



# BRYN MAWR BUGLE

Published by the Bryn Mawr Neighborhood Association

December 2009



## Bryn Mawr's Saturnalia

### December 12, 2009

Sponsored by the Bryn Mawr Neighborhood Business Association

**S**aturnalia has been a great event in the past, with hundreds of neighbors joining the fun. We hope you'll take time off from your holiday preparations, gather your family and friends, and come and enjoy Saturnalia together in Downtown Bryn Mawr.

These events are free and open to the public, and are brought to you by the Bryn Mawr Neighborhood Business Association. Volunteers are needed (for short shifts) - watch your e-mail for a notice or call Patty Wycoff to volunteer (612-377-4565).

This annual Bryn Mawr tradition will be just one afternoon, so don't miss out! The schedule will be (all times approximate):

**4:00 to 5:00 p.m.**

- Drum Corp will rock Cedar Lake Road.
- Caroling to raise funds for St. Anne's Women's Shelter in North Minneapolis (bring some spare change to donate for this great effort!) Walk-on singers are welcome, or call Mindy at 377-0866 for more details.

**4:00 to 6:00 p.m.**

- s'mores, cider, and hot cocoa (while supplies last)

**4:00 to 5:30 p.m.**

- Santa drops in to visit with the children.

**4:45 to 6:00 p.m.**

- Horse-drawn hay rides to view the neighborhood holiday lights (departing every 15-20 minutes) .

**5:00 to 6:30 p.m.**

Face painting in Cuppa Java.

**8:00 to 10:00 p.m.**

- Party hearty at Cuppa Java (adults only), featuring live music. Drinks may be purchased on site, and you are welcome to bring your own bottle.

## Bryn Mawr's Project Starfish: Caroling to Help the Homeless on Saturnalia



**C**ome join us caroling on Saturnalia - Sat. Dec. 12th at 4pm in front of Cuppa Java. We will sing and collect donations for St. Anne's Place Women's Shelter in North Minneapolis. Children are welcome.

If you aren't able to join us, but would like to donate, look for the collection jar in Cuppa Java during the month of December. Please give generously, as the need this year is greater than ever.

See you on Dec. 12th!

- Mindy Macy, Area 6

## Saturnalia Wagon Rides & Road Closure

**S**aturday, December 12 is Saturnalia 2009 in Downtown Bryn Mawr. Please note that on this day, Cedar Lake Road from Laurel Avenue West to Russell Avenue South will be closed to through traffic from 3 PM to 6:30 PM. Barricades and safety cones will be placed at each end of the street so that emergency vehicles and the hay wagon can pass through.

\*\*\*\*\*  
We ask residents who live on this street for their understanding and to please enter and leave the roadway by the west end (the Russell Avenue entry rather than the Laurel Avenue entry).  
\*\*\*\*\*

We ask residents and businesses located within a few blocks of Downtown Bryn Mawr (in other words, within a few blocks of Bryn Mawr Presbyterian Church) to please turn porch or holiday lights on!  
\*\*\*\*\*

Also, we ask for supervision of children riding the hay wagon. Children may not climb on or off the wagon while the wagon is moving. Doing so is very dangerous and may result in injury.  
\*\*\*\*\*

Thank You!

BRYN MAWR NEIGHBORHOOD BUSINESS ASSOCIATION

**Please Note:**  
**NO BUGLE IN JANUARY.**  
Next issue is February 2010.



# BMNA Reporter

BMNA Minutes  
November 11, 2009

Present: Marlin Possehl, President; Ben Horn, Co-Treasurer, Adam Maki, Co-Treasurer; Dave Holets, Area 1; Greg Froehle, Area 1; Lynda Shaheen, Area 2; Susan Verrett, Area 2; Jessica Wiley, Area 3; Chris Etz, Area 4; Dave Logsdon, Area 5; Jay Peterson, Area 6; Barry Shade, Area 6; Steve Harvey, Area 7; JoEllyn Jolstad, Bugle editor/Community Schools Liaison; Scott McLaughlin, NRP chair,

Guests in attendance: Lisa Goodman, City Council rep; Claudia Egelhoff, Area 4; Dylan Thomas, Southwest Journal; Lois and Bruce Berry, Area 3

## Call to order and introductions

The meeting was called to order at 7:03 in the Bryn Mawr Elementary Cafeteria. A quorum was present. Introductions made. Andrew Kraling is the proud father of a new baby Bryn Mawrian.

## Approval of consent

Approved with additions to the agenda,  
Moved by Jay, second by Barry.

## City Updates- City Council-Member Lisa Goodman

- City hall was closed for Veterans Day.
- Lowry Hill property tax meeting: Property Tax 101-November 17.
- November 19 city will have their own version of a truth in taxation meeting.
- No Lunch with Lisa in December.
- Citizens can follow pandemic planning process for H1N1 at <http://www.flu.gov>
- Bryn Mawr had one of the highest voting rates in the city.
- Discussed leaf removal issues and the monitoring of youth under 21 years old participating in the bar scene.

## Neighborhood Coordinator Update-

Patty sent a written report. Bruce and Lois Berry have offered to help with welcome packets. Saturnalia is Dec 12; will need volunteers.  
- BMNA membership drive is approaching.  
- Harvest Dinner feedback; discussed having a main dish provided by the board to supplement the dishes brought for tasting.

## Hour Car Update

Congratulated Claudia on securing the Hour Car for the neighborhood. It's a Toyota Scion, 4-door hatchback. Will be here next week. Passed out Hour Car basics. Marketing will be done; \$50 membership fee will be dropped as part of initial marketing. Sticker on the back should read Bryn Mawr Neighbor-

hood Association with our logo. Should be prominently featured in the December Bugle.

## Land Use Committee Follow-up-Jay Peterson

Jay distributed a draft of the Land Use Committee (LUC) proposal articulating the review process for those planning to improve their property and seeking a land use change requiring City approval. The process articulates the role of the LUC and the steps that will be taken when an applicant notifies the committee they are seeking a land use change. Jay moved acceptance of this document as official notice from the BMNA for anyone going through the city land use process. Second by Barry. Discussion whether it should be included in the document that while our recommendation is not binding, it could have an impact on the city's decision.

## Redistricting Discussion - Barry Shade

Barry proposed that we develop a strategy for holding constructive conversations about redistricting decisions that could affect our neighborhood in the future. This includes both political redistricting and school boundary changes. Barry moved adoption of the resolution. Second by Dave. It was suggested that we conduct research on redistricting—who is involved, what timeframe is followed, what's the process. Barry will organize a working group to begin planning this. Chris, Jay, Steve, Jessica, and Scott volunteered to be on the working group.

## BMNA Capital Projects

- **The Energy Challenge**  
Jessica reported that there will be an article wrapping up this endeavor in an upcoming Bugle. The Board thanked Tracy and Becca for the work they put into this somewhat frustrating project.
- **Downtown improvement project—no report**
- **Ash Borer project**  
Jessica reported that the inventory process is complete. We have door hangers to distribute to those that didn't get them; Scott's daughter volunteered to do this as a community project. Data collected and aggregated will be posted in the Bugle.

## Committee Reports

- **Land use- no variance requests**
- **Traffic-no report**
- **Parks and Rec-no report**
- **Schools Committee-Lynda Shaheen**  
- Replacing the vandalized slides will cost \$5906 Lynda moved that the BMNA support the school committee recommendation to use NRP dollars to replace two damaged slides; the plastic slides will be replaced with metal slides.  
- Committee will meet with Vida Ditter on Monday, December 7, as requested in October.  
- School asked about painting crosswalks at Penn and Cedar Lake road. Scott is exploring this.

