



BRYN MAWR BUGLE

Published by the Bryn Mawr Neighborhood Association

June 2016

BMNA Annual Dinner - 40th Anniversary Celebration

The BMNA annual meeting and potluck dinner took place on Wednesday, May 11, 2016, with over 80 people in attendance. In addition to great food and conversation, neighbors were welcomed with comments from City Council Rep Lisa Goodman, Hennepin County Commissioner Linda Higgins, School Board Member Josh Reimnitz, 4th Precinct Commander Mike Kjos, and Representative Raymond Dehn. BMNA President Kevin Thompson gave an overview of accomplishments this year and Treasurer Dennis Fazio reviewed our finances.

In an effort to hear about priorities from BMNA members, those attending were asked to rate the BMNA on how well the mission is met and what might be done to better achieve BMNA goals. Of those who responded, 84% said the BMNA was doing "Really well!" with 8% giving a rating of "Satisfactory," 8% indicating "Needs some work," and 0% choosing "Not well." Comments included, "the new website will be great," "the Bugle is great for communications," and "love the events." There were notes of thanks and appreciation for the leadership volunteers provide. Suggestions for improvement included hosting individual block potlucks and dinner parties and having an all-volunteer organization rather than paying contractors for some work.

Thanks to all those who took the time to join their neighbors for a great meal and the opportunity to share their thoughts with the BMNA board. The ideas generated will be used in setting priorities for the next 3-5 years.

- Jessica Wiley, BMNA Vice President

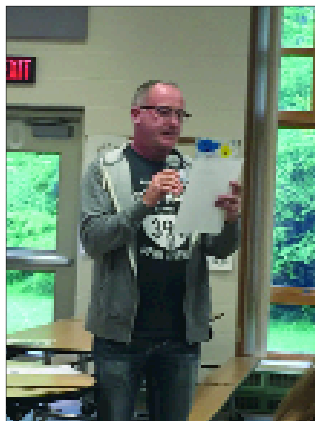
BMNA Board Members Elected

During even years, representatives to the board are elected for even numbered areas, including Areas 2, 4, and 6. Congratulations to the following on being elected for another term on the board.

Area 2 Lynda Shaheen, Sue Verrett
Area 4 Joanne Michalec, Chris Etz
Area 6 Barry Shade, Jay Peterson, Vida Ditter
Additionally, President Kevin Thompson was elected to another two-year term.

While the secretary position was open as of the annual dinner, we hope to have a replacement by the June 8 board meeting!

Thanks to Sandra Gay, former BMNA secretary, and to Matt Stark, former Area 4 rep, for their commitment to the neighborhood.



2016 Bryn Mawr Garden Tour - July 16, 9am-1pm

**12 fabulous private gardens open for viewing—
numerous public gardens along the route**

The Bryn Mawr Garden Tour held on Saturday, July 16, 2016, highlights private gardens nurtured by passionate neighborhood gardeners. The tour is self-guided; visit the gardens in any order. You may walk, bike, or drive to view the 12 gardens showcased this year. Each garden features the benefits of outdoor living in Minnesota.

The Bryn Mawr Garden Tour offers you a chance to:

Experience the joy of beautiful gardens
See what's possible—get inspired for your own gardening
Get expert DIY tips and advice
See common problem areas and easy fixes

The Bryn Mawr Garden Tour runs from 9am- 1pm.

Purchase tickets \$10 in advance

- online at www.bmna.org, or at
- Bassett Creek Arts, 416 Penn Ave. S. (cash or check only—
T-Th. 11am-5:30pm; Friday, 11am-5pm; Saturday, 11am -
2pm. Phone: 612-377-2242, www.bassettcreekarts.com)

Tickets are also available the day of the tour for \$15.

Bryn Mawr, a neighborhood within a park, is renowned for its great gardens. We have a reputation for both beautiful private and public gardens, supported by volunteers. The garden tour, held since the early 2000's, offers great tips and ideas for gardening; gardeners are available at each site to greet visitors, show them around the garden, and answer questions about gardening techniques.

2016 BMNA Events

April 22 - Bryn Mawr Elementary Family Fun Night
May 7 - Bryn Mawr Festival of Garage Sales
May 11 - Bryn Mawr Neighborhood Association
Annual Meeting and Potluck Dinner
July 16 - Bryn Mawr Garden Tour
July 21 - Ice Cream Scoop Off
October 20 - Sip and Stroll
October 27 - Bryn Mawr Harvest Dinner
December 8 Anwatin Craft Fair
December 10 - Saturnalia





BMNA Reporter

BRYN MAWR NEIGHBORHOOD ASSOCIATION
Annual Meeting Agenda

Wednesday, May 11, 2016
6:00– 8:00 PM
Bryn Mawr Elementary School

1. Call to Order & Introductions

2. Update on the Neighborhood- Kevin Thompson, BMNA President

Kevin Thompson gave a year in review update.

- 3. Brief words from elected representatives**
- Officer Mike Kjos from the 4th precinct gave an update
 - Lisa Goodman spoke about the agreement between the city and the parks department that she helped broker
 - Hennepin County Commissioner, Linda Higgins and State Representative, District 59B, Raymond Dehn gave legislative updates.
 - Josh Reimnitz, Minneapolis School Board Director, spoke about the superintendent search process and a policy manual review process.

4. Neighborhood Mission Review and Activities—Jessica Wiley,

BMNA Vice President

5. Treasurer’s Report: Dennis Fazio, BMNA Treasurer

Dennis Fazio reviewed last year and this year’s budget.

6. Introduction of Candidates for 2016 BMNA open positions— Jessica Wiley

Area 2 Lynda Shaheen, Sue Verrett
Area 4 Joanne Michalec, Chris Etz
Area 6 Barry Shade, Jay Peterson, Vida Ditter
President Kevin Thompson
Secretary Open

7. Voting Tally of Votes & Results

The complete slate was elected unanimously.

8. BMNA Website redesign

Dennis Fazio presented the newly designed BMNA website

9. Adjourn

Meeting adjourned at 8pm.
NEXT BOARD MEETING:
Wednesday, June 8, 2016
7:00 p.m., Bryn Mawr Presbyterian Church, Basement

UPCOMING EVENTS: BMNA Garden Tour, July 16, 2016
Ice Cream Scoop Off, July 21, 2016

Garage Sale Recap

Gorgeous weather + 95 registered garage sales = a successful BMNA Festival of Garage Sales.

It was another beautiful day for the BMNA Festival of Garage Sales. This event has been going strong for 40+ years! Thank you to all of the neighbors(95!) that chose to register their garage sale with the Bryn Mawr Neighborhood Association.

