



# BRYN MAWR BUGLE

Published by the Bryn Mawr Neighborhood Association

November 2010

## Vegetarian Main Dish

Winning Recipe by Racheal Rassier

### Green sauce:

2 pounds tomatillos, husked & rinsed  
6 serrano chiles, stemmed  
12 cloves garlic  
2 bunches cilantro, washed & stemmed  
1/2 large white onion  
2 tblsp salt (or to taste)  
(I usually do one batch at a time, the ingredients above renders 2 batches)  
1 cup cream (heavy or 1/2 & 1/2)

Boil tomatillos & serranos until tomatillos turn from a bright green to an almost brownish green color. Save 2 cups of the water. Transfer tomatillos & serranos to a blender and add onion, garlic & salt. Blend until liquified. Add water then cilantro, blend again until desired consistency. Set aside.

To make the sauce for the enchiladas: Pour the green sauce into a pan over medium heat. Once the sauce is hot, add the cream, blend and remove from heat. Set aside.

### Enchiladas:

4 dozen 6" flour tortillas  
8 cups shredded cheese (lots of varieties will work like farmers, mixes with colby, mozz & cheddar)  
2 roasted red bell peppers, peeled/seeded/cut into 1/8" strips  
2 roasted yellow bell peppers, peeled/seeded/cut into 1/8" strips  
2 roasted poblanos, peeled/seeded/cut into 1/8" strips  
2 cans green chiles (ortega or el paso brand)  
4 pounds sliced mushrooms (saute in the following ingredients)  
- 1 stick butter

- 1 cup cooking sherry/red/white wine  
- 4 cloves garlic, minced  
- 1 tsp salt  
2 large white onions, finely chopped (saute in the following ingredients)  
- 2 tblsp butter  
- 2 tblsp olive oil  
- 1 tblsp dry oregano  
- 1 tsp red chili powder  
1 (1 lb.) can white hominy  
2 bunches cilantro, stemmed & finely chopped  
2 bunches green onions, finely chopped

Still with me???

Time to build your enchiladas. Preheat oven at 400 degrees.

Lightly grease the bottom of your baking pan(s). Place each filling ingredient in a bowl and set up like an assembly line of your ingredients. Have room between your ingredients and you for your pan. Spoon a few tablespoons green sauce onto the bottom of the pan and spread around to coat. In batches of 2-4 tortillas at a time, warm the tortillas according to the package instructions. Dip in green sauce then lay flat towards the top left corner of your pan. Fill with a little of each ingredient - like 3 tablespoons cheese, 1 tablespoon each green sauce & mushrooms, 1/2 tablespoon each of onions & cilantro & green onions. Roll the ingredients in the tortilla so that the seam is on the bottom. Scoot to the top left corner. Repeat again and again, making sure enchiladas are pressed against each other. Place in oven for approximately 20-25 minutes.



## 2010 BMNA Harvest Dinner

On Wednesday, October 27, 100+ neighbors came together to share a fall harvest feast. Pumpkin shepherd pie, tofu curry over rice, barbecued tofu with fried rice, butternut squash lasagna, pumpkin curry soup, to name a few of the amazing, vegetarian dishes that were part of our vegetarian main dish competition.

Racheal Rassier of Area 4 was the winner with her Vegetarian Enchiladas topped with Tomatillo Salsa. The recipe appears to the left, if you want to try your hand at it!

A costumed baby Vivian won a glass pumpkin filled with candy corn. Her guess was 680 and there were 677 in the jar!

- Patty Wycoff



## Minneapolis Park and Recreation Board Realigns Ski Trail in South Wirth

A section of the ski trail in the South Wirth area of Theodore Wirth Park is being realigned by the Minneapolis Park and Recreation Board (MPRB). The new trail section, replacing a portion of the trail constructed in 2002, will run closer to Xerxes Avenue and create a buffer zone between the ski trail and Eloise Butler Wildflower Garden and Bird Sanctuary. While the new trail is expected to be completed this fall, re-vegetation of the old trail will take place in the spring.

In May of 2007, the MPRB approved the plan for all types of trails in South Wirth. The plan was developed with extensive user input. A citizen advisory committee, formed in 2005, represented the myriad interests in the park, including the Friends of the Eloise Butler Wildflower Garden, the Nordic Ski Foundation, Minnesota Off-Road Cyclists as represented by the Minneapolis Off-Road Cycling Advocates, the Audubon

Society, and the Bryn Mawr Neighborhood Association. South Wirth is defined as the area south of Glenwood Avenue, west of Xerxes Avenue, north of I-394 and east of Theodore Wirth Parkway.

This fall's work begins the implementation of the approved plan. Funding is being sought for completion of the greater plan, which will involve erosion control, closing and re-vegetation of the many informal trails created over the years by deer, humans and others, as well as clear signage designating official trails.

The majority of the current work is being done by Park Board crews. Volunteers from Friends of EBWG, and the Nordic Ski Foundation also have participated, or will participate, in the trail work. Restoration of the old trail in the spring will include planting of shrubs, seeding with woodland-appropriate seed, and temporary fencing and signage.



# BMNA Reporter

Bryn Mawr Neighborhood Association  
Draft Minutes: October 13, 2010

## 1. Call to Order, Introductions:

Present: Marlin Possehl, President; Larry Skov, Vice President; Claire Plank, Secretary; Ben Horn, Co-

Treasurer; Greg Froehle, Area 1; Dave Holets, Area 1; George Seebach, Area 2; Susan Verrett, Area 2; Dave Wahlstedt, Area 2; Rick Carter, Area 3; Jessica Wiley, Area 3; Chris Etz, Area 4; Dave Logsdon, Area 5; Jay Peterson, Area 6; Barry Schade, Area 6; Steve Harvey, Area 7; JoEllyn Jolstad, Bugle editor/Community Schools Liaison; Patty Wycoff, Neighborhood Coordinator; Scott McLaughlin, NRP Chair

Guests in attendance: Lee Munich, Humphrey Institute, Dylan Thomas, Southwest Journal; Lisa Goodman, City Councilmember; Jason Rathe

## 2. Presentation/discussion of LRT Planning Project: Lee Munich

Rick Carter will coordinate team for Humphrey Institute Capstone project with BMNA. Other volunteers include Jay Peterson, George Seebach, Dave Wahlstedt, Barry Schade and Greg Froehle to coordinate BMNA group on LRT project.

## Approval of Consent Agenda:

Minutes of last month's meeting  
Today's Agenda

Ted Kiesselbach officially voted in as Co-Vice President. Moved and seconded.

Acceptance of this month's Financial Report (available online)

## City update: Councilmember Lisa Goodman

Input into the LRT station development is encouraged from community

## Discussion of hosting political forum: Dave Wahlstedt

Future – support sponsored debates for election spots. Work with other neighborhoods from same districts. Google group set-up/ primer: Dave Wahlstedt

bmnaboard@googlegroups.com - clearinghouse for group information sharing.

## Discussion item: Senior outreach, requested by Lois Schurke (JoEllyn)

Use neighborhood email notifications to encourage neighbors to car-pool to community events/assist those who need rides.

## Patty Wycoff: NC activity report

NCEC (the new NRP) has [granted] tentatively allocated BMNA \$15,545.00. A small group will examine the effect on BMNA's annual budget.

## JoEllyn Jolstad: Bugle Report

Trouble fitting in last minute submissions. Reminder – deadline for submissions is the 20th of the month.

