Saturnalia has been a great event in the past, with hundreds of neighbors joining the fun. We hope you’ll take time off from your holiday preparations, gather your family and friends, and come and enjoy Saturnalia together in Downtown Bryn Mawr.

These events are free and open to the public, and are brought to you by the Bryn Mawr Neighborhood Business Association. Volunteers are needed (for short shifts) - watch your e-mail for a notice or call Patty Wycoff to volunteer (612-377-4565). This annual Bryn Mawr tradition will be just one afternoon, so don’t miss out! The schedule will be (all times approximate):

4:00 to 5:00 p.m.
- Drum Corp will rock Cedar Lake Road.
- Caroling to raise funds for St. Anne’s Women’s Shelter in North Minneapolis (bring some spare change to donate for this great effort) Walk-on singers are welcome, or call Mindy at 377-0866 for more details.

4:00 to 6:00 p.m.
- s’mores, cider, and hot cocoa (while supplies last)

4:00 to 5:30 p.m.
- Santa drops in to visit with the children.

4:45 to 6:00 p.m.
- Horse-drawn hay rides to view the neighborhood holiday lights (departing every 15-20 minutes)

5:00 to 6:30 p.m.
- Face painting in Cuppa Java.

8:00 to 10:00 p.m.
- Party hearty at Cuppa Java (adults only), featuring live music. Drinks may be purchased on site, and you are welcome to bring your own bottle.

Saturnalia Wagon Rides & Road Closure

Saturday, December 12 is Saturnalia 2009 in Downtown Bryn Mawr. Please note that on this day, Cedar Lake Road from Laurel Avenue West to Russell Avenue South will be closed to through traffic from 3 PM to 6:30 PM. Barricades and safety cones will be placed at each end of the street so that emergency vehicles and the hay wagon can pass through.

We ask residents who live on this street for their understanding and to please enter and leave the roadway by the west end (the Russell Avenue entry rather than the Laurel Avenue entry).

We ask residents and businesses located within a few blocks of Downtown Bryn Mawr (in other words, within a few blocks of Bryn Mawr Presbyterian Church) to please turn porch or holiday lights on!

Also, we ask for supervision of children riding the hay wagon. Children may not climb on or off the wagon while the wagon is moving. Doing so is very dangerous and may result in injury.

Thank You!
BRYN MAWR NEIGHBORHOOD BUSINESS ASSOCIATION

Please Note:
NO BUGLE IN JANUARY.
Next issue is February 2010.

Bryn Mawr’s
Saturnalia
December 12, 2009
Sponsored by the Bryn Mawr Neighborhood Business Association

Bryn Mawr’s Project Starfish: Caroling to Help the Homeless on Saturnalia

Come join us caroling on Saturnalia - Sat. Dec. 12th at 4pm in front of Cuppa Java. We will sing and collect donations for St. Anne’s Place Women’s Shelter in North Minneapolis. Children are welcome. If you aren’t able to join us, but would like to donate, look for the collection jar in Cuppa Java during the month of December. Please give generously, as the need this year is greater than ever. See you on Dec. 12th!

- Mindy Macy, Area 6

4:00 to 5:30 p.m.
- Santa drops in to visit with the children.
4:45 to 6:00 p.m.
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BMNA Minutes

November 10, 2009

Present: Marlin Posselh, President, Ben Horn, Co-Treasurer, Adam Maki, Co-Treasurer, Dave Holtes, Area 1; Greg Froehle, Area 1; Lynda Shaheen, Area 2; Susan Verrett, Area 2; Jessica Wiley, Area 3; Chris Elz, Area 4, Dave Logsdon, Area 5, Jay Peterson, Area 6, Barry Shade, Area 6; Steve Harvey, Area 7; JoEllyn Jolstad, Bugle editor/Community Schools Liaison, Scott McLaughlin, NRP chair.

Guests in attendance: Lisa Goodman, City Council rep, Claudia Egelhoff, Area 4; Dylan Thomas, Southwest Journal; Lois and Bruce Berry, Area 5.

Call to order and introductions
The meeting was called to order at 7:03 in the Bryn Mawr Elementary Cafeteria. A quorum was present.

Introductions made. Andrew Kraling is the proud father of a new baby Bryn Mawrian.

Approval of consent
Approved with additions to the agenda:

Moved by Jay, second by Barry.

City Updates - City Council-Member Lisa Goodman
- City hall was closed for Veterans Day.
- Lowry Hill property tax meeting. Property Tax 101-November 17.
- November 19 city will have their own version of a truth in taxation meeting.
- No Lunch with Lisa in December.
- Citizens can follow pandemic planning process for H1N1 at http://www.flu.gov.
- Bryn Mawr had one of the highest voting rates in the city.
- Discussed leaf removal issues and the monitoring of youth under 21.
- Discussed having a main dish provided - Harvest Dinner feedback; Dismissed.