30+ neighbors donated their unwanted treasures to the annual BMNA garage sale. Area 5 super star neighbors, Jenny and Rod Carlson loaned BMNA their garage(and yard/bathroom/coffee/emotional support) for 2 weeks. This year we raised \$906.65 to be deposited into the BMNA general fund.

BMNA had some new volunteers this year. Bryn Mawr’s new Cub Scout troop volunteered at our port-a-potties asking for donations to support the cost of renting the bathrooms.

Thank you neighbors!
Thank you Carlson Family!
Thank you Cub Scouts!

- Patty Wycoff



Bryn Mawr Presbyterian Church Welcomes You!

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Bryn Mawr Recycling Schedule

	Monday	Tuesday
Area 1	June 6 June 20	
Areas 4W, 5W, 6, 7	June 13 June 27	
Areas 2, 3, 4E, 5E		June 14 June 28

Use it up, wear it out, make it do, do without. Recycle.





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for a link to membership information.
bmna.org/bmna/membership.html

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From the Editor

For the past several years, (13 actually) I have designed and managed the costumes for Project SUCCESS's annual musical at Anwatin Middle School. Their latest production, The Wiz was on stage at Anwatin Middle School May 27 and 28 at 7 p.m. If you missed it, next year's show will be June 2 & 3. Put it on your calendar now and check bmna.org for updates! Project SUCCESS is an amazing youth development organization that uses theatre as a way to help kids discover their dream and make plans to work toward it. So, they will work with the students to make each show relevant to the performers and audience.

Below is a blog post by a Project SUCCESS staffer talking about how they updated their production to make it relevant to the young performers. Even though this is being published after the show, I hope you still read it and appreciate their efforts to support our youth

- JoEllyn Jolstad, bugle@bmna.org

THE WIZ IN MINNEAPOLIS:
"THERE'S NO PLACE LIKE HOME."
*posted on www.projectsucccess.org
Fri, May 20 2016 9:09am by Amy S.*

In both The Wiz and its original inspiration, The Wizard of Oz, Dorothy's famous mantra is "there's no place like home."

But what is "home," anyway?

That's the question Project SUCCESS and Anwatin Middle School students encourage audiences to think about in their unique upcoming production of The Wiz.

In their local spin on the famous 1974 musical, Dorothy is a recent transplant from Omaha trying to find her way in Minneapolis, where she has moved to be with her aunt and uncle. As Dorothy navigates the neighborhoods of North Minneapolis, she bumps into her friends in nearby places – finding the Scarecrow in the community garden behind Anwatin, and meeting the Lion at a familiar Broadway Avenue beauty shop. The good witches who aid Dorothy in her journey hail from places south, north and east of the school.

According to C. Ryan Shipley, Project SUCCESS facilitator and director of the show, it's an opportunity for students and audiences to "take a tour of places they know and love."

As the group of new friends "Ease on Down the Road" – the musical's most reprised song – they pass by recognizable local landmarks chosen by the students in the show. The production is deeply personal for its cast and crew of 6th, 7th and 8th graders, and they hope the work they've done to place the show in their own communities will resonate with attendees.

Savvy audience members might even be able to pick out a Prince tribute during one of the dance numbers.

The Wiz is the 17th annual production Project SUCCESS has brought to Anwatin Middle School. In 2008, Project SUCCESS added student musicals at Sanford and Mary Open middle schools, totaling more than 200 student participants each year. Putting on a very professional and successful theater performance contributes to young people's skills and self-esteem. Teachers report students raising their grade point averages and becoming more motivated after being part of a Project SUCCESS musical.

The opportunity to perform on stage goes hand-in-hand with other Project SUCCESS programming, building on what students learn through monthly goal-setting workshops in their English classrooms.

While students in Anwatin's The Wiz certainly focus on their acting, singing and dancing skills – just like any professional performer would – they also spend time talking about the universal themes of show, the experience of performing and how they can tie it back to their own lives. They work together to create a quality production, building new and stronger relationships with students in their own school, and experience success when they perform the show for their peers, family members, and the community.

"Each character has a different challenge which is really relevant to students – being true to yourself, finding where you're comfortable, figuring out how to not shut down when things get tough," Shipley says.

Students have a chance to find their own confidence through the show, while going through the process of defining "home" for themselves and their viewers – a path that mirrors Dorothy's own journey from Omaha to Minneapolis and all along the Yellow Brick Road.

WEEKLY MEETINGS OF ALCOHOLICS ANONYMOUS
are held at Bryn Mawr Presbyterian Church,
Cedar Lake Road and Laurel Avenue, on
Tuesdays at 7:30 p.m.
All interested people are invited to attend.



This month, the Bugle is republishing an article from March 1978. Evelyn Turnham continued to live in the house on Xerxes. In the late 80s, her niece and her twin daughters lived with her. If you have historic information or photos that you would like to share with the Bugle, please email Kevina Munnich at kmunnich@gmail.com.

MR. AND MRS. GEORGE TURNHAM

When Bryn Mawr resident George Turnham finished grade school in Crystal Bay, Lake Minnetonka, about the year 1900, the nearest high school was in Minneapolis; but George was convinced that he was going to continue his education. He wasn't concerned about busing--there were no buses. So every morning George ran two miles from the farm to Crystal Bay where he caught the train to the Union Station in the city, then ran another mile to old East High in time for class. Then he went home in the evening the same way.

Mrs. Turnham lived on a farm near Crystal Bay and she says she could set her clock at the regular time young George ran by in the morning. Evidently she also "set her cap" for him, for the schoolmates married and moved to Minneapolis where George went into the wholesale coal business.



MR. & MRS. GEORGE TURNHAM

About 1922 the Turnhams moved to Bryn Mawr, 433 Ash Street, now called Newton Avenue. They recall some of the big homes, mansions in those days, which were occupied by the Gonyeas, the Whitely's and other families. However, in ten years their bungalow was too small for the growing family of four children, so in 1936 they moved to 1133 Xerxes, up on the glacial ridge paralleling the railroad tracks. There were few houses up there at the time, so the Turnhams had a beautiful view to the west, and especially enjoyed the sunsets over the rolling hills beyond Brownie Lake.