- Minneapolis School Board voted to hold off moving Emerson K - 5 to Bryn Mawr until 2012. Park View will close. Bryn Mawr will remain a K-5. The school community is asking for additional High-Five (pre-school) classrooms.

### • Bugle Report

- Had a volunteer for the Bugle review committee who is an editor.  
- JoEllyn reported on ad revenues. Will be getting a hard copy report on the ads sold, etc each month.

### • BFR-no report

## Treasurers Report

Copies of profit, loss, and balance sheet available. Will bring hard copies two or three times a year to the Board meeting. Discussion of membership drive coming up. Draft of materials will be available at our December meeting.

## Reports from BMNA Reps to Affiliated groups-

- BCV-ROC— no report
- SWLRT-

Barry reported. Actions are taking the path we supported. The citizen advisory committee is regrouping. Local planner recommended the Kenilworth route; talking about a trolley route for the Greenway.

### • CL Parks-no report

## Discussion Items and Announcements

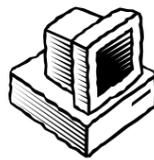
- Board members were asked to sign the conflict of interest document (done each year)
- Dave Holets is working on the website—new information is up today.
- Discussed what should/could be included in a welcome packet. Bruce and Lois Berry will work with Patty on creating something that will be timeless.

## Adjourned at 8:46 PM

Submitted by Jessica Wiley, interim secretary.

## BMNA Secretary Needed

The Bryn Mawr Neighborhood Association Board is seeking a volunteer to serve as the secretary. The secretary is a member of the BMNA Executive Board and is responsible for taking minutes at the monthly meetings which are held the second Wednesday each month. If you are interested, contact BMNA President, Marlin Possehl at 612-377-5662.



## From the Editor

My first year as editor of the Bugle was 2001. Even though I probably remarked in one of my early columns, about the turn of the century (after all, 2001 was the first year of the 21st century) I did not have the opportunity to write about what hits people at home, which is the need to write or say a new date.

The change from 1999 to 2000 was dramatic. I remember the books of checks with "19\_\_\_\_" pre-printed for my convenience, which suddenly became rather cumbersome. Of course, that is back in the day when I actually wrote checks.

When a new decade begins (or actually the old one ends) and there is a marked change in digits, people remark on the passage of time. While I remember the 1900's well, it seems like it has always been the 2000's. Still, ten years is a milestone and popular culture will have to find a way to embrace the change.

In 2009, our hyper-speed, cash card world of texting and abbreviations, we say "O-nine" and skip the two-thousand. Will the new year be known as "ten", "one-O" or, perish the thought, "O-ten" which I have already heard people say.

Speaking of time passing, the current Bugle advertising rates have been in place for longer than my tenure. In fact the last time the ad rates were changed was August

1998. I think you would be hard pressed to find many things that cost the same today as they did twelve years ago. An ad in the Bugle is a great value - regular issues, loyal, supportive readers - and now those ads will be included in the Bugle which is posted on our website: [bmna.org](http://bmna.org).

The Bugle had a great year. Content was way up, with lots of old favorites and new additions. It was our second "summer of color" courtesy of Mill City Farmer's Market and Chris Etz revived the tradition of Area Reps writing "Bugle Notes".

However, despite all efforts to be lean and efficient, increased costs and decreased revenues have meant that the Bugle did not have the break-even year we had hoped for. This has necessitated a modest increase in ad rates for 2010.

I love our advertisers and none of this could be possible without them. I appreciate the readers who support those businesses and I am thankful for all the BMNA Boardmembers and other neighbors who have contributed articles and images to make this paper an interesting, informative connection to the community.

Luckily, the Bugle will continue to be sustained by the generosity of neighbors through contributions to the BMNA. (I hear a membership drive just around the corner!)

- JoEllyn Jolstad, [bugle@bmna.org](mailto:bugle@bmna.org)



# Recycling

www.ci.minneapolis.mn.us  
/solid-waste  
(612) 673-2917

## Bryn Mawr Recycling Schedule

	Monday	Tuesday
<b>Area 1</b>	<b>December 14</b> <b>December 28</b> <b>January 11</b> <b>January 25</b>	
<b>Areas 4W, 5W, 6, 7</b>	<b>December 7</b> <b>December 21</b> <b>January 4</b> <b>January 18</b>	
<b>Areas 2, 3, 4E, 5E</b>		<b>December 8</b> <b>December 22</b> <b>January 5</b> <b>January 19</b>
<b>Use it up, wear it out, make it do, do without. Recycle.</b>		



# Spotlight on Business

by Sandy Hull

Looking to relieve some holiday stress? Do your New Year's resolutions include making time to re-energize, with focus on health and wellness? Bryn Mawr resident, Colin Snow is the Founder & Principal Instructor of Natural Step School of Tai Chi and Qigong that offers classes at the Sabes Jewish Community Center, The Movement Arts Center, Courage Center and through Community Education classes in the schools. Colin began his study of Tai Chi and Qigong at Britain's premier Rising Dragon Tai Chi School in the 1980's when he was looking to relieve stress from his job as a teacher for special needs children. Colin began his study of Tai Chi by taking classes from one of the leading practitioners in Great Britain, and practiced his art on the playground at his school during the lunch hour and recess. It was not long before some of the children and staff at the school joined with him in these engaging and graceful movements. Colin continued to study to become a qualified teacher of Tai Chi, and lead his own classes as a teacher for Rising Dragon School. Fast forward to 2003, when Colin moved with his family to Bryn Mawr, and opened the Natural Step School of Tai Chi and Qigong.

Tai Chi and Qigong are techniques used for relieving stress, increasing energy flow through the body, improving balance and promoting wellness and a sense of well being. Colin combines both Tai Chi and Qigong methods in his classes as Qigong tends to use more symmetrical motions and less footwork than Tai Chi, so it is easier for beginners to master the movements and experience the benefits from connecting the mind and body in a harmonious flow. Both Tai Chi and Qigong originate from China, and are one of the most practiced exercise systems around the world, with approximately 180 million people practicing nearly every day. Tai Chi and Qigong can be practiced nearly

anywhere there is a few feet of open space, as no special equipment or clothing is needed, you simply need a desire to spend a few minutes to calm the body and mind, and to slowly and gently move using the principles of this ancient Chinese tradition.

There are many benefits from learning the art of Tai Chi and Qigong and with a few minutes of regular daily practice, these exercise techniques will calm the mind, alleviate stress and anxiety, increase energy, improve circulation, facilitate the body's natural capacity for self healing, promote flexibility, enhance memory, improve mobility and balance, lift depression, and revitalize the body. More and more physicians are recommending Tai Chi and Qigong to their patients who are battling chronic health conditions as a supplement to medical treatments in an effort to boost the patient's immune system, and restore health. People of all ages, health conditions, and physical abilities are able to participate as the soft gentle movements can be adapted to adjust to nearly any physical limitation caused by injury, disease or other disability.

Colin teaches classes around the Twin Cities, and has worked with the University of Minnesota, Cargill High Performance Leadership Group, Medtronic, and various schools, health clubs, hospitals, and community groups.

Natural Step School of Tai Chi and Qigong is offering two complimentary classes early in the New Year on January 5th and January 7th from 7:00 PM – 8:00 PM at the Sabes Jewish Community Center, St Louis Park. You can find more information about classes from Colin's website, at [www.naturalstep-taichi.com](http://www.naturalstep-taichi.com), or by calling Colin at 612.377.6469.