## Proposal: Add NiceRide bike kiosk to downtown: Ben Horn

"Green" bikes in downtown Minneapolis. Currently 65 rental stations with 700 bikes. Launched in June and very successful.

Set station near Quest building? Possible support through NRP funding?

Future discussion for summer 2011.

## NRP report/discussion – Scott McLaughlin

CEE Energy project: 80 homes have scheduled visits for energy audits. 20 spots available. Continue to advertise.

Downtown project (lighting & striping): Has begun! Waiting for LED components for lights. Next steps – banners.

## Rain gardens:

12 people bought coupons to install rain gardens. BMNA has spots for 50 installation co-pays.

Motion #1: I, Scott McLaughlin, BMNA NRP chair, make a motion to modify our existing NRP Plan by moving \$2,500 from 10.1.2 Housing into 16.1.1 Improving Neighborhood Environment; \$5,000 from 13.1.5 Wirth Park Improvements into 16.1.1 Improving Neighborhood Environment; and \$5,000 from 15.1.1 Penn Avenue Traffic Calming into 16.1.1 Improving Neighborhood Environment. —Approved

Motion #2: I, Scott McLaughlin, BMNA NRP Chair, make a motion to approve the Rain Garden Program and its accompanying budget of \$18,250. —Approved

## Community Solar Power project:

No more leasing; only purchasing. Continue with articles in Bugle and web site.

## Neighborhood Coordinator position: Larry Skov

Scope of Services – any updates/edits to Larry.

Application acceptance has closed. Patty Wycoff to continue as Neighborhood Coordinator.

## Standing Committee Reports

### Redistricting Committee: Barry –

Create a forum for people to comment. Continue to monitor.

### Schools Committee:

Jessica Wiley – Met on September 23rd. Future goal: watch long-term plan for high schools in the area.

## Treasurer's report– Ben Horn

All's well.

## Discussion Items and Updates and Announcements:

Membership Drive 2011  
Adjourned: 8:45 pm

## NEXT BOARD MEETING:

Wed, Nov 10th, 7:00 p.m.,  
Bryn Mawr Elementary School

## UPCOMING EVENTS:

### Harvest PotLuck Dinner

Wednesday, October 27, 6-8 p.m.

### Saturnalia Winter Festival

Saturday, December 11



## THE BRYN MAWR NEIGHBORHOOD ASSOCIATION

PO Box 16437, Minneapolis, MN 55416

### BMNA Board Members

**President:**  
Marlin Possehl 377-5662

**Co-Vice Presidents:**  
Ted Kiesselbach 377-3467  
Larry Skov 598-0753

**Co-Treasurers:**  
Ben Horn 382-7982  
Paul Markert 381-2604

**Secretary:**  
Claire Plank 307-620-5980

**NRP Steering Committee Chair**  
Scott McLaughlin 374-9494

**Community School Advisory Council:**  
JoEllyn Jolstad 377-8968

### Area Representatives

- |   |                 |          |
|---|-----------------|----------|
| 1 | Greg Froehle    | 926-2882 |
|   | Dave Holets     | 922-8274 |
| 2 | George Seebach  | 670-4111 |
|   | Lynda Shaheen   | 374-4201 |
|   | Dave Wahlstedt  | 282-7611 |
|   | Susan Verrett   | 377-7447 |
| 3 | Rick Carter     | 381-1473 |
|   | Jessica Wiley   | 374-3481 |
| 4 | Christopher Etz | 378-2987 |
| 5 | David Logsdon   | 377-9689 |
| 6 | Jay Peterson    | 377-4677 |
|   | Barry Schade    | 377-8152 |
| 7 | Steve Harvey    | 374-3613 |
|   | Andrew Kraling  | 226-6249 |

### Bugle Corps

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The Bryn Mawr Bugle is an open-forum newspaper published by the Bryn Mawr Neighborhood Association. Content is based entirely on volunteer submissions which may be emailed to bugle@bmna.org. Articles and letters to the editor will be printed at the discretion of the Editor. The Bryn Mawr Bugle is published every month except January. Distribution is free to Bryn Mawr residents; copies are also available at the Bryn Mawr Coffee Shop, the Bryn Mawr Market, Bryn Mawr Mobile and Cuppa Java. Subscriptions are \$21 per year. Opinion articles represent the opinion of the writer, not necessarily those of the Bryn Mawr Neighborhood Association or the Editor of the Bugle. The Bryn Mawr Bugle will print letters to the editor as space allows. Letters may be edited for length without altering the letter writer's message. Letters must be signed by the person who wrote them. Under the law, letter writers, like journalists, may not commit libel, be obscene, reveal names of juveniles accused of crime, invade personal space, or incite to riot.

## Copy deadline for the September issue is August 20!

Display Ads are due August 20 Ads must be pre-paid & camera ready.

Call Deryck Jolstad at (612) 377-8968 or djolstad@msn.com for rates.

GENERAL ADVERTISING POLICIES: All ad copy is subject to approval by the paper, which reserves the right to reject or request changes to an ad. Ad placement does not imply endorsement by the BMNA. The advertiser, not the paper, is responsible for the truthful content of the ad. Readers use service/product providers at their own risk and are solely responsible for checking references, state agencies, BBB, etc.

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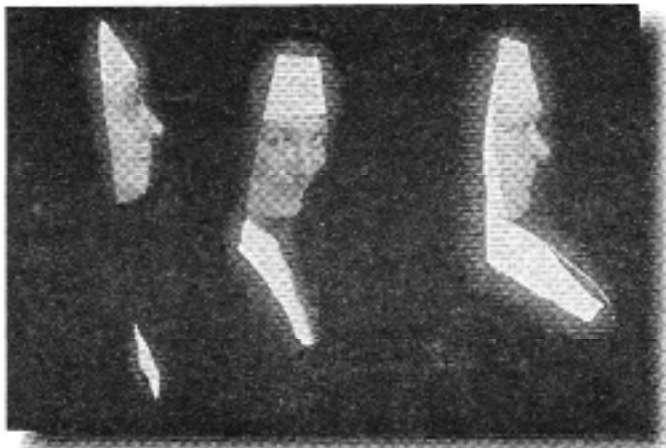
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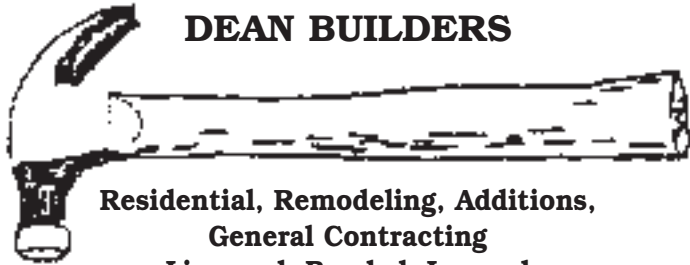
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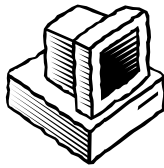
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## From the Editor

I almost reprinted an old column rather than write a new one this month. Originally, I planned to write about the School Board elections and my concerns over the implications of representation by Park Board zones. My feeling is that once it is fully implemented, it may be effective. But the transition could be dicey.

Is it possible that for the first time in recent memory, there may not be an African American on the Minneapolis Public Schools Board of Education? Will candidates who are running unopposed in their zones bring effective leadership and skills to the Board? Can they represent their area of the city without having gone through all the public vetting their at-large counterparts have endured? Given all the recent changes in the district, is it healthy to experience so much turnover at the Board level? These are questions I wanted to write about. But then I got sick and couldn't do research on the topic.

