

Published by the Bryn Mawr Neighborhood Association

October 2010

BMNA Harvest Dinner

Wednesday, October 27, 2010 6:00-8:00 p.m.

Bryn Mawr Elementary School Cafeteria

Join your neighbors for some harvest fun before cold weather arrives!

he Bryn Mawr Neighborhood Association will host its annual Harvest Dinner on Wednesday, October 27th. The event will be in the cafeteria of Bryn Mawr Elementary, 6-8 pm.

Food!

This year we will have a competition featuring vegetarian main dishes. Bring your favorite vegetarian main dish to enter or bring a salad or dessert to share. Please bring a list of ingredients for your entry. The winner of the competition will have their recipe printed in the November Bugle.

Fun!

Adults and children are encouraged to wear their Halloween Costume to the event. This is a annual event usually draws 100+ neighbors together. Come and join the fun!

The Bryn Mawr Neighborhood Coordinator



Contract Up for Renewal Applications being accepted until October 29, 2010

ur current contract with the Neighborhood Coordinator expires in December and the board has begun its process of accepting applications for the position. This does not reflect any favor nor disfavor toward the person currently filling the position, presuming she becomes a candidate. Weighing the value of incumbency will be the responsibility of the selection committee.

Approximately two years ago, the BMNA Board agreed to write its staffing contracts for two years and stagger them so that one position renews each year. The board also decided to open the selection process to include new candidates, besides those currently serving in the positions. This decision was based on a

spirit of openness and in the interest of retaining the best people suited to our contract needs.

The BMNA board will review its scope of services to be provided under this contract, define our selection process and is now accepting letters of interest and resumes. Applications are due October 29, 2010. Our intent is to have the contract position filled for 2011-2013 by the winter holidays.

Contact Marlin Possehl

(president@bmna.com) if you're interested in applying or learning more about the Neighborhood Coordinator position.



Carey Sirianni found this 10 inch by 6 inch mushroom while walking in the Theodore Wirth woods. Carey and her neighborhood friend Kristin Markert plan to eat the mushroom for dinner.



BMNA Minutes September 8, 2010

Present: Marlin Possehl, President; Larry Skov, Co- Vice President; Ted Kiesselbach, Co-Vice President; Ben Horn, Co-Treasurer, Paul Markert, Co-Treasurer; Dave Holets, Area 1; Lynda Shaheen, Area 2; Dave Wahlstedt, Area 2; Jessica Wiley, Area 3; Rick Carter, Area 3; Dave Logsdon, Area 5; Barry Shade, Area 6; Andrew Kraling, Area 7; Stephen Harvey, Area 7; JoEllyn Jolstad, Bugle editor/Community Schools Liaison; Scott McLaughlin, NRP chair

Guests in attendance: Peg Meier, Area 1; Matt Stark, Area 4; Dylan Thomas, Southwest Journal

Call to order and introductions

The meeting was called to order at 7:00 in the Bryn Mawr Elementary Media Center. A quorum was present. Introductions made.

Approval of consent agenda

Approved with additions to the agenda.

City Updates-

City Council-Member Lisa Goodman absent due to Yom Kippur

Neighborhood Coordinator Update Patty Wycoff – absent

Area 1 Park Spruce Up- Peg Meier

Peg reported on the success of a "clean up the park" effort in Area 1. Neighbors came forward to pay for plantings and beautifying the park, officially named Reserve Block 40 Park, unofficially called Triangle Park. They are working on a renaming effort. Peg will write an article for the Bugle. She also has a new book out that she shared with the Board; Wishing for a Snowy Day, published by the Minnesota Historical Society Press.

Washburn Center for Children-Mike Brennan

Mike, a neighbor from Area 3 who is on the board of the Washburn Center, reported on a fundraiser taking place in the Bryn Mawr Meadows on October 3. The Washburn Games will involve 15 sports activities for children ages 5-12. This is a benefit for the Washburn Center for Children. www.washburngames.org.

THE BRYN MAWR NEIGHBORHOOD ASSOCIATION

PO Box 16437, Minneapolis, MN 55416

BMNA Board Members President:	
Marlin Possehl	377-5662
Co-Vice Presidents: Ted Kiesselbach Larry Skov	377-3467 598-0753
Co-Treasurers: Ben Horn Paul Markert	382-7982 381-2604
Secretary: Claire Plank	307-620-5980
NRP Steering Committee Chair Scott McLaughlin	374-9494
Community School Advisory Coun JoEllyn Jolstad	acil: 377-8968
Area Representatives	
1 Greg Froehle Dave Holets	926-2882 922-8274
2 George Seebach Lynda Shaheen Dave Wahlstedt Susan Verrett	670-4111 374-4201 282-7611 377-7447
3 Rick Carter Jessica Wiley	381-1473 374-3481

Bugle Corps

377-8968
rdinator
377-4565
ncast.net
/SAFE
673-2866
377-8968
Watch
377-8457
374-1854
m

Minneapolis, MN 55416-0437

The board agreed to send an email broadcast about the games.

NRP Report-Scott McLaughlin

CEE energy program. We might be leading the city in participation. We have 74 households committed; have a limit of 100. Neighbors can call Ashley Robertson for an energy audit and free energy saving items. To receive the free audit and gifts, participation in an evening or Saturday workshop is required. **Downtown Project.** We have a signed contract for improvements from both the City and the NRP program. The city continues their opposition to striping the crosswalk at Penn and Cedar Lake Road. JoEllyn will secure a letter from the schools supporting the striping of the crosswalk or a painted stop bar. Community Solar Project. We have \$40,000 earmarked for this project. Have encumbered \$21,000. Will continue to notify neighbors of this opportunity through the Bugle. Rain Garden Project. Holding a workshop on September 9. Made a broadcast email advertising the opportunity. Our goal is to involve 35 people. Coupons are available for \$25; they have a value of \$100 worth of services. Discussed how the coupon might be used to the advantage of those purchasing one. Scott will email the board with information about next steps after the workshop so board members are informed and able to vote on possible changes to the plan at the October board meeting.

Neighborhood Coordinator Position- Larry Skov

The position of neighborhood coordinator has been advertised on the front page of the Bugle for the past few months. September will be the last month to advertise. No applications have been received to date; our current coordinator is interested in continuing in the position. Board members should email Larry or Marlin about changes to the coordinator contract.

Garden Committee- Dave Logsdon and Dave Wahlstedt

Committee members have completed an inventory of the community garden spaces in Bryn Mawr and identified point people for 13 of the 15 spaces. These gardens are not owned by individuals or private companies. The next meeting will be September 15 at Cuppa Java. The committee has set five goals. They will write an article for the Bugle articulating their goals and describing efforts to achieve the goals. They also have created a google group and will let neighbors know how to participate through their google site.

request, the Heritage Preservation Commission was directed by the City Council to consider whether 2006 Laurel should be designated an historic site. The HPC voted to study whether the home should be given this designation. The study offers an interim protection for the house for 12 –18 months; which prevents the home from being demolished until the study is complete.

Andrew brought up a letter from the Harrison Neighborhood Association opposing rail storage in Harrison. The letter will be sent to Land Use Committee chair Kevin Johnson.

Traffic-no report

Parks and Rec-no report

Schools Committee-Lynda Shaheen/ Jessica Wiley

The schools committee meets quarterly; next meeting is on September 23. The committee will be looking at projects for the dollars allocated from NRP. The slide is being installed this month. School Board elections will take place on November 2.

