studies interrelationships between the monthly subject and the broader natural world.

This month's column begins a year-long study of bulbs. The promise that spring will bring fresh green shoots and colorful buds sustains one through the long, dark, cool winter that we've now just entered. Bulbs are some of my favorite flowering plants. I've enjoyed presenting my mother and sister, both born on April 11, with birthday greetings of bulb gardens whether I'm with them in person or whether a florist serves as my understudy. Bulbs can provide color in the landscape throughout the growing season, even though each bulb variety glows in the garden for a few weeks.

A very broad definition of a "bulb" - a swollen underground structure allows inclusion of a broad range of flowers. This column examines different types of bulbs, including both "true" bulbs and those that many of us consider to be bulbs. Then from February onward, each month, flowers will be described in the order that they can be found blooming, whether indoors or outdoors. Finally, to aid you in creating your own bulb garden next fall, topics will include bulb selection, placement, landscape use, planting and post-planting care.

The word "bulb" refers to both plants that store the recipe for their entire life within an underground storage structure, and to the structure itself. The principal function of this structure is to store energy reserves in the form of nutrients to ensure the long-termsurvival of the plant. In



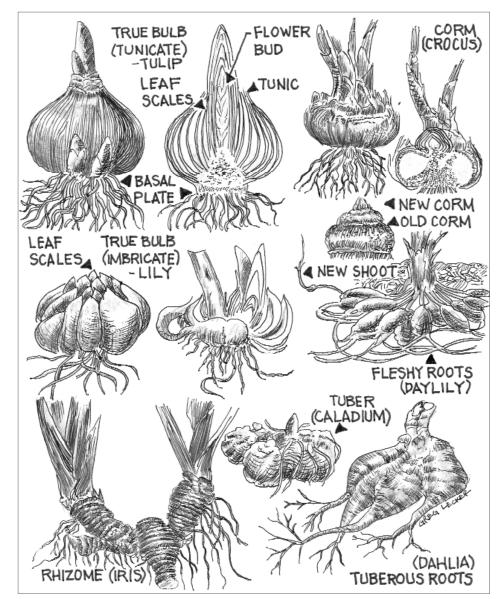
this sense, a bulb is similar to a seed and yet not quite equivalent to the offspring of a flower's reproduction.

For the most part, bulbs are perennials. Though many are hardy to our Zone 4 USDA plant hardiness region, others must be dug up and stored in an area free from freezing. The bulb that we purchase and plant represents the dormant stage of the plant's life cycle. After a period of rest, often marked by darkness, drought, and cold; the bulb sprouts and thrusts a green shoot that flowers and produces leaves. Roots anchor the bulb and absorb life-giving water and nutrients. Photosynthesis recharges the "battery" of the underground bulb. After foliage dies down to the ground either from the summer's heat or the cool of autumn, the bulb reenters a resting phase awaiting reanimation in the following spring or summer.

A scientific investigation of each type of bulb includes classification of its parts into leaf, stem, root tissue. What we think of as a bulb may be classified into several categories: true bulb, corm, tuber, tuberous roots, and rhizome. The characteristics of fleshy roots offer similarities and differences to bulbs. True bulbs include Tunicate and Imbricate Bulbs.

#### True Bulb - Tunicate Bulb

A true bulb has a rounded, somewhat spherical shape with a pointed end. Think of the onion you cut up for breakfast, lunch or dinner. A protective, papery sheath cloaks a Tunicate bulb, shielding it from damage from excessive dryness or wetness. The onion's rings are concentric scales of leaf tissue surround an embryonic flower bud. Persisting for many years, a true bulb adds new scales from the center of the bulb. The scales are joined together by a basal plate from which roots develop and around which offsets may form. After growing sufficiently large, these offsets, or bulblets, produce their own flowers. When this growing family of bulbs crowds its growing space, flowers gradually grow smaller and smaller. This is a signal to excavate and divide the bulbs. Examples of Tunicate bulbs are: tulips, daf-



fodils, hyacinths, grape hyacinths (muscari), and alliums. True Bulb - Imbricate Bulb

Without a protective shield, an Imbricate bulb must be kept moist to prevent damage to the scales before planting. Asiatic and Oriental Lilies are common Imbricate bulbs. Corm

Though a corm may resemble the form of a true bulb, a corm is comprised of solid stem tissue, while a true bulb is assembled from nested leaf tissue. Corms tend to be slightly flatter compared with the more spherical true bulb. Cutting open a corm yields no visible rings as is the case with a true bulb. Fibrous or smooth, a thin tunic envelops the corm. A growing tip identifies the planting orientation. A basal plate develops from which roots develop. Instead of bulblets forming around its basal plate, a new corm forms above last year's com, which withers away at the end of a growing season. Gladiolus, Crocus, Autumn Crocus are examples of coms.