Isn't it always the way? You get so busy that you cannot imagine how you will get it all done. Then you find yourself in bed for three days. You get nothing accomplished and when you rejoin the living, you find that the world kept going without you.

This is where I am today. For the next week or two, I will be scram-

bling to catch up with the life the passed me by while I was out of commission. The trick is how to prioritize my time and at the same time, try not to feel too sorry for myself.

There is nothing like two very dear friends telling you they have cancer to snap you back to reality and make you feel grateful for all your blessings and challenges. Nothing like a glimpse of what it really means to be sick and not have the time or energy to do what you usually do, to make you appreciate those little things that feed your soul.

In addition to all the work, projects, and commitments, which I find so rewarding, here are a few small things that I am gladly saying "Yes" to this week.

- going to the Harvest Dinner
- stopping by a friend's house for a glass of wine
- putting up spooky decorations, even if it is for only a few days
- helping a friend's child with her Halloween costume
- planning a birthday party for the daughter who is growing up too fast.

All of these things connect me to my community and it is through that connection that I can effectively do my work and live my life. How can I not make the time?

- JoEllyn Jolstad, bugle@bmna.org

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# more CounterTalk

by *Dave Logsdon*



"...there is crack in everything,  
that's how the light gets in,  
that's how the light gets in...."

-*Leonard Cohen*

November is a tough month, especially in Minnesota, with the cold winds bring a sense of urgency to the equation. The synchronicity of life has me pondering and my mind a-wandering where it will go, where it will go.

## Getting here from there

From time to time, I think that it is necessary to explain how I got to this point in time, writing this monthly piece. It is rather strange and more than a little ironic that a retired truck driver with a couple of undistinguished years of community college under his belt is cranking out monthly observations to a community filled with educated and literate people. I may have lost my poetic license for good last month when my "concise verbiage" got me pulled over by the grammar police. After all, my verbiage is anything but concise. Back in 1995, while working a part time gig behind the counter at the Bryn Mawr Market, I noticed the number of people who had terrific stories. I thought it would be pretty cool for the community to have a town crier to inform and recognize some of the notable achievements of individuals and groups around them. I broached the idea to then Bugle Editor Jennie "the Ax" Bartholomew and she said go for it, and thus, "Counter Talk" was born. I walked away from the column for a couple of years to freshen up my muse and

## WEEKLY MEETINGS OF ALCOHOLICS ANONYMOUS

are held at Bryn Mawr  
Presbyterian Church,  
Cedar Lake Road and  
Laurel Avenue, on  
Tuesdays at 7:30 p.m.

All interested people are  
invited to attend.

now I am back, spewing the verbiage that, hopefully, illuminates and motivates.

## Ring the bells....

At the end of World War 1, a world tired of the carnage of war, laid down their weapons and declared an armistice. On the 11th month, on the 11th day, on the 11th hour the bells will be rung for peace thru out the world. In 1954, President Eisenhower, through an act of Congress, changed the name of the November 11th remembrance from Armistice Day to Veterans Day under pressure from WWII veterans to have the day more inclusive. It also achieved a paradigm shift in our nation from remembrance of the fallen and laying down of arms for world peace to one of glorifying the notion of future wars with less emphasis on the awful toll of war.

As a combat veteran of the Vietnam War, I am working with a group called Veterans for Peace to revive the original intent of Armistice Day. Every year on the 11th hour on the 11th day of November, we have a service at the First Shot Memorial by the State Capital building where we ring the bell 11 times for peace and read off the names of Minnesotans that have given their lives during the Iraq and Afghanistan conflicts.

Over twenty area churches will join our bell ringing, including the St. Paul Cathedral, to remember all victims of war, civilian and military and to remind our fellow citizens of the high costs of war.

## Before I go....

We've got some very talented folks right here in Bryn Mawr, yes siree, we surely do! Where do I begin to write about all these creative people with connections to our community?

How about right here with your old "Counter Squawker", that would be me. To my long resume I plan to add, movie producer. Area 4's Deacon Warner is directing a new documentary about the School of the America's Watch which is a group that is trying to shut down Western Hemisphere Institute of Security Cooperation (WHINSEC) which is an Army school located in Fort Benning that trains military and police from Latin American countries in techniques that have in many cases been implicated in human rights violations throughout Latin America. The local chapter of Veteran's for Peace (Chapter 27), has been going down to the annual protest outside the gates of Fort Benning since the early nineties. As Vice-President of the group, I've made arrangements for Deacon and an intern to be on the bus that our group sends down every year to the base in Columbus, Georgia. Once there I will connect Deacon with the myriad events on that weekend (November 19th to 21st) and to the many prisoners of conscience, dedicated activists, Father Roy Beourgeois (founder of SOA Watch), and, for balance, some WHINSEC officials.

Enough about me (say it like you mean it, Dave), There is a lot going on outside my little half acre of reality! Deacon's wife Jennie, who rocks out as part of the all-women Clash cover band Rude Girl, will be performing with the group at the 400 Bar on the West Bank on October 23rd at 8:30 p.m. (uh Dave, that was last month) Ironically, Jennie is not rude at all, actually, very gracious. Hopefully, I can be more timely in announcing upcoming shows, eh.

Marcela Lorca of Area 4, a long time choreographer for the Guthrie Theatre productions, will be doing a bit of directing in the Mixed Blood's new production, "The House of the Spirits". Drawing from her own family's experience in Chile under Pinochet's ruthless dictatorship and Caridad Svich's adaptation of Isabel Allende's novel, Marcela has taken on a project close to home. The play ends November 14th with per-

formances on Friday, Saturday and Sunday, so hurry out and get those tickets now!

The Pachanga Society is not something you join, but something you groove to and shake your booty to. Area 5's Martin Wolfe is the groups percussionist and just a swell fellow. Unfortunately, to hear the Pachanga Society, one has to travel to St. Cloud! So if you are in St. Cloud on the 12th of November, they will be at Pioneer Place at 5th and St. Paul street at 7:30pm. Now fellows, could you get something a little closer to home?

The Percolators are closer to home. Every Friday night they are at the Golden Valley VFW doing their covers and making people move their stuff around the dance floor. The Percolators performed for their neighbors at our Ice Cream Scoop-off in July.

Isabel Monk-O'Connor of Area 5 will be a member of the cast of the Guthrie Theatre's Production of the Christmas Carol this holiday season. She will not be cast as Scrooge, Tiny Tim, or the Christmas Goose! (just a wild guess on my part)

Alexei Moon Casselle, who grew up in Bryn Mawr, along with his lovely and talented wife, Channy, are part of Roma di Luna. This roots-folk group is blowing up right now with the hottest selling CD (their new one "Then the morning came") at the Electric Fetus for the month of October. On the last page of the latest Rolling Stone, they happened to spotlight the top selling CD's in Minneapolis, so Roma di Luna got a little face time (a picture and a little bio) in that iconic magazine. Their next performance will be their annual holiday show at the Cedar on the 19th of December, so get your tickets early! If you want to purchase their new CD, they will be for sale at the Bryn Mawr Market.

Wow, talk about verbiage, thy name is Dave! Rock on campers, I'll see you next month!

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## Wirth CAC Reconvened

At its October 20 meeting, the Minneapolis Parks & Recreation Board approved a resolution to: Direct staff to reconvene the citizen advisory committee (CAC) from the Wirth Beach Phase III project to complete the following charge:

Prepare recommendations for the Board of Commissioners on the prioritization of improvements throughout Theodore Wirth Park. The CAC shall consider existing plans and other park needs such as winter recreation/active sports facilities, operations facility consolidation, Wirth Chalet revitalization (including consideration of a restaurant), picnic pavilion rehabilitation, and trail and parkway upgrades. The CAC recommendations shall attract visitors to the unique historical, environmental, and recreational qualities of the park, while reducing maintenance and operating costs.

