



BRYN MAWR BUGLE

Published by the Bryn Mawr Neighborhood Association

June 2009

2009 Festival of Garage Sales

Photos and text by Davis Klaila

The return of the geese and the Bryn Mawr Garage Sale are harbingers of spring. Yes, once a year we open our garage doors to the world and our staid and stately neighborhood looks a little like the state fair.

Opening day slowly unfolds, but soon enough, the throngs appear and by midday we are in high gear. Our friends and neighbors provide more than excess stuff. We have food for people, music fills the air and items abound for discerning shoppers.

Our garage sale raises money for a number of worthy causes and the Bryn Mawr Neighborhood Association. Equally important is the opportunity for us to connect with friends and neighbors to celebrate spring in Bryn Mawr. Thank you to all who made this a wonderful day.



New Canoe Rack at Brownie Lake

This is a story about three things: being involved in your neighborhood, how perseverance pays off, and why I know we live in such a great place. The story begins when my family built a house in Bryn Mawr and moved here in 1996. We had lived in the Hale neighborhood for a number of years but I had not been involved at all with the neighborhood association. NRP was rolling out and I felt the need to get involved. Upon moving to Bryn Mawr, I immediately joined the NRP Phase I Master Plan Steering Committee, led by Jay Peterson. I did not know much about the neighborhood or the needs of the residents. I was familiar with the lakes, having spent many hours walking, biking and rollerblading around them, as well as sailing swimming and canoeing in them. I remember being struck by one small item in the Phase I Master Plan, to install a "walk-in" canoe rack on Brownie Lake, in part to bring more activity to a rather isolated public area.

I'm really not sure whose idea it was or exactly why it first made the list, but I followed its progress over the years. At some point, probably

about 2002, I asked about the canoe rack as a possible Eagle Scout project for the local troop. Initially, it appeared that the idea had met some resistance with Park Board staff. Eventually, the Boy Scout Troop ceased to exist and I became determined that the canoe rack was a good idea. In addition to providing an access point to four of our chain of lakes, it could result in path improvements, erosions control measures, better stormwater management, buckthorn removal and a safer environment for visitors. One small hurdle was to get our own neighborhood Park and Rec committee to agree that this was a big enough priority to extend the funding across to the NRP Phase II round. Under the leadership of folks like Greg Lecker, Paul Ragozzino, Dick Adair and Vida Ditter, this was accomplished. Some of us met a few years ago with newly elected Minneapolis Park Board commissioners Traci Nordstrom and Tom Nordyke, to talk about important issues in our neighborhood, including Brownie Lake. Eventually, Zachary Alexander, from the Minneapolis Park and Rec staff was assigned to the project. He was



New canoe rack at Brownie Lake in Area 1. Photo by Davis Klaila

very diligent and looked closely at all of the issues. It took another year or two, but this spring, the canoe rack was installed.

In addition to the rack, the buckthorn has been removed all the way around the lake, the trail is improved, and both the city and Target (the surrounding landowners) have completed extensive erosion control and stormwater management measures that will significantly improve the water quality of the lake. I am down there often and see folks walking, canoeing, kayak-

ing, fishing and just sitting around the lake. Even the little white pump house on the east side just got a new roof.

I have crossed over Brownie Lake during both the City of Lakes Nordic ski race in the winter and the Tri Loppet (modified triathlon with canoeing, running and biking) in the summer. Because I can do these things in an urban area, and because an issue like installing a canoe rack is a big deal, I know that Bryn Mawr is a great place to be!

- Rick Carter, Area 3



BMNA Reporter

2009 BMNA Annual Meeting, Wednesday, May 13, 2009

The Bryn Mawr Neighborhood Association Annual Dinner was well attended. Approximately 100+ neighbors and guests came. There was delicious food, door prizes from local merchants and informative speakers.

BMNA President, Marlin Possehl called the meeting to order and introduced the Board members present. The only official business was the Board election: Larry Skov, Vice President; Ben Horn and Adam Maki, Co-treasurers, Rick Carter and Jessica Wiley, Area 3 reps; Dave Logsdon, Area 5; Andy Kraling and Steve Harvey, Area 7. We still are in need of someone to be a representative from Area 1. Please contact Patty Wycoff (pwcoordinator@com-cast.net) if you are interested.

After the meeting was adjourned, the floor was opened to guest speakers including government representatives, Park Board and the Board of Education members.

Great food, great company! A good time was had by all.

-Patty Wycoff



more CounterTalk

by Dave Logsdon



Let's Eat!

The food revolution in America has washed up on our shores in Bryn Mawr! Well actually, many of us here in Bryn Mawr are aboard the healthy food train. A good place to run into fellow BrynMawrites is at the Wedge or Whole Foods. Well, we might not have to travel that far to to an organic food co-op if Annie Young and her cohorts on the near north-side have their way. At our Annual Neighborhood Potluck the folks trying to start up a northside co-op were selling raffle tickets to raise money towards building this dream. As everyone knows, start up money for any type of project is, to say the least, tight, at least the dream is alive and afoot! In the mean time there are a lot of CSA's operating in the Twin Cities. My daughter, Adrienne helps run the Burning River CSA of Frederick, Wisconsin, which will dropping boxes of fresh organic produce on my back porch every week for six customers in Bryn Mawr.