#### Tuber

#### Rhizome

A rhizome is an underground stem that grows horizontally instead of vertically. Often they resemble a swollen root. Examples of rhizomes include Agapanthus, Lily-of-the-Valley, Bearded Iris, Canna, and Calla Lily. Note that Siberian Iris grows from fibrous roots rather than from a rhizome.

#### **Fleshy Root**

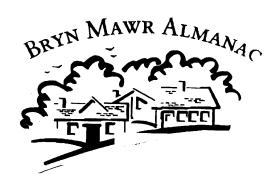
Some plants have underground structures that, on first inspection resemble tuberous roots. Instead, such plants, including the Peony and Daylily, possess fleshy roots.

A preview of flowers that will bloom next year is available at the Minnesota Landscape Arboretum. Visit the Restaurant Gallery in its Oswald Visitor Center from November 13 through January 14, 2013. "Irresistible Iris" showcases Jacque Rosenau's stunning digital "paintings" inspired by the Arboretum's Iris Collection.

#### Sources:

University of Illinois Extension Service: http://urbanext.illinois.edu/bulbs/bulbbasics.cfm

University of Minnesota Extension Service. Master Gardener Core Course materials, http://www.temple-offlora.com/gallery\_pages/roots.htm, Botanical Illustrations Gallery by Christina Brodie Bulbs by Roger Phillips & Martyn Rix, 1990. Gardening All-in-One For Dummies, The National Gardening Association, http://www.dummies.com/how-to/content/gardening-what-are-bulbs-cormstubers-and-rhizomes.html "Bulbs and Other Rooting Structures", Ron Cornwell and Floyd Giles, University of Illinois Extension



December 12, 2005 Red fox trotting along Hawthorne Av. at 10 pm.

- December 26, 2005 A single over-wintering robin along the 394 north frontage road. Saw it again in the same place 2 weeks later.
- December 28, 2012 Full moon, the Ojibwe descending cold moon.
- January 9, 1977 Low - 32° here, ice fog. -60° in Rice Lake, WI.
- January 16, 1978 Below zero for the afternoon burial of HHH in Lakewood cemetery.

Low -25°, high -21°. Does it seem warmer lately? January 19, 1985

A tuber is an underground stem swollen with energy stored as carbohydrate. A tuber is often short, fat, and rounded. Fibrous roots form from the bottom of the tuber. Several growing buds, known as "eyes" sprout from the tuber and grow upwards. The tubers of the brightly variegated Caladium and the solidly colored Elephant Ears resemble the common potato, which is also a tuber. **Tuberous Root** 

Tuberous roots are modified, specialized roots that enlarge to store energy. A cluster of tuberous roots is joined together at the bottom of a stem, which contains the growing point for the following year. Because the stem is necessary for plant growth, the cluster can be divided only if each root is paired with a portion of the stem. Examples of tuberous roots are Dahlia and Sweet Potato.

Get to the root of the matter of bulbs ... it will be worth your effort!

- Greg Lecker, U of M Extension Service Master Gardener, Minnesota Master Naturalist Volunteer



### TAI CHI - $\star$ 4 WEEK INTRODUCTORY $\star$ Mondays Jan 14" - Feb 4", 7:30pm-8:30pm

\$75 package rate [This class series will only run with e min. 4. person registration. Please call or email to register by Jan 12".)



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INSTRUCTOR: Andrea Sullivan

### FLOW YOGA - Wednesdays 6:30pm-8:00pm

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provides results, releasing tension, and allowing you to find your internal center. Experience the space where you are absorbed with the process of your action. You will learn steady poses (asanas) that flow from one to the other and are linked with the deep, pranayama ujjavi breath. Sun salutations, standing poses, balance poses, backward bends, forwards bends, twists, and seated poses will all be addressed, always with optional modifications to accommodate any age, body, or level of experience. INSTRUCTOR: Erin Threlkeld

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### Bryn Mawr Presbyterian Church Welcomes You!