(full resolution available at: <http://www.minneapolisparcs.org/documents/agendas/2010-10-20/4-3-068PLN.pdf> )

This appears to, in part, be a response to concerns reflected by some Bryn Mawr neighbors over placement of a service shed in a fenced area where the tennis courts now exist. It is unclear at this point whether all prior participants will remain on the CAC as return participants or whether there will be new vacancies to fill. All CAC meetings will be open to the public, however, with an opportunity for questions/comments from non-committee members attending. Watch the Bugle (or for more timely announcements, the MPRB website).

Marlin Possehl, President, BMNA  
612.377.5662



## BMNA

### Volunteer Spotlight: Claire Plank, BMNA Secretary

*A series profiling outstanding BMNA volunteers.*

**1. How long have you been a Bryn Mawr resident?**

Bryn Mawr was my first stop after college...so, summer 2007.

**2. What do you like most about living here?**

I'm sure everyone says this, but pretty much everything! I love the neighborhood, the location, the parks. How cool is it to walk out my front door every morning and see the Minneapolis skyline? Or take a short walk to any of the wonderful parks?

**3. What do you wish you could change about the neighborhood?**

I've been house hunting for the last couple months and I wouldn't mind if home prices dropped a bit!! Wishful thinking...

**4. In what ways do you volunteer in Bryn Mawr?**

For the past couple months I've been serving as the secretary for the Bryn Mawr Neighborhood Association. And, though I vowed never to get involved in politics - I've been helping various campaigns with calls and flyers and even served as an election judge. If I can sit for fourteen hours and help voters, you can get to your local precinct and vote!

**5. Why do you volunteer?**

I have yet to find a reason not to!



## Bryn Mawr Neighborhood Association Calendar - November 2010

*All meetings are open - everyone is welcome. Neighbors are urged to attend and participate in meetings and activities of special interest to them. Bryn Mawr Neighborhood Association and its committees meet at Bryn Mawr Elementary School during the school year, unless otherwise noted.*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	Election Day 2 Election Day Bake Sale at Bryn Mawr Elementary School 7 am-8 pm	Land Use Committee 3 Meeting, 7pm at Bryn Mawr Elementary, RM 136	4	5	6
7	8	9	BMNA monthly 10 meeting, 7pm at Bryn Mawr Elementary, Cafeteria	11	12	13
14	15	ROC Committee, 16 Ripley Gardens, 6:30pm	Community Garden 17 Group meeting, 7PM, Cuppa Java basement	18	19	20
21	22	23	24	Thanksgiving Day 25 Holiday.	26	27
28	29	30	<i>Save the Date!</i> Saturnalia Festival Elves and Sprites and Holiday Lights! Saturday, December 11, 2010			

# Bryn Mawr Community Project Updates

## Bryn Mawr Solar Program

Another month has passed and the Bryn Mawr Solar Program just keeps metering along. After several discussions with residents who remain on the fence with this program we feel compelled to show you some of the numbers as food for thought. Below you will find specific results from 3 Bryn Mawr residents who are participants in the solar program. Our goal continues to be full implementation by November, 2012. There remains



\$19,000 available! Apply today!  
Details available at BMNA.org.

### Scenario #1 - 16 panels - estimated 13,000 Kwh/year

Installation Costs	\$30,500
State of Minnesota Rebate	(7,500)
Xcel Energy Rebate	(9,000)
Federal Tax Credit	(8,500)
Bryn Mawr Grant	(3,000)
Final Cost to Owner	\$2,500

### Scenario #2 - 15 panels - estimated 12,250 Kwh/year

Installation Costs	\$27,000
State of Minnesota Rebate	(6,000)
Xcel Energy Rebate	(6,750)
Federal Tax Credit	(6,000)
Bryn Mawr Grant	(3,000)
Final Cost to Owner	\$5,250

### Scenario #3 - 11 panels - estimated 9,000 Kwh/year

Installation Costs	\$21,800
Xcel Energy Rebate	(5,800)
Federal Tax Credit	(3,900)
Bryn Mawr Grant	(3,000)
Final Cost to Owner	\$9,100

Please note that each project has unique installation characteristics. These figures are intended only as a general guide for planning purposes.

## Spots still available for CEE workshops and free home visits...

This past summer you may recall two workshops hosted by the Center for Energy and Environment on their new program, Energy Efficient Cities: Leading the Way. Many of our residents took advantage of this opportunity to learn a great deal about home efficiency and energy. Included in the program are 90 minute home visits which include over \$400 worth of materials and services. The feedback we have been getting on these energy workshops and home visits has been nothing but positive.

The best part, it is FREE to Bryn Mawr residents!

The BMNA will continue to cover the \$30 fee for these services and products for 100 of our fellow neighbors. As of this writing 80 Bryn Mawr residents have taken advantage of the program, meaning only 15 spots remain.

### Upcoming workshops for homeowners:

- Thursday, November 4th at 6:30 p.m. at the Lake Nokomis Community Center (2401 East Minnehaha Pkwy),
- Tuesday, November 9th at 6:30 p.m. at Minnehaha Academy South Campus (4200 West River Pkwy)

- Wednesday, November 10th at 7 p.m. at Zion Lutheran Church (128 33rd St. W) .

With winter just around the corner now is a great time for homeowners who haven't participated yet to get involved.

Call Ashley Robertson of CEE at 612-335-5869 to reserve your spot at the next workshop.

## Openings in Bryn Mawr Raingarden Program

The Bryn Mawr Raingarden Program moves forward as 10 property owners have purchased \$25 coupons from the BMNA and are in the queue for this exciting program. Some of these residents have already received consultation and design services.

It is certainly not too late for this 2-year program. To purchase one of the 20 remaining coupons simply send a check for \$25 to:

BMNA  
Raingardens  
PO Box 16437  
Minneapolis, MN 55416

More information regarding installation grants coming soon!

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and Twin Cities area co-ops

www.brynmawrsoap.com      612-374-3613

# Thank you

*To those who trusted my  
experience and guidance.*

*Who passed my name to a friend. Who stopped  
by an open house, or responded to a mailing,  
a sign, or an ad.*

*Thanks for being a part  
of my success.*

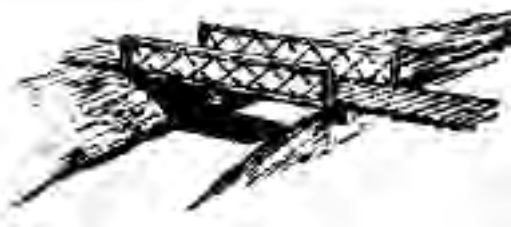
**Jane Wolf, Realtor** 612/925.8284  
www.janewolfhomes.com

learnjoinreserve > [www.hourcar.org](http://www.hourcar.org)

The Bryn Mawr HOURCAR is supported by a \$12,000 grant from the McKnight Foundation matched by \$10,000 in NRP funds from the Bryn Mawr Neighborhood Association. We thank the following local businesses and residents who also support HourCar:

<p><b>Gold Sponsors</b></p> <p><b>Bryn Mawr Neighborhood Business Association</b></p> <p><b>Jane Wolf, realtor</b></p> <p>Neighborhood Sponsor</p> <p><b>Cherie Peterson, realtor</b></p>	<p><b>Bronze Sponsors</b></p> <p><b>Ellen Abbott &amp; Jerry Krause, residents</b></p> <p><b>James Kalitowski, realtor</b></p> <p><b>FinnStyle, the online business</b></p> <p><b>Bryn Mawr Mobil</b></p>
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## View From the Bridge



### View From The Bridge – Fort Snelling State Park November 2010

Wildlife and people use resources of river flood plains in different ways.