The Turnhams wanted to live on the western edge of the city so they would have easy access to their families at Lake Minnetonka. George's family settled on a farm by the Lake even before 1858, the year Minnesota became a state. They came here from Ohio, and

originally were from England. Daughter Evelyn recalls that her grandfather, Minnesota Senator George A Turnham, told stories about driving a team of

oxen west on what is now Wayzata Boulevard, and what a hard pull it was to get over the big hill--the one by Ridgedale. As a girl of eight, Mrs. Turnham remembers that when her father and seven children rode their horse-drawn wagon out to the lake, all the kids had to get out and walk to lighten the load when they came to the big hill. It took a little over two hours for their horse to get them to the lake over the dusty gravel roads.

The Turnhams have seen many changes in the 56 years they have lived in Bryn Mawr. They recall the activity around the Minneapolis Tennis Club and the Bryn Mawr Golf Club that was fast giving way to home building. When daughter Evelyn, who now cares for her parents, was in Bryn Mawr school, it had only four rooms. Mrs. Turnham says that she used to go to Ed and Florence White's Grocery nearly every afternoon, and that the stores at Penn Avenue could meet nearly every need in those days.

The Xerxes house on the high ridge between Wayzata Boulevard and Cedar Lake was a great place for the Turnham children to grow up. The hill, consisting of glacial sand and gravel was much higher than the present Cedar View Drive. Mrs. Turnham and the neighborhood children did a lot of rock hunting, and she still has a fine collection of agates found up there.

The Turnhams were active golfers, members of the Interlachen Club, and even now at 92 years of age George Turnham's eyes light up at the recollection of his golfing days.

The Bryn Mawr Presbyterian Church was originally located on Penn Avenue where the Masonic Hall is situated. Turnhams were charter members of the church and recall some of the names of the early ministers, among them Dr. Paden, Dr. Hale, and Dr. Carey. The family has been active with the church to the present day. In fact, while in their seventies they assumed guardianship of the four minor La Combe children on the early death of both parents. The La Combe children were eager to remain a family unit in Bryn Mawr and to continue their association with the schools and the Bryn Mawr Church. The Turnhams made this possible. That was not only a generous humanitarian act, but a great demonstration of neighborliness in Bryn Mawr.

- Alan Bruce.

I'm gathering information about the homes (and families) that had been in the Bryn Mawr Meadows through the 1960s. Some of those families stayed in Bryn Mawr after their homes were demolished for the park expansion. If you would like to share your story, please contact me: Kevina Munnich - kmunnich@gmail.com. I think it's important to record this history before we forget...

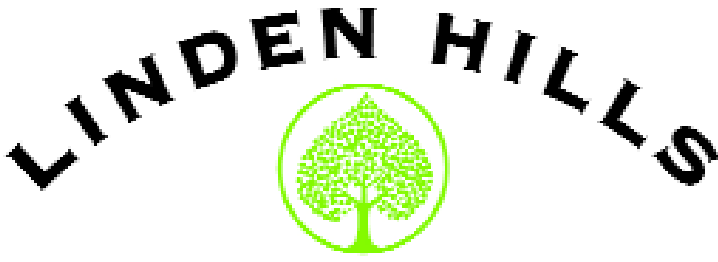


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BMNA

Community Projects Approved

Four community projects were approved at the April 2016 BMNA Board meeting. Ideas for projects that will improve our community were solicited from neighbors during January, February, and March of this year. There were 16 very intriguing projects suggested this year. The Community Project Committee created a prioritized list from these and projects suggested over the past 9 years. After evaluating all the suggestions, using the established criteria, we recommended the following four projects:

- Bee hotels constructed at JD Rivers Children's Garden
- Street painting for traffic calming
- Buckthorn removal
- Doggie waste stations

Each of the approved projects has a leader willing to follow through. The construction of the bee hotels was proposed by Boy Scout Michael Dickson for his Eagle Scout project. A number of neighbors have proposed street painting for the last few years; Beth Turnbull has agreed to spearhead the exploration of this idea. The buckthorn removal project continues a partnership with the Park Board for eradication in Bas-

sett's Creek Park, and five doggie waste stations will be placed throughout the neighborhood. Watch the Bugle for further information as these projects develop.

Criteria for community projects include:

- Is it possible (politically, physically)?
- Does it meet the budget (\$0 - \$5000)?
- Is it sustainable long term?
- Does it have neighborhood wide impact?
- Is there leadership (an identified neighbor) to get the project done?

The committee keeps a running list of recommendations, and all ideas are considered. We appreciate the suggestions made and hope you will submit ideas for future projects to jessicasusanwiley@gmail.com , or 612-374-3481.

The BMNA Community Project has been in place for the last nine years. Committee members include: Steve Harvey, Area 7; Jay Peterson, Area 6; Joanne Michalec, Area 4; Jessica Wiley, Area 3; Susan Verrett, Area 2; Kevin Thompson, BMNA President; Patty Wycoff, Neighborhood Coordinator; and Nick Cichowicz, CPP chair.

Bryn Mawr Neighborhood Association Calendar - June 2016						
All meetings are open - everyone is welcome. Neighbors are urged to attend and participate in meetings and activities of special interest to them. Bryn Mawr Neighborhood Association and its committees meet at Bryn Mawr Elementary School during the school year, unless otherwise noted.						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SAVE THE DATES: Bryn Mawr Garden Tour, July 16 BMNA Ice Cream Scoop-Off, July 21			1	2	3	4
5	6	Last day of school for Minneapolis Public Schools 7	BMNA Monthly meeting @ Bryn Mawr Presbyterian Church, 7 PM 8	9	10	11
12	13	Music In the Parks at Wirth Park 14	15	16	17	18
19	20	ROC Meeting, Harrison Community Center, 6 PM 21	22	23	24	25
26	27	28	29	30	31	

Cutting Edge Pavement Technology used to remake I-394.

The following excerpts are reprinted, with permission, from the Jan 2016 Roads&Bridges magazine. You can read the full article at www.roadbridges.com

THE BEST OF BOTH WORLDS by Ashley Kizzire

For years, MnDOT fielded public concerns over the din created by cars traveling across I-394. Now, with a new Next Generation Concrete Surface (NGCS) in place, residents of the Bryn Mawr neighborhood will experience a long-lasting, significant reduction in tire/pavement noise. But the new pavement surface is designed with safety in mind. The first new concrete pavement surface developed in the last 30 years, the NGCS solution combines a quiet ride with a safer pavement.