A Clean Sweep!

Pam Caldwell started a house cleaning service in Bryn Mawr over 25 years ago in the early eighties. She ran a small classified ad in the Bugle. She has run that ad for Sweepee Cleaning ever since. She now employs over 30 people in a business that includes painting, minor repair work, aiding in hospice care, and of course, house cleaning. Pam's two sons, Bruce and Shawn

do the bulk of the day to day running of the business. Her older son Bruce Haire grew up in Bryn Mawr and now lives up in Area 1 near Cedar Lake with his wife Sandi and two children, Josh 2, and Bella who is 6 months old. Her younger son, Shawn Shattuck, lives in Harrison with his wife Aquilla, whom he met when she worked the night shift at Cuppa Java. Aquilla already had a little girl Naje when they met and now they are proud to announce the birth of the newest addition to the family, baby Liam! Congratulations to to all and a special thanks for Pam for being such an integral part of this community all these years.

Feeling a little Country

Sometimes on a summer's eve while strolling past the Bryn Mawr Mobil, you might here some rather folksy music wafting from the general direction of Bob and Lynn Dixon's house. These veteran songsters might be playing one the hundreds

of songs that they know. They played a gig last winter at Dulonno's on Lake Street that lasted six hours! I had the pleasure of listening to their CD called the Blue-Eyed Boatman, named after their son Tom who lives and works on a boat in the San Francisco Bay. Their sound is pure Appalachia. Lynn plays the fiddle and guitar while Bob plays mandolin and guitar also. The two met at Carlton College in Northfield and have playing music all these years. The spectrum of music being played by musicians who either live here currently or were raised here is amazing. From groups like the Percolators (country), the Liquor Pigs(jug band), The Jayhawks (alt-country-rock), Umbrella Bed(Ska), Roma di Luna(roots-folk), Kill The Vultures (spoken-word hip-hop),Happy Apple(Jazz) and many others, Bryn Mawr has been and will continue to be a hot bed for music. Have an amazing summer, I'll see you on the other side!

"When the power of love overcomes the love of power, then the world will know peace."

-Jimi Hendrix-

As we absorb the the first warm rays of summer and begin the thawing out process after a rather tough winter, let me serve you up a light "gazpacho" of a column, a little CounterTalk "lite."

Juneteenth

Juneteenth, the annual celebration that commemorates the day that the last slaves received word of their emancipation from slavery will be held right here in Wirth Park. There will be food and music and plenty of activities for all ages. With the election of the first black President, this should be all the more significant as we reflect on how far we have come in our racial understanding.



Recycling

www.ci.minneapolis.mn.us
/solid-waste
(612) 673-2917

Bryn Mawr Recycling Schedule

	Monday	Tuesday
Area 1	June 1 June 15 June 29	
Areas 4W, 5W, 6, 7	June 8 June 22	
Areas 2, 3, 4E, 5E		June 9 June 23
Use it up, wear it out, make it do, do without.		

BMNA Volunteer Opportunities:

The BMNA is looking for representatives on these committees.

NRP Schools Committee

- Area 1 Bruce Jones
- Area 2 Lynda Shaheen, Co-chair
- Area 3 Jessica Wiley, Co-chair
- Area 4 Beth Boyle, JoEllyn Jolstad
- Area 5 Jean Defresne
- Area 6 **open**
- Area 7 Gayland Hokanson

The schools committee meets three times a year to look at issues related to schools and the neighborhood. Regular meetings are the fourth Thursdays of January, April and September at 7:00 pm in the conference room at Bryn Mawr Elementary. Additional meetings are scheduled as needed to review specific schools issues of the BMNA or neighbors.

Land Use Committee

(reviews/recommends variance requests)

- Area 1 Mike Dillon
Bob Burgett, Alternate
- Area 2 Dan Claar, Curt MacKenzie
- Area 3 Steve Maurelli
- Area 4 Kevin Johnson
- Area 5 **open**
- Area 6 Michael Martens
- Area 7 Pat Waddick



BMNA

Volunteer Profile: Lynda Shaheen, Area 2

A continuing series spotlighting exceptional neighborhood volunteers

1. How long have you been a Bryn Mawr resident?

I have lived in Bryn Mawr since 1999.

2. What do you like most about living here?

I like the unique combination of the proximity to downtown yet the great access to parks, lakes, and trails. I also love the high level of community participation.

3. What do you wish you could change about the neighborhood?

Having 394 cut through it. I live in Area 2 and it would be nice to have area 1 and 2 be less cut off from the rest of the neighborhood.

4. In what ways do you volunteer in Bryn Mawr?

I have been on the BMNA for about seven years. I currently co-chair the NRP Schools



BMNA Area 2 Representative Lynda Shabeen with sons Andrew, 4 and William, 8.

Committee. I used to be more active in the garden club and public gardens before my own took over my time. I also volunteer at Bryn Mawr Community School and I am the volunteer treasurer at Bryn Mawr Presbyterian Church.

5. Why do you volunteer?

I like to! It gets me involved and engaged with others and makes my neighborhood, school, and family richer.