As the October 2010 column described, Glacial River Warren carved the valley that has become the Minnesota River Valley. In places, such as within Fort Snelling State Park and Minnesota River National Wildlife Refuge, this river valley stretches to two miles wide or more. The November and December 2010 columns will discuss this glacier-borne geology by examining the river valley within Fort Snelling State Park. Fort Snelling State Park showcases not just this river valley but also the junction of the Minnesota and Mississippi Rivers.

The cutting of Glacial River Warren reveals different layers of earth's crust. The top layer, top soil, is the layer easily visible. Roots of plants and trees grow in this layer. Probably the most dramatic layers that are visible in the Minnesota River Valley are Platteville Limestone and St. Peter Sandstone. It is the layering of these two rock formations that makes possible both St. Anthony Falls and Minnehaha Falls.

It is helpful to understand the formation of these sedimentary layers. The first layer formed was St. Peter Sandstone. As rock around ancient seas weathered, sands accumulated on the sea floor and on beaches. After millions of years of compaction and cementation, this sand formed St. Peter Sandstone. The next layer of importance is Platteville Limestone, formed of the accumulation of sea organisms that accumulated on coral reefs and organisms that died and sunk to the sea floor. Over millions of years, their shells and the resulting calcite mineral were compacted and cemented together to form Platteville Limestone.

Naming of these rock formations results from the geographic location where rock formations were first named. St. Peter Sandstone is named not for the town of St. Peter but from an early name of the Minnesota River. The word Minnesota, of an even earlier, Lakota language origin, means "sky-tinted water or cloudy-sky water" (minne=water and sota=sky-tinted or cloudy sky) and refers to the milky-brown color that the river takes on when it floods as it has recently. Platteville Limestone is named for Platteville, Wisconsin.

Within the St. Peter Sandstone formation, the sand is among the most pure, if not in fact the most pure, sandstone in the world – 99.44% pure silica – and is easily sculpted by one's hands, fingernails or wood sticks. A few miles upstream from Fort Snelling, the St.

Paul Ford Plant mined this silica for use in manufacturing of its vehicle windows, tail lights and headlights from the late 1930s to 1952. Limestone has been quarried for use in buildings. Limestone can be crushed and used for road base. As its name suggests, limestone is the primary source for lime used in cement, a useful construction material.

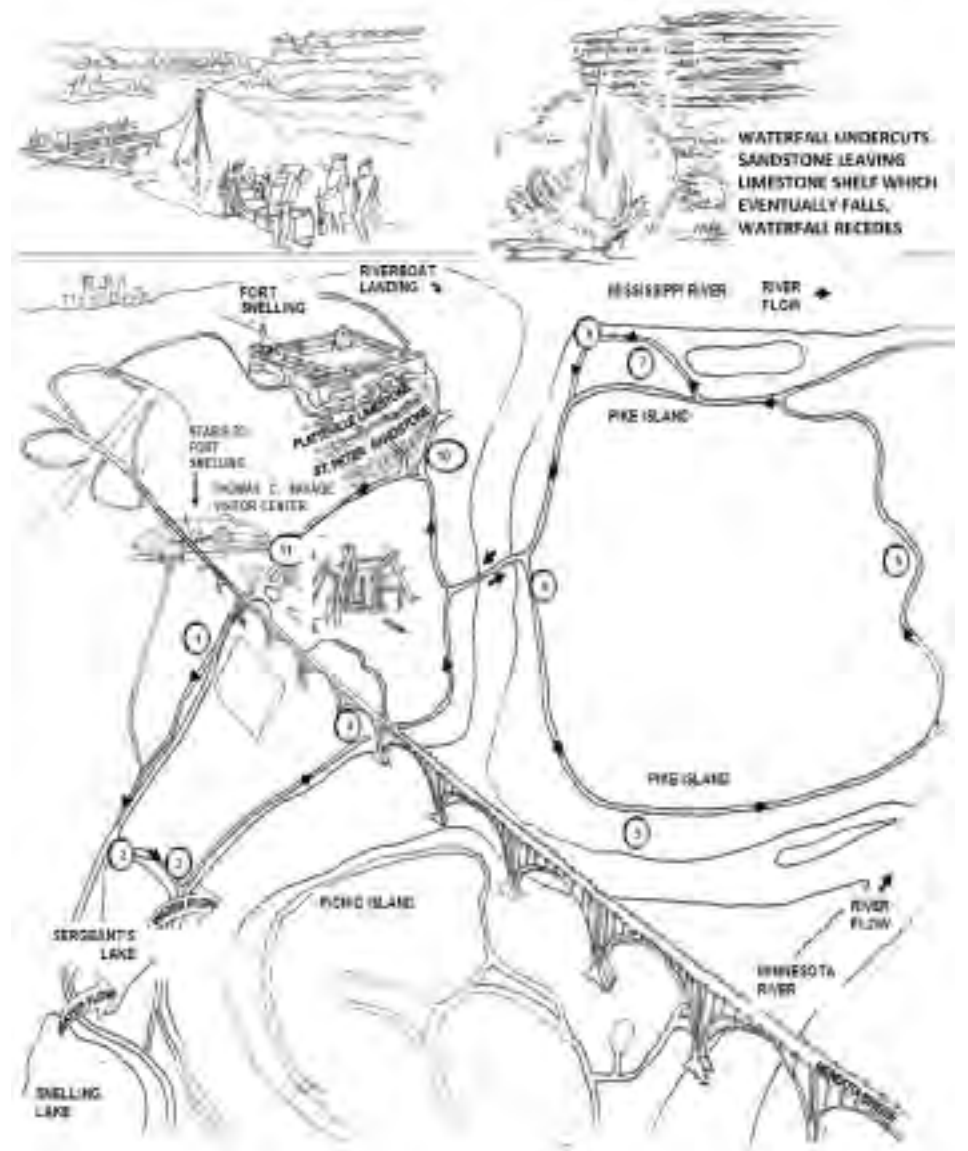
Glacial River Warren cut through limestone and sandstone formations to form the present Minnesota River Valley and the Mississippi River downstream of Fort Snelling. The fact that the river bed that Glacial River Warren cut was lower than the upstream Mississippi River's bed created St. Anthony Falls – but at the time, the falls existed, more or less, at the junction of the two rivers. Over the past 10,000 to 12,000 years, St. Anthony Falls receded upriver. How? Water flow over the falls undercut the more easily eroded St. Peter Sandstone underlying Platteville Limestone; and the sand is easily carried downstream. Then, blocks of Platteville Limestone collapsed into the river to form the rapid-laden rocky river bed. This process was repeated countless times over the centuries; and by the time settlers arrived to record the falls location, St. Anthony Falls had receded far upstream of the Minnehaha Creek. A less powerful process had occurred on the Minnehaha Creek – first a waterfall at the junction of the Minnehaha Creek with the Mississippi River – and then the waterfall receded to its present location. Comparing early paintings and photographs of St. Anthony Falls and Minnehaha Falls with today's falls reveals the differences in shape and dimensions and even locations of both falls.