Volunteers. Patty sent a written report. Bruce and Lois Berry will work with Cornwall on creating something that will be prominently featured in the BMNA with our logo.

BMNA Capital Projects

• The Energy Challenge
   Jessica reported that there will be an article wrapping up this endeavor in an upcoming Bugle. The Board thanked Tracy and Becca for the work they put into this somewhat frustrating project.

• Downtown improvement project—no report

• Ash Borer project
   Jessica reported that the inventory process is complete. We have door hangers to distribute to those that didn’t get them, Scott’s daughter volunteered to do this as a community project. Data collected and aggregated will be posted in the Bugle.

BMNA Secretaries

• Dave Holets is working on the Bugle is a great value - regular members who are interested, contact BMNA President, Marlin Posselh at 612-377-5662.

BMNA Members

• Hello, I am writing to let you know that the BMNA is looking for new members.

BMNA Special Projects

• JoEllyn Jolstad, bugle@bmna.org

BMNA Secretary Needed

The Bryn Mawr Neighborhood Association Board is seeking a volunteer to serve as the secretary. The secretary is a member of the BMNA Executive Board and is responsible for taking minutes at the monthly meetings which are held the second Wednesday each month. If you are interested, contact BMNA President, Marlin Posselh at 612-377-5662.

Adjourned at 8:46 PM

Submitted by Jessica Wiley, interim secretary.

From the Editor

My first year as editor of the Bugle was 2001. Even though I probably remarked in one of my early columns, about the turn of the century (after all, 2001 was the first year of the 21st century) I did not have the opportunity to write about what hits people at home, which is the need to write or say a new date.

The change from 1999 to 2000 was dramatic. I remember the books of checks with ‘99’, ‘00’, ‘01’ pre-printed for my convenience, which suddenly became rather cumbersome. Of course, that is back in the day when I actually wrote checks.

When a new decade begins (or actually the old one ends) and there is a marked change in digits, people remark on the passage of time. While I remember the 1900’s well, it seems like it has always been the 2000’s. Still, ten years is a milestone and popular culture will have to find a way to embrace the change. In 2009, our hyper-speed, cash card world of texting and abbreviations, we say “O’nume” and skip the two-thousand. Will the new year be known as “ten”, “one-O” or, perished the thought, “O’ten” which I have already heard people say.

Speaking of time passing, the current Bugle advertising rates have been in place for longer than my tenure. In fact the last time the ad rates were changed was August 1998. I think you would be hard pressed to find many things that cost the same today as they did twelve years ago. An ad in the Bugle is a good value - regular members, loyal, supportive readers - and now those ads will be included in the Bugle which is posted on our websites: bmna.org.

The Bugle had a great year. Content was way up, with lots of old favorites and new additions. It was our second “summer of color” courtesy of Mill City Farmer’s Market and Chris Elz revived the tradition of Area Reps writing “Bugle Notes”. However, despite all efforts to be lean and efficient, increased costs and decreased revenues have meant that the Bugle did not have the break-even year we had hoped for. This has necessitated a modest increase in ad rates for 2010.

I love our advertisers and none of this could be possible without them. I appreciate the readers who support those businesses and I am thankful for all the BMNA Boardmembers and other neighbors who have contributed articles and images to make this paper an interesting, informative connection to the community.

Luckily, the Bugle will continue to be sustained by the generosity of neighbors through contributions to the BMNA. (I hear a membership drive just around the corner!)
Burglary Update:

The rash of burglaries and auto break-ins reported in October in Bryn Mawr has, for now, subsided. After a relatively quiet spring and summer the number of burglaries in October jumped by 18, with an additional 16 car break-ins. These are the highest numbers of these wild fluctuations in the number of burglaries ever reported in a single month in over 8 years. The Minneapolis Police Department (MPD) responded with neighborhood Crime Alerts, more patrols in the areas, and how to address them. Call 673-2866 for more information.

Equally important is to know your neighbors and to call 911 to report suspicious behavior. The better you know your neighbors, the easier it is to distinguish between innocent and suspicious activity. The Minneapolis Police Department urges you to call 911 to report any suspicious activity.

Burglary and theft from auto are both largely crimes of opportunity. We can all do our part to keep our homes safe and secure.

Crime & Safety

Burglary Update: The rash of burglaries and auto break-ins reported in October in Bryn Mawr has, for now, subsided. After a relatively quiet spring and summer the number of burglaries in October jumped by 18, with an additional 16 car break-ins. These are the highest numbers of each of these crimes reported for one month in over 8 years. The Minneapolis Police Department (MPD) responded with neighborhood Crime Alerts, more patrols in Bryn Mawr, and increased suspicious person and vehicle stops.