Bugle Report –JoEllyn Jolstad

JoEllyn is emailing the ad report each month to the board. She is sending a request for submissions on the 15th of the month to board members to remind them of Bugle deadlines. Dave remarked how impressed he is with the contributions coming from neighbors about activities and neighborhood events.

BFR-no report

Treasurers Report – Ben Horn/Paul Markert

Ben distributed the treasurers' report. We have raised \$16,000 in membership donations this year. We are \$1000 short of dollars raised last year. We are challenging an IRS fine for an error and late response by our accountant on 2008 annual 990 report.

Reports from BMNA Reps to Affiliated groups-

BCV-ROC— no report SWLRT-Barry Shade.

Neighbors are encouraged to attend the open houses being planned to share drawings of the light rail stations. The Penn Street station is quite complicated; will require a bridge. We are working with the Cedar Lake Park Association to plan the station. Google SWLRT to find meetings and reports.

4	Christopher Etz	378-2987
5	David Logsdon	377-9689
6	Jay Peterson Barry Schade	377-4677 377-8152
7	Steve Harvey	374-3613
/	Andrew Kraling	226-6249

Web Si	te	
bmna.o	org	

Drop Off Box

The Bryn Mawr Bugle is an open-forum newspaper published by the Bryn Mawr Neighborhood Association. Content is based entirely on volunteer submissions which may be emailed to bugle@bmna.org.Articles and letters to the editor will be printed at the discretion of the Editor. The Bryn Mawr Bugle is published every month except January. Distribution is free to Bryn Mawr residents; copies are also available at the Bryn Mawr Coffee Shop, the Bryn Mawr Market, Bryn Mawr Mobile and Cuppa Java. Subscriptions are \$21 per year. Opinion articles represent the opinion of the writer, not necessarily those of the Bryn Mawr Neighborbood Association or the Editor of the Bugle. The Bryn Mawr Bugle will print letters to the editor as space allows. Letters may be edited for length without altering the letter writer's message. Letters must be signed by the person who wrote them. Under the law, letter writers, like journalists, may not commit libel, be obscene, reveal names of juveniles accused of crime, invade personal space, or incite to riot.

Copy deadline for the September issue is <u>August 20!</u>

Display Ads are due August 20 Ads must be pre-paid & camera ready. Call Deryck Jolstad at (612) 377-8968 or djolstad@msn.com for rates.

<u>GENERAL ADVERTISING POLICIES</u>: All ad copy is subject to approval by the paper, which reserves the right to reject or request changes to an ad. Ad placement does not imply endorsement by the BMNA. The advertiser, not the paper, is responsible for the truthful content of the ad. Readers use service/product providers at their own risk and are solely responsible for checking references, state agencies, BBB, etc.

BMNA Community Projects

Downtown kiosk project-Still working on this. The kiosk is planned and needs to be ordered.

Standing Committee Reports Land Use-

Rick Carter reported on 2006 Laurel-As a result of the BMNA board

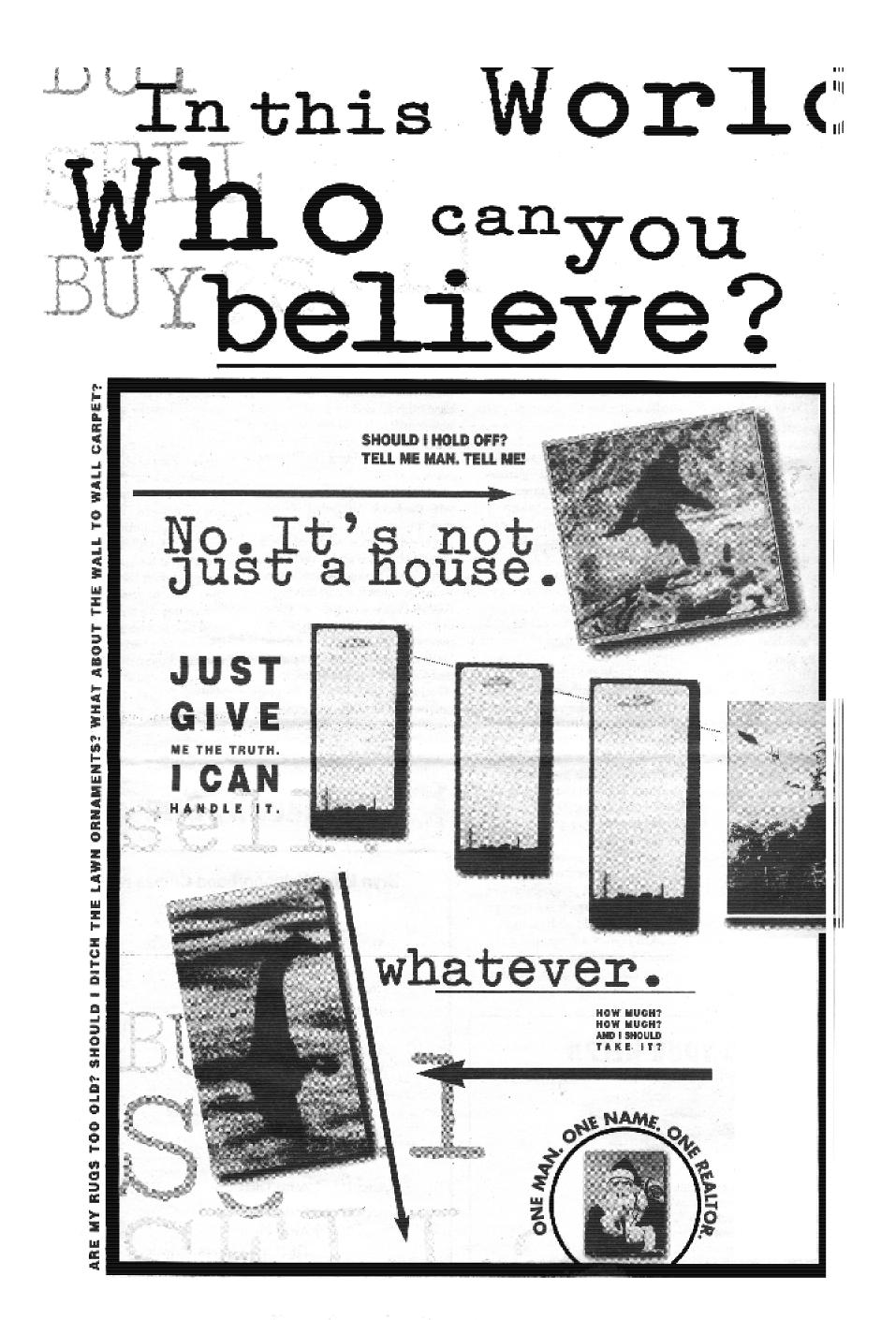
Cedar Lake Parks-no report

Discussion and Announcements

Dave Logsdon reported that the city is not picking up trash from the "designer" trash containers in downtown Bryn Mawr. These are nonconforming trash containers. At this time, individuals are taking care of emptying these trash containers.

Meeting Adjourned at 8:40 PM

Submitted by Jessica Wiley, interim secretary.



Jim Kalitowski

The really honest realtor.



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Monday	Tuesday
October 4	
October 18	
October 11	
October 25	
	October 12
	October 26
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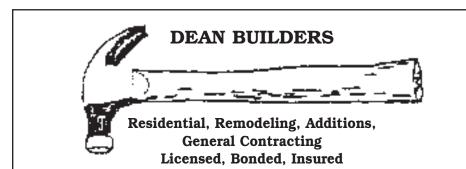
Use it up, wear it out, make it do, do without. Recycle.