The junction of the Minnesota and Mississippi Rivers was a natural location for regional civilization to develop because of its use for transportation and trading of goods. The flood plain provided a level fertile plain for farming – first by Native Americans, and then by early settlers, fur traders and soldiers inhabiting the Fort Snelling. Floods deposit fertile soil and irrigated the soil for seed planting.

### The River Valley

The two-mile long self-guided walking trail described in this column allows a virtual experience of this unique treasure. The numerals below refer to trail stops noted on the adjacent map.

1. Did you notice the wet ground and standing water along the trail? Because of the natural springs in this area you have a very good chance of seeing Robins and other insect eating birds year-around in this area.



2. Seargent's Lake is a part of the cycle of cleaning the water that flows into Snelling Lake. Snelling Lake is a spring fed lake and the only outlet is the Minnesota River, via Seargent's Lake.

3. This area has gone through many changes over time. Most recently it has been a dumping area that has been reclaimed and returned to a wildflower flood plain. Take a look at the wild flowers and all the different birds that it attracts. Take a look at all the blue bird houses in this area and you might see some.

4. If you were standing here in the spring of 2001 you would be standing in about 12 ft of water. Look at the mark on the bridge and you can see how high the water rose that year. Can you see the effects of frequent flooding around you? In 1926 when the Mendota Bridge was finished it was the world's longest poured concrete bridge. The bridge was 4,119 feet long – the width of glacial River Warren, which carved the Minnesota River Valley.

5. This used to be the original Minnesota River channel, but to improve navigation the river was diverted to the other side of Picnic Island and the river channel was straightened out.

6. Look at the large old cottonwood trees around this flood plain.

7. Speaking of flood plains, frequent flooding and the distance of this site from the parking lot, about 1/2 mile, necessitated the movement of the visitor center from its original location here near the site of an old homestead.

8. The river you are looking at was much busier once! The first steamboat, "The Virginia" arrived in Minnesota in 1823. The ferry crossing from St. Paul to Fort Snelling was

here too. The Minnesota Central Depot was located here, and many trains travelled through this area between 1865-1957. Lots of different people traveled through this area!

9. Rivers were critical to the history of Pike Island.

10. This garden is an example of early American Indian gardening.

11. The last stop is "Wokiksuye K'a Woyuonihan" – "Remembrance and Recognition", a memorial tribute sculpture to the American Indians who died while held here following the U.S.-Dakota Conflict.

Fort Snelling State Park is located on Post Road off State Highway 5, just west of the main terminal exit for the International Airport. Visit [http://www.dnr.state.mn.us/state\\_parks/fort\\_snelling/index.html](http://www.dnr.state.mn.us/state_parks/fort_snelling/index.html) to learn more.

### Sources:

Minnesota's Natural Heritage, John R. Tester, University of Minnesota Press, 1995.

Subterranean Twin Cities, Greg Brick, University of Minnesota Press, 2009.

text is excerpted from Dakota Memorial signage; Minnesota Department of Natural Resources website; the Fort Snelling State Park Management Plan - July 18, 1997; the Fort Snelling State Park Management Plan - 1987; and Minnesota Explorers Web Pages - David L. Wood (<http://dlwgraphics.com/mnp/ike2.htm>) <http://www.nps.gov/miss/naturescience/twingeol.htm> [http://en.wikipedia.org/wiki/Minnesota\\_River](http://en.wikipedia.org/wiki/Minnesota_River)

Discover the secrets of Fort Snelling State Park...it will be worth your effort!

- Greg Lecker, U of M Extension Service Master Gardener, Minnesota Master Naturalist Volunteer





# Wildlife Watch

by Carolyn Bastick, Area 4

Send us your observations of wildlife in Bryn Mawr. Email to CJ0159@aol.com or drop it in the Bugle Box at the Market.

## A Summer of Praying

A big thanks to neighbor Cathy Skalicky for investing in a case of praying mantis eggs this spring. After hatching, many of these fascinating insects found their way into our garden and we have been enthralled by them all summer long. Our Minnesota summer must have been just right for them because we now have three inchers lurking around in

our shrubs and in the past few weeks we have even observed some hanky panky going on! Contrary to popular belief, the males are still with us, although the cooler weather will sadly put an end to them even if their mate does not. We have learned that they can fly, although rather drunkenly, they shed their skins and they have a voracious appetite. While we



never did actually see them catch something (despite best efforts at National Geographic-caliber stealth and patience), we frequently found them munching (you can actually hear them eat) on wasps, flies and even a butterfly, their tummies expanding the more they ate. These wonderful insects have been a joy to observe and added an exotic touch to our back garden. I'd encourage anyone to consider buying a case of eggs next spring for a little assistance with the less desirable insect population and simply for the pure enjoyment of having these insects "praying" in your own garden. They are also a wonderful talking point at parties and kids love them.

## Enchanting Neighbors

Thank you to Lisa Bullard from Area 6 for sending in these delightful pictures of one of our local white squirrels, pink eyes and all. This fellow (or lass??) has reportedly rambled back and forth between Bryn Mawr Areas 5 & 6 for at least a couple of years. The photos were taken when it came within a couple of feet of Lisa to bury some things in the planter on her front steps.



**Bryn Mawr has been named Minnesota's Top Place to Live.**  
- "Minnesota Monthly," April 2010  
**That kind of thing doesn't happen by accident.**

On Tuesday, November 2nd, Vote for Proven Leadership You Can Trust.

**✓OTE DFL & LABOR ENDORSED**  
**Mark Stenglein**  
*for your County Commissioner*



## Youth & Schools

### Election Day Bake Sale

Bring your appetite to the polls! Bryn Mawr Elementary School PTA will once again hold a bake sale during the election. Anyone can donate baked goods, just drop them off! Your donations of baked goods and money are greatly appreciated. They go toward funding programs at the school.



### Open Gym Night Returns

Starting November 9, the gym at Bryn Mawr Elementary School will be open for families with kids of all ages to get out some energy while playing with neighbors. The Family Open Gym hours are Tuesdays from 6-8 pm. Some balls and toys are provided. Research shows that kids who exercise learn better, so come and run around!

### Soccer Champs!

The 13U WESAC girls soccer team coached by Ellen Shulman, won their division in the final tournament of the season. Neighborhood girls include: Isabel McLaughlin, Ava Elofson, Kalley Carlson, Marie Rassier, and Jamie Collieran-Skov.

## Inaugural Washburn Games at Bryn Mawr Meadows

Washburn Center for Children, a 127-year-old Twin-Cities-based health center for children with social, emotional and behavioral problems, hosted more than 100 kids and their families on Sunday, Oct. 3 and netted \$40,000 at the inaugural Washburn Games, a benefit for the organization's children's mental wellness services.

The event – a non-competitive “sports sampler” allowing kids to test their skills in 15 different sports activities – focused on giving kids an opportunity to give back to the community by providing hope and support to their peers who struggle with depression, anxiety, loss, trauma or other mental health issue. Allianz sponsored the inaugural event at the gold level; Success Computer Consulting at the silver sponsor and 15 other Twin Cities companies also donated to make the event possible.

“We are thrilled at the enthusiasm and commitment of all our Washburn Games volunteers, sponsors and supporters,” said Steve Lepinski, executive director of Washburn Center for Children. “But we are especially proud of all the kids who showed they could give back to the community and have a great time doing it.”



One out of every five children and adolescents experience the signs and symptoms of mental health difficulties, including more than 70,000 kids in Minn., but only 20 percent of those children will get the help they need. When children receive early treatment for emotional and behavioral issues at a community health center like Washburn, they do better in school, build better relationships and are able to focus on being a kid.