So far in November, only one burglary has been reported and no thefts from auto have been reported. While this is definitely good news, these wild fluctuations in the numbers still point to the need for each of us to practice good home and auto security habits. Never leave anything of value in your car, and always lock it. Park in a garage when possible, and if it's necessary to park outdoors, try to choose a well-lighted area. Don't leave your garage door opener in plain sight in your car, especially if you have an attached garage. Always lock up when you leave the house (even for a minute), keep your ground floor windows closed.

Recycling

Bryn Mawr Recycling Schedule

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Use it up, wear it out, make it do, do without. Recycle.

Bryn Mawr Recycling Schedule

Elves and Sprites! Saturnalia Festival December 12, 2009

Spotlight on Business

by Sandy Hull

Looking to relieve some holiday stress? Do your New Year's resolutions include making time to re-energize, with focus on health and wellness? Bryn Mawr resident, Colin Snow is the Founder & Principal Instructor of Natural Step School of Tai Chi and Qigong that offers classes at the Sabes Jewish Community Center, The Movement Arts Center, Courage Center and through Community Education classes in the schools. Colin began his study of Tai Chi and Qigong at Britain's premiere Rising Dragon Tai Chi School in the 1980's when he was looking to relieve stress from his job as a special needs children. Colin began his study of Tai Chi by taking classes from one of the leading practitioners in Great Britain, and practiced his art on the playground at his school during the lunch hour and recess. It was not long before some of the children and staff at the school joined with him in these engaging and graceful movements. Colin continued to study to become a qualified teacher of Tai Chi, and lead his own classes as a teacher for Rising Dragon School. Fast forward to 2003, when Colin moved with his family to Bryn Mawr, and opened the Natural Step School of Tai Chi and Qigong.

Tai Chi and Qigong are techniques used for relieving stress, increasing energy flow through the body, improving balance and promoting wellness and a sense of well being. Colin combines both Tai Chi and Qigong methods in his classes as Qigong tends to use more symmetrical motions and less footwork than Tai Chi, so it is easier for beginners to master the moves and experience the beneficial effects connecting the mind and body in a harmonious flow. Both Tai Chi and Qigong originate from China, and are one of the most practiced exercise systems around the world, with approximately 180 million people practicing nearly every day. Tai Chi and Qigong can be practiced nearly anywhere there is a few feet of open space, as no special equipment or clothing is needed, you simply need a desire to spend a few minutes to calm the body and mind, and to slowly and gently move using the principles of this ancient Chinese tradition.

There are many benefits from learning the art of Tai Chi and Qigong and with a few minutes of regular daily practice, these exercise techniques will calm the mind, alleviate stress and anxiety, increase energy, improve circulation, facilitate the body's natural capacity for self healing, promote flexibility, enhance memory, improve mobility and balance, lift depression, and revitalize the body.

More and more physicians are recommending Tai Chi and Qigong to their patients who are battling chronic health conditions as a supplement to medical treatments in an effort to boost the patient's immune system, and restore health. People of all ages, health conditions, and physical abilities are able to participate as the soft gentle movements can be adapted to adjust to nearly any physical limitation caused by injury, disease or other disability.

Colin teaches classes around the Twin Cities, and has worked with the University of Minnesota, Cargill High Performance Leadership Group, Medtronic, and various schools, health clubs, hospitals, and community groups. Natural Step School of Tai Chi and Qigong is offering two complimentary classes early in the New Year on January 5th and January 7th from 7:00 PM – 8:00 PM at the Sabes Jewish Community Center, St Louis Park. You can find more information about classes from Colin's website, at www.naturalstep-taichi.com, or by calling Colin at 612.377.6469.

If you have an idea for an interesting neighborhood business to feature, call 612.605.3966 or email sandy@sandyhull.com.

Snowshoeing at Wirth Park

Saturday, December 26th

10:00am to 11:30am

Snowshoe through Wirth Park in an area that most people only see in summer. Watch for wildlife as you tramp through the snow. Snowshoes provided. Meet at the Wirth Beach parking lot on Glenwood Ave just east of Theodore Wirth Parkway.

Register at minneapolisparks.org or call 313-7725. $10
A Brief History of Our Parks
By Dave Katcha, Area 4
Bryn Mawr is a neighborhood surrounded by parks. Our relationship with the parks has been shaped by the personal and economic concerns of Bryn Mawr, the cities of Minneapolis and Golden Valley, and the Parks Department. Our three parks are Bassett’s Creek, Bryn Mawr Meadows and Theodore Wirth Park. This article will provide an overview of Bassett’s and the Meadow with additional information on the portion of Wirth Park adjacent to Bryn Mawr.