A noisy history

The circa 1988 section of I-394—from Highway 100 to I-94 in Golden Valley and Minneapolis—was originally constructed with a transversely tined concrete surface. A transverse tined surface is constructed perpendicular to the direction the tires travel along the surface. This orientation provides significant friction and reduces the chance of hydroplaning, but transverse tining is noisy. A standard practice at the time of I-394's construction, transverse tining has been discontinued today by most transportation authorities in the U.S. Complaints from residents related to I-394's noise eventually reached the Minnesota State Legislature, which in turn passed legislation mandating that the surface be overlaid with asphalt to lessen the noise. In 1996, MnDOT applied the first of two asphalt overlays to I-394, while the structural condition of the original concrete was still of high quality. Noise was reduced, but only temporarily. As the harsh Minnesota winters descended with their customary force, performance issues arose in the pavement. During freeze-thaw cycles, asphalt and concrete expand and contract at different rates. Over time, the different rates of expansion caused I-394's asphalt overlay to crack, exposing the concrete joints underneath. The overlay began to delaminate in these areas and large potholes formed. Eight years after the first overlay, the deteriorating surface was replaced in 2004 with another bituminous overlay. "At that time, MnDOT did consider removing the asphalt overlay and diamond grinding the concrete to mitigate the noise," said Matt Zeller, executive director of the Concrete Paving Association of Minnesota. "MnDOT discussed the options with the surrounding neighborhoods, but due to their unfamiliarity with the diamond-ground concrete surface, residents chose to stick with the perpetual mill-and-overlay solution for noise mitigation, even if that surface would not last as long as a concrete surface."

Repair solutions

In 2014, MnDOT once again needed to rehab I-394. Repair solutions came in the form of two

concrete pavement strategies gaining national momentum: the "buried treasure" preservation concept and NGCS. The buried treasure preservation concept is a procedure used to recover an otherwise structurally sound concrete pavement that was overlaid due to functional deficiencies such as excessive noise or poor ride. To implement the buried treasure concept, crews remove the aging asphalt overlay placed atop the concrete roadway followed by the installation of a low-noise surface finish on the newly exposed concrete. Because the underlying concrete on I-394 was now 27 years old and in need of some limited repair, the buried treasure concept provided an ideal solution, allowing MnDOT to address the root cause of the deterioration rather than simply cover it up. The NGCS was conceived by the industry while working with Purdue University between 2006 and 2008 and fully developed at MnDOT's MnROAD pavement test track. It represents the quietest non-porous concrete surface developed to date and is the first new concrete pavement texture introduced in the last 30 years. A hybrid texture, the NGCS resembles a combination of diamond grinding and longitudinal grooving. The texture is most easily constructed in a two-pass operation using diamond tipped saw blades mounted on conventional diamond-grinding and grooving equipment.

The result is a dramatic decrease in noise. This represents a considerable benefit for areas with a greater need for quieter roads, such as urban or residential areas. Recognizing the need for quieter pavements, a vast partnership that included the IGGA, American Concrete Pavement Association (ACPA), Portland Cement Association (PCA) and Purdue University developed the NGCS at Purdue's Herrick Laboratories in West Lafayette, Ind., where research was conducted using its Tire Pavement Test Apparatus (TPTA), which can test nearly any pavement texture. Test findings indicated the geometric configuration of the blades and spacers used to construct diamond-ground textures was not the controlling factor in noise generation; rather, the resulting fin profile was the most important factor. Producing a low-noise, diamond-ground surface required creating uniform and consistent land profiles. The research findings led to the NGCS solution for pavements. Following the research phase, proof of concept occurred at the MnRoads Low-Volume Road Facility.

Noise testing

A research team from MnDOT conducted On-Board Sound Intensity (OBSI) measurements both before and after construction, and found a significant improvement in noise levels. The NGCS resulted in a 56% tire/pavement noise



reduction from the pre-existing asphalt wearing course and a 24% reduction in tire/pavement noise from the pre-ground transverse tine. Jerry Geib, Research Operations Engineer at MnDOT, summed it up with concision: "When you do not hear any noise, you are on the NGCS." The buried treasure work on I-394 provides a cost-effective solution for MnDOT to repair the pavement and reduce noise. For this vital artery in Minneapolis, structural integrity is maintained, and with the NGCS solution in place, I-394 is expected to live another 20 to 30 years in peace and quiet. R&B

A pleased populous

Residents of the Bryn Mawr neighborhood near downtown Minneapolis have had an interest in seeing I-394's noise issues resolved since the 1980s. Recent feedback from residents indicated that the new NGCS solution is at last offering them quieter pavement. "It's absolutely quieter, a lot quieter," said Rick Standish, who lives immediately adjacent to I-394. Kevin Thompson, president of the Bryn Mawr Neighborhood Association, said, "I enjoy driving on it. It seems smoother and sounds quieter." "I honestly would have to say I was expecting it to be quieter and I really think it is. I've really been listening," said Dennie Juillerat, a board member of the Bryn Mawr Neighborhood Association. Juillerat lives immediately north of I-394. Leo Verrett, whose house is farther from the highway but who drives on the road regularly, said, "When we were driving from downtown Minneapolis and got onto the new section, there was a noticeable difference inside the car. It was a lot quieter." Bryn Mawr residents utilize Nextdoor, a social media site that offers a private discussion forum for individual neighborhoods. Comments on a discussion thread there included the following: "I love driving home from the west end on I-394. Feels like driving on silk. Smooth and quiet." "We live [just north] of I-394, and I think it's quieter not only to drive on, but the road noise we hear at our house seems to be less, too. Tell them [the Concrete Paving Association of Minnesota] thanks!" Christopher Etz, who also lives next to the highway corridor, agreed with his neighbors, stating, "I will second what others around here are saying: Driving on it is a pleasure."

- Submitted by Christopher Etz, BMNA Co-Rep Area 4



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<http://www.bmna.org/bmna/membership.html>

Fascinating Folks

By Anna Quirk, Area 6

Kristen Anderson of area 6 is a cancer epidemiologist, public health professor and cancer researcher with the University of Minnesota. Kristen and her husband have lived in Bryn Mawr since January 1990. Her sister Susan and brother in law, Jeff Dean live here too. When asked why she likes Bryn Mawr, she states, “We know our neighbors. There are a lot of activities to bring neighbors together.”

Becoming a Scientist and Researcher

Kristen is a cancer epidemiologist. She studies the causes of cancer in populations with a focus on prevention. She states that science was always a part of her life in one way or another. “I loved learning about the natural world as a kid. My mother was a zoology major and taught nursery school for many years and then nature studies to children in various settings. It was just part of growing up and it was fun.”

She became very interested in developmental biology in college. “Normal development, even for simple organisms, is complicated”, she says. “In humans, it is very compli-

cated. I always wondered how something like the human hand is ‘assembled’ I wondered, ‘what are the signals between different cells and tissue types that leads to the structure and function of an organism?’ I found out in college that cancer is abnormal development and that people who study the biology of cancer are often studying the biology of normal growth.”