If you have an idea for an interesting neighborhood business to feature, call 612.605.3966 or email [sandy@sandyhull.com](mailto:sandy@sandyhull.com).



# Crime & Safety

## Burglary Update:

The rash of burglaries and auto break-ins reported in October in Bryn Mawr has, for now, subsided. After a relatively quiet spring and summer the number of burglaries in October jumped by 18, with an additional 16 car break-ins. These are the highest numbers of each of these crimes reported for one month in over 8 years. The Minneapolis Police Department (MPD) responded with neighborhood Crime Alerts, more patrols in Bryn Mawr, and increased suspicious person and vehicle stops.

So far in November, only one burglary has been reported and no thefts from auto have been reported. While this is definitely good news, these wild fluctuations in the numbers still point to the need for each of us to practice good home and auto security habits. Never leave anything of value in your car, and always lock it. Park in a garage when possible, and if it's necessary to park outdoors, try to choose a well lighted area. Don't leave your garage door opener in plain sight in your car, especially if you have an attached garage.

Always lock up when you leave the house (even for a minute), keep your ground floor windows closed

and locked at night and make sure that you have adequate lighting and good visibility around your home. A free Home Security Survey by the Minneapolis Police Department is an excellent way to learn about your homes strengths and weaknesses, and how to address them. Call 673-2866 for more information.

Equally important is to know your neighbors and to call 911 to report suspicious behavior. The better you know your neighbors, the easier it is to distinguish between innocent and suspicious activity. The Minneapolis Police Department urges you to call 911 to report any suspicious activity.

Burglary and theft from auto are both largely crimes of opportunity. We can all do our part to keep ourselves and our neighbors safe by reducing those opportunities. For more information and to schedule a free Home security Survey, contact Crime Prevention Specialist Tim Hammett with the Minneapolis Police Department at .

- Tim Hammett (612) 673-2866,  
[timothy.hammett@ci.minneapolis.mn.us](mailto:timothy.hammett@ci.minneapolis.mn.us)



# Parks [www.minneapolisparcs.org](http://www.minneapolisparcs.org)

## Snowshoeing at Wirth Park

**Saturday, December 26th**

**10:00am to 11:30am**

Snowshoe through Wirth Park in an area that most people only see in summer. Watch for wildlife as you tromp through the snow. Snowshoes provided. Meet at the Wirth Beach parking lot on Glenwood Ave just east of Theodore Wirth Parkway.

Register at [minneapolisparcs.org](http://minneapolisparcs.org) or call 313-7725. \$10

# Elves and Sprites!

Saturnalia Festival

December 12, 2009



## Out & About

### A Brief History of Our Parks

By Davis Klaila, Area 4

Bryn Mawr is a neighborhood surrounded by parks. Our relationship with the parks has been shaped by the personal and economic concerns of Bryn Mawr, the cities of Minneapolis and Golden Valley, and the Parks Department. Our three parks are Bassett's Creek, Bryn Mawr Meadows and Theodore Wirth Park. This article will provide an overview of Bassett's and the Meadow with additional information on the portion of Wirth Park adjacent to Bryn Mawr.

Our three parks share an unsavory past. Bassett's Creek, our newest park, acquired in 1930 with land donated by the Fruen Family (Glenwood Springs) and 43 additional acres purchased in 1934, was essentially an industrial waste site. Theodore Wirth (park superintendent at the time) described the land as unsightly and unsanitary, vastly different from the first sylvan descriptions (late 1700) of the area that would become Bassett's Creek Park. Bassett's Creek's greatest value, to some, was the high volume of water that could be diverted to Lakes Calhoun, Isles and Harriet, and Minnehaha Creek. The 1930's saw the greatest improvements to

the park. The creek was dredged, lagoons created, and a dam was built at the site of the Fruen Mill. A walk, or ride on the paths beside creek shows evidence of that work today.

Bryn Mawr Meadows was the land nobody wanted. Theodore Wirth in a 1928 report described the land as nearly worthless. The Oswald family tried to sell the city the land for \$80,000 in 1910 and the park board paid \$34,000 in 1911. Remember this was the area of Bryn Mawr that swallowed trains whole. Unsuccessful attempts were made to turn the Meadows into an equestrian center with polo fields along with various other improvements. And, in 1953 7000 yards of clay (a lot) were removed, more stable fill put down, creating the present-day ball and cricket fields.

Theodore Wirth Park is the largest of the Minneapolis parks with about 740 acres of land including 83 acres of water and 280 acres of golf courses. Wirth Park began, as Saratoga Park in 1889, became Glenwood Park in 1890, and Theodore Wirth Park in 1938. Theodore Wirth was superintendent of Minneapolis parks from 1906 until 1935. Wirth immigrated to the United States from Switzerland at the age of 25 in 1888. After a series of jobs working for park systems and private estates, primarily as a



gardener, he was hired to be the superintendent of parks in Hartford, Connecticut. Wirth was hired by Charles Loring in 1905 and assumed the role of landscape architect as well as superintendent of the Minneapolis Parks.

Wirth reshaped the city's lakeshores and built its parkways. He took a dim, and characteristically European, view of swampy land and shallow water. Wirth redefined the shorelines of nearly every city lake except Lake Harriet -- and even there he proposed substantial redefinition of the lakeshore by building a peninsula into the lake to add visual appeal (2008, David Smith, Minneapolis Park Board). During his tenure, Minneapolis's lakes and shores were converted to clear water and dry land, connecting some (e.g., Brownie and Cedar) by navigable channels. The channels served two purposes: recreation and water level maintenance courtesy of Bassett's Creek, and eventually a pipeline from the Mississippi.

Wirth and Horace Cleveland (earlier park superintendent) had a plan that included a parkway surrounding Minneapolis: The Grand Rounds. This design is similar to the Emerald Necklace surrounding Boston and heavily influenced by Fredrick Law Olmstead and the Rusticator movement of the late 18 and early 1900s. The basic idea was a series of urban forests (parks) connected to where we live and work via Parkways, bringing nature into our everyday lives. Wirth and the Park Board acquired much of the land for Wirth Park in 1908 and 1909. Wirth Park was considered the most important, as it represented both the wilderness and the last link in the chain of parks.

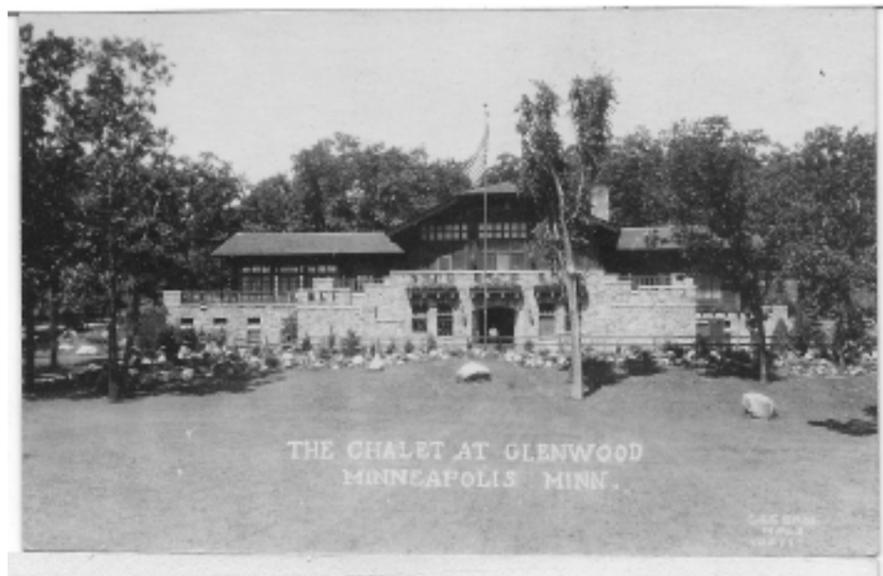
Large tracts of "wild" land so close to the city and adjacent to the upscale community of Bryn Mawr gave rise to many ideas for their use. First and foremost was incorporating Keegan's (now Wirth) Lake into the park. Keegan's Lake was home to a number of camps or resorts that reinforced Bryn Mawr's early designation as the "Wilds." And, while Keegan's Lake was little more than a swamp surrounded by bawdy houses it was acquired, dredged, sand trucked in, and Charles Loring had a waterfall (The Loring Cascade) constructed into the hillside next to the lake. The jumble of stones on the west side of