CHIANO MAI THAI

Calhoun Square 3001 Hennepin Ave. S. Minneapolis, MN 55408

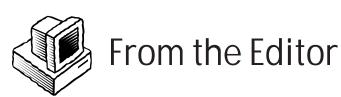
(612) 827-1606 Fax (612) 827-1635



Jeffrey Dean (612) 377-6413 Cell (612) 245-7369

602 Thomas Ave. So. Minneapolis, MN 55405





"Whatever you are, be a good one" -Abraham Lincoln

The two bright young women with whom I share an office these days, have a weekly ritual of writing an inspirational quotation on the white board every Monday. When I saw this week's quote (above) it gave me pause. I was particularly struck by this sentence in the context of all the media coverage on education reform associated with the recently released documentary "Waiting for Superman".

This film asks many important questions, but it also has a strong message. Excellence in education is possible and necessary to our future as a nation. To put Abe's sentiment into our modern vernacular, "Go big or go home."

I recently participated in a "brand architecture" work session at Anwatin Middle School. With all the confusion about the changes at the school this past year, it seemed like a re-branding had already been initiated by the district and it was time for the stakeholders to take charge of that process.

So a group of parents, teachers, and staff sat down to discuss what the school is now, what the school wants to be and what it does well.

As a warm-up exercise, each of us talked about a favorite brand and why we liked it. We then talked about the real and perceived positives and negatives of Anwatin. I was able to contribute both the parent and community perspectives.

I mentioned the neighborhood as a truly beneficial feature. Other people present were not sure they agreed. For them the location represents a disruption they did not ask for when their program (Spanish Dual Immersion) was moved to the Bryn Mawr Campus. To them it is not yet familiar and is remote and difficult to get to.

I talked about the low crime, friendly supportive neighbors and beautiful natural setting and they said, "That's true. It is beautiful."

As I looked out the window, I pointed out to everyone in the room that there was an eagle soaring above the treetops of Wirth Park. It was an extraordinary moment.

I reflected on the beauty, but also the safety and friendliness. These thing are not just things we are "lucky" to have in Bryn Mawr. They are cherished values that we work together as a community to protect and share with one another.

Anwatin is stepping in to a bold new future. It can be scary to go down a path never trod before and Bryn Mawr is a bright light on their journey.

- JoEllyn Jolstad, bugle@bmna.org



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"To know how to grow old is the master-work of wisdom, and one of the most difficult chapters in the great art of living."

-Henri Frederic Amiel-

eing fresh from a wilderness walk near the Canadian border with the trees blazing with color, I hope that I can bring that freshness along with my usually tight syntax, and concise verbiage to really wow you this month! On the other hand, how about the old razza-matazz that is the norm for my writing. If you can't dazzle them with your brilliance then baffle them with your

The Match Game...

Recently, the new Bryn Mawr Gardening Group got together at the Bryn Mawr Hedge and pulled

weeds and cut volunteer trees. We had quite a stack of debris. We called the DOT who is responsible for that property, and they quickly hauled it away. Since then the DOT has been more attentive to the ongoing maintenance of the area. In Area 1 in Bryn Mawr, there is a small park on the far south side near St. Louis Park. The neighbors, led by longtime Star Tribune writer Peg Meier, took it upon themselves to beautify the place. They raised money and put some sweat equity into the space. The Park Board matched their efforts.

Public and private entities are more than willing to match the efforts of concerned, involved citizens. In a perfect world these entities would have tons of resources to do some of these projects themselves. This is the real world and they don't! Involved, concerned citizens can make things happen, whether it is calling 911, shoveling a senior citizens sidewalk, or writing a check to those that can, this has always been the case.

If you would like to make a contribution of money or time to the park project, please call 612-767-6892 or email Peg at peopleforparks.net.

continuing on this theme..

Fall kind of swept in on us this year! With Fall, we get lots of falling

leaves, hence the name. City ordinance prohibits folks from raking those pretty leaves into the street. It's mighty tempting to ignore this ordinance since the the city's budgetary restrictions keeps them from really enforcing this law. The law exists for a good reason ; to protect our waterways from rotting leaves. I've often played with the idea of citizen-friendly-reminder tickets that could be placed on your door by a concerned neighbor. This would be a more neighborly approach than say, ratting them out to the city.

This same kind of deal would helpful when snow shoveling season arrives. So often people who live out their back doors ignore the fact that even though they don't use the front sidewalk, it still needs to be shoveled! That's also an ordinance! There are plenty of excuses and sometimes there very good reasons why these walks aren't done. We have folks who will do the job for you. There is a fellow named Glen who has a sign up at the Bryn Mawr Market. If you have no money and can't shovel yourself, contact me and we'll get someone to help you. Let's all work to make Bryn Mawr a safer, cleaner, and greener community! Now someone help me down from this soapbox!

The Russians are coming...

When Classic Tailors left us for Northeast Minneapolis, we were left without a tailor/dry cleaning store. V4U tailors and dry cleaners have stepped in to take their place. Tatyana, one of the partners, is from Siberia and is loving Minnesota's

"tropical" weather! She and her partners Micheal, Irina, and Max have a similar shop in Crystal and have opened their newest store on the corner of Cedar Lake Road and Penn next to the Bryn Mawr Deli. The space will also be an outlet store with merchandise from Macy's. It certainly would be nice having a healthy, vibrant business on this highly visible corner than a vacant space. Welcome to Bryn Mawr!

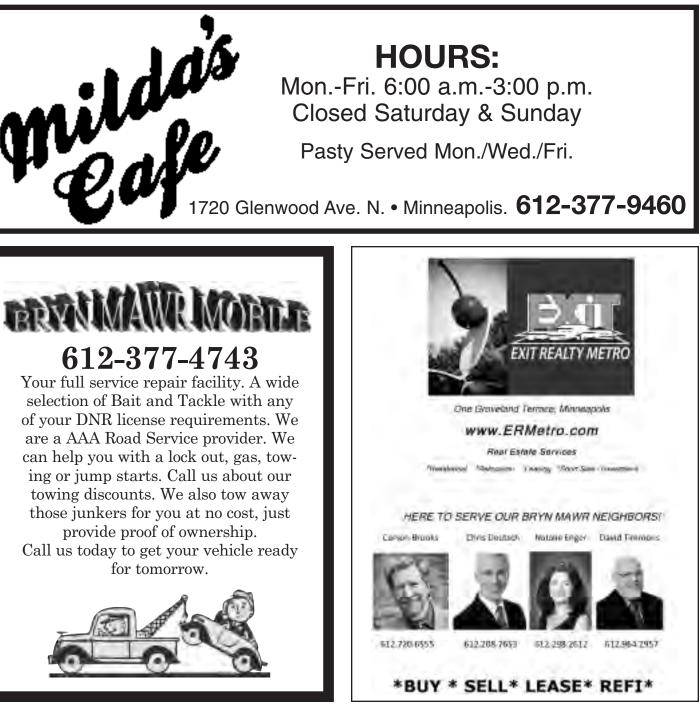
and so on and so forth...

I've said many times before that this column writes itself. Well, actually that's not really true. You have to seek out stories a lot of the time. Consequentially, when your intrepid reporter gets sidelined by watching the Division Champion Twins or other such distractions, he tends to throw this column together.

Let me remind you that the Harvest Festival Potluck will happen at the end of the month and, as always, is a great way to meet some of the folks in your community.