She decided to continue her education in this area and in graduate school, she wanted to learn more about the biology of normal and abnormal growth. “A career in laboratory cancer research can be very narrowly focused. I realized that I wanted to work in a more applied area of cancer, so I turned to public health and epidemiology.” Epidemiology is the study of health.



Current Research-Prevention is Key

Kristen’s current research endeavors are in pancreatic, colon, breast and lung cancers. She believes these are

important cancers because they “represent a large proportion of cancers”. By studying these cancers, she feels she can help the most people. She definitely believes in prevention when it comes to medicine. She would rather have people take action to prevent illness rather than waiting to treat an illness they have already acquired and then paying for costly medical treatment. She also believes in starting the prevention stage at a young age. There should be “more effort to prevent youth from starting smoking, more opportunities for physical activity for kids - all kids and making sure we vaccinate the population.” In one of


her recent studies, she released information about a possible link to “well done meats” with higher instances of pancreatic cancer. Cooking meat at high temperatures by frying or grilling/barbequing could produce carcinogens. In another study, she found a link to cigarette smoking and pancreatic cancer as well. “Many people don’t know that cigarette smoking is the most well-established risk factor for pancreatic cancer, yet there is limited information on other possible risk factors.”

The Future

Some issues in public health for the upcoming generation will be, no surprise, “availability of clean water; obesity and its consequences such as diabetes; emerging infectious disease; over population and consequences of climate change.” All very important topics. Thanks to people like Kristen and her colleagues this kind of important work can continue and grow everyday.

Kristen lives with her husband, Bob Reilly, and has two adult children Evelyn and Sylvia. In her spare time, she likes to travel, garden, knit, watch birds, and listen to music.

Space and guidance to create a new path for yourself and be the best version of YOU.



TALIA JACKSON, PSY.D
Licensed Psychologist
Bryn Mawr Office:
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Minneapolis, MN 55405
dr.taliajackson@gmail.com
612.709.7153

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Save the Date for Mill City Dental’s 15th Anniversary Party
August 4, 2016

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Minneapolis Sculpture Garden

Reconstruction project celebrated with ground breaking ceremony
The beloved regional icon will begin a new era next June when it reopens with repaired infrastructure, expanded accessibility and increased sustainability.



On May 10, 2016 the Minneapolis Park and Recreation Board (MPRB), Walker Art Center and many local arts and parks supporters celebrated the beginning of a project that will revitalize the Minneapolis Sculpture Garden and mourned the passing of former Walker Art Center Director Martin Friedman. Friedman was a giant in the Minneapolis arts community. He spent nearly three decades at the helm of the Walker Art Center and was integral to the development of Sculpture Garden, including commissioning the iconic Spoonbridge and Cherry. On his second day on the job in 1981, former MPRB Superintendent Tom Fisher received a call from Friedman. Soon after, the men met for lunch to discuss developing land near the Walker Art Center, and seven years later the Minneapolis Sculpture Garden opened to widespread acclaim.

The Sculpture Garden received more than 9 million visits since it opened in 1988, and major repairs to its failing infrastructure were necessary to revitalize the Minneapolis landmark for the next generation of park and art lovers. It will be completely rebuilt, reopening next summer with improved irrigation and drainage, wider, accessible walkways, a new accessible bathroom building.

“The Minneapolis Sculpture Garden is one of the best public spaces in America and a prime example of the potential of innovative, collaborative partnerships,” said MPRB Superintendent Jayne Miller. “We’re incredibly grateful for the many people and organizations who came together to support this critical project,” added MPRB Commissioner Anita Tabb. This project would not be possible without the generous funding provided by the State of Minnesota, Mississippi Watershed Management Organization, and the Hennepin County Environmental Response Fund. Earlier this year, the Walker Arts Center announced 16 new pieces of



art will be installed in the Sculpture Garden and Walker campus by artists including Katharina Fritsch, Theaster Gates, Mark Manders, Eva Rothschild, Aaron Spangler, and Robert Indiana. The artists bring a range of diverse, global voices from seven different countries. “As we celebrate the life and contribution of longtime Walker director Martin Friedman, the timing of this ground breaking is particularly poignant,” said Olga Viso, Walker Art Center Executive Director. “We’re thrilled to open the next chapter of the Garden with new artworks by some of today’s most significant artists to be shared with the Twin Cities community and visitors from around the world.”

The Sounds and Scenes of Summer – Free Music and Movies in Minneapolis Parks

More than 250 free outdoor concerts and movies, sponsored by Comcast, will be hosted in Minneapolis parks this summer as part of the Minneapolis Park and Recreation Board’s (MPRB) Music and Movies in the Parks program.

Music in the Parks

Since 1892, local Minneapolis artists and bands have put on a show every day in the summer for their residents and neighbors. Genres vary from swing, folk, rock, bluegrass, classical and much more. The 2016 MPRB summer concert season fills the air daily with music at six outstanding concert venues running Mon., May 30 – Mon., September 5.

- Lake Harriet Band Shell (Monday–Saturday at 7:30 pm; Sundays at 2 pm and 5:30 pm)
- Nicollet Island Park (Mondays at 7 pm)
- Father Hennepin Bluffs Park (Tuesdays at 7 pm)
- Minnehaha Park (Wednesday–Friday at 7 pm)
- Bryant Square Park (Tuesdays and Thursdays at 6:30 pm)
- Theodore Wirth Park (June 14, July 12, August 16 at 7 pm)

Movies in the Parks

The 2016 Movies in the Parks mobile program takes place Monday through Saturday evenings and will travel to more than 45 neighborhood parks throughout the summer. Movies start 15 minutes after sunset

and runs from Mon., June 6 – Sat., August 27 showing six new and exciting movie themes.

New Releases
Family Favorites
Minnesota Connection
Movies That Inspire
The Classics
Action Adventure
Music and Movie Combos

On the second Thursday each month throughout the season, Live on the Drive will present the movies Remember the Titans, Up, Back to the Future and Jurassic World in addition to bringing performances from Rio Nido, MPLS and Ashely DuBose.

In August, the sixth installment of the Star Tribune Music and Movie series will feature four consecutive Friday night events with nationally recognized artists, followed immediately by a movie at Lake Harriet Band Shell.

Every Tuesday beginning June 7, the great tradition of the music-movie combo at Father Hennepin Bluff Park continues with a movie showing after the concert, along with Food Trucks ready to serve.

