



BRYN MAWR BUGLE

Published by the Bryn Mawr Neighborhood Association

March 2009

Save the Date:

Bryn Mawr Neighborhood
Association Annual Dinner

visit with your neighbors, eat yummy food

05.13.09

And Board Elections

join the BMNA board, share your voice



Area 5 residents Scott McLaughlin (left) and Morris Engel (right) will serve as the neighborhood's NRP Co-chairs.

BMNA's New NRP Co-Chairs

Thank you to Scott McLaughlin and Morris Engel who have volunteered to fill the position of NRP Chairs on the BMNA Board. The position has been vacant since Rob Harris vacated it last May after many years of service.

The NRP (Neighborhood Revitalization Program) Chair is a voting member of the BMNA Board and attends regularly scheduled meetings and participates, as desired, in neighborhood activities and events. The NRP Chair is responsible for monitoring the status of NRP Phase 2 Action Plan strategies and, as these are completed, compares with budgets. Reports to the BMNA Board on activities and achievements of the various NRP Committees (Parks, Traffic, Housing, Environment, Schools, and Downtown Committee) as needed, and any NRP Plan Modifications or Amendments. Updates the neighborhood on NRP activities via Bugle articles (2-4 per year.). Works with the Treasurer to review and approve NRP contracts.

Thanks, guys, for stepping in to fulfill this vital role!

BMNA Board Positions up for Election This Year!

The BMNA by-laws state that, in even years, the following positions shall be elected: Vice-President, Treasurer, and Co-Representatives for odd-numbered Areas (1, 3, 5 & 7). Our current treasurers (Ron Sterbenz and Chad Smude) and Area 1 Representative (Rachel Banken) have notified the Board that they will not be seeking re-election to their positions, so it is critical that we find candidate to fill these spots.

All of these positions offer great opportunities to get to know many wonderful neighbors, to learn about the issues facing Bryn Mawr, and to have a voice in our neighborhood's response to those issues. The only requirements are a willingness to volunteer your time and effort, and to voice your opinions while keeping an open mind about what your neighbors have to say. (Well, and you have to actually be a member of the BMNA - but you can sign up right at the Annual Meeting, if you haven't already!)

Please contact Nominations Committee Chair Larry Skov, at 374-1561, if you are interested in volunteering for one of these positions! The full slate of candidates will be published in the April Bugle.

- Lisa Mills, BMNA Secretary

BMNA Treasurer Needed

Neighbors,

The BMNA needs a volunteer for the Treasurers role! Our current BMNA Treasurers are leaving the Board at the end of their term in May. Ron and Chad have implemented several processes and tools that make the role easier and will also provide training and some transition assistance. This is a two year elected term starting in May 2009 and provides a great opportunity to become involved in the neighborhood association.

If you are interested in learning more about the Treasurers role, please contact Ron or Chad (see contact information below).

Duties:

- Record and track revenues, donations and expenses using Quickbooks
- Create monthly and annual reports automated with Quickbooks
- Build annual budgets using budget templates in Quickbooks
- Attend monthly BMNA Board meetings and provide financial updates
- Pay vendor invoices - 3 to 5 per month
- Manage bank and savings deposits
- Complete annual tax filings - with assistance from City of Minneapolis finance personnel
- Monitor expenses - leverage Quickbooks to monitor spending versus budgets
- Provide fundraising assistance

Here are some basic requirements:

- Must have and operate Internet Explorer on your own computer with, DSL or Cable
- Must be computer literate
- Understand basic accounting concepts - (balance checkbook)
- Basic Microsoft Word and Excel skills
- Knowledge of Quicken or Quickbooks is helpful but not necessary

Provided:

- Small BMNA safe for hard copy records
- External hard drive with digitized hard copies of all past financial records
- USB scanner for transferring documents to images
- BMNA does not reimburse for internet access, PC or printer hardware
- Paper, postage, ink items are covered

Notes:

Quickbook Online is only supported via Internet Explorer. The online system though means there is never anything you can lose and can be operated from anywhere in the US on any machine with Internet Explorer. It also provides the other Board members with real-time viewing from their home computers.

Contact us at:

Treasurer@bmna.org or 612-920-0580



BMNA Reporter

Bryn Mawr Neighborhood Association Board Minutes, February 11, 2009

Present:

Marlin Possehl, President; Larry Skov, Vice President; Chad Smude, Ron Sterbenz, Co-Treasurers; Linda Shaheen, Area 2; Jessica Wiley, Area 3; Christopher Etz, Area 4; Dave Logsdon, Area 5, Jay Peterson, Area 6; Steve Harvey, Area 7; Patty Wycoff, Neighborhood Coordinator; JoEllyn Jolstad, Bugle. Also in attendance were Dylan Thomas from the Southwest Journal and Michael Kotch from the Mpls Mirror.