“It is surprisingly easy for kids to rally behind mental wellness. Most of our Washburn Games participants had experience dealing with a classmate, sibling or friend who felt sad or angry and didn't know why,” Lepinski said. “Even the youngest kids at the Games had an appreciation for what it meant to be giving back to the community and helping kids like themselves be more successful in life – the depth of compassion was remarkable to see.”

Children and families at the Washburn Games were asked to raise \$100 in donations on behalf of Washburn Center for Children or pay a \$10 registration fee. Participants who raised a minimum of \$100 for Washburn were qualified them for a variety of prizes including two \$1,000 higher education scholarships. All participants received a Washburn Games T-shirt, medal and gift bag upon completing the event. Five-year-old Connor Morrey won a \$1,000 educational scholarship for raising the most donations for Washburn.

“Physical fitness and mental health wellness go hand-in-hand,” said Mike Brennan a Washburn board member and chair of the Washburn Games. “When kids are strong and confident – emotionally and intellectually – they can do anything in life. The Washburn Games were born out of this connection, and we are grateful to live in a community that values both mental and physical health wellness.”

### About Washburn Center for Children

With more than 127 years of experience in assisting high-risk children in the Minneapolis area, Washburn Center for Children is a leader in helping children with social, emotional and behavioral problems and their families. As a community mental health center focused on children's mental health, Washburn strives to integrate innovative research into program practice, implement meaningful evaluation methods and provide effective training and consultation for agency staff and community collaborators. [www.washburn.org](http://www.washburn.org)

### Come Show Your Wares At The Fair!

#### \*\*\* Anwatin Arts & Crafts Fair \*\*\*

The annual Anwatin Arts & Crafts Fair, sponsored by Anwatin Middle School and the Anwatin Community School Council, will be held on Thursday, December 2nd. The Anwatin Music Department will hold a concert and there will be an “Empty Bowls” community service project that evening.

If you are interested in having a table at the fair, call Mary Duffy at 612-926-5547. Leave a message and a registration form will be mailed to you.

See You There!

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## Bugle Notes

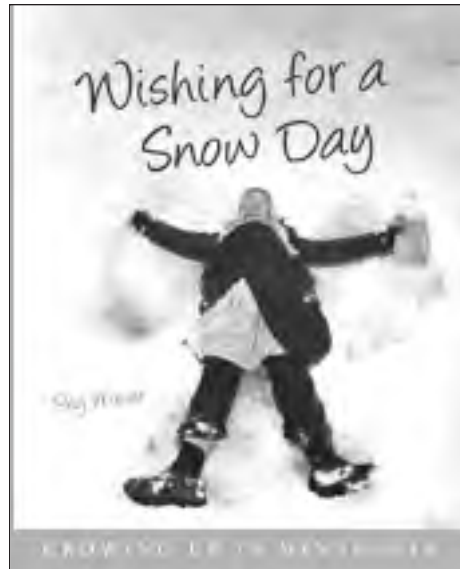
### Latest Book from Local Author

**Peg Meier's candid interpretation of the joys and pains of childhood through the decades—at home, at school, at play—reminds us that we were all children once, too.**

**B**eloved pets. Holiday rituals. Schoolyard antics. Teenage perspectives on a world at war. Childhood is a mixed bag of challenges and joys wherever one grows up. In Minnesota, youthful memories may be arranged seasonally: making snow angels in January, swatting mosquitoes in July. They may be tinged with a nostalgic glow or imprinted by lessons hard won.

In this new collection, Peg Meier explores the themes of childhood—the bitter and the sweet. Thanks to Minnesotans who took the time to write, whether as children in the moment or as adults looking back, Meier unearthed a wealth of material on the subject, ranging from diary entries to reminiscences to newspaper columns, along with plenty of photographs.

Coco Irvine, a child of St. Paul's Summit Avenue, writes of romance during her teen years. A YMCA coach recounts his efforts to help rowdy boys choose basketball over petty crime. Parents through the ages consider conflicting advice for raising their children. Humorous touches and reality checks are



offered in equal doses, and the result is a fascinating spectrum of experiences, as Minnesotans do what everyone must: grow up.

Peg Meier lives in Bryn Mawr's Area 1. A longtime and award-winning reporter for the Minneapolis Star Tribune, she is the author of "Too Hot, Went to Lake: Seasonal Photos from Minnesota's Past" and "Bring Warm Clothes: Letters and Photos from Minnesota's Past."

- *Minnesota Historical Society Press*

### Bryn Mawr Resident Directs Bilingual Production at Mixed Blood Theatre

**T**he often unjust politics of Latin America play out through three generations of the Trueba family in Caridad Svich's play, *THE HOUSE OF THE SPIRITS / LA CASA DE LOS ESPÍRITUS*, based on the epic and unforgettable novel by Isabel Allende. Marcela Lorca (Area 4) directs a bilingual cast of 12, performed in English and Spanish and accessible to all via projected translations.

The bilingual premiere at Mixed Blood Theatre runs through November 14. Earlier versions of the play, have been produced either in English or Spanish. Lorca, who came to the United States from Chile in 1983, says that the Mixed Blood production is more rooted in Chilean culture.

The family saga, spanning the 1920s through the 1970s, is told from the point of view of Alba (Christina Acosta Robinson), the youngest of the three generations of women. The swirling memories, frightening and amusing, lyrical and fantastic, illuminate the stage as Alba records her family's history and ultimately finds the strength to survive within her own story.

Lorca, whose own family left in the middle of Chile's sociopolitical turmoil, says that this is a difficult chapter for her to revisit, but nevertheless is grateful to playwright



Svich for "tackling the task." While Allende's story at times deals with oppression and tyranny, Lorca says, "Isabel is first and foremost a great artist. Even though there are politics, she brings an incredible humanity and open-mindedness to the events. She weaves them into something that becomes universal, full of heart and strength." In directing the play, Lorca says that she stays true to Allende's focus on memory and imagination by exploring, "How would the characters visualize these events; not how did they really happen?"

### 2011 Home Tour Wants Your Home

**T**he 2011 Minneapolis & Saint Paul Home Tour is already looking for homeowners and home improvement professionals who would like to be featured on the late-April tour. Nominations and applications are due Saturday, January 15 and early submissions are encouraged. The tour, in its 24th year, will be held Saturday and Sunday, April 30 and May 1.

"People who attend the tour are looking for ideas on how to remodel or expand their homes," said Tour coordinator Margo Ashmore. "Homeowners on the tour enjoy fabulous feedback and find it's also a great promotion for their neighborhoods."

Contractors often help staff the homes, and homeowners ask family and friends to contribute a few hours hosting. "A good support net-

work makes it fun. It's a great incentive to finish up the last few little projects," Ashmore said. "Recruit help at fall and winter gatherings, and identify clusters of homes to call special attention."

Contractors and other vendors may nominate homes they have worked on, and are encouraged to call for more information about sponsorship. Green, energy efficient, and historically-sensitive remodels and expansions get special notice among the 50 homes. It is not necessary to have remodeled the whole house.

Minneapolis Neighborhood Revitalization Program (NRP) manages the tour as a celebration of city living that encourages homeowners to improve existing homes. For more information, call Tour Coordinator Margo Ashmore at 612-867-4874 or email link@nrp.org. The application can be downloaded from [www.MSPHomeTour.com](http://www.MSPHomeTour.com) under "nominate."