**Children's Christmas Pageant** Sunday December 16 at 10:30 a.m.

Christmas Eve Candlelight Service of Lessons and Carols December 24 at 7:30 p.m.

Sunday School Classes @ 9:30 a.m. Age Five Through Third Grade Fourth Grade Through Confirmation

### We Worship Each Sunday @ 10:30 a.m.

Nursery available for children 5 years & younger during Education Hour & Worship

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<u>Age</u>	<u>Sun-Thurs</u>	<u>Fri-Sat</u>
Under 12	9:00 pm	10:00 pm
12-14	10:00 pm	11:00 pm
15-17	11:00 pm	12:00 pm



### **Anwatin Arts & Crafts Sale**

Their second year as advisors to the Community Education program at Anwatin, the BMNA Schools Committee is planning the Arts & Crafts Fair which is traditionally held on the evening of the fall music concert at Anwatin Middle School. This year the event will be on Thurs. December 6.

Crafters will be featured in the main foyer of the school and down the hall leading to the school's "Empty Bowls" hunger awareness service project and the music concert. There is a nominal registration fee for artisans and crafters who participate and all proceeds benefit Community Education at Anwatin.

### **Election Day Bake Sale Succeeds**

The Bryn Mawr Elementary PTA hosted their 4th Election Day Bake Sale. This fundraiser began with the presidential election of 2008 and has continued with two primaries and this past November election. The 2012 November election earned the PTA \$1400+. Thank you to all who donated baked goods and to the many voters who purchased baked goods. This is a great example of the entire community supporting programs and students at Bryn Mawr Elementary.

### Family Open Gym at Bryn Mawr Community School Returns Tuesday nights from 6-8 p.m. November through March

Starting November 9, the gym at Bryn Mawr Elementary School will be open for families with kids of all ages to get out some energy while playing with neighbors. The Family Open Gym hours are Tuesdays from 6-8 pm. Some equipment is available, but please feel free to bring your own jump ropes, balls, hula hoops, and unicycles! All Bryn Mawr families are welcome!

### **Contact Information For Community Schools**

Bryn Mawr Elementary (PreK-5) 252 Upton Avenue South 612-668-2500 http://brynmawr.mpls.k12.mn.us Minneapolis Kids School-age Childcare (at Bryn Mawr School) 612-668-3890 http://mplskids.mpls.k12.mn.us/ Anwatin Middle School (6-8) International Baccalaureate and **Spanish Dual Immersion** 256 Upton Avenue South 612-668-2450 http://anwatin.mpls.k12.mn.us **Anwatin Community Education** 612-668-2470



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### Who Let The Moms Out?

### Eight Bryn Mawr Moms on the Search for Good Books and Food

The Kenwood - 2115 West 21st Street,

fter a walk around Lake of the Isles and a visit to Birchbark Books, many of us frequented Isles Market and Deli (most recently called the Kenwood Café). So we looked forward to eating at the latest restaurant to inhabit the space, The Kenwood. The new owner, Don Saunders, has imbued the old deli with a manly touch. An English hunting club atmosphere has been created by Kenwood resident Jim Smart, of Smart Associates, who chose the plaid wallpaper and hunting dog décor.

On his website, Chef Don Saunders' states that his vision is to serve the neighborhood what it wants in the way of coffee, pastries, breakfast, brunch, lunch and dinner while tempting outsiders with some of the Twin Cities' finest dining. Saunders also owns In Season, which has a strong emphasis on local, sustainable, in-season ingredients. We started with the duck offal "cigars," very flavorful brick dough, and the hummus olive oil flatbread. It was a crazy Indian spice mix, very tasty. The small plates were wonderful. We tried seared scallops, Swan's Island mussels (really rich broth), the wild mushroom tart and the spiced blue prawns. The aroma was captivating.

The soups and salads were very good. We tried both the butternut squash and the lentil soup, grilled Heart of Romaine, and roasted beet salad. The Limousine beef burger was a bit dry, and the fries were very tasty, but a little limp.