Our three parks share an unsavory past. Bassett’s Creek, our newest park, acquired in 1930 with land donated by the Fruen Family (Glenwood Springs) and 43 additional acres purchased in 1934, was essentially an industrial waste site. Theodore Wirth (park superintendent at the time) described the land as unsightly and unsanitary, vastly different from the first sylvan descriptions (late 1700) of the area that would become Bassett’s Creek Park. Bassett’s Creek’s greatest value, to some, was the high volume of water that could be diverted to Lakes Calhoun, Isles and Harriet, and Minnehaha Creek. The 1930’s saw the greatest improvements to the park. The creek was dredged, lagoons created, and a dam was built at the site of the Fruen Mill. A walk, or ride on the paths beside creek shows evidence of that work today.

Bryn Mawr Meadows was the land nobody wanted. Theodore Wirth in a 1928 report described the land as nearly worthless. The Oswald family tried to sell the city the land for $80,000 in 1910 and the park board paid $34,000 in 1911. Remember this was the area of Bryn Mawr that swallowed trains whole. Unsuccessful attempts were made to turn the Meadows into an equestrian center with polo fields along with various other improvements. And, in 1973 7000 yards of clay (a lot) were removed, more stable fill put down, creating the present-day ball and cricket fields.

Theodore Wirth Park is the largest of the Minneapolis parks with about 740 acres of land including 85 acres of water and 280 acres of golf courses. Wirth Park began, as Saratoga Park in 1899, became Glenwood Park in 1900, and Theodore Wirth Park in 1938. Theodore Wirth was superintendent of Minneapolis parks from 1906 until 1935. Wirth immigrated to the United States from Switzerland at the age of 25 in 1888. After a series of jobs working for park systems and private estates, primarily as a gardener, he was hired to be the superintendent of parks in Hartford, Connecticut. Wirth was hired by Charles Loring in 1905 and assumed the role of landscape architect as well as superintendent of the Minneapolis Parks.

Wirth reshaped the city’s lakeshores and built its parkways. He took a dim, and characteristically European, view of swampy land and shallow water. Wirth redefined the shorelines of nearly every city lake except Lake Harriet – and even there he proposed substantial redefinition of the lakeshore by building a peninsula into the lake to add visual appeal (2008, David Smith, Minneapolis Park Board). During his tenure, Minneapolis’s lakes and shores were converted to clear water and dry land, connecting some (e.g., Brownie and Cedar) by navigable channels. The channels served two purposes: recreation and water level maintenance courtesy of Bassett’s Creek, and eventually a pipeline from the Mississippi.

Wirth and Horace Cleveland (earlier park superintendent) had a plan that included a parkway surrounding Minneapolis. The Grand Rounds. This design is similar to the Emerald Necklace surrounding Boston and heavily influenced by Frederick Law Olmstead and the Rusicator movement of the late 18 and early 1900’s. The basic idea was a series of urban landscapes (parks) connected to where we live and work via Parkways, bringing nature into our everyday lives. Wirth and the Park Board acquired much of the land for Wirth Park in 1908 and 1909. Wirth Park was considered the most important, as it represented both the wilderness and the last link in the chain of parks.

Large tracts of “wild” land so close to the city and adjacent to the upscale community of Bryn Mawr gave rise to many ideas for their use. First and foremost was incorporating Keegan’s (now Wirth) Lake into the park. Keegan’s Lake was home to a number of camps or resorts that reinforced Bryn Mawr’s early designation as the “Wilds.” And, while Keegan’s Lake was little more than a swamp surrounded by haywdy houses it was acquired, dredged, sand trucked in, and Charles Loring had a waterfall (The Loring Cascade) constructed into the hillside next to the lake. The jumble of stones on the west side of Wirth Park by Wirth lake are all that is left of the Cascade. By 1917, and renamed Glenwood Lake, Keegan’s was a sparkling, family friendly spot.

The major portion of Wirth Park that abuts Bryn Mawr remains “natural.” While the Quaking Bog and Eloise Butler are unique and wonderful, our section of Wirth is the better for what it is not. This did not just happen. Forest fires, golf enthusiasts and entrepreneurs all had their eye on our woods. An aborted attempt to graze sheep, and the movement of the golf course idea to north of Olson Memorial Parkway, along with Wirth’s Swiss Chalet left us with “unspoiled” woodlands and a “beautiful sheet of water” named Birch Lake. Wirth Lake, however, followed a different path.