### Rental Property Owners Workshop

**November 18, 6:00-8:30 p.m.**

**3rd Precinct, 3000 Minnehaha Ave., Community Room**

**ABCs of Property Management - Presented by veteran owners of rental property in Minneapolis.**

- \* Before you hand over the keys--Screening Applicants
- \* When things go bad--Lease Enforcement
- \* Terminating a tenancy--Eviction Process and Housing Court

**Rental License Requirements of Owners Dealing with Criminal Activity**

**Working with the MPD on crime problem-solving in/around your property**

- Presented by MPD Crime Prevention staff.
- \* Conduct on Premises notice process
- \* Management Plans and Workshops

**Resources Available to Owners and Managers of Rental Property - Minnesota Multihousing Association**

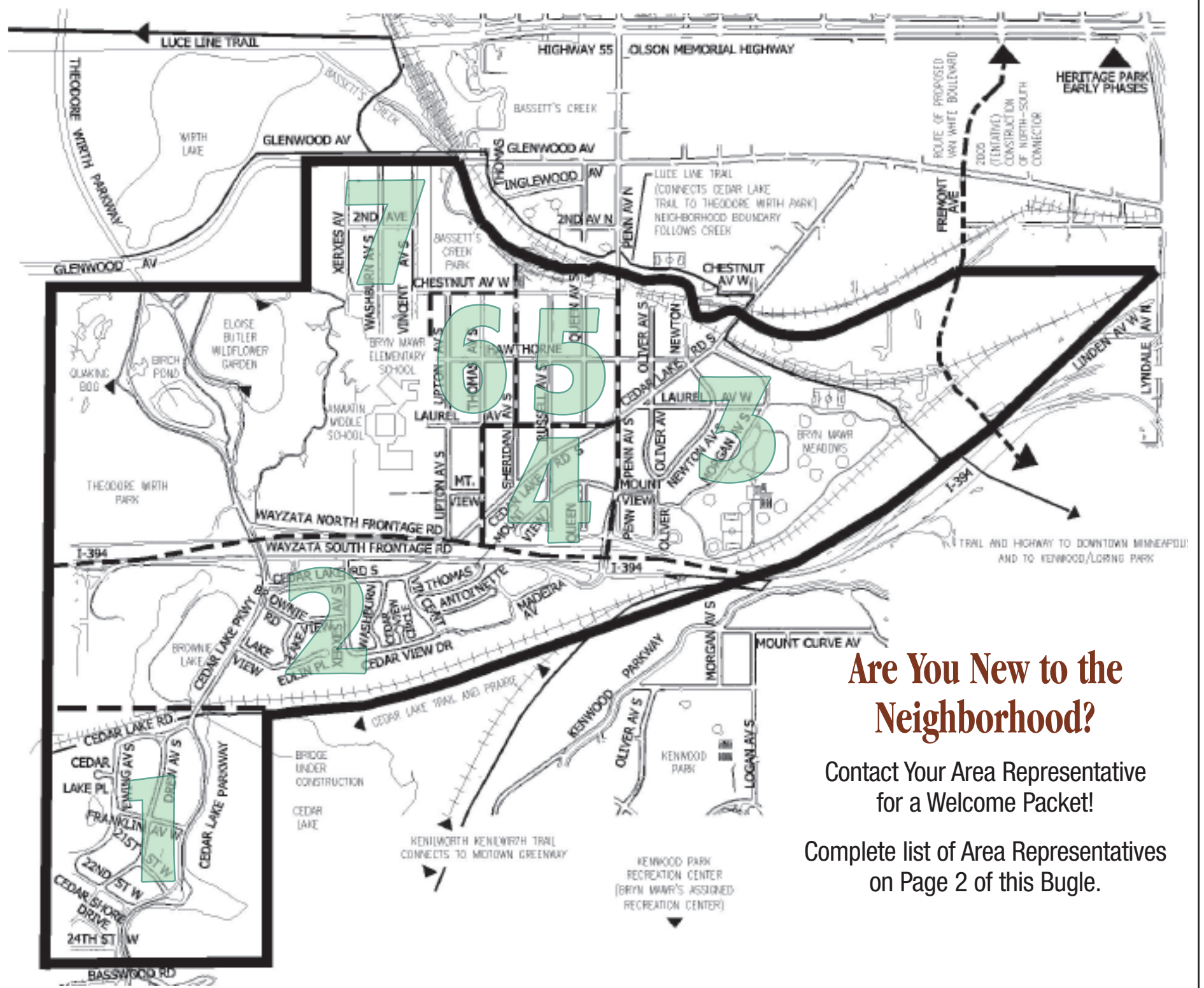
Networking with other owners

- \* The last half hour will be set aside for Q&A, and those able to stay past 8:30 are welcome to keep up the discussion.
- Space is limited, please RSVP at your earliest convenience to [Luther.Krueger@ci.minneapolis.mn.us](mailto:Luther.Krueger@ci.minneapolis.mn.us).

- *Michael Martens, Area 6*



- November 4, 1991 Wirth Lake freezes. The last geese and ducks must now head south. Why do they fly in formation? As each bird flaps its wings, it leaves behind whirling eddies with a slight upward direction at an angle like the wake of a boat. These currents provide an updraft so each bird "borrows" energy from the one before it, making the long migration easier. Researchers have found that birds flying in formation can travel about 70% farther than birds flying alone.
- November 10, 2009 6th sunny day in a row with high in the 60s, a beautiful stretch of Indian summer. When the fall doesn't bring cool rainy weather, trees and shrubs need watering to tide them over the long dry winter.
- November 18, 1981 Rain, thunder, lightning at 6 PM then heavy wet snow falling rapidly in large chunks, with 12 inches on the ground by morning. Many tree branches down, power out here for 48 hours.
- November 19, 2009 Bald Eagle perched in a tree on Lake of the Isles Parkway in the morning sunshine.
- November 21, 2010 Full moon, the Ojibwe Freezing moon.



## Are You New to the Neighborhood?

Contact Your Area Representative for a Welcome Packet!

Complete list of Area Representatives on Page 2 of this Bugle.

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Display Ad Rates	Page Size	Residents	Non Residents
Full Page	10" w X 16" h	\$260	\$300
Half page, horizontal	10" w X 7 7/8" h	\$135	\$155
Half page, vertical	4 7/8" w X 15.5" h	\$135	\$155
Quarter page, horizontal	10" w X 3 7/8" h	\$70	\$80
Quarter page, vertical	4 7/8" w X 7 7/8" h	\$70	\$80
Quarter page, 1-column	2 3/8" w X 15.5" h	\$70	\$80
Quarter page, 3-column	7 3/8" w X 4 3/4" h	\$70	\$80
3-column, 1/4 high	7 3/8" w X 3 7/8" h	\$45	\$65
Sixth-page vertical	4 7/8" w x 6 3/8" h	\$45	\$65
Eighth page, horizontal	4 7/8" w X 3 7/8" h	\$35	\$45
Eighth page, vertical	2 3/8" w X 7 7/8" h	\$35	\$45
Business Card, horizontal	4 7/8" w X 2 3/8" h	\$25	\$30
Business Card, vertical	2 3/8" w X 3 7/8" h	\$25	\$30
Inserts	8.5" w X 11" h	\$145	\$170

(Inserts must be printed by you, double or single-sided.)

### Color Now Available!

\$60 each color, limited availability for single color.  
 Does not include ad placement fee. Some production costs may apply.

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For classified ads contact Carolyn Bastick (377-8457) [CJ0159@aol.com](mailto:CJ0159@aol.com)