A couple of quick fire thoughts before I get out of here. The Bryn Mawr Market is gradually turning into a natural foods store, Bryn Mawr Coffee Shop is serving fresh panini sandwiches with no waiting and plenty of parking, the Bryn Mawr Deli has the best soup in town, Cuppa Java's wine list is affordable and excellent, Clear has a wonderful Yoga studio in their basement, and Ray and Dre are still giving affordable haircuts and entertaining conversation! That's it, I'm out!





2600 North Wayzata Bivi Mioneapolis, MN 53405 phr. 612-207-8057

WEEKLY MEETINGS OF **A**LCOHOLICS ANONYMOUS

are held at Bryn Mawr Presbyterian Church,

Cedar Lake Road and Laurel Avenue.on Tuesdays at 7:30 p.m.

All interested people are invited to attend.





The cucumber fairy came and left a heap of cuc's for the neighbors to partake in. This was on the Upton Garden corner the morning of August 29th. There were probably 50 cuc's in the 3 boxes and someone was nice enough to share their bounty. Right neighborly, yes?!

Marjorie, Area 4



BMNA Volunteer Spotlight: Dave Wahlstedt, BMNA Area 2 Co-Representative

The return of a popular series of articles profiling outstanding BMNA volunteers.

1. How long have you been a Bryn Mawr resident?

21 years - through 8 roommates, 7 different job locations, four break-ins, three dogs, one cat, and now finally settled down with a wife and two kids.

2. What do you like most about living here?

The neighbors - especially the families and the 20 kids just on my block. The parks and lakes everywhere you turn. The access to downtown and the entire Twin Cities.

3. What do you wish you could change about the neighborhood?

The amount of petty theft and break-ins. Escalating property taxes (but, I already mentioned petty theft.... :) Traffic noise. The one-party political system we have here and throughout the city.



4. In what ways do you volunteer in Bryn Mawr?

I'm a member of the BMNA board, de-facto secretary of the fledgling Bryn Mawr Garden Group (let me know if you want to join us!), and last year I coached soccer and ran for Minneapolis Park Board at-large.

5. Why do you volunteer?

I volunteer, at the neighborhood level, because I want to be part of a vibrant, connected neighborhood where people take care of each other and their community and don't look to politicians and bureaucrats in far-away places to do it for them.

Bryn Mawr Neighborhood Association Calendar - October 2010

All meetings are open - everyone is welcome. Neighbors are urged to attend and participate in meetings and activities of special interest to them. Bryn Mawr Neighborhood Association and its committees meet at Bryn Mawr Elementary School during the school year, unless otherwise noted.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BMNA Harvest Dinner! Bring your favorite vegetarian main dish to enter in our competition or bring a salad or dessert to share. Wednesday, October 27, 6-8pm, Bryn Mawr School Cafeteria - Grab the kids and a costume JOIN THE FUN!					1	2
3	4	5	6	7	8	Buckthorn Pull at 9 Eloise Butler Wildflower Garden 1-4pm
10	11	12	BMNA monthly 13 meeting, 7pm at Bryn Mawr Elemen- tary, Cafeteria	14	15	16
Buckthorn Pull at 17 Eloise Butler Wildflower Garden 1-3pm	18	ROC Committee, 19 Ripley Gardens, 6:30pm	Garden Club 20 meeting, 7PM, Cuppa Java basement	21	22	23
24	25	Bryn Mawr PTAA 26 Spaghetti Dinner/ Book Fair at 5:30- 8:00 p.m. Bryn Mawr	Harvest Dinner, 27 6 pm at Bryn Mawr Elementary School.	28	29	30
31		Elementary	Lunch w ith Lisa Goodman, 11:45am, Guests: School Board Candidates			

Solar Program Moving Forward



hese are electrifying times for participants in our Bryn Mawr Community Solar Program as more solar panels have been installed. You can get in on this opportunity as program grants are still available for the taking. The solar program has \$19,000 still in the bank!

To participate in the Community Solar Program:

- 1. Review the Project Guidelines and Grant Application at www.BMNA.org.
- 2. Call a solar panel contractor of your choice to schedule an appointment for a solar home assessment. Lists of contractors can be found at: www.eere.energy.gov; www.solar-estimate.org; and www.BMNA.org.
- 3. Consult with the contractor to determine the most suitable system type and size for your property.
- 4. Fill out the Grant Application and submit to the BMNA.

We will continue to keep you informed on the progress of this program and want you to know that projects need not be started this season. The program continues into next summer and fall until all of our grant dollars are committed.

If you have any questions regarding this program please contact one of the Community Solar Program Committee Members.

-Andrew Kraling 612 226 6249 BMNA Area 7 Co-Representative and Community Solar Program Project Member

-Ben Horn 612 382 7982 BMNA Co-Treasurer, Area 7 Resident, and Community Solar Program Project Member

-Scott McLaughlin 612 374 9494 NRP Chair, Area 5 Resident, and Community Solar Program Project Member



Community Garden Group Sets Goals

The Bryn Mawr Community Garden Group has been in existence a few months and we picking up speed. We had a big turnout, partnering with some residents of Crossroads halfway house, to do extensive weeding on the hillside where the Bryn Mawr Hedge sits. We hosted a Metro Blooms rain garden workshop and are planning a two year rain garden program featuring grants for participants (pending BMNA approval). We've established an e-mail group through g-mail.

We keep adding talented individuals each month. The ideas are thrown out

and responded to almost on a daily basis. The bigger the group, the more we can done to make and keep Bryn Mawr beautiful. You can make a difference by coming to one of our meetings on the third Wednesday of the month at Cuppa Java (the basement).

We have designated all of our neighborhood public garden spaces to different point people and as a group we will work to help each segment to grow and prosper!

- David Logsdon, Area 5

Two-Year Rain Garden Project Up and Running....

The Bryn Mawr Neighborhood Rain Garden Project has begun! An informative and engaging workshop was held on Thursday, September 9th at the Bryn Mawr Elementary School. Our friends from Metro Blooms presented detailed information on the role rain gardens can play in improving our neighborhood resources to a small crowd of Bryn Mawrians. Several homeowners responded by purchasing the \$25 coupon insuring their place in line for this program.

How does it work? First, attendance at the workshop is not a requirement to be in the program, however we encourage participation to educate our residents about how rain gardens function. If you missed this one another workshop will be held next year.

The initial phase of the Bryn Mawr Project requires individual property owners to purchase a \$25 coupon. In return, residents who purchase the coupon may immediately schedule an on-site consultation from a landscape architect with Metro Blooms and receive design services for their rain garden, valued at over \$100. Information about Metro Blooms is available at www.metroblooms.org. Coupon holders may choose to wait until next year to schedule appointments and begin the process of installing a rain garden.

To get your rain garden coupon send a \$25 check to: BMNA

Rain Garden Project PO Box 16437 Minneapolis, MN 55416

Phase two of this program will be up for approval at the October BMNA board meeting. If passed, coupon holders will also be eligible for installation grants of up to \$500 for items like excavation, landscaping, rain barrels, plantings, edging, etc. Stay tuned to the Bugle for updates and buy a coupon today!