Bryn Mawr Neighborhood Association Calendar - June 2009

All meetings are open - everyone is welcome. Neighbors are urged to attend and participate in meetings and activities of special interest to them. Bryn Mawr Neighborhood Association and its committees meet at Bryn Mawr Elementary School during the school year (ends June 9, 2009) unless otherwise noted.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	Budget and Fundraising Committee Meeting, Bryn Mawr Elementary, 7pm, Rm 136 2	3	4	5	6
Wading pool opens at Bryn Mawr Meadows Park 7	8	Last day of school, Minneapolis Public Schools 9	BMNA monthly meeting, Bryn Mawr Elementary, 7pm, cafeteria 10	11	12	13
Juneteenth 11:00 a.m. - 5:00 p.m. Wirth Park 14	15	ROC Committee, Ripley Gardens, 6:30pm 16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	<p>Save these summer dates! Thursday, July 23rd - Ice Cream Scoop Off Tuesday, August 4th - Nation Night Out Sunday, August 23rd - Summer Potluck Picnic</p>			



Parks www.minneapolisparcs.org

Community Input Sought During Listening Session

As the Minneapolis Park and Recreation Board (MPRB) continues its series of regular meetings in the parks, it recently decided to start the June 3 board meeting at Bottineau one hour later. The schedule for the Wednesday, June 3, meeting at Bottineau Park, 2000 2nd St. NE (phone 612-370-4958) is as follows: 5:30 p.m. park tour; 6 p.m. Board meeting; 6:30 p.m. Listening Session; the regular meeting will resume immediately after the Listening Session.

The Park Board meeting will follow the 4 p.m. Charter Commission meeting at City Hall. Park Board Commissioners will be attending the

Charter Commission meeting, which includes discussion of the proposed Charter change to eliminate the Park Board.

The 5:30 p.m. tour of Bottineau Park will include a history of the park, an overview of recent improvements and future capital needs of the park and/or building.

During the 6:30 p.m. Listening Session, the public is invited to share their priorities for park programs and services. The MPRB is seeking responses to the following questions:

- Which programs, services and/or infrastructure do the public most value in the Minneapolis park and recreation system?

Help Prevent Spread of Ash Borer

The emerald ash borer (EAB) has now reached Minnesota, with the first case discovered in Saint Paul. EAB is an invasive pest that attacks ash trees and could cause serious damage to Minneapolis' urban forest. EAB has already killed more than 40 million ash trees nationwide, primarily in southeast Michigan. Minnesota has the potential to lose 867 million trees, because it has one of the nation's highest volumes of forestland ash on public property.

Residents can play a part in delaying and minimizing the damage to our trees. Minneapolis' 200,000 ash trees make up 20 percent of all trees on public and private land in the city, which makes it especially important to take steps to protect against EAB. EAB adults can't fly far, so EAB travels by people moving ash logs, ash firewood or infested ash trees from nurseries.

The Minnesota Department of Agriculture (MDA) has issued a state quarantine on firewood, ash trees, and ash tree products in Hennepin and Ramsey counties. The measure is designed to slow the spread of EAB, a highly destructive tree pest, to other parts of the state. The quarantine prohibits the movement of the following items out of Ramsey and Hennepin counties:

- Firewood from hardwood (non-coniferous) species
- Entire ash trees
- Ash limbs and branches
- Ash logs or untreated ash lumber with bark attached, and
- Un-composted ash chips and un-composted ash bark chips larger than two inches in diameter

Take steps to keep EAB from spreading:

Don't transport firewood, even within Minnesota. Don't bring firewood along on a camping trip. Buy or harvest your wood near the area where you are going to burn the wood. If you are buying firewood, ask where it came from. Avoid moving firewood from its area of origin; don't bring extra wood home with you. In Minneapolis, firewood dealers are required to be licensed by the City, so ask firewood peddlers for their City license.

If you suspect your ash tree could be infested by EAB, visit the MDA Web site and use the "Do I Have Emerald Ash Borer?" checklist. Residents who suspect that a tree is infested with EAB can also contact the Minnesota Department of Agriculture's "Arrest the Pest" Hotline at 651-201-6684 Metro Area or 1-888-545-6684 for Greater Minnesota.

SOURCE: www.ci.minneapolis.mn

- Of the activities they enjoy, what opportunities does the public see for cost savings or revenue generating?

This information, along with the MPRB's Comprehensive Plan, will help guide development of the MPRB's 2010 budget. The 2007-2020 Comprehensive Plan, which was based on broad community outreach and research, outlines the MPRB's values, visions and goals. A copy of the plan is available at www.minneapolisparcs.org.

The Listening Sessions are one of a variety of methods the MPRB will use in 2009 to continue gathering information on the public's priorities for park programs and services. An online survey will be available June 15-Oct. 7 at www.minneapolisparcs.org.

Live broadcast of the meeting will not be available; audio and video recordings will be posted on the MPRB website the following week. The recordings are made possible through the generosity of the Institute of Production and Recording.

Eloise Butler Wildflower Garden & Bird Sanctuary

June is the month to welcome summer! The days are at their longest this time of year beckoning you stay outside just a little bit longer. Come to the Wildflower Garden to see the showy lady's-slippers, our state flower, in full bloom this month. Walk through the wetland to see the calla lilies, swamp saxifrage, and horsetail. Stroll up to the prairie to see the bright blues and yellows of the false blue indigo and golden alexanders. Start the summer off with a visit to the Wildflower Garden!