Twin Cities Mobile Jazz Project

In addition to the Concert series, the MPRB, Grammy award-winning music producer, Andre Fischer, and The Dakota Jazz Club will present jazz music, artists, and music education workshops to youth throughout the summer in Minneapolis parks. Visit www.twincitiesmobilejazzproject.org for more dates and locations.

Concerts and movies are free, and everyone is welcome to attend. Bring your lawn chairs, blankets, pack a picnic, and don’t forget bug spray! For the most up-to-date schedules and weather-related information, visit www.mplsmusicand-movies.com. You can also find Music and Movies on Twitter and Facebook.

Join us in Minneapolis parks and enjoy a summer filled with sounds and scenes. The season’s kickoff event is on Memorial Day, May 30, 2016 with the company of two bands and food trucks to keep you satiated. Music begins at 5:30 pm and goes until 9 pm at the Lake Harriet Band Shell.

June 5, 1999

First 90° day of the summer, strong thunderstorm. How far away is a thunderstorm? Because light travels much faster than sound, count the number of seconds between lighting and thunder and divide by 5 to get the approximate distance in miles.

June 8, 2011

High 103°. World-wide average temperatures are estimated by taking air and ocean readings around the globe. Every one of the last 12 months has set a record for warmth. This is a crisis, folks. Individual action is important but it’s time to elect officials who will put climate change front and center in public policy. A carbon tax would be simple and effective.

June 21, 2005

Blooming along the Cedar Lake Bike Trail: white daisies and Queen Anne’s Lace, orange Indian paintbrush, blue clover, purple giant thistle, yellow black-eyed Susans and eggs-and-butter. The Park Board is managing this reclaimed railroad property as a prairie, with periodic burns. On a clear June morning, it’s spectacular.

June 20, 2016

Full moon, the Ojibwe strawberry moon.

Outstanding PTA Volunteer

The Bryn Mawr Elementary PTA wishes to honor Lynda Shaheen, for 10 years of amazing volunteer service with Bryn Mawr School's PTA and community, now that her youngest is moving on to middle school.

Whether she was serving (as V.P.) on the PTA Board or not, Lynda has always been a key person with whom we discussed decisions the PTA needed to make - because of her breadth of knowledge, her 'cool head,' and her ability to see and explain many points of view. She has successfully organized our Silent Auction fundraiser for several years now and when, after six years of being in charge of the annual plant sale, Jenny Warner finally needed to step down, Lynda stepped in to help us manage that, as well. Lynda has helped organize election day bake sales, fall fundraisers, and teacher appreciation events.

Leading our social media efforts, she has helped to keep our website and Facebook pages up-to-date, helped us set up an online volunteer sign-up and even created a Twitter account -which now has 77 followers, including parents, school district administrators, and local businesses. Lynda's departure will leave a big hole in our PTA!

Minneapolis Board of Education selects Ed Graff as preferred Superintendent candidate

MINNEAPOLIS – The Minneapolis Board of Education has selected Ed Graff as the preferred candidate to be the next Superintendent of Minneapolis Public Schools (MPS). The Board will begin contract negotiations and hopes to finalize a contract by Friday, May 27.

In his more than 25 years as an educator, Ed Graff has worked for the best interest of all students. As superintendent of the Anchorage School District, he led implementation of the district's comprehensive strategic plan, collaborated with more than 600 community partners, and ensured a district-wide focus on putting students first. Previously, Ed Graff served as a chief academic officer, an executive director of elementary education and a school principal. He holds a master's in education administration from the



In addition to the PTA, Lynda has served on the Bryn Mawr Elementary site council for several years, and she has advocated for our school on the Bryn Mawr Neighborhood Association's Schools committee. When we were looking for partners to start a Sheridan Story food program at school, Lynda worked with Bryn Mawr Presbyterian Church - and they are now our primary sponsor, sending bags of food home in the backpacks of up to 200 kids, each Friday. She has also volunteered in her sons' classrooms regularly, and attended many field trips as a chaperone.

The entire Bryn Mawr Elementary community has benefited from Lynda's willingness to share her time and talents with us, again and again. Thank you, Lynda, for 10 years of amazing service for our school and, especially, for our children!

- Lisa Mills, President,
Bryn Mawr Elementary PTA



Youth & Schools

Camp in a Van Returns for Another Summer

Mark your calendars! Bryn Mawr Presbyterian Church is hosting Camp in a Van again this summer. Camp will run Monday, July 11 to Friday July 15. Hours will be 9 am to 1 pm. Cost is \$75. Camp in a Van is a day camp run by Presbyterian Clearwater Forest. Counselors provide fun programming for kids who have completed grades K-5 at the church and neighborhood parks. More details to follow in future issues or at www.brynmawrchurch.org. To register call 612.377.5222

Contact Information For Community Schools

Bryn Mawr Elementary (PreK-5)
252 Upton Avenue South
612-668-2500
brynmawr.Minneapolis.k12.mn.us
Minneapolis Kids School-age Childcare
(at Bryn Mawr School)
612-668-3890
mplskids.Minneapolis.k12.mn.us/
Anwatin Middle School (6-8)
International Baccalaureate and Spanish Dual Immersion
256 Upton Avenue South
612-668-2450
anwatin.Minneapolis.k12.mn.us
Anwatin Community Education
612-668-2470
www.mplscommunityed.com

City of Minneapolis Curfews

Age	Sun-Thurs	Fri-Sat
Under 12	9:00 pm	10:00 pm
12-14	10:00 pm	11:00 pm
15-17	11:00 pm	12:00 pm

Curfew: It's the law!

City of Minneapolis

POLICE DEPT



For the safety, protection, and health of our youth, curfew hours are important to abide by.

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Quarter page, vertical	4 7/8"w X 7 7/8"h	\$70	\$80
Quarter page, 3-column	7 3/8"w X 5.25"h	\$70	\$80
Quarter page, 1-column	2 3/8"w X 16"h	\$70	\$80
3-column, 1/4 high	7 3/8"w X 3 7/8"h	\$50	\$65
Sixth-page vertical	4 7/8 x 6 3/8	\$50	\$65
Eighth page, horizontal	4 7/8"w X 3 7/8"h	\$35	\$45
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djolstad@msn.com



Calling All Graduates!

The Bugle will be running its annual tribute to graduates in the JULY issue. If you or someone you know is a recent or soon-to-be graduate, be sure to drop an announcement and a photo in the Bugle box at the Bryn Mawr Market. Include your name, school, and phone number so we can call with questions. Or contact us (377-8968, or e-mail bugle@bmna.org) and we will help you write the interesting particulars of your accomplishments and plans for the future.

Cedar Lake Elf House...