- Scott McLaughlin, NRP Chair

612-374-3613



On sale at Bryn Mawr Market and Twin Cities area co-ops

www.brynmawrsoap.com

learnjoinreserve >> www.hourcar.org



The Bryn Mawr HOURCAR is supported by a \$12,000 grant from the McKnight Foundation matched by \$10,000 in NRP funds from the Bryn Mawr Neighborhood Association. We thank the following local businesses and residents who also support HourCar:

Gold Sponsors

Bryn Mawr Neighborhood Business Association Jane Wolf, realtor Neighborhood Sponsor Cherie Peterson, realtor

Branze Sponsors

Ellen Abbott & Jerry Krause, residents

James Kalitowski, realtor FinnStyle, the online business Bryn Mawr Mobil





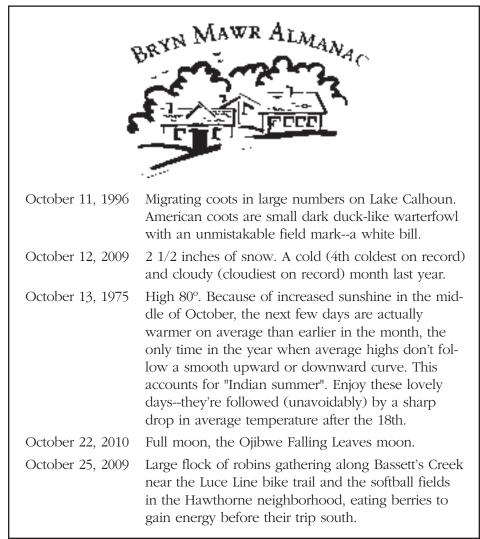
Parks www.minneapolisparks.org

Triangle Park News

Generous, park-loving neighbors in Minneapolis and St. Louis Park have kicked in more than \$3,000 for trees in a triangular shaped park just west of Cedar Lake. The tax-deductible contributions to People for Parks, to be transferred to the Minneapolis Park and Recreation Department, will pay for four Kentucky coffee trees, a catalpa, six river birch and six swamp white oak. The original goal was \$2,500, and the extra money will provide further improvements for the park.

The MPRB will remove stumps of dead trees this fall and trim viable trees in January or February. In May, the forestry division of the park department will dig holes and deliver new trees, and neighbors will get together to plant them.

- Peg Meier, Area 1





Eloise Butler Wildflower Garden & Bird Sanctuary

Tt may be the end of the season but there is still plenty to see at the Wildflower Garden. Visit the prairie to see the last of the asters. Bring along binoculars (or borrow ours) and look for migrating raptors and waterfowl as they head south for the winter. Take a quiet walk through the woodlands to see to gorgeous autumn foliage of the Garden's maples, hickories, ash, and oaks. Spend a quiet day or two at the end of the season to take in the beauty of another season, nearly spent and yet again splendid, at the Wildflower Garden.

** Garden Scavenger Hunts are available for use on the trails at the Martha Crone Visitors Shelter. To borrow one, please ask a volunteer or naturalist.

Public Programs and Special Classes—October 2010

Saturday, October 2nd

9:30-11:00am Autumn Birding 1:00-2:00pm Prairie Wildflowers 3:00-4:00pm Berries, Drupes & Other Fruits

Sunday, October 3rd

1:00-2:00pm Binoculars & Field Guides for Families

3:00-4:00pm Magnificent Mushrooms **Wednesday, October 6th**

4:30-5:30pm Evening Wildflower Walk Saturday, October 9th

9:30-11:00am Autumn Birding

1:00-2:00pm Quaking Bog Tour 3:00-4:00pm Magnificent Mushrooms

Sunday, October 10th

1:00-2:00pm Prairie Wildflowers 3:00-4:00pm Autumn Nature Walk

Wednesday, October 13th 4:30-5:30pm Evening Bird Watching Stroll

Saturday, October 16th

9:30-11:00am Autumn Birding 1:00-2:00pm Binoculars & Field Guides for Families 3:00-4:00pm Treemendous Trees

Sunday, October 17th

1:00-2:00pm Harvest Season Stroll 3:00-4:00pm Quaking Bog Tour

Saturday, October 23rd

9:30-11:00am Autumn Birding 1:00-2:00pm Quaking Bog Tour 3:00-4:00pm Autumn Nature Walk and grasses. We'll be on the lookout for birds and other wildlife as well as insects of all shapes and sizes.

Binoculars and Field Guides for Families Binoculars, quick senses, and a good field guide are some of the essential tools naturalists and nature lovers of all ages use to explore the outdoors. Bring the kids and learn how to use these cool tools to discover the wonders of the Garden. Appropriate for children ages 8 and up.

Evening Bird Watching Stroll

Join us after work for an evening stroll in search of avian life! Designed for beginners but experienced birdwatchers are welcome. Discuss binoculars and field guides; learn how to identify birds and where to find them. Bring binoculars and a field guide.

Evening Wildflower Walk

Relax and revel in the beauty of this short season as a Garden Naturalist leads you on a tour of the woodland trails and the wildflowers that await your arrival.

Harvest Season Stroll

Take a Naturalist led tour while enjoying the brilliant autumn colors found here and the last remain blossoms of the season. Learn the names of a few Garden trees and some fun facts about why this colorful phenomenon happens every year in the forests and woodlands of the Midwest.

Magnificent Mushrooms

Behind the scenes of the Wildflower Garden, hosts of mushroom species are hard at work recycling nutrients and helping plants grow. You will learn the basic structure of mushrooms and how to identify some species. Please bring a pair of binoculars or borrow ours.

Prairie Wildflowers

Learn about the history of prairies in Minnesota, how the prairie garden was created, and the methods used to maintain this lovely landscape.

Quaking Bog Tour

The Quaking Bog is home to many unique plants with interesting adaptations for survival. Discover the characteristics that make a bog habitat what it is while you enjoy the fall colors starting to reveal themselves in this majestic habitat. Meet at the Quaking Bog parking lot.

Season's End Garden Tour

Join a Garden Naturalist for the year's final stroll through the Eloise Butler Wildflower Garden and Bird Sanctu-

Bryn Mawr Presbyterian Church Welcomes You!

Sunday School Classes @ 9:30 a.m. Age Five Through Third Grade Fourth Grade Through Confirmation

ዮ

We Worship Each Sunday @ 10:30 a.m. Nursery available for children 5 years & younger during Education Hour & Worship

All Are Welcome Here!

COMPLIMENTARY ADVERTISEMENT In Exchange for BMNA Meeting Space



Sunday, October 24th

1:00-2:00pm Treemendous Trees 3:00-4:00pm Harvest Season Stroll Saturday, October 30th

1:00-2:00pm Harvest Season Stroll 3:00-4:00pm Birding & Field Guides for Families

Sunday, October 31st

1:00-2:00pm Autumn Nature Walk 3:00-4:00pm Season's End Garden Tour

Program Descriptions Autumn Birding

We will learn about the migratory and resident birds of the Garden as we meander through the Garden. Bring binoculars and a field guide or borrow ours.

Autumn Nature Walk

Join a naturalist for a stroll through the Garden in autumn. Enjoy the color and form of prairie wildflowers ary. Enjoy the colors of autumn and the sights and smells of this magnificent place before the gates close on this glorious season.

Tremendous Trees

The Garden's diverse woodland habitat offers a great opportunity to delve into the fascinating world of tremendous trees. You'll learn what to look for when identifying trees, hear some tree lore, and discover where the Garden heritage trees are located. Appropriate for children ages 8 and up.

Walking History Tour of the Wildflower Garden

Join a Garden Naturalist for a tour full of fantastic tales about the Garden's history and the visionary heroine, Eloise Butler, who founded it and became the Garden's first curator at the turn of the last century.

View From the Bridge

Glaciers and Their Impact October 2010

Degan writing this column while on vacation to Washington State's Mount Rainier - site of the most glaciated single peak in the lower forty-eight states. Driving into Mount Rainier National Park from the southwest entry over the Nisqually River and climbing to Paradise Valley, one sees the sculpting of glaciers, as well as the effects of mud flows. It's an easy hike from Paradise Inn to overlooks from which one can see the still present Nisqually Glacier (see sketch).