Wirth Lake became home to the Aqua Follies, a popular Aquataennial event. An Olympic swimming pool, complete with diving towers, was installed to showcase the water spectacle at the northeast end of the lake. A 6,000-seat grandstand filled with spectators twice daily throughout the Aquataennial. The Aqua Follies became a business unto itself and held similar shows in Seattle and Detroit. Headliners included Morton Downey Sr., Buster Crabbe, Rin Tin Tin and other stars of the era. Most of the swimmers came from Minnesota and several of the stars went on to bigger things. June Taylor took synchronized swimming and dancing to television, where they regularly appeared on the Jackie Gleason show. Today, nothing remains of the stage and pool. Management of parks and urban forests has moved from exploitation and the creation of contrived landscapes to the restoration maintenance of the original forest. Chemicals are no longer used to control “water weeds” and marshlands are returning to provide a natural process to clean lakes. Our section of Wirth Park is a popular place to walk oneself and/or the dog. The Parks department is working on restoring the oak savanna, removing invasive species of trees, combating oak wilt, etc. The open forest concept also serves to diminish some of the fear of the “wild” park. Thus, Wirth is coming into its own as a park.
The parks that surround us are a gift. When you read of the sorry state of the areas that became Winch, Bassett's and the Meadow you really appreciate the vision and effort that went into our parks. So if you are wondering what to do about that extra piece of pie: Take a walk in the park.

In February, I will bring us up to the late 70s and early 80s. Thank you to the Hennepin and Minnesota Historical Societies and Allan Hillesheim for their contributions to this article. For more details on our parks go to: www.minneapolisparks.org/

\[Image: Morton Downey Sr. Leads a rare mutinee in the Early 1940s.\]

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\[Image: Morton Downey Sr. Leads a rare mutinee in the Early 1940s.\]
HOURCAR, the Neighborhood Energy Connection’s car-sharing program, announces the launch of its 22nd shared vehicle in the Twin Cities. The car, a red 2010 Toyota Scion, is located in HOURCAR’s newest hub at the Anwatin School in the Bryn Mawr neighborhood of Minneapolis. This hub is sponsored by the Bryn Mawr Neighborhood Association (BMNA).

The Bryn Mawr HOURCAR arrives amid a flurry of community support. BMNA provided $10,000 from its Neighborhood Revitalization Program funds, which was matched with a grant to HOURCAR from the McKnight Foundation. Additional contributions totaling $1,950 came from local businesses and residents of Bryn Mawr.

HOURCAR has received support from many corporate, foundation, and university sponsors. However, this is the first time that such a robust and varied group of supporters have worked together to bring an HOURCAR to a new location. “It’s been wonderful to see the enthusiasm of Bryn Mawr residents for bringing HOURCAR to their neighborhood. This neighborhood really knows how to share, and we’re really excited to offer a new hub for residents to use,” says HOURCAR Program Manager Christopher Bineham.

To celebrate the launch of this new HOURCAR hub in Bryn Mawr, HOURCAR is offering waived individual application fees (a $50 value) to those who live or work in the Bryn Mawr & Harrison neighborhoods through December 31, 2009. From January 1, 2010 to March 31, 2010, residents and those who work in the Bryn Mawr and Harrison neighborhoods will receive half off the application fee when joining HOURCAR. To redeem either offer, residents should enter promotional code “BMHres09” on their online HOURCAR applications.

- Claudia Egelhoff, Area 4

SUPPORT THE BMNA!

NEW RATES FOR 2010, still some of the cheapest rates around!

Why don’t you advertise in the Bugle?!!

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<th>Ad Size</th>
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(Inserts must be printed by you, double or single-sided.)

Color Now Available!

Call for Details.

Ads are due the 20th of each month and should be camera-ready and paid in advance.

For more information contact Deryck (377-8968) djolstad@msn.com
For classified ads contact Carolyn Bastick (377-8457) cj0159@aol.com

Join the Fun!
Saturnalia Festival
Saturday, December 12th
in Downtown Bryn Mawr!

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<td>Schools Committee meeting, 7pm at Bryn Mawr Elementary</td>
<td>Budget and Fundraising Committee 7pm at Bryn Mawr Elementary, RM 136</td>
<td>Land Use Committee Meeting, 7pm at Bryn Mawr Elementary, RM 136</td>
<td>“Taste of Anwatin” Empty Bowls Project &amp; Craft Sale 4-9pm, Music Concert 7pm Anwatin Middle School 256 Upton Av S</td>
<td>“Taste of Anwatin” Empty Bowls Project &amp; Craft Sale 4-9pm, Music Concert 7pm Anwatin Middle School 256 Upton Av S</td>
<td>Saturnalia Festival, 4-7pm on Cedar Lake Road</td>
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| Saturday | |
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Thank you to all the neighbors who came out on October 29th for the annual BMNA Harvest Dinner. The food was great, the kids in costume were charming and once again a warm and friendly atmosphere filled the room. Congratulations to Melanie Goodwyne who brought the hot dish that was voted the favorite. Why not try it out with some leftover turkey? (The recipe courtesy of her mom, Norrie, follows.)