With Parkway by Wirth lake are all that is left of the Cascade. By 1917, and renamed Glenwood Lake, Keegan's was a sparkling, family friendly, jewel.

The major portion of Wirth Park that abuts Bryn Mawr remains "natural." While the Quaking Bog and Eloise Butler are unique and wonderful, our section of Wirth is the better for what it is not. This did not just happen. Forest fires, golf enthusiasts and entrepreneurs all had their eye on our woods. An aborted attempt to graze sheep, and the movement of the golf course idea to north of Olson Memorial Parkway, along with Wirth's Swiss Chalet left us with "unspoiled" woodlands and a "beautiful sheet of water" named Birch Lake. Wirth Lake, however, followed a different path.

Wirth Lake became home to the Aqua Follies, a popular Aquatennial event. An Olympic swimming pool, complete with diving towers, was installed to showcase the water spectacle at the northeast end of the lake. A 6,000-seat grandstand filled with spectators twice daily throughout the Aquatennial. The Aqua Follies became a business unto itself and held similar shows in Seattle and Detroit. Headliners included Morton Downey Sr., Buster Crabbe, Rin Tin Tin and other stars of the era. Most of the swimmers came from Minnesota and several the stars went on to bigger things. June Taylor took synchronized swimming and dancing to television, where they regularly appeared on the Jackie Gleason show. Today, nothing remains of the stage and pool.

Management of parks and urban forests has moved from exploitation and the creation of contrived landscapes to the restoration maintenance of the original forest. Chemicals are no longer used to control "water weeds" and marshlands are returning to provide a natural process to clean lakes. Our section of Wirth Park is a popular place to walk oneself and/or the dog. The Parks department is working on restoring the oak savanna, removing invasive species of trees, combating oak wilt, etc. The open forest concept also serves to diminish some of the fear of the "wild" park. Thus, Wirth is coming into its own as a park.



Historical post cards courtesy of Allan Hillesheim.

- continued next page



Morton Downey Sr. Leads a rare matinee in the Early 1940s.

The parks that surround us are a gift. When you read of the sorry state of the areas that became Wirth, Bassett's and the Meadow you really appreciate the vision and effort that went into our parks. So if you are wondering what to do about that extra piece of pie: Take a walk in the park.

In February, I will bring us up to the late 70s and early 80s

Thank you to the Hennepin and Minnesota Historical Societies and Allan Hillesheim for their contributions to this article. For a more details on our parks go to: [www.minneapolisparcs.org/](http://www.minneapolisparcs.org/)



documents/parks/Parks\_Lakes\_Trails\_Much\_More.pdf.

*Aqua Follies Fans 1940s. - The Aqua Follies images are from the Hennepin County Historical Society.*

## more CounterTalk

by Dave Logsdon



"The essential ingredient of politics is timing."  
- Pierre Trudeau-

If "visions of sugar plums dance in my head", I need to seriously look at my diet. Have you ever had a sugar plum? Plums are naturally sweet. The thought of adding sugar makes my teeth ache. Digression is the trademark of COUNTER TALK, but where do I go from here so that I can get back to there? I'm so confused!

### Pagan Festival!!

Family fun will be breaking out all over on December 12th! The annual

downtown Bryn Mawr get together called Saturnalia will feature the big guy in the red suit also known as Santa Claus. There will be chestnuts roasting by an open fire, s'mores, a drumming circle, a real live sprite, horse drawn hayrides, and a big people's party at Cuppa Java in the evening. Of course the Saturnalia three years from now should be really interesting. That will occur right before December 12th, 2012 ; THE END OF THE WORLD!

That Saturnalia could resemble the scene in "The Ten Commandments" when Moses went up the mountain and the Israelites got their party on! I guess I'm just a crazy optimist, because I just ordered my 2013 Mayan calendar.

### Election Post Script

Post script is not entirely accurate since, as I write, some of the local races have not been decided. However, we do know that our Mayor is still R.T. Rybak and our council person is Lisa Goodman. Lisa's victory was not as overwhelming as it has been. There are some folks (not me) around the 10th ward not exactly thrilled with the job she has



- December 2, 2009 Full moon, the Ojibwe Descending Cold moon. It's not too late to force some bulbs for indoor blooms in March. Place several with tips just pointing up above some potting soil, keep them cool and dark for a couple of months, then bring them into the warmth and light, and voila! It's Spring About 35-45 degrees is perfect--an attached garage or the back of a refrigerator works well. My favorites are yellow and purple crocuses. For a little more money you can buy gigantic pink, red, or white amaryllis bulbs that have already been "forced" and are ready to go. If you are doing the forcing, keep them moist but don't over-water, and place a mousetrap nearby if using the garage.
- December 8, 2008 Powerful storm with blizzard conditions in northern Minnesota, and a barometric low of 28.9 inches here, the lowest since the Super Bowl blizzard of 1975.
- December 24, 2004. Low -10°. Brilliant sun dogs on either side of the rising sun on the way to work.
- December 26, 2005 Gigantic tsunami kills 190,000 people in Asia.

**Ash Borer pests?**  
Call the Arrest-the-pest Hotline  
**651-201-6684**

been doing plus newcomer, Michael Katch, ran a spirited and clever campaign that Lyndon Johnson would have approved. Mr. Katch, whom I only briefly met, would call Bryn Mawr residents and say that he knew me, implying that I supported him when I didn't, which is in my opinion, sneaky politics at best. It reminded me of the Republicans campaign years ago against Rep. Claude Pepper in Florida. They ran ads saying he was seen with known HETEROSEXUALS. In the the bible belt trailer courts that don't sit too well, you know what I mean! The Republican smear campaign against Lisa was counter productive because we are too well informed here. Once again, by the way, we led the city in voter turnout!

### Before I Go....

Look for HourCar door hangings in December! Claudia Egelhoff is our neighborhood go to person if you want to help with the door hanging. You can email her at [cegelhoff@gmail.com](mailto:cegelhoff@gmail.com) or come to Saturnalia on the 12th to find out all about HourCar.

Play ball! Three neighborhood baseball players have taken home honors for their ball field exploits. All three played on the Southwest High junior varsity this year. Travis Ullman was named best hurler, Jonas Kaplan was the best defensive player, and Quin Milne-Rojek was

the Most Valuable Player! All three have been invited to play with the varsity in Florida in recognition of their accomplishments. They might be needing to shovel a lot of snow to earn their way down there.