Earlier this year, the March 2010 column addressed snow and ice crystals. Freshly falling snowflakes often have delicate points. As these snowflakes accumulate, fragile ice crystals crush to form denser piles of ice and snow. Snow that survives a year or more settles to form even more dense ice. While acknowledging that winter is still months away, ponder the following question for a few moments. What happens when the amount of snow that falls in winter continually exceeds the amount of snow that melts in spring and summer? Glaciers!

The definition of a glacier highlights three important aspects: glaciers are made of ice, glaciers form on land, and glaciers move. A steady supply of snow that is conserved because of overall cool average annual temperatures is crucial to formation of a glacier. Only ice masses that form on land are considered glaciers. Thus the North Pole ice cap is not considered a glacier. Accumulated weight of snow and ice exerts intense pressure on the layers of ice below and the lower levels move outward to places of reduced pressure. Thus it is that glaciers on flat land can move. The phenomenon of glaciers receding is also not so strange. Glaciers don't actually move backwards. Rather, that is only our perception of the outer margins melting under warming temperatures.

Today, glaciers form at either high altitudes (such as on tall mountains) or at high latitudes (nearer to polar regions) or under both conditions. Glaciers that cover Antarctica and Greenland are large enough as to be considered ice sheets. Three accessible National Parks in which to see glaciers are: Glacier National Park, Washington; Mount Rainier National Park, Mon-



tana; and Glacier Bay National Park and Preserve, Alaska.

It takes centuries for snow that falls near a mountain's summit to flow and slide miles to the glacier terminus. Icefalls occur where a glacier flows over a steep cliff and its pace accelerates to three feet per day. Crevasses are huge cracks that form as a glacier flows over knobs or ridges in bedrock and along valley walls. The most common types of glaciers found in western American mountains are either valley glaciers or cirque glaciers. Valley glaciers form between walls of a mountain valley. A cirque glacier happens to be wider than it is long. An ice shelf forms if a glacier shoves out from land to partially float on the ocean. Portions of the glacier may calve away from the ice shelf to form icebergs.

It is not simply movement of a glacier's frozen water, but also flow of a glacier's meltwater that can sculpt landforms. Glaciers may collect rainfall and heavy snowfall behind ice dams. Upon failure of the ice dam by collapse or melting, the resulting flood of water often carries with it, boulders and trees, or simply just mud from dissolved soil. As recently as November 2006, floods resulting from torrential rains destroyed campgrounds, roads, trails, and utilities and closed Mount Rainier National Park for six months. Melting glaciers produce rivers clouded by rock pulverized by the moving glacier. The resulting so called "rock flour" may color rivers cloudy white or cloudy blue. Glaciers themselves may appear white, or blue, or they may be covered and colored dirty by rock and soil falling from a mountain's valley walls.

During four long cycles of glacial ice advance and recession between two million and twelve thousand years ago, massive ice sheets covered major portions of the North American continent outside of polar regions - satisfying the definition of an ice age. An early twentieth-century Yugoslavian astronomer and mathematician, Milutin Milankovitch explained that minor changes in earth's orbit around the sun and in the tilt of earth's axis cause reductions in solar energy received by the earth. Though slight, these changes cause ice ages. Additional short term variations can be caused by sunspot cycling (11 to 14 year cycles) and volcanoes (typically



affecting weather conditions for about a year).

The February 2010 column examined the effect that ice age era glaciers and Glacial Lake Duluth played in the formation of Lake Superior and the North Shore highlands. Glaciers moving boulders and rock under the moving weight of tons of ice scrape bedrock that may be visible in exposed bedrock outcroppings in the BWCA or along the North Shore of Lake Superior. Other signs of glacial activity include our many rivers, northern lakes, wetlands, the Anoka Sand Plain, and prairie "pothole" lakes that are remnants of melting blocks of ice left by receding glaciers.

For four periods during the most recent Great Ice Age, glaciers covered much of Minnesota as well as the continental United States as far south as Illinois, Missouri, and Kansas. At the end of the last ice age, about 10,000 to 12,000 years ago, melting glaciers formed a massive glacial lake, Glacial Lake Agassiz - that was many times the combined area of today's Great Lakes, and that reached an estimated depth of nearly 400 feet! Located on the northwest corner of Minnesota, the northeast corner of North Dakota, and the Canadian provinces of Saskatchewan, Manitoba, and Ontario, the lake was blocked from draining northward by the Canadian ice mass. Glacial Lake eventually drained through various outlets as melting ice freed the flow of water. One such outlet allowed Glacial River Warren to drain through southern Minnesota. The valley that Glacial River Warren formed has become the Minnesota River Valley. In places, such as within Fort Snelling State Park and Minnesota River National Wildlife Refuge, this river valley stretches to two miles wide - a much wider valley than the Minnesota River could form. Even the Minnesota River's meanderings to and fro cannot have formed such a valley.

Fort Snelling State Park showcases not just this river valley but also the junction of the Minnesota and Mississippi Rivers, and the surrounding land that has been home to animals and humans for much of the time since retreat of the last ice age 10,000 years ago. Though this state park is located within a major metropolitan region adjacent to a major international airport, the park is overlooked by millions of people who live within an easy drive of a state park visit! Over the next two months, this column will examine some of the features of this state park. An October visit to this state park will whet your appetite and offer a unique place to see autumn's color show visit the plants and trees of the state park!

The November and December 2010 columns will continue this discussion by examining the river valley within Fort Snelling State Park. This landform, and its impact on animal and human ecology will be the subjects of the last two columns of this year.

Upcoming Buckthorn Removal Events

The Friends of Eloise Butler Wildflower Garden have organized two buckthorn removal events this fall: Saturday Oct 9th, 10AM-1PM; and Sunday Oct 17th, 1-4 PM. Interested volunteers are urged to assist in this important work effort. Follow the signs from either Eloise Butler Wildflower Garden gate to the buckthorn pull site. Wear study shoes and clothes that can get dirty. Organizers have a supply of gloves. Pre-registration is not required but is requested - register by emailing Jim Proctor at jim_proctor@hotmail.com or by phoning Jim at 612-281-4588.

Sources:

Minnesota's Natural Heritage, John R. Tester, Regents of the University of Minnesota, 1995. Glacial Lake Agassiz illustrations modified from Elson 1983, Ice Age illustration modified from Ojakangas and Matsch 1982 National Park Service websites and signage

Visit Fort Snelling State Park...it will be worth your effort!

Greg Lecker, U of M Extension Service Master Gardener, Minnesota Master Naturalist Volunteer



Lynda Shaheen, BMNA Schools Committee Co-chair

Two Bryn Mawr teens named National Merit semifinalists

n September 15, eleven Minneapolis Public Schools students were named semifinalists in the 2010 National Merit Scholarship Program. Among the honorees were Evelyn C. Reilly (Area 6) of South High School, and Talia L. Kaatz (Area 3) of Southwest High School. The two seniors are among approximately 16,000 semifinalists in the 56th annual National Merit Scholarship Program. They have an opportunity to continue in the competition for 8,400 National Merit Scholarships, worth more than \$36 million, that will be offered next spring.

New playground equipment!

ast school year the BMNA school committee responded to a request from the elementary school to assist with replacing two slides that had been vandalized. The committee voted to use NRP funds to replace the slides. The equipment has been purchased and was installed last week. The school committee is glad to help maintain this playground that gets used not just by school kids but many families in the neighborhood as well.