Preheat oven to 375 degrees. Microwave sliced celery and chopped onion for 2 minutes to soften (or sauté briefly in 1 tablespoon water). Lightly toast shelled almonds in skillet until caramel-colored - watch carefully so as not to burn. Combine all ingredients and pour into 2-quart uncovered casserole. Bake at 375 degrees for 30 - 40 minutes. Serves six.

I got this recipe from my mom, Lennore Bevis. I suppose it could be made with low fat cheese and mayo to lighten it up somewhat.

- Submitted by Melanie Goodwyne, Area 6

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Bryn Mawr Neighborhood Association Calendar - January 2010

All meetings are open - everyone is welcome. Neighbors are urged to attend and participate in meetings and activities of special interest to them.

Bryn Mawr Neighborhood Association and its committees meet at Bryn Mawr Elementary School during the school year (Winter Break December 21, 2009-January 1, 2010) unless otherwise noted.

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<td>Budget and Fundraising Committee 7pm at Bryn Mawr Elementary, RM 136</td>
<td>Land Use Committee Meeting, 7pm at Bryn Mawr Elementary, RM 136</td>
<td>BMNA monthly meeting, 7pm at Bryn Mawr Elementary, Cafeteria</td>
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The November column introduced the topic of mosses and considered several species. This column explores ecology and reproduction of mosses as well as the topic of clubmosses.

Mosses and water share a close relationship. In a forest, little rain that falls actually directly reaches the ground. Plant leaves and twigs and bark intercepts rain drops. Rain running over surfaces collects sediments and nutrients that eventually reach the forest floor and feed tree roots in the soil. Mosses slow down the flow of water whether across surfaces of the tree bark or along the soil itself. Mosses keep the soil moist for the trees and for other plants. The more mosses, the greater the humidity...the more humidity, the more mosses.

Mosses are an indicator of air quality. Why? Mosses rely on water for their survival and rejuvenation. Grasses, shrubs, and trees have their roots making up many layers and shedding a waxy coating that resists water absorption and moisture loss. These higher plants also have systems of xylem and phloem that transport water and nutrients throughout the plant. Lacking these conductive vessels, roots, and protective coatings, mosses absorb water and nutrients directly through their leaves. Mosses are one cell or a few cells thick, and without coatings, are in direct contact with the atmosphere. It’s no secret that North Shore air is cleaner than the air in the Twin Cities. Acid rain resulting from air pollution directly impacts moss leaves and their general health. Sulfur Dioxide (from power plant emissions) plus water forms mild sulphurous acid. Nitrous Oxide (from vehicle exhaust) plus water forms mild nitric acid. Nitrous Oxide (from vehicule exhaust) plus water forms mild nitric acid.

Mosses do not have roots but rather tiny hair-like anchoring structures called rhizoids that attach them to soil, rock, or tree bark. Without granting mosses roots, nature has conferred upon mosses the ability to survive long dry periods better than most higher plants. Mosses act as sponges—wicking moisture across many open spaces between small leaves.

Forest disturbance can be a good thing. It can open a forest created by the felled tree increases light and reduces competition for mosses and clubmosses to colonize the site. Scientists have formulated what is termed the Intermediate Disturbance Hypothesis: “Diversity of species is highest when disturbance occurs at an interval (of time) between the extremes. If too frequent the disturbance, only the hardest species survive. In the absence of disturbance, complex competitors—like the monoculture Sugar Maple forest, grow to dominate the area.”

Mosses do not flower, but instead produce spores like ferns. Mosses reproduce by microscopic spores as well as by growing from small pieces of stems and leaves. These two methods are known respectively as sexual reproduction and asexual reproduction. It is thought that within a moss colony, crowding resulting from continued cloning reproduction triggers sexual reproduction so as to enable widespread scattering of its offspring. Sexual reproduction introduces new combinations of the parent’s genes, though only one half of each parent’s genes are passed on. Consistent habitat and surroundings encourage vegetative reproduction or cloning. Changing habitats confer advantage to sexual reproduction.

Clubmosses

Unlike mosses, clubmosses are vascular plants—meaning that they have mechanical and conducting tissues that provide height and strength. Xylem and phloem are vessels to transport water and nutrients throughout the plant. Xylem is the principal pathway for water and nutrients conducted from the soil to the top of the plant. Phloem conducts downward the organic substances produced by the leaves of the plant. In addition to these functions, xylem and phloem vessels provide mechanical support. In addition, clubmosses have creeping roots that anchor clubmosses to the forest floor.

With horsetail rushes, clubmosses are considered to be allies of ferns because all these three types of plants produce spores rather than seeds and flowers. Fossil analysis dates the origin of clubmosses to three hundred million years ago when clubmosses, giant horsetails and tree ferns grow prolifically.