Out by 394 there is a homeless man who sits on his chair asking for money. He's had a rough year! He's been beaten up and robbed a couple of times already and now he's been ticketed by the Minneapolis Police for "aggressive panhandling" even though he's always sitting in his chair! If you see him out there, show him a little kindness if you are inclined.

Look for local folkies, Roma di Luna, as they perform their annual Holiday show December 23rd at the wonderful Cedar Cultural Center. What a great place to bring the relatives for a holiday break and see some great music!

And finally, at a recent Veterans for Peace meeting they asked for someone to serve as Vice-President of the local chapter. I was scratching my ear and I guess they thought I was volunteering to take the job! So I guess I'll be the Chapter 27 Vice-President for 2010. Veterans for Peace are of Veterans that are active in promoting peace and the cessation of current and future wars.

Well, that's about it for now. Have a warm and fuzzy holiday season and we will see you in February!

# HOURCAR

## Arrives in Bryn Mawr

**H**OURCAR, the Neighborhood Energy Connection's car-sharing program, announces the launch of its 22nd shared vehicle in the Twin Cities. The car, a red 2010 Toyota Scion, is located in HOURCAR's newest hub at the Anwatin School in the Bryn Mawr neighborhood of Minneapolis. This hub is sponsored by the Bryn Mawr Neighborhood Association (BMNA).

The Bryn Mawr HOURCAR arrives amid a flurry of community support. BMNA provided \$10,000 from its Neighborhood Revitalization Program funds, which was matched with a grant to HOURCAR from the McKnight Foundation. Additional contributions totaling \$1,950 came from local businesses and residents of Bryn Mawr.

HOURCAR has received support from many corporate, foundation, and university sponsors. However, this is the first time that such a robust and varied group of supporters have worked together to bring an HOURCAR to a new location. "It's been wonderful to see the enthusiasm of Bryn Mawr residents for bringing HOURCAR to

their neighborhood. This neighborhood really knows how to share, and we're really excited to offer a new hub for residents to use," says HOURCAR Program Manager Christopher Bingham.

To celebrate the launch of this new HOURCAR hub in Bryn Mawr, HOURCAR is offering waived individual application fees (a \$50 value) to those who live or work in the Bryn Mawr & Harrison neighborhoods through December 31, 2009. From January 1, 2010 to March 31, 2010, residents and those who work in the Bryn Mawr and Harrison neighborhoods will receive half off the application fee when joining HOURCAR. To redeem either offer, residents should enter promotional code "BMHres09" on their online HOURCAR applications.

- Claudia Egelhoff, Area 4



# SUPPORT THE BMNA!

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For classified ads contact Carolyn Bastick (377-8457) [cj0159@aol.com](mailto:cj0159@aol.com)

## Bryn Mawr Neighborhood Association Calendar - December 2009

*All meetings are open - everyone is welcome. Neighbors are urged to attend and participate in meetings and activities of special interest to them. Bryn Mawr Neighborhood Association and its committees meet at Bryn Mawr Elementary School during the school year (Winter Break December 21 2009-January 1, 2010) unless otherwise noted.*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Join the Fun!</b> <b>Saturnalia Festival</b> <b>Saturday, December 12th</b> <b>in Downtown Bryn Mawr!</b></p>		<p>Budget and Fundraising Committee 7pm at Bryn Mawr Elementary, RM 136 <b>1</b></p>	<p>Land Use Committee Meeting, 7pm at Bryn Mawr Elementary, RM 136 <b>2</b></p>	<p>"Taste of Anwatin" Empty Bowls Project &amp; Craft Sale 4:30-9pm, Music Concert 7pm Anwatin Middle School 256 Upton Av S <b>3</b></p>		
	<p>Schools Committee meeting, 7pm at Bryn Mawr Elementary <b>7</b></p>		<p>BMNA monthly meeting, 7pm at Bryn Mawr Elementary, Cafeteria <b>9</b></p>			<p>Saturnalia Festival, 4-7pm on Cedar Lake Road <b>12</b></p>
			<p>ROC Committee, at Ripley Gardens, 6:30pm <b>16</b></p>			



# 2009 BMNA HOT DISH Harvest Dinner

Thank you to all the neighbors who came out on October 29th for the annual BMNA Harvest Dinner. The food was great, the kids in costume were charming and once again a warm and friendly atmosphere filled the room. Congratulations to Melanie Goodwyne who brought the hot dish that was voted the favorite. Why not try it out with some leftover turkey? (The recipe courtesy of her mom, Norrie, follows.)

## The Winning Hot Dish Recipe:

### Norrie's Alpine Chicken Casserole

- 4 cups cooked chicken or turkey, diced
- 2 cups celery, sliced
- 1/4 cup onion, chopped
- 8 oz. Swiss cheese, cut into thin strips
- 1 cup mayonnaise
- 1/2 cup milk
- 2 cups dried bread cubes
- 1/4 cup slivered almonds, toasted
- 1 tsp. salt



Preheat oven to 375 degrees. Microwave sliced celery and chopped onion for 2 minutes to soften (or saute briefly in 1 tablespoon water). Lightly toast slivered almonds in skillet until caramel-colored - watch carefully so as not to burn. Combine all ingredients and pour into 2-quart uncovered casserole. Bake at 375 degrees for 30 - 40 minutes. Serves six.

I got this recipe from my mom, Lenore Bevis. I suppose it could be made with low fat cheese and mayo to lighten it up somewhat.

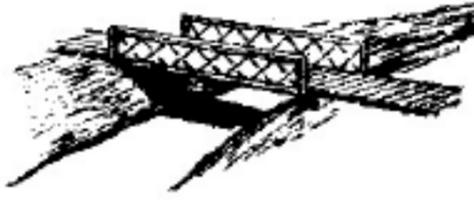
- Submitted by Melanie Goodwyne, Area 6

## Bryn Mawr Neighborhood Association Calendar - January 2010

All meetings are open - everyone is welcome. Neighbors are urged to attend and participate in meetings and activities of special interest to them. Bryn Mawr Neighborhood Association and its committees meet at Bryn Mawr Elementary School during the school year (Winter Break December 21 2009-January 1, 2010) unless otherwise noted.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					New Year's Day 1	2
3	4	5 Budget and Fundraising Committee 7pm at Bryn Mawr Elementary, RM 136	6 Land Use Committee Meeting, 7pm at Bryn Mawr Elementary, RM 136	7	8	9
10	11	12	13 BMNA monthly meeting, 7pm at Bryn Mawr Elementary, Cafeteria	14	15	16
				<b>Color Now Available!</b> \$50 each color, limit three per issue, Does not include ad placement fee. Some production costs may apply. <b>Full-Color Also Available!</b> Call for Details		
17	18	19	20 Bassett Creek Valley ROC Committee, at Ripley Gardens, 6:30pm	21	22	23
24	25	26	27	28	29	30
31						

## View From the Bridge



### Mosses and Clubmosses – Part 2 of 2 December 2009

The November column introduced the topic of mosses and considered several species. This column explores ecology and reproduction of mosses as well as the topic of clubmosses.

Mosses and water share a close relationship. In a forest, little rain that falls actually directly reaches the ground. Plant leaves and twigs and bark intercepts rain drops. Rain running over surfaces collects sediments and nutrients that eventually reach the forest floor and feed tree roots in the soil. Mosses slow down the flow of water whether across surfaces of the tree bark or along the soil itself. Mosses keep the soil moist for the trees and for other plants. The more mosses, the greater the humidity...the more humidity, the more mosses.