Open Gym Night Returns

Starting October 5, the gym at Bryn Mawr Elementary School will be open for families with kids of all ages to get out some energy while playing with neighbors. The open hours are Tuesdays from 6-8 pm. Some balls and toys are provided.

Youth Volleyball at Kenwood Park

Registration for WEnSAC Volleyball is now open. Volleyball if offered for children with birthdates between 9/1/1995 and 9/1/2001. The season runs from October 30 - December 14. Please visit www.wesac.org to review the Volleyball Information Sheet and to register online. Registration deadline is Wednesday, October 6th.

Spaghetti Dinner and Scholastic Book Fair

The annual Scholastic Book Fair will run October 25-27. Books will be for sale in the Bryn Mawr Elementary School gymnasium during the day and some evenings. There will be a fundraiser spaghetti dinner Tuesday October 28, 5:30-8:00 p.m. Please stop by to support the school and get some great books at unbelievable prices. There will be books and computer software for kids and adults.

Election Day Bake Sale

The Bryn Mawr Elementary School PTA will be holding a bake sale during the election November 2. Donations of baked goods are greatly appreciated. Please drop off donations at the school the day of the election. Make sure to grab a treat to go after voting!

Come Show Your Wares At The Fair! * * * Anwatin Arts & Crafts Fair * * *

The annual Anwatin Arts & Crafts Fair, sponsored by Anwatin Middle School and the Anwatin Community School Council, will be held on Thursday, December 2nd. The Anwatin Music Department will hold a concert and there will be an "Empty Bowls" community service project that evening.

If you are interested in having a table at the fair, call Mary Duffy at 612-926-5547. Leave a message and a registration form will be mailed to you.

See You There!



TAPPP Childcare Program Moves into Park View School Building

The childcare component of the MPS Teenage Pregnant and Parenting Program (TAPPP) for the children of high school student parents has move from its former location at Broadway High School to the Park View School building for the 2010-11 school year.

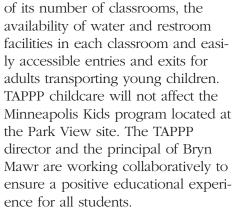
TAPPP childcare serves infant, toddler and preschool children of high school student parents. The Broadway High School site is slated to close in the fall of 2010 as a part of the Changing School Options transition process. Student parents currently using TAPPP at Broadway High School will attend classes at North High School.

Park View is an appropriate site for this childcare program because

Minneapolis School Lunches - Getting Better All the Time

was inspired to write this article after meeting with Rosemary Dederichs, Director of Nutrition for Minneapolis Public Schools, and Irfan Chaudhry, Assistant Director. The meeting was intended to start a parent advisory group, but I was the only parent in attendance, so I wanted to get the word out to other parents of Minneapolis public school students about the great changes this year in the Minneapolis school lunch program.

Gone are the highly processed items, such as corndogs, hotdogs, 'chopped meat' chicken patties, and hamburgers. In their place are whole-grain pastas and breads, whole-muscle chicken patties, and choices such as yogurt parfaits, hummus and pita chips, a daily sandwich wrap, and many salad and fruit choices. Check out the menus at http://foodservice.mpls.k12.mn.us



The TAPPP childcare program will be located at the Park View site for one year. The school district is developing a long-term program location that will accommodate the needs of the Broadway High School students and TAPPP children beginning in the 2011-12 school year.

- Emily Lowther, MPS

and come try a meal at your child's school!

Rosemary Dederichs and her staff are genuinely committed to the well-being of our children. They are also focused on the issues of environmental responsibility, for example in food packaging choices. They are continually looking for ways to offer the most nutritious, delicious, and healthy foods. In doing this, they face real limitations, both financial and beaurocratic. Yet, they are resourceful and truly dedicated to this important work, and as a result, ongoing positive change is possible.

I was excited to hear of recent regulatory changes that will require suppliers of foods for the school lunches to have no added trans-fats (although some trans-fats naturally do occur in whole foods, such as butter).

Some other positive things you may not know about the lunches coming from the MPS Nutrition center include:

- new recyclable trays

- a meal a day made fresh on site
- milk comes from farmers who have made the commitment to



keep their dairy herds free of artificial hormones

- Farm to School program brings locally grown produce to the students, even in January!
- food is heated in in convection ovens, never in microwaves. There are opportunities to volunteer and help with tastings of new menu items at your child's school, and/or to be involved in the parent advisory group for those parents interested in such community service. Remember, lunch ladies/lunch guys decide what items they order from the Nutrition center. You, therefore, can also help by talking to the lunch lady if you have concerns as to the choices that are available at your child's school. - Deborab Savran

School Board Elections

Bryn Mawr voters will have to choose among four candidates for the at-large school board openings on November 2, 2010. The top two vote getters will represent all of Minneapolis. Bryn Mawr neighbors may vote for up two of the four candidates.

Profiles of the four at-large candidates follow. The profiles were taken from the candidates' websites and answers at school board forums. Information about school board elections and voting can be accessed at

www.ci.minneapolis.mn.us/elections. Find out more about the candidates at their websites.

City council member, Lisa Goodman, will be hosting a forum with the school board candidates at her October 27, 2010, Lunch With Lisa, held at the Minneapolis campus of St. Thomas University in the lunchroom at noon.

Rebecca Gagnon

http://sites.google.com/site/rebeccagagnon2010/ biography

Gagnon attended Stephens College, graduating with a BA in Sociology in 1991. She holds a variety of volunteer positions in the schools. In fall 2008, she was elected to represent Lake Harriet School on the Minneapolis Public School (MPS) District Parent Advisory Council. She volunteers at Lake Harriet with the Junior Achievement program, is a homeroom parent, and a member of the school site council.

Gagnon sees success in the Minneapolis Public Schools as integrated schools, increased student achievement using better ways to measure this achievement, financial stability, positive teacher/district relations, higher standards for our teachers, staff, and students, and a much higher level of parent and community support and engagement within MPS.

"The Minneapolis Board of Education not only governs the schools. It is the tie that binds all the Areas/Zones and schools together to create interconnectedness within our District. Although we divide ourselves into three areas/zones, we are one district with a goal for all of our students to achieve academic success. Equality of education within MPS must be addressed at the school board level.

I see my role on the school board as a strategic planner, a support system for our Administrative staff, an advocate for our District, and part of a collaborative effort – with students, parents, communities, teachers, and staff – to do what is best for MPS. I do not micro manage. I must have faith in the Administrative staff, teachers, and school site staff to govern and teach to the highest standards. The School Board must be forward thinkers, longrange planners, and we should be community builders, working within MPS to engage parents." trict; 2) to establish the budget and provide fiduciary oversight of management; and 3) to hire and supervise the superintendent. Consistent with these roles is an ultimate accountability for the district's "health" and success in achieving its mission and goals.

As elected officials and representatives of the public, board members also have responsibilities to provide constituent service - including effective protocols for communication with students, families, teachers, employees, collaborative partners and the broader community. Board members should be advocates for the success of the organization as a whole and not act as an intrusion on discrete operations or issues."

Chanda Smith Baker www.chandaforschoolboard.org

Baker, Chief Learning Officer with Pillsbury United Communities; is responsible for organizational effectiveness, educational strategies and new program development. She has an MA in Organizational Management and Communications from Concordia University and a Bachelor's degree in Organization Development.

Baker describes success in the Minneapolis Public Schools as a high quality learning environment that understands it's purpose and is focused on academic and social success for all students, including;

- All students college ready: 100% graduation rate and 100% proficiency rate
- Effective governance: boundaries and clarity
- Strong accountability: incentives and consequences
- Community support: Strategic partnerships, a community of support for students and teachers.