Public Programs and Tours Schedule— June 2009

Monday, June 1

6-7:30pm Spring Edible & Medicinal Plants*

Wednesday, June 3

6-7pm Evening Wildflower Walk

Friday, June 5

9-10:30am Wildflower Photography*

9-10pm Full Strawberry Moon Walk

Saturday, June 6

7:30-9am Early Birders

9:30-10:30am Birding Basics

1-2pm Early Summer Nature Walk

3-4pm Wildflowers of Wetlands & Woods

Sunday, June 3

1-2pm Gardening with Wildflowers

3-4pm Quaking Bog Tour

Monday, June 8

10-12:30pm Writing the Natural World*

Wednesday, June 10

9:30am-12pm Introduction to Botanical Illustration*

6-7pm Evening Birding Stroll

Thursday, June 11

10am-12:30pm Haiku in the Garden*

Saturday, June 13

7:30-9am Early Birders

9:30-10:30am Birding Basics

1-2pm Garden Sensory Walk for Kids

3-4pm Wildflowers of Early Summer

Sunday, June 14

1-2pm Wildflowers of Wetlands & Woods

3-4pm Gardening with Wildflowers

The meeting at Bottineau Park is the second in a series of meetings held in the parks. The first meetings of the month for July through October will be held at the following parks and will include a 4:30 p.m. tour, followed by the 5 p.m. Board meeting and the listening session at 5:30 p.m.

Wednesday, July 1

Powderhorn Park gym, 3400 15th Ave. S, 612-370-4960

Wednesday, August 5

Elliot Park multi-purpose room, 1000 14th St. E, 612-370-4772

Wednesday, September 2

Folwell Park gym, 1615 Dowling Ave. N, 612-370-4917

Wednesday, October 7

Pearl Park gym, 414 E. Diamond Lake Rd., 612-370-4906

The second meetings of June through October will be held at MPRB Headquarters as usual beginning at 5 p.m. Agendas for all MPRB regular board meetings are available online at www.minneapolisparcs.org the Friday before the meetings.

Monday, June 15

10am-12:30pm Writing the Natural World*

Wednesday, June 17

9:30am-12pm Introduction to Botanical Illustration*

6-7pm Evening Wildflower Walk

Saturday, June 20

7:30-9am Early Birders

9:30-10:30am Birding Basics

1-2pm Early Summer Nature Walk

3-4pm Wildflowers of Early Summer

Sunday, June 21

1-2pm Father's Day Nature Walk

3-4pm Summer Solstice Wildflower Walk

Monday, June 22

10am-12:30pm Writing the Natural World*

9-10pm New Moon Walk

Tuesday, June 23

6-8:30pm Haiku in the Garden*

Wednesday, June 24

9:30am-12pm Introduction to Botanical Illustration*

6-7pm Evening Birding Stroll

Thursday, June 25

6-7:30pm Medicinal Plants of Summer*

Friday, June 26

9-10:30am Wildflower Photography*

Saturday, June 27

7:30-9am Early Birders

9:30-10:30am Birding Basics

1-2pm Quaking Bog Tour

3-4pm Wildflowers of Wetlands & Woods

Sunday, June 28

1-2pm Wildflowers of Early Summer

3-4pm Gardening with Wildflowers

***SPECIAL PROGRAMS— Space is limited; classes fill quickly. Early registration recommended.**

CLASS REGISTRATION
Registration and pre-payment are required. Register three ways:

- www.minneapolisparcs.org
- At the Garden Visitors Shelter
- Mail to: Eloise Butler Wildflower Garden, 3800 Bryant Avenue S, Mpls, MN 55409

Bugle Contract Renewal

At its March meeting, the BMNA Board of Directors decided to open our contract positions to public application when they are due for renewal. We will award two-year contracts for these positions, such that one of two positions renew at the end of each year. Our current contract with the Editor of the BMNA Bugle will expire June 30, 2009. We will be awarding a new contract for this position, effective July 1, 2009 through December 31, 2010, then renewing by two year periods.

The responsibilities for the Bugle break down into three separate areas which may be contracted to one or more persons. If you have any interest in one or more of the areas (Editorial Content; Ad Sales/Business Management; and Production/Delivery), contact Marlin Possehl at president@bmna.org. Deadline for resumes June 15.

View From the Bridge

June 2009 – Minnesota's North Woods;
Isle Royale

The Calypso Borealis by John Muir
“...The rarest and most beautiful of the flowering plants I discovered on this first grand excursion was *Calypso borealis* (the Hider of the North). I had been fording streams...and wading bogs and swamps that seemed more and more extensive and more difficult to force one's way through. Entering one of these great tamarac (sic) and arbor-vitae swamps one morning holding a general though very crooked course by compass, struggling through tangled drooping branches and over and under broad heaps of fallen trees, I began to fear that I would not be able to reach dry ground before dark...But when the sun was getting low and everything seemed most bewildering and discouraging, I found beautiful *Calypso* on the mossy bank of a stream...It seems wonderful that so frail and lovely a plant has such power over human hearts...How long I sat beside *Calypso* I don't know. Hunger and weariness vanished, and only after the sun was low in the west I plashed (sic) on through the swamp, strong and exhilarated as if never more to feel any mortal care....”