Mosses are an indicator of air quality. Why? Mosses rely on water for their survival and rejuvenation. Grasses, shrubs, and trees have leaves of many layers including a waxy coating that resists water absorption and moisture loss. These higher plants also have systems of xylem and phloem that transport water and nutrients throughout the plant. Lacking these conductive vessels, roots, and protective coatings, mosses absorb water and nutrients directly through their leaves. Moss leaves are just one cell or a few cells thick, and without coatings, are in direct contact with the atmosphere. It's no secret that North Shore air is cleaner than the air in the Twin Cities. Acid rain resulting from air pollution directly impacts moss leaves and their general health. Sulfur Dioxide (from power plant emissions) plus water forms mild sulfuric acid. Nitrous Oxide (from vehicle exhaust) plus water forms mild nitric acid.

Mosses and clubmosses are particularly susceptible to disturbance. Both plants grow very slowly. It takes up to twenty years from spore to clubmoss plant. Both are difficult if not impossible to transplant. Clubmosses have minimal roots. Mosses do not have roots but rather tiny hair-like anchoring structures called rhizoids that attach them to soil, rock, or tree bark. Without granting mosses roots, nature has conferred upon mosses the ability to survive long dry periods better than most higher plants. Mosses act as sponges – wicking moisture across many small open spaces between small leaves.

Forest disturbance can be a good thing too. In late September and early October, high winds blew down many trees on the Superior Hiking Trail and the North Shore of Minnesota. Windblown trees will become rotting logs and thus habitat for mosses. In addition, the

opening created by the felled tree increases light and reduces competition for mosses and clubmosses to colonize the site. Scientists have formulated what is termed the Intermediate Disturbance Hypothesis: "Diversity of species is highest when disturbance occurs at an interval (of time) between the extremes. If too frequent the disturbance, only the hardiest species can survive. In the absence of disturbance, complex competitors – like the monoculture Sugar Maple forest, grow to dominate the area."<sup>1</sup>

Mosses do not flower, but instead produce spores like ferns. Mosses reproduce by microscopic spores as well as by growing from small pieces of stems and leaves. These two methods are known respectively as sexual reproduction and asexual reproduction. It is thought that within a moss colony, crowding resulting from continued cloning reproduction triggers sexual reproduction so as to enable wide scattering of its offspring. Sexual reproduction introduces new combinations of the parent's genes, though only one half of each parent's genes are passed on. Consistent habitat and surroundings encourage vegetative reproduction or cloning. Changing habitats confer advantage to sexual reproduction.

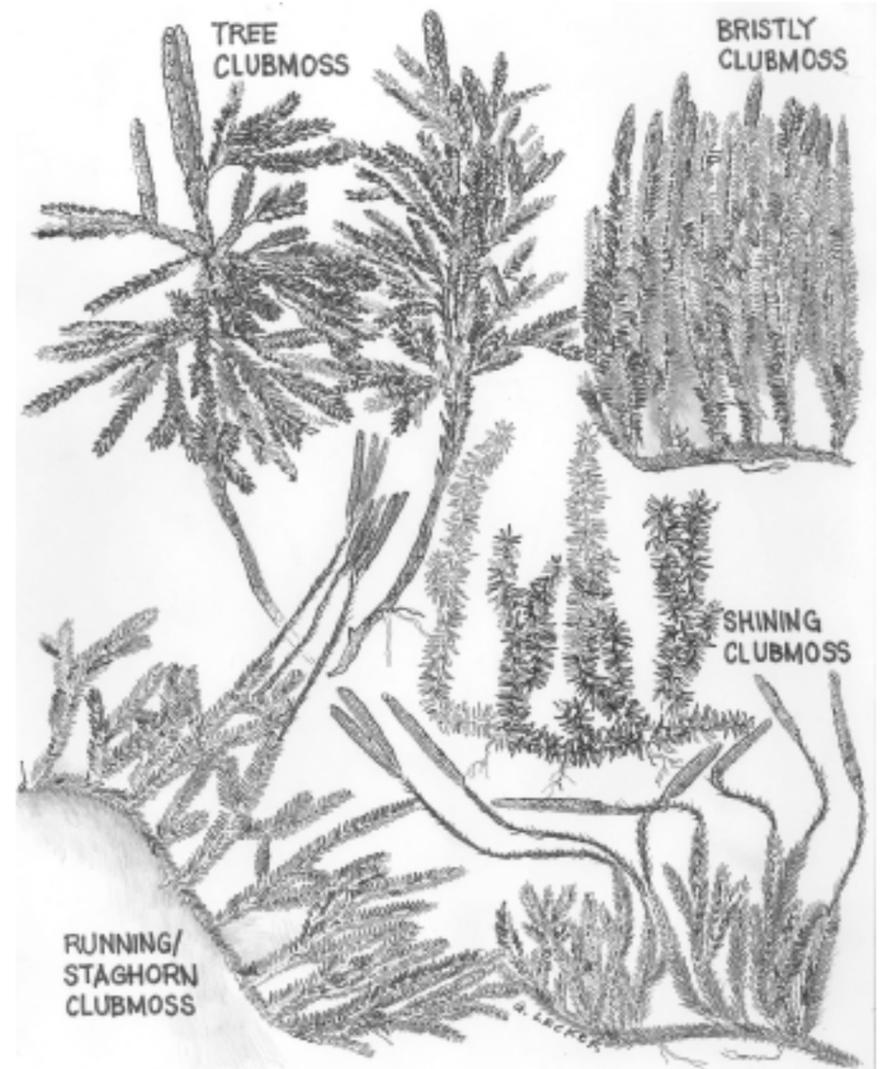
### Clubmosses

Unlike mosses, clubmosses are vascular plants – meaning that they have mechanical and conducting tissues that provide height and strength. Xylem and phloem are vessels to transport water and nutrients throughout the plant. Xylem is the principal pathway for water and nutrients conducted from the soil to the top of the plants. Phloem conducts downward the organic substances produced by the leaves of the plant. In addition to these functions, xylem and phloem vessels provide mechanical support. In addition, clubmosses have creeping roots that anchor clubmosses to the forest floor.

With horsetail rushes, clubmosses are considered to be allies of ferns because all these three types of plants produce spores rather than seeds and flowers. Fossil analysis dates the origin of clubmosses to three hundred million years ago when clubmosses, giant horsetails and tree ferns grow prolifically.

Spores are the typical means of clubmoss asexual reproduction. Atop the tip of the stem a tan club-shaped "strobilus" opens to distribute spores. Clubmosses produce spores in late summer or early fall. The powdery, dust-like spores of clubmosses were used as: coatings to keep pills dry, skin powder, and in photographic flashes and fireworks (as they give off a small explosion when ignited).

Within the Clubmoss family, one genus, *Lycopodium*, contains more



than one hundred species found throughout the world. With common names that can be applied to many different species, four or five species of evergreen clubmosses are found in northern Minnesota. **Tree Clubmoss, Ground Pine (*Lycopodium obscurum*)**

The shiny evergreen Tree Clubmoss resembles a small, thickly branched pine tree seedling with thin upright cones. Growing in damp open woods, usually along edges of wet woodlands, the horizontal stems are creeping and branching deeply below ground. Upright stems are up to 12" tall, erect, growing from intervals along the underground stem. Upright stem branches and sub-branches grow from a single stem. Leaves are 1/2" long, narrow, lance-shaped, sharply pointed. Strobilus is 1-1/2" long and found atop the branches.