Did you know that Cedar Lake has an elf house? It is tucked alongside the asphalt walk path by first point. It looks like a fairy is living there now...I guess Bryn Mawr has to be different! You can bring furnishings - but remember the rules: you can't take anything unless you bring something.



Bugle Notes

Area 6

You may remember Phyllis Just as the older lady who gave garage sales on Upton Ave. for many years. Or the woman who sat in her front yard and dug out every single dandelion. Or as a member of the "Old Timers' Club" that once met at Anwatin.

Phyllis died May 27 at age 99. She didn't want to make it to 100 and was very ready to go. She lived in Bryn Mawr for 47 years. Born in Montana, she moved to Minneapolis when she was about 5, attended Longfellow School in Minneapolis and graduated from South High in 1934.

She worked as a bookkeeper for several Minneapolis companies, working in the old Metropolitan Building for a while. She moved to California and worked at Lockheed Aircraft while her sister Margaret attended a technical school. Phyllis also worked on the East Coast for three years.

Back in Minneapolis, Phyllis enjoyed skiing, hiking, and camping with friends. She was the first female member of a photography club and won a number of trophies for films she made. One of her favorite memories is a surprise anniversary party she and Margaret planned for their parents at Danebo, a Danish cultural center in Minneapolis. About 100 people attended, and Phyllis said her mother was "horrified" at the surprise. The sisters were single and lived together in Bryn Mawr.



In 1975, Phyllis and Margaret volunteered on behalf of Lutheran Social Services to meet 11 orphaned infants and toddlers in Korea and fly with them back to Minneapolis. Phyllis maintained a strong interest in Denmark all her life; her parents were immigrants from there. As a young woman, she saved enough money for a steamer ticket to Denmark and found jobs so she could live there for a year. Fluent in Danish, she kept in contact with Danish friends and relatives for many years. She attended St. Peder's Lutheran Church in Minneapolis, which originally was a Danish church. She and Margaret traveled in England, Greece, Spain, and other countries. Margaret died about 15 years ago. They loved Bryn Mawr and in her later years, Phyllis' neighbors and her church friends became her family.



Bryn Mawr Moms on the Search for Good Books & Food

Between the World and Me Ta-Nehisi Coates

Beautifully written, this is a searing account of Ta-Nehisi Coates' perspective on who he is and the journey that led him to where he is. Coates is a national correspondent for The Atlantic. At 152 pages, this is a short read; but don't mistake that for an easy read. The book is written as a letter to his 15-year-old son who, as a black teenager, is trying to make sense of blatant racial injustice following the decision not to charge the white officers who killed Michael Brown in Ferguson Missouri.

Citing past and current history, Coates contends that perpetrating violence on the African American body is an American legacy and tradition. He sees it not as a failure of the system, but as the system itself. He vocalizes a basic fear of African American parents that little has changed; that for the smallest of reasons their children can be brutalized, and he asks how he can find a way to live with his fear and within his black body.

This book was not written to explain the African American experience to white people, or as Coates says "to people who believe they are white." Coates has little hope that freedom or equality are in the near future for black people in America. He raises questions for which he offers no answers, has no solutions—but readers are challenged deeply to ponder.

We struggled to absorb the meaning of Coates' constant awareness of his mortality and his sense of disembodyment. We were overwhelmed with sadness at Black Americans' being robbed of their humanity. We

wanted to find hope in the end, but were left with Coates' despair.

Toni Morrison says this should be required reading. "Its examination of the hazards and hopes of black male life is as profound as it is revelatory." We agree.

Spoon and Stable

211 N 1st St, Minneapolis

Spoon and Stable has quite the hype going, and it's all true! It's difficult to get reservations—two months out? The wait for a table, even in the bar, was over two hours. But we were able to get bar stool seats, and since there were only three of us, it was perfect. And the food, bartender, and drinks lived up to their reputation.

We started with cocktails—the Old Fashioned included roasted pineapple, demerara and angostura. Wonderful enough to order two! And of course, we had the hand-cut fries with béarnaise and herbs.

We ordered off the bar menu—duck meatloaf sliders on brioche, a prawn "Po' Boy" with cabbage, and smoked pork tacos with pineapple and cilantro. Flavor, texture, seasoning—all exemplary.

The restaurant is clean, crisp, modern, the eye-catching wine cellar sits in the middle of the room. With an open kitchen, you can watch the chef prepare the food.

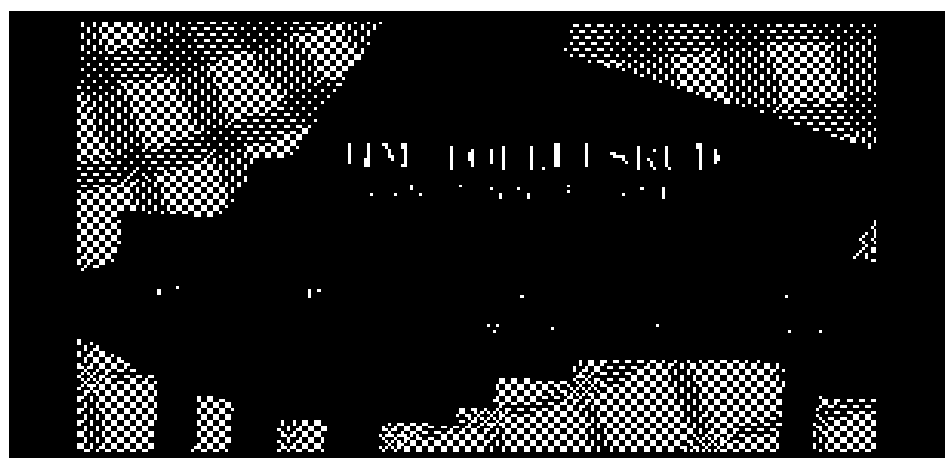
Spoon and Stable is across 1st Street from the Bachelor Farmer, so we wandered over for a nightcap in the basement Marvel Bar, an unmarked speakeasy accessed by entering a "locked" metal door, down a set of stairs, and then through the famous purple door. It's intimate and it's hip. That's the North Loop.