Spores are the typical means of club moss asexual reproduction. Atop many years by the end of a tan club-shaped “strobilus” opens to distribute spores. Clubmosses produce spores in late summer or early fall. The powdery, dust-like spores of clubmosses were used as coatings to keep pills dry, skin powder, and in photographic fabrics and fire works (as they give off a small explosion when ignited).

Within the Clubmoss family, one genus, Lycopodium, contains more than one hundred species found throughout the world. With common names that can be applied to many different species. Four or five species of evergreen clubmosses are found in northern Minnesota. Tree Clubmoss, Ground Pine (Lycopodiadelphus), resembles a small, thickly branched pine tree seedling with thin upright cones. Growing in damp open woods, usually along edges of wet woodlands, the horizontal stems are creeping and branching deeply below ground. Upright stems are up to 12" tall, erect, growing from intervals along the underground stem. Upright stem branches and sub-branches grow from a single stem. Leaves are 1" long, narrow, lance-shaped, sharply pointed. Strobilus is 1-1/2’ long and found atop the branches.

Stiff Clubmoss, Brissy Clubmoss or Interrupted Clubmoss (Lycopodium annotinum)

Stiff and prickly, light to dark green, Brissy Clubmoss grows in moist woods and cool damp and shaded woodlands. The generally leaf-less horizontal stems are surface running, often under surface leaf duff layer, branching and rooting at intervals. Upright and straight, the clubmoss sports resemble miniature bottle brushes. Stems are 6" long, single, or single-branched or twice-branched, not uniform in height, bristy-leaved. Leaves are arranged in rows (ranks) along upright stems in whors, spirals or opposite in ascending rows. Leaves are 1/5" long plus or minus, narrow, lance-shaped with very sharp pointed tip and narrow base. Strobilus is slim and pointed, 1-1/2" long, yellowish, atop very short stems.

Shining Clubmoss (Lycopodium lucidulum) Resembles Brissy Clubmoss, Shining Clubmoss grows more crookedly and does not form “clubs.” Rather spores are produced in another stem tip structure.

Running Staghorn Clubmoss or Wolf’s Club Moss (Lycopodium clavatum), It is also known as: Running Clubmoss by John Green, or Foxtail Clubmoss, or Robin Hood’s Hat, Forks and Knives, Common Clubmoss, Running Clubmoss, Running Pine. Running Moss Staghorn Clubmoss is densely leaved with upright branching stems that resemble deer horns. Like other clubmosses, this evergreen trailing green was once used for Christmas decorations. It is found in northern coniferous forests in open woodlands, along rocky slopes, particularly in pine woodlands with loose, acidic soil. Horizontal stems are surface running for many feet and sometimes many yards, rooting at intervals. The upright stems are high, densely leafy, branching into forks. Leaves are 1 1/2" or less in length, narrow and tapering. The spore producing extensions, strobilus, are 5" long, formed singly or in multiples, born on slender stems 6” above ends of Staghorn upright stems.

Sources:

Let these small evergreen plants teach you how to appreciate the little things in life...it will be worth your effort!

—Greg Lecker, U of M Extension Service Master Gardener, Minnesota Master Naturalist Volunteer
Youth & Schools

CORRECTION: High School Placements

Last month the Bugle mistakenly reported that next year, all high school students will be grand-fathered and continue to receive transportation to the school they currently attend. This only applies to students who attend a school in their attendance zone or a citywide magnet program. We apologize for any confusion our report may have caused.

If you have questions about your child’s school options, please contact the Student Placement Center at 668-1840. Bilingual families can call 668-3700.

- JoEllyn Jolstad

Family Open Gym Night:

Tuesdays, 6-8pm

As the weather gets colder, getting enough physical activity is more difficult. To help families get enough exercise, which will help students learn better, the large gym at Bryn Mawr Elementary will be open on Tuesday nights now until Spring Break from 6-8 pm. Activities in the gym will vary depending on the number and wishes of the people there. (Note: no Gym Night during Winter Break, Dec. 22 and 29.)

Come and play with other Bryn Mawr families. Children must be supervised by a caregiver. Please contact Kristin Markert (612) 381-0563) or JoEllyn Jolstad or to schedule a tour, 612.668.2508 or joellyn.jolstad@mpls.k12.mn.us

Emerson Spanish Immersion K-5 program move to Bryn Mawr is postponed

At the school board meeting on November 10, 2009, Deputy Superintendent Bernadea Johnson recommended to the school board that the Emerson K-5 program remain at the current Emerson site for the 2010-2011 school year. Postponing the move of the K-5 program will allow the Emerson, Windom, Bryn Mawr and Anwatin communities and district staff to evaluate the space as well as focus on strengthening the K-5 and developing the Dual Immersion IB 6-8 instructional programs.