Source: *The Life and Letters of John Muir* edited by William Frederic Badè (Boston: Houghton Mifflin, 1924).

More easily accessible than John Muir's Canadian adventure, the Boundary Waters Canoe Wilderness and Isle Royale offer opportunities to find Indian Pipe or orchids. Located in Lake Superior fourteen miles from Minnesota, Isle Royale offers numerous plant habitats – mixed coniferous and deciduous woodlands, wind-swept and wave-splashed rocky shorelines, and bogs. Within several miles of the Rock Harbor campground, house-keeping cabins, and lodge are numerous types of orchids as well as Indian Pipe.

A trip to Isle Royale involves a drive north on Highways 35 and 61 up to the North Shore of Minnesota to Grand Portage, and then a trip on the vessel, *Voyageur II*. An alternative trip involves driving east from Duluth to Houghton, Michigan on the Keweenaw and Upper Peninsulas and a six-hour trip on the boat, *Ranger III*.

Isle Royale National Park is the least visited of the national parks, primarily because boats and float-planes are the only way to reach the island. Only eighteen mammals inhabit the island – about half the mammals found on Minnesota's North Shore. The two largest mammals are moose and gray wolf – which happen to be the subject of the world's longest running predator-prey study, now over sixty-years running. Because of the



park's relative isolation, most humans depart the island during the long winter.

Isle Royale National Park is an archipelago – a grouping, or a chain of islands – over 400 islands in all! The largest island – what most people envision when referring to Isle Royale – is 45 miles long and 8.5 miles wide. Before Isle Royale became a national park, its human inhabitants included Native Americans, copper miners, and fisherman. Even today, some residential cabins are “grandfathered” as allowable uses – since ownership of some cabins was placed in the name of the youngest family member when the National Park Service designated the island and its waters “to conserve the scenery and the natural and historic objects and the wildlife therein...for the enjoyment of future generations”, in the words of the National Park Service Organic Act. Interestingly, though both Minnesota and Ontario are nearer to Isle Royale, the National Park is part of Michigan. Isle Royale was awarded to the State of Michigan after it lost Toledo to the State of Ohio in an 1830s dispute – before Minnesota became a territory or state (1849 and 1858 respectively).

Calypso Orchid (*Calypso bulbosa*) 2” to 5” high, June

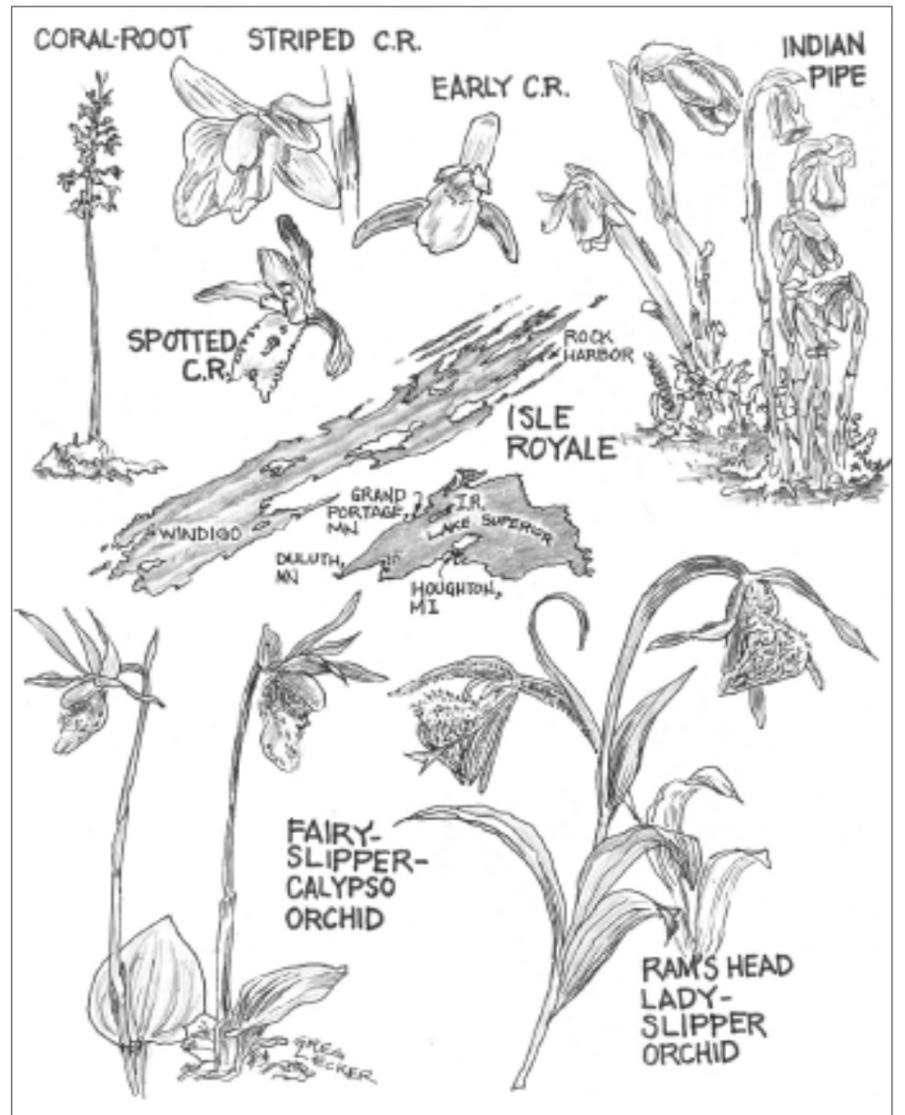
The daughter of Atlas, *Calypso* was the nymph who charmed the shipwrecked Ulysses on the island of Ogygia during his journey home from Troy in Homer's epic poem, *Odyssey*. Fairy-slipper or *Calypso* Orchid is a rare and beautiful northern orchid. Though quite small, *Calypso* Orchid can form colonies of twenty to one hundred flowers. A short stalk rises from a broad evergreen leaf. The flower consists of a slipper-shaped lower petal that features a yellow, purple, and white lower lip with brownish purple dots and yellow hair-like protuberances. Extending above and behind this are five narrow purple petals and sepals.