Desserts are much loved by our crowd. The choco ginger pots de creme got a "wow" response, and the double chocolate bread pudding, subtlety laced with chocolate, was a favorite. We all look forward to another meal at The Kenwood.

A note on the menu, "Bring your own fox and we'll grill it."

## **SUPPORT THE BMNA!**

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Inserts	8.5"w X 11"h .	\$145 .	\$170



### **Area 3 Passing**

evin Hazlett, owner of the Bryn Mawr Coffee Shop for nearly 18 years, was interviewed in the December 1994 issue of the Bugle. He mentioned that customers who made him laugh would win a free cup of coffee. As it turned out, Kevin was the one to bring on the laughs; his bad jokes were legendary. Many Bryn Mawr

neighbors and coffee shop regulars joined Kevin's family and friends for a celebration of his life on November 10. Kevin, who bought the coffee shop from his brother in January of 1994, died of pancreatic cancer on November 2, 2012.

You can get a cappuccino, a frappuccino, or a marocchino anywhere in town, but only Kevin could make



his renowned Al Pacino (three shots of coffee, no cream) After two raucous, music filled benefits, numerous "happy hours," and a tear-filled service, we sadly say goodbye to our friend Kevin, who created a community haven where everyone knew your name, and Kevin knew your coffee.

- Jessica Wiley, Area 3 Co-Rep



(Inserts must be printed by you, double or single-sided.)

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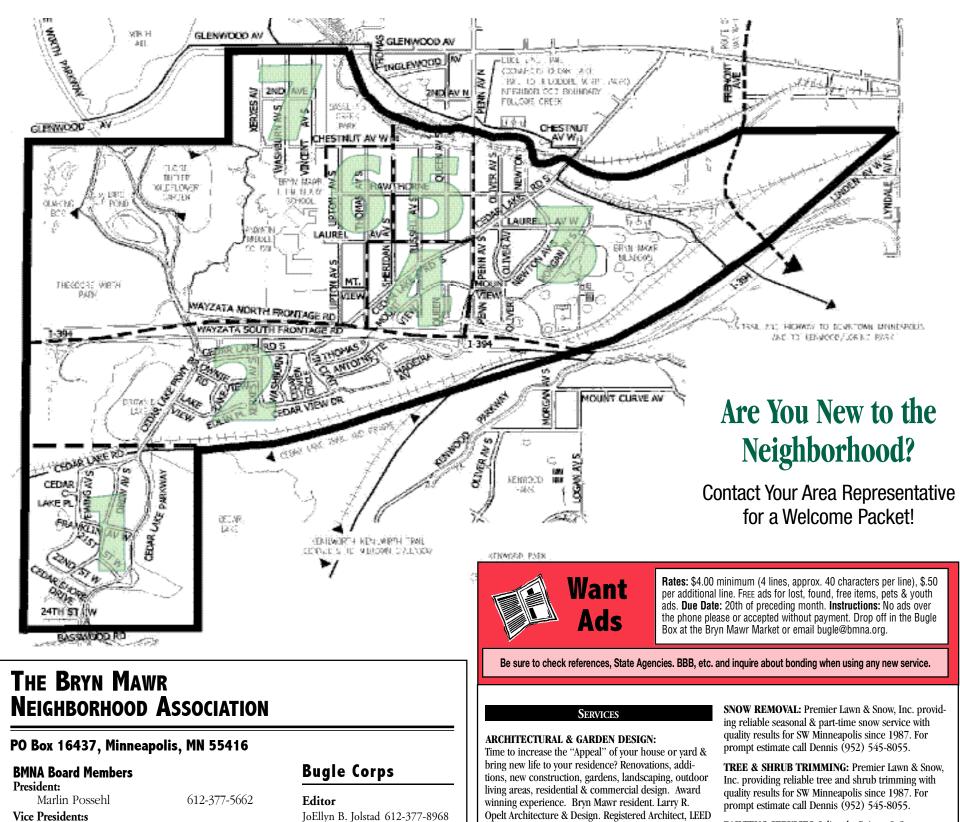
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### Remember... NO BUGLE IN JANUARY. Next issue is February 2013.



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### **NO BUGLE IN JANUARY**

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