### Stiff Clubmoss, Bristly Clubmoss or Interrupted Clubmoss (*Lycopodium annotinum*)

Stiff and prickly, light to dark green, Bristly Clubmoss grows in moist woods and cool damp and shaded woodlands. The generally leaf-less horizontal stems are surface running, often under surface leaf duff layer, branching and rooting at intervals. Upright and straight, the clubmoss sprigs resemble miniature bottle brushes. Stems are 6" long, single, or single-branched or twice-branched, not uniform in height; bristly-leaved. Leaves are arranged in rows (ranks) along upright stems in whorls, spirals or opposite in ascending rows. Leaves are 1/3" long plus or minus, narrow, lance-shaped with very sharp pointed tip and narrow base. Strobilus is slim and pointed, 1-1/2" long, yellowish, atop very short stems.

**Shining Clubmoss (*Lycopodium lucidulum*)** Resembles Bristly Clubmoss, Shining Clubmoss grows more crookedly and does not form "clubs". Rather

spores are produced in another stem tip structure.

### Running or Staghorn Clubmoss or Wolf's Claw Clubmoss (*Lycopodium clavatum*)

It is also known as: Running Clubmoss by John Green; or Foxtail Clubmoss, or Robin Hood's Hatband, Forks and Knives, Common Clubmoss, Running Clubmoss, Running Pine, Running Moss. Staghorn Clubmoss is densely leaved with upright branching stems that resemble deer horns. Like other clubmosses, this evergreen trailing green was once used for Christmas decorations. It is found in northern coniferous forests in open woodlands, along rocky slopes, particularly in pine woodlands with loose, acidic soil. Horizontal stems are surface running for many feet and sometimes many yards, rooting at intervals. The upright stems are high, densely leafy, branching into forks. Leaves are 1" or less in length, narrow and tapering. The spore producing extensions, strobilus, are 3" long, formed singly or in multiples, born on slender stems 6" above ends of staghorn upright stems.

### Sources:

<sup>1</sup> *Gathering Moss: A Natural and Cultural History of Mosses*, Robin Wall Kimmerer, Oregon State University Press, 2003, page 67.

*A Field Guide to Ferns and Their Related Families; Northeastern and Central North America*, Boughton Cobb, 1984, Houghton Mifflin Company.

*Island Life: An Isle Royale Nature Guide*, Ted Gostomski and Janet Marr, 2007, Isle Royale

Let these small evergreen plants teach you how to appreciate the little things in life...it will be worth your effort!

-Greg Lecker, U of M Extension Service Master Gardener, Minnesota Master Naturalist Volunteer



## Youth & Schools

### CORRECTION: High School Placements

Last month the Bugle mistakenly reported that next year, all high school students will be grandfathered and continue to receive transportation to the school they currently attend. This only applies to students who attend a school in their attendance zone or a citywide magnet program. We apologize for any confusion our report may have caused.

If you have questions about your child's school options, please contact the Student Placement Center at 668-1840. Bilingual families can call 668-3700.

- JoEllyn Jolstad

### Family Open Gym Night: Tuesdays, 6-8pm

As the weather gets colder, getting enough physical activity is more difficult. To help families get enough exercise, which will help students learn better, the large gym at Bryn Mawr Elementary will be open on Tuesday nights now until Spring Break from 6-8 p.m. Activities in the gym will vary depending on the number and wishes of the people there. (note: no Gym Night during Winter Break, Dec. 22 and 29.)

Come and play with other Bryn Mawr families. Children must be supervised by a caregiver. Please contact Kristin Markert (612) 381-2604 or Alan Torborg (612) 377-0563) if you have questions.

### Emerson Spanish Immersion K-5 program move to Bryn Mawr is postponed

At the school board meeting on November 10, 2009, Deputy Superintendent Bernadeia Johnson recommended to the school board that the Emerson K-5 program remain at the current Emerson site for the 2010-2011 school year. Postponing the move of the K-5 program will allow the Emerson, Windom, Bryn Mawr and Anwatin communities and district staff to evaluate the space as well as focus on strengthening the K-5 and developing the Dual Immersion IB 6-8 instructional programs.

The Emerson 6-8 program will move to the Anwatin building for the 2010-2011 school year as previously approved by the board. The Anwatin site will serve Spanish Dual Immersion students from Windom and Emerson entering middle school and community school students from Bryn Mawr and Bethune schools entering sixth grade. Current Anwatin 6th and 7th grade students

will also remain at the school until they complete 8th grade.

Emerson and Windom students will have the opportunity to continue their Dual Immersion education with an International Baccalaureate (IB) focus. An academic team is in the process of developing a strong IB-Dual Immersion program with the help of current Emerson, Windom, Bryn Mawr and Anwatin teachers, staff and parents as well as Paula Palmer, MPS IB Coordinator.

#### WHAT DOES THIS MEAN?

- PARK VIEW MONTESSORI WILL CLOSE AFTER THIS SCHOOL YEAR.
- BRYN MAWR ELEMENTARY SCHOOL WILL REMAIN INTACT AS OUR K-5 COMMUNITY SCHOOL.
- THE PLAN CURRENTLY IS FOR EMERSON K-5 TO SHARE THE BRYN MAWR SITE BEGINNING IN SEPTEMBER 2011.
- ANWATIN WILL TRANSITION TO AN INTERNATIONAL BACCALAUREATE DUAL IMMERSION MIDDLE SCHOOL SERVING OUR NEIGHBORHOOD AND THE SPANISH IMMERSION SCHOOLS.

- Lynda Shabeen, BMNA Schools Committee Co-chair

### NRP Funds approved to replace vandalized playground equipment

The BMNA Schools committee voted and the BMNA Board approved at its November 11 meeting to use \$5906.00 of our NRP funds to replace two school playground slides that were vandalized

this summer. The Schools Committee will be meeting again on Monday, December 7th, 7pm at Bryn Mawr School.

### PROSPECTIVE PARENT MEETING Thursday, December 10, 6:30 pm Bryn Mawr Community School

Is school choice on your mind? Learn more about the Bryn Mawr Community School. Do you have questions about K-5 school versus K-8? Neighborhood school versus magnet? High Five? We are parents just like you who have asked the same questions. We love our school and we want you to know why. Child care and refreshments provided. Representatives from Minneapolis Kids will also be there to talk about our quality on-site child care. Contact JoEllyn Jolstad, Parent Liaison with questions or to schedule a tour, 612.668.2508 or joellyn.jolstad@mpls.k12.mn.us

### It's School Choice Time!

Why not "go local" and check out the neighborhood schools?

To schedule a tour call:  
**Bryn Mawr Elementary**  
**PreK-5**  
 612-668-2508  
**Anwatin IB Middle School**  
 612-668-2478

## Third Annual "Empty Bowls Project" at Anwatin Middle School

For the third year in a row, the Anwatin Community Service Team (CST) is raising money and awareness to try and eliminate hunger locally and around the world. As part of the CST elective, eighth graders and students with developmental and cognitive delays work together on service learning projects. For Empty Bowls they assisted each other in making bowls and doing research on hunger.

The students of Anwatin invite the community to support this effort by coming to "Taste of Anwatin Community Night", Thursday, December 3rd, 2009, 4:30-9:00 p.m. at Anwatin Middle School, 256 Upton Av S. At the event, people can purchase a

variety of tasty ethnic foods. Empty, student-made ceramic bowls will also be on sale alongside information about hunger to remind us of the many people who go hungry each day. The bowls make thoughtful gifts for the community-minded people on your list. Food and bowl proceeds will go to Branch 1 Food Shelf in the Phillips Neighborhood.