Ram's Head Lady-Slipper Orchid (*Cypripedium arietinum*) 3” to 12” high, June

The species name refers to Aries, the Ram of Zodiac or Mythology fame. Plants have three to four green lance-shaped leaves attached to the stem. The lower “slipper” petal is cone shaped white lower lip with red veins. This orchid grows in forest edges and bedrock openings.

Spotted Coral-Root (*Corallorhiza maculata*) 6” to 12” high, June to July

Growing in boggy woods and swamps, Coral-Root orchids possess tangled roots that resemble the “branches” of coral. The generally pinkish-brown Coral-Root grows on leaf mold in woodlands. Pinkish purple stems with ten to forty small flowers clustered near the top of



the bare stalks. Petals are pink to purple with white lower lip spotted with purple.

Striped Coral-Root (*Corallorhiza striata*) 6” to 12” high, June to July

Striped Coral-Root is similar to Spotted Coral-Root but with purple to magenta stems and with petals that are striped instead of dotted.

Early Coral-Root (*Corallorhiza trifida*) 4” to 12” high, June to July

Erect greenish yellow stems support a cluster of five to fifteen small greenish yellow flowers. The lowest of the six “petals” is elongated into a white lip that is sometimes dotted with purple.

Indian Pipe (*Monotropa uniflora*) 3” to 10” high, June to August

Almost luminous against the dark forest floor, Indian Pipe flowers resemble waxy white erect smoking pipes. The open five-petaled flowers nod downward above a stem with alternate white “leaves”. Indian Pipe is also known as Ghost Flower, Corpse Plant, Convulsion Weed, Fairy Smoke, Dutchman's Pipe, Wax Plant, and Ice Plant. A related plant with more than one flower per stem is the related Pine-sap (*Monotropaceae hypopitys*). Plants dry to a brownish black after blooming or when picked.

Orchids of the North Woods are either saprophytes or “terrestrial”. Most fungi and a few flowering plants, such as Indian Pipe and some orchids like Coral-Root Orchid act as saprophytes, obtaining nutrients from dead and dying organic matter, with assistance from mycorrhizal fungi described in earlier columns. Saprophytes have no leaves and no chlorophyll. “Terrestrial” orchids like *Calypso* or Ram's-Head Lady-Slipper Orchids have one or more leaves and chlorophyll; while still relying on mycorrhizal fungi for deriving nutrients

from the soil. Chlorophyll is necessary for photosynthesis (the manufacture of carbohydrates, sugars and starches, through the action of the sun or light on carbon dioxide and water). Because of the complex relationship between orchids or Indian Pipe and the mycorrhizal fungi; these plants are difficult if not impossible to transplant. Thus, it's critical for visitors to observe and appreciate these plants in their natural habitat or to collect illustrations or photographs as records of these treasures.

Sources:

Wildflowers of the BWCA and the North Shore, Mark Sparky Stensaas and Rick Kollath, Kollath+Stensaas Publishing, Duluth, 2003

Northland Wildflowers, The Comprehensive Guide to the Minnesota Region, John B. and Evelyn W. Moyle, photographs by John Gregor, University of Minnesota Press, 2001.

Newcomb's Wildflower Guide, Lawrence Newcomb; Little, Brown, and Company, New York – Boston, 1977 – a plant key.

Canoe Country: Flora, Plants and Trees of the North Woods and Boundary Waters, Mark Stensaas, 2004

Northland Wildflowers, The Comprehensive Guide to the Minnesota Region, John B. Moyle and Evelyn W. Moyle, 2001

Island Life: An Isle Royale Nature Guide, Ted Gostomski and Janet Marr, 2007

Look down and search carefully... it will be worth your effort!

- Greg Lecker, U of M Extension Service Master Gardener, Minnesota Master Naturalist Volunteer



Youth & Schools

Bryn Mawr and Anwatin GEMS Shine at A Day at the Races!

On May 16, 23 Bryn Mawr GEMS (Girls in Engineering, Math and Science) raced CO2 cars they designed and built. The competition was held at Anwatin Middle School with 120 fourth-fifth grade and 80 six-eighth grade girls from Minneapolis and St. Paul participating.