What the Moms are reading now:
Empress, by Shan Sa

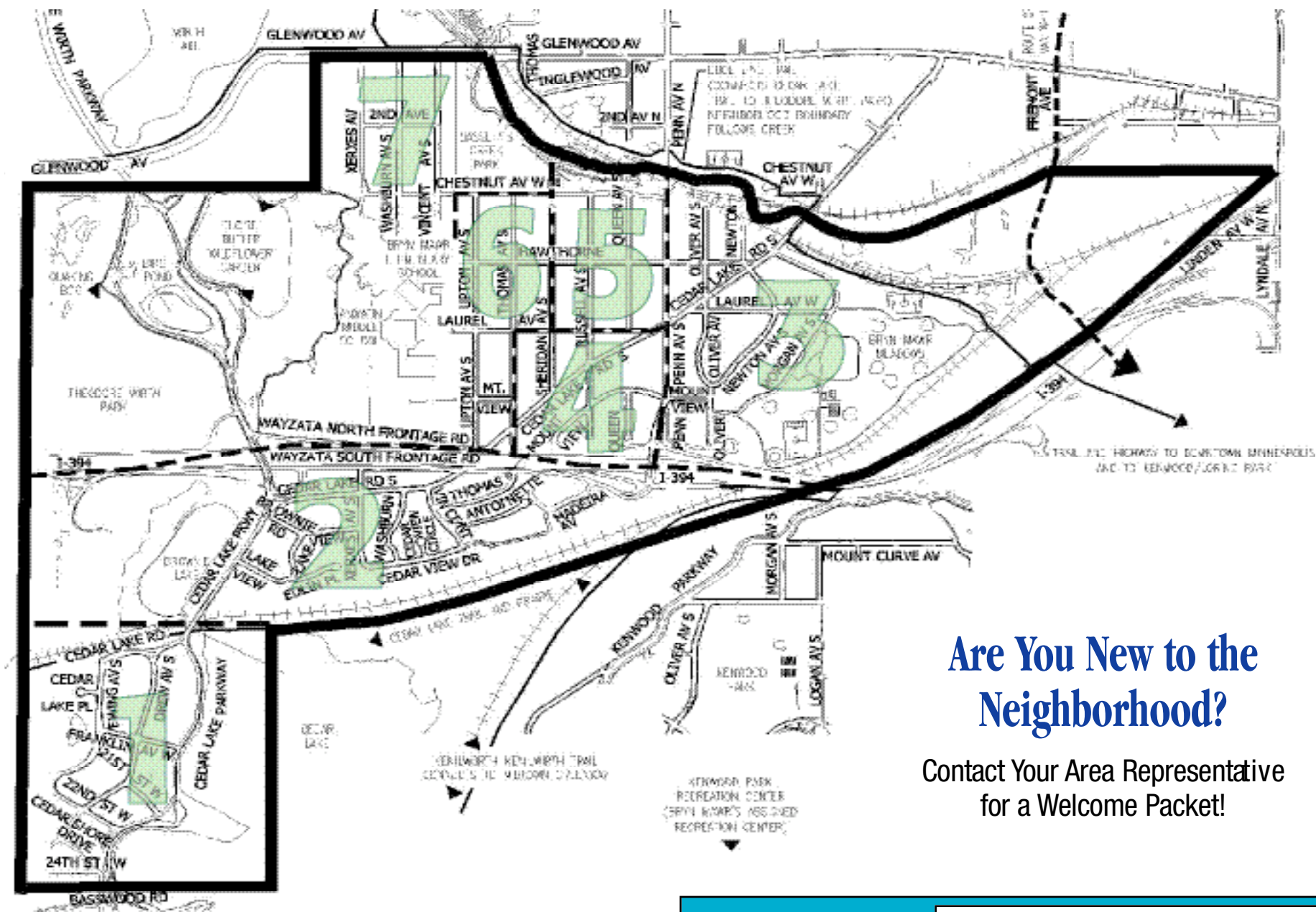


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Are You New to the Neighborhood?

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THE BRYN MAWR NEIGHBORHOOD ASSOCIATION

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Be sure to check references, State Agencies, BBB, etc. and inquire about bonding when using any new service.

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VOLUNTEER OPPORTUNITIES

Male participants in the age range 65-89 are needed for an antioxidant study. The study involves 2 MRI scans and cognitive testing. We will compensate financially for time spent. Email Jillian Crocker (crock140@umn.edu) or if you don't have email you can call Melissa Terpstra at 612-625-4927.

Reimbursed Senior Volunteer Positions: The Senior Companion and Foster Grandparent Programs are seeking volunteers 55+ years willing to help seniors as friendly visitors in their home & outings in the community OR to help children in school settings as mentors and tutors. Volunteers needed in YOUR community! Tax-free stipend, mileage reimbursements & other benefits. Contact Lisa at, 651-310-9450 lisa.beardsley@lssmn.org.

Volunteer tutors are needed to teach Adult ESL & GED classes one day per week at Sumner Library. No previous experience necessary; full training provided. Must be able to commit to a 3 month period. For more information, please call John Ashby at 612-377-5399 or jashby@mnliteracy.org

YOUTH SERVICES

Hi, my name is Gabe Engel and I am 14 years old. I am available to feed your cat/water plants while you are out of town, mow your lawn (I bought an electric mower with my own money) or babysit. Please call me if you need any of these things. 612-990-1730.

COORDINATOR CORNER

My name is Patty Wycoff and I am the
Bryn Mawr Neighborhood Association Coordinator.
Feel free to contact me at
coordinator@bmna.org or 612-239-1710.

If you are not part of our e-mail list, please sign up at www.bmna.org.

Bugle also available at www.bmna.org

A reminder that in addition to being delivered to your doorstep, the Bryn Mawr Bugle is available online at bmna.org. Click on the Bugle logo on the home page to read the current edition or go under the 'Bugle' tab to see past editions and to learn more about advertising rates and submission deadlines.



Questions about placing an ad or submitting a story? Email bugle@bmna.org.

The Bryn Mawr Bugle is an open-forum newspaper published by the Bryn Mawr Neighborhood Association. Content is based entirely on volunteer submissions which may be emailed to bugle@bmna.org. Articles and letters to the editor will be printed at the discretion of the Editor. The Bryn Mawr Bugle is published every month except January. Distribution is free to Bryn Mawr residents; copies are also available at the Bryn Mawr Market, Bryn Mawr Mobil and Cuppa Java. Subscriptions are \$21 per year. Opinion articles represent the opinion of the writer; not necessarily those of the Bryn Mawr Neighborhood Association or the Editor of the Bugle. The Bryn Mawr Bugle will print letters to the editor as space allows. Letters may be edited for length without altering the letter writer's message. Letters must be signed by the person who wrote them. Under the law, letter writers, like journalists, may not commit libel, be obscene, reveal names of juveniles accused of crime, invade personal space, or incite to riot.

Copy deadline for the July issue is June 20!

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Call Deryck Jolstad at (612) 377-8968 or djolstad@msn.com for rates.

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