At 6:50 there will be a Hunger Awareness presentation in the auditorium followed by a Band and Choir concert at 7:00p.m. There will also be a Community Art and Craft Sale in the media center with a wide variety of artisans and their wares.

Hope to see you December 3rd!

- Colette Kruc, Anwatin Teacher



You are Invited to be part of  
**A Taste of Anwatin Community Night**  
 Thursday, December 3, 2009  
 4:30-9:00 pm

#### SUPPORT!

Be a part of the "Empty Bowls Project" to raise awareness about and help eliminate hunger at home and around the world.

Proceeds from all sales benefit Branch 1 food shelf in south Minneapolis.

- Purchase a student-created ceramic bowl for \$10.
- Buy popcorn and traditional ethnic foods.
- View student displays and pamphlets.
- Hunger awareness slideshow at 6:50 pm in the Auditorium

#### SHOP!

Beautiful Arts & Crafts for sale 4:30-9:00 pm in the Media Center. Student work and community artists. Unique items for yourself or gifts, including yummy baked goods!

#### ENJOY!

Music Concert 7-8 pm in the Auditorium, featuring the 6th, 7th & 8th grade bands, choir and jazz band.



## City of Minneapolis Curfews

#### Under 12:

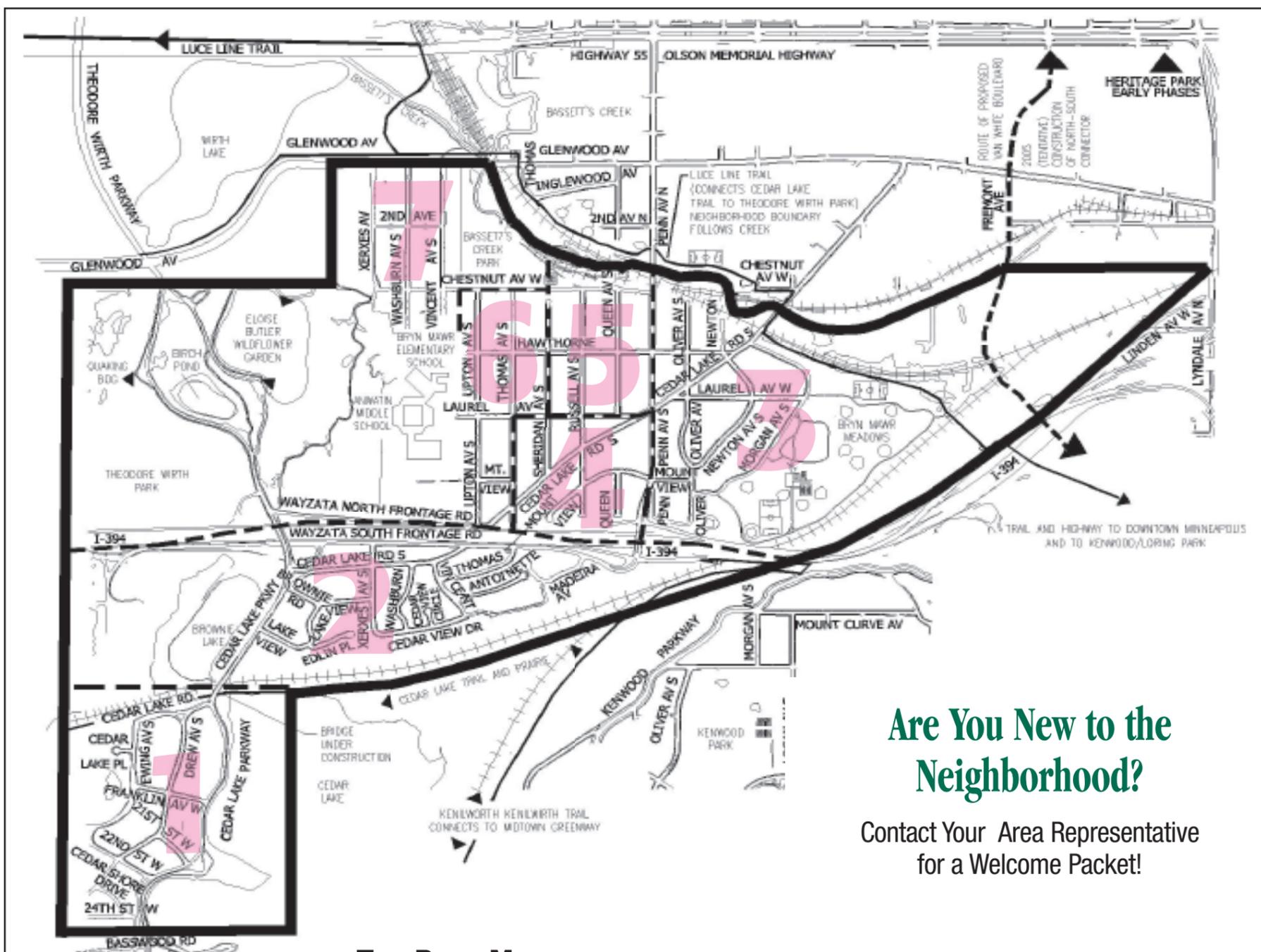
Sun-Thurs 9 pm, Fri-Sat 10 pm.

#### Ages 12-14:

Sun-Thurs 10 pm, Fri-Sat 11 pm,

#### Age 15-17:

Sun-Thurs 11 pm, Fri-Sat 12 midnight



## Are You New to the Neighborhood?

Contact Your Area Representative for a Welcome Packet!

## THE BRYN MAWR NEIGHBORHOOD ASSOCIATION

PO Box 16437, Minneapolis, MN 55416

### BMNA Board Members

<b>President:</b>		
Marlin Possehl		377-5662
<b>Vice President:</b>		
Larry Skov		374-1561
<b>Co-Treasurer:</b>		
Ben Horn		382-7982
Adam Maki		343-3346
<b>Secretary:</b>		
OPEN		
<b>NRP Steering Committee Chair</b>		
Scott McLaughlin		374-9494
<b>Community School Advisory Council:</b>		
JoEllyn Jolstad		377-8968

### Area Representatives

1	Greg Froehle	926-2882
	Dave Holets	922-8274
2	Lynda Shaheen	374-4201
	Susan Verrett	377-7447
3	Rick Carter	381-1473
	Jessica Wiley	374-3481
4	Christopher Etz	378-2987
	Paul Markert	381-2604
5	David Logsdon	377-9689
6	Jay Peterson	377-4677
	Barry Schade	377-8152
7	Steve Harvey	374-3613
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*The Bryn Mawr Bugle is the official newsletter of the Bryn Mawr Neighborhood Association (BMNA) and is published every month, except January.*

*Distribution is free to Bryn Mawr residents; copies are also available at the Bryn Mawr Coffee Shop, the Bryn Mawr Market, Bryn Mawr Mobile and Cuppa Java. Subscriptions are \$21 per year. Letters must be signed and include a phone number. They are subject to editing. Please call the editor if you have questions about submitting material. Electronic submissions (CD or email) are preferred.*

### Copy deadline for the February issue is January 20!

Display Ads are due January 20. Ads must be pre-paid & camera ready.

Call Deryck Jolstad at (612) 377-8968 or djolstad@msn.com for rates.

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