Karissa Kier-Ficken from Mr. Dish-er's room (pictured above right) was named Overall Champion for the Elementary Division with her combined score for Design/Craftsmanship and Speed. She also won a ribbon for the fifth fastest speed in the head-to-head races. Merideth Jolstad from Ms. Ferster's room (above left) placed 10th in Design and Craftsmanship.

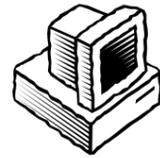
The Anwatin GEMS team also had a phenomenal showing at racing their CO2 Cars last Saturday, May

16th. Rhiannon Aldrich got a third place trophy for speed, and her car was in the final four in the head to head races. The GEMS "team car", concept by Becca Leys, won the first place trophy for Aesthetics and Design, and the Second Place Overall trophy for design and performance! team on their success!

Willy Wonka
Friday, June 5, 7:00 pm
Saturday, June 6, 7:00 pm
 Anwatin Middle School
 256 Upton Ave S, Minneapolis

The students of Anwatin Middle School and staff of Project SUCCESS are hard at work rehearsing for their spring musical, Roald Dahl's Willy Wonka. The play based on the book "Charlie and the Chocolate Factory" tells the story of an eccentric candymaker and his workers, the Oompa Loompas, who open their magical factory to five children who each find a golden ticket in a Wonka bar.

In addition to the 70 sixth, seventh and eighth graders in the cast, 20 students make up the technical and stage crew. The play runs 60-75 minutes long. Tickets will be available at the door 45-minutes prior to the show. So, come with them to a place of "Pure Imagination!"



From the Editor

I hope you all had a chance to do something exciting over Memorial Day weekend. I hung out with the Bryn Mawr Parent Teacher Association (PTA.) That may not sound like too much fun to you, but some of my best friends are people I met at PTA.

Most members of my book club were also part of the PTA back when our oldest child (now graduating from high school) was at Bryn Mawr Elementary. These were the ladies (with help from others - including a few gentlemen) who started the school carnival, book fair and other PTA standards.

Back then, we were raising a few thousand dollars a year for field trips and new books. Now the school needs things like copy paper, postage stamps, and basic operating supplies.

At this point, we are way beyond the bake sale. Tens of thousands of dollars are needed for programs that we think are essential. Nowadays, even instrumental music is considered a luxury.

Enter the current Bryn Mawr PTA: young, energized and on a mission to save the band. Their "Bail Out the Band" campaign has been raising money for the past couple months. My own trombone-toting fourth grader played music with an elementary ensemble at the garage sales and in front of Cuppa Java,

collecting donations and publicizing the big event last weekend.

Saturday was the "Shake it Like it's Hot" PTA party to raise money for the Bryn Mawr Band. Oh my goodness, did we have fun! There was dancing, "refreshments" and most importantly, music.

Three bands donated all their time to entertain the troops. I am not sure about all the local connections, but several of the musicians were friends of mine from Bryn Mawr. Deacon and Jenny Warner's performance with their band "Gone is Gone" included an original song titled something like, "Check out the PTA." Drummer extraordinaire, Martin Wolfe played with "Sterns County Pachenga Society" and Julian McFarlane joined them to sing a couple songs. The legendary Slim Dunlap capped off the evening. He brought with him a crew of talent that included a guy named Hazlett (I am told brother to Kevin of Bryn Mawr Coffee.)

Lee's Liquor Lounge donated the space and instead of a cover charge, collected donations at the door. Bryn Mawr teachers did several dollar dances and Paul Markert took amazing photographs.

Thanks to the community for coming out to "save the music", especially the Bryn Mawr PTA, both past and present.

- JoEllyn Jolstad bugle@bmna.org

Bryn Mawr Third Graders Go to College

On Tuesday, April 28th twenty-five lucky third graders got to go off to college! We boarded the city bus at Upton and Laurel and we were off. Just three transfers later we were walking on the beautiful Macalester College campus. Our host for the day was Mr. Ian Barker, the soccer coach at Macalester. Ian has been a guest soccer teacher for the past five years at Bryn Mawr. One day Ian just threw it out there that it would be great for the kids to see his college. Mrs. C and Ms. Chavez jumped on the opportunity.

In third grade throughout Minneapolis all children are given the message of: I know I can ...go to college. First, we had special readers/visitors read us a book about going to college and being prepared. We even got to have our own personal copy of the book. To



help make the message of the book seem more of a real possibility we decided to visit a college.

Macalester College is awesome! We met a number of people that work at the college. It's kind of like its own little town, they have everything right there on campus. We met professors, a nurse, the chaplain, a bunch of coaches and even Ian, boss! There were sure a lot of people interested in making our trip a success. Some of the interesting things that we saw were the round, glass chapel, the gift shop and mail service area, the science building with all sorts of cool things in it and a real live dorm room! The science hall has a bike with square wheels, dinosaur bones and some terrific crystal specimens. The dorm room was really interesting, but it was also sort of stinky! Next, we were treated to pizza, bottled water and the juiciest apples ever. Thanks Macalester College - lunch was great!

After lunch we got to go to tour the new Athletic complex. Oh my, our eyes were as big as saucers most of the day as we took in all the sights of this tremendous new area. There was the flag collage in the indoor track area. It was made from millions of tiny little pictures.