She defines the role of a school board member as one who should "should seek to uphold the MPS mission at all times: ensuring that all MPS children are college ready and high-achieving. I believe this mission is both measurable and attainable. The board must remain focused on the mission and setting policy to help MPS leadership achieve it, rather than on hundreds of smaller issues that constantly threaten to divert members' time and attention."

T. Williams (incumbent) www.twilliamsforschools.org

Williams has more than 20 years of public, nonprofit management and administrative experience; 15 years of research and evaluation experience with a focus on faith-based organizations, community economic developments, and educational issues. Williams holds a bachelor's degree in sociology from the University of Illinois and a master's degree in social work from the University of Pennsylvania.

Thank You, Neighbors!

Thank you to the Bryn Mawr Neighborhood Association for replacing two of the playground slides. The children really appreciate having proper equipment to use during recess. We are glad to be able to partner with the neighborhood to benefit children and families.

- Principal Reneé Montague

Another successful Bake Sale due to the support of neighbors!

he Bryn Mawr Elementary

PTA hosted a bake sale during the August primary elections. They raised \$700+ to support programs at their school. They will host another bake sale during the November 4th elections. Thank you to the many Bryn Mawr Alumi for their time spent volunteering during our bake sale.

The Bryn Mawr Elementary PTA would like to say "Thank you Bryn Mawr neighbors for your support!"



Local Actor Appears in Mixed Blood Production



ixed Blood Theatre opens its 35th season on September 17 with the regional premiere of A COOL DRINK A WATER by Broadway-bound playwright Thomas W. Jones II, who also stars in the comedy. The critically acclaimed play, in only its second production after a successful 2009 debut in Atlanta, runs at Mixed Blood through October 10.

Playwright Jones borrows a title from Maya Angelou ("Just Give Me a Cool Drink of Water 'Fore I Die") and the characters from A Raisin in the Sun, transporting them into a smart, contemporary comedy that spans generations, classes and continents. From 21st Century feminism and a disillusioned return to Africa to aspirations of hip-hop stardom and surprising struggles with affluence, comic banter flies fast in this provocative and funny update to a classic story.

The among the cast are Bryn Mawr Resident, Isabell Monk O'Connor and U of M/Guthrie BFA student Nathan Barlow, who is a former Anwatin Middle School student.

"A COOL DRINK A WATER is that rare find for which artistic directors perpetually hunt – a new play that is simultaneously hilarious, touching, substantive, universal, and specific, that can attract the finest talent in the land, and that embodies the vision and mission of the home theatre," says Mixed Blood Artistic



Richard Mammen

http://richardmammen.org

Mammen, was the first Director of the Youth Coordinating Board, and a current Director for City-Wide Recreation with the Minneapolis Park and Recreation. He serves as a member of dozens of community boards and commissions. He is a Washburn High School 1968 and University of Minnesota 1972 graduate.

According to Mammen, success in the Minneapolis Public Schools would be young families moving into any Minneapolis neighborhood because of the schools.

He defines the role of a school board member and the school board- "As a governance body the school board has 3 primary roles: 1) to set policies that guide the mission and management of the disIn Williams' opinion, the most important factors in raising student achievement are:

- Qualified classroom teachers who can teach children with different learning styles
- Engaged parents or caring adults
- Wrap around social and health services readily accessible to the students
- Community institutions actively engaged as partners with the schools in support of student learning
- A system that holds all participants in the educational process accountable for measurable outcomes

As an incumbent, Williams sees the school board as a governing board with the responsibilities of selecting a superintendent and setting policies that govern the work of the District. "It is responsible for approving the superintendent's annual work plan and assessing the superintendent's performance. Each board member shares equally in the process."

Neighbor Shows Digital Artwork at St. Paul Art Crawl

October 8, 9, &10

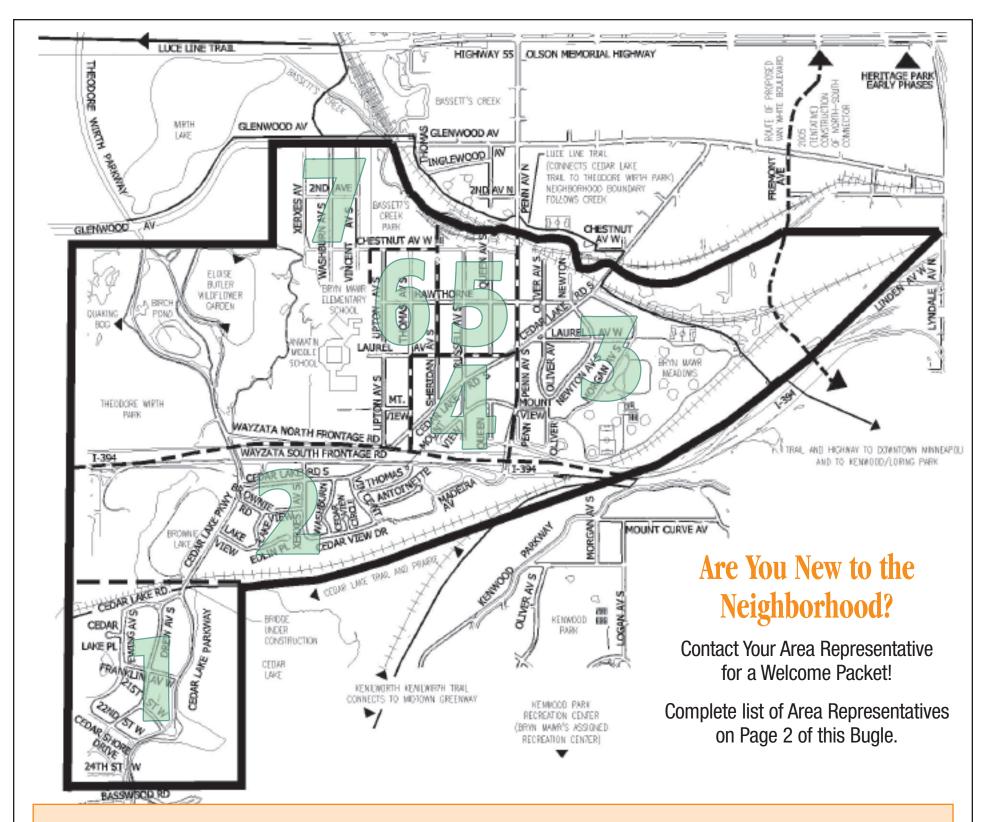
ome see Eric Sherarts digital art on October 8, 9 & 10 at the AZ Gallery (308 Prince Street, Suite 130, St Paul, located next to the Black Dog Café).

Gardens, masks (we all wear them to play or hide) and nature the subjects of Eric's new work. He draws images with a pencil, scans them into a computer and uses it as a tool to juxtapose images into a Director Jack Reuler.



composition. Strong, vibrant colors bring the images to life. Large works and greeting cards (for Halloween and Christmas) will on sale. We hope to see you there! Special thanks to Eric's mentor, Candace Clement.

- Karon Sherarts, Area 3



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Quarter page, 1-column	2 3/8"w X 15.5"h	\$70	\$80
Quarter page, 3-column	7 3/8"w X 4 3/4"h	\$70	\$80
3-column, 1/4 high	7 3/8"w X 3 7/8"h	\$45	\$65
Sixth-page vertical	4 7/8"w x 6 3/8"h	\$45	\$65
Eighth page, horizontal	4 7/8"w X 3 7/8"h	\$35	\$45
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Business Card, horizontal	4 7/8"w X 2 3/8"h	\$25	\$30
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