The Emerson 6-8 program will move to the Anwatin building for the 2010-2011 school year as previously approved by the board. The Anwatin site will serve Spanish Dual Immersion students from Windom and Emerson entering middle school and community school students from Bryn Mawr and Bethune schools entering sixth grade. Current Anwatin 6th and 7th grade students will also remain at the school until they complete 8th grade.

Emerson and Windom students will have the opportunity to continue their Dual Immersion education with an International Baccalaureate (IB) focus. An academic team is in the process of developing a strong IB-Dual Immersion program with the help of current Emerson, Windom, Bryn Mawr and Anwatin teachers, staff and parents as well as Paula Palmer, MPS IB Coordinator.

What does this mean?
- Park View Montessori will close after this school year.
- Bryn Mawr Elementary school will remain intact as our K-5 Community School.
- The plan currently is for Emerson K-5 to share the Bryn Mawr site beginning in September 2011.
- Anwatin will transition to an international baccalaureate dual immersion middle school serving our neighborhhood and the Spanish immersion schools.
- Lynda Shabeen, BMNA Schools Committee Cohost

NRP Funds approved to replace vandalized playground equipment

The BMNA Schools committee voted and the BMNA Board approved at its November 11 meeting to use $5906.00 of our NRP funds to replace two school playground slides that were vandalized.

It's School Choice Time!

Why not “go local” and check out the neighborhood schools?

To schedule a tour call: Bryn Mawr Elementary
PreK-5
612-668-2508
Anwatin IB Middle School
612-668-2478

Third Annual “Empty Bowls Project” at Anwatin Middle School

For the third year in a row, the Anwatin Community Service Team (CST) is raising money and awareness to try and eliminate hunger locally and around the world. As part of the CST elective, eighth graders and students with developmental and cognitive delays work together on service learning projects. For Empty Bowls they assisted each other in making bowls and doing research on hunger.

The students of Anwatin invite the community to support this effort by coming to “Taste of Anwatin Community Night”, Thursday, December 3rd, 2009, 4-30-9:00 pm at Anwatin Middle School, 256 Upton Av S. At the event, people can purchase a variety of tasty ethnic foods. Empty, student-made ceramic bowls will also be on sale alongside information about hunger to remind us of the many people who go hungry each day. The bowls make thoughtful gifts for the community-minded people on your list. Food and bowl proceeds will go to Branch I Food shelf in south Minneapolis. At 6:50 there will be a Hunger Awareness presentation in the auditorium followed by a Band and Choir concert at 7:00p.m. There will also be a Community Art and Craft Sale in the media center with a wide variety of artisans and their wares. Hope to see you December 3rd!

- Colette Kruc, Anwatin Teacher

You are invited to be part of

A Taste of Anwatin Community Night

Thursday, December 3, 2009
4:30-9:00 pm

Support!

Be a part of the “Empty Bowls Project” to raise awareness about and help eliminate hunger at home and around the world.

Proceeds from all sales benefit Branch I food shelf in south Minneapolis.

- Purchase a student-created ceramic bowl for $10.
- Buy popcorn and traditional ethnic foods.
- View student displays and pamphlets.
- Hunger awareness slideshow at 6:50 pm in the Auditorium

Shop!

Beautiful Arts & Crafts for sale 4:30-9:00 pm in the Media Center. Student work and community artists. Unique items for yourself or gifts, including yummy baked goods!

Enjoy!

Music Concert 7-8 pm in the Auditorium, featuring the 6th, 7th & 8th grade bands, choir and jazz band.

City of Minneapolis Curfews

Under 12:
Sun-Thurs 9 pm, Fri-Sat 10 pm.

Ages 12-14:
Sun-Thurs 10 pm, Fri-Sat 11 pm,

Age 15-17:
Sun-Thurs 11 pm, Fri-Sat 12 midnight
The Bryn Mawr Bugle is the official newsletter of the Bryn Mawr Neighborhood Association (BMNA) and is published every month, except January. Distribution is free to Bryn Mawr residents; copies are also available at the Bryn Mawr Coffee Shop, the Bryn Mawr Market, Bryn Mawr Mobile and Cuppa Java. Subscriptions are $21 per year. Letters must be signed and include a phone number. They are subject to editing. Please call the editor if you have questions about submitting material. Electronic submissions (CD or email) are preferred.

Copy deadline for the February issue is January 20!

Display Ads are due January 20. Ads must be pre-paid & camera ready. Call Deryck Jolstad at (612) 377-8988 or djolstad@msn.com for rates.

Are You New to the Neighborhood?

Contact Your Area Representative for a Welcome Packet!