What a cool collage! We got to run around the track too! When we went through the weight room some of us got to try to lift up the



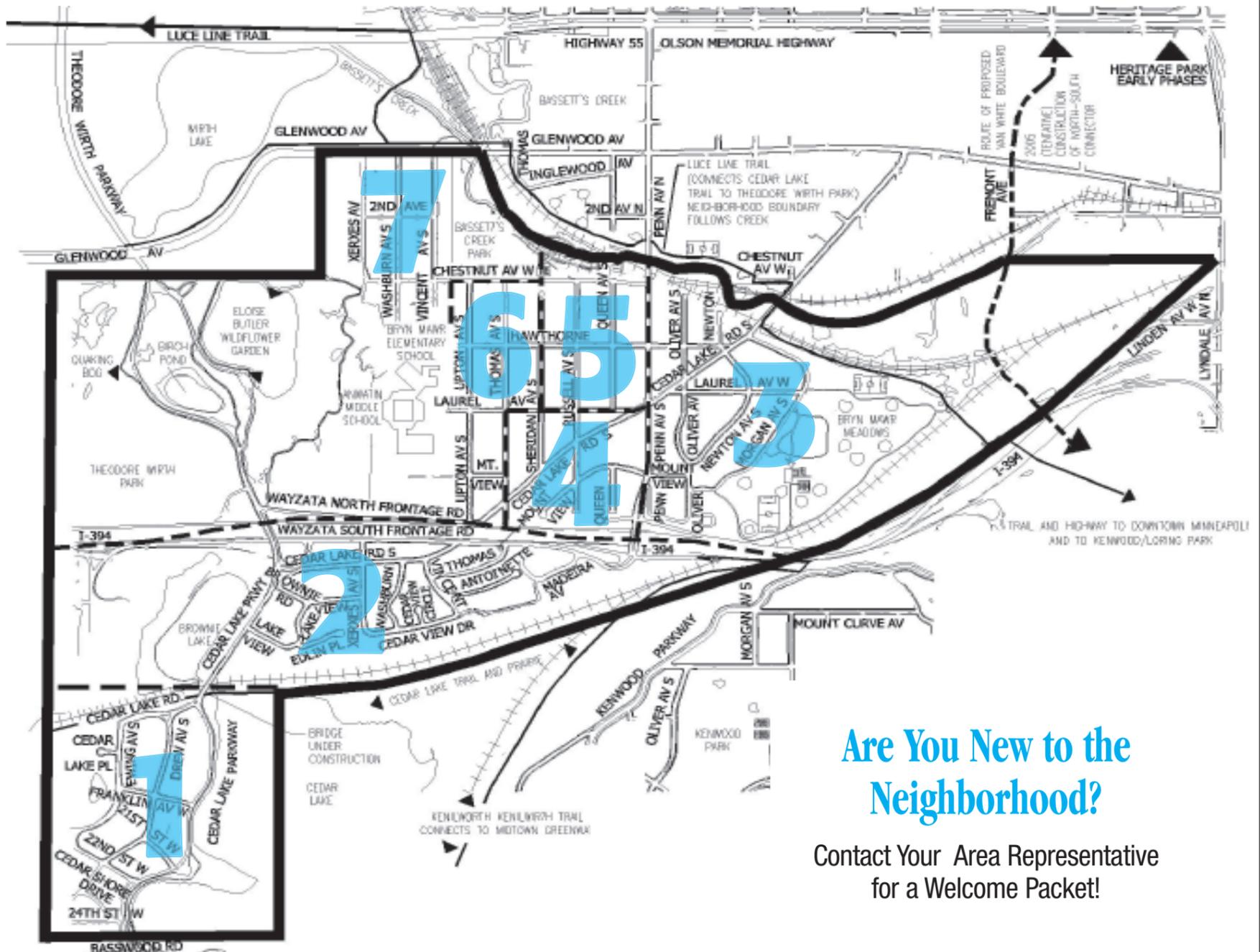
Mrs. Christenson's third grade class on their way to Macalester College.

weights. They have a 150 pound weight that even the college kids can't lift yet! We saw one of the soccer athletes jump from a standing position straight up about four feet and land on his two feet in a squatting position. That was a real show of "practice makes perfect". Another really awesome thing is their racquetball court. On the court you can play racquetball, handball and squash but here's the cool part - the squash court is a slightly different size so they have a movable wall! It was so fantastic!!! Toward the end of the day some of the soccer players came in and we got to read our

books together. That was really fun for everyone. Then with about ten minutes left we got to collect autographs from the players on their media brochure. At 2:20 we hopped on the first of four city buses that would take us back to Bryn . Our first day of college lasted 2 hours longer than our regular day but it was worth every extra minute we spent learning!

Here's what we know for sure - We all can go to college if we work hard enough and behave well enough. The future is ours and we plan on making the most of it!!!

- Mrs. C, Bryn Mawr School



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Distribution is free to Bryn Mawr residents; copies are also available at the Bryn Mawr Coffee Shop, the Bryn Mawr Market, Bryn Mawr Mobile and Cuppa Java. Subscriptions are \$21 per year. Letters must be signed and include a phone number. They are subject to editing. Please call the editor if you have questions about submitting material. Electronic submissions (CD or email) are preferred.

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