Call to Order and Introductions

Meeting was called to order at 7:10 PM in the Bryn Mawr Elementary cafeteria. A quorum was present.

Approval of Consent Agenda

- Minutes of last month's meeting
- Today's agenda

City Council Report

- Lisa Goodman Distributed the Ward 7 e-news.
- Discussed ash bore crisis being addressed by the city.
- Lunch with Lisa will focus on the city budget.
- There were 66 applicants for the community engagement committee. There were 7 picked; there is one representative from the 7th ward

Neighborhood Coordinator Activity Report - Patty Wycoff

- Holding our first ever membership party at Cuppa Java on February 28.
- Discussed Kenwood ice skating get together. Would like to try to do one in Bryn Mawr next year.
- Seventy Bryn Mawr kids skied in the Loppet.

Update on BMNA Projects

Energy challenge

No report from energy challenge.

Downtown Bryn Mawr facelift

Downtown Beautification- Business association is not supportive of producing a mural. Discussed issues with installing banners. They would

have to be put up and replaced by public works if they are on city light poles. This increases the cost. Discussed the possibility of replacing lights at the intersection. Explored Great Streets Grants. The grants will not be used to support replacing lights according to Lisa Goodman. We may be able to use the two old semaphore light poles for something; perhaps something similar to the Grand Round signs. Marlin will talk with Jeff in the business association about another recommendation for the business area, then ask the Capitol Committee to regroup.

Update on Bugle review

The Bugle review committee met with members from the fundraising committee. Agreed to reframe mission, purpose, and vision of Bugle. Determined four major objectives to look at: quality, distribution, community involvement and cost. Committee members will articulate expectations for business management, editorial content, and production. Treasurer will confirm Bugle budget. A 6-month contract with the current editor was approved. Discussed reviewing contracted services of Bugle editor and neighborhood coordinator every two years.

Committee Reports

Land Use Committee -

Possehl reported. A variance was requested by Studio 411. Approval requested by land use committee. Moved by Jay, seconded by Chris. Approved by board.

Traffic-

No report

Parks & Rec-

No report

Schools

Shaheen reported.
- Committee discussed NRP money designated for schools and parks. May be able to support playground equipment or public safety measures around the parking lot. Discussed starting a volunteer pool from the neighborhood to help with literacy and math at the schools. Sports Arts program-will meet Com-

munity Ed Advisory to find out what is be recommended this year.

- PTA requested cash donation from BMNA for Family Fun Night-March 27- Moved by Jay, seconded by Chris, approved.

- Open community meetings scheduled during February to discuss potential bussing changes throughout the city. The district is trying to find a sustainable bussing program. Can no longer afford to bus throughout the city.

Budget and Fund Raising-

Membership letters going out this week.

Treasurer's Report-

Budget adoption postponed until March.

Reports from BMNA Representatives to Affiliate Groups

- ROC- no report
- SWLRF-no report

Discussion Items and Announcements

- Lisa Mills will be taking a maternity leave; Jessica will substitute for her.

- Odd number area reps are up for election this year, also secretary, vice president and treasurer positions. Chad and Ron will not be running for treasurer. Rachel will not be running as area 1 rep. We plan to distribute membership responsibilities to area reps. Dave Logsdon has stepped in as area 5 rep.

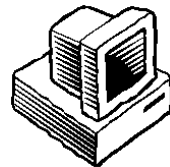
- Morris Engle and Scott MacLaughlin and will take over as co-reps for NRP.

- April meeting. Larry moved, Jay seconded to move the meeting to April 15. Approved.

- March 14 community building activity for BMNA board at Wiley's.

Adjourned at 8:25 PM

Submitted by Jessica Wiley for Lisa Mills



From the Editor

When times get tough, it is more important than ever that we take care of each other. In Bryn Mawr, I feel like we really support one another. I am personally connected to a "village" of parents whose 3rd-5th grade daughters freely flow between our various yards, cars and dinner tables.

This feeling of community comes easily to us. But what does it take to feel similarly connected to people whose life experience and skills differ greatly from our own?

Former vice presidential candidate, Sarah Palin's agenda was to improve the educational experience of children with special needs. When I heard this, I knew immediately that I wanted to invite her to Anwatin to see the classroom where her son with Downs Syndrome would be so well cared for and educated.

Mrs. Kruc teaches students with DCD (Developmental and Cognitive Delay). Though her innovative partnering and commitment to service learning, she gives her students experiences that show them how they can participate and contribute.

Her students DO the service, not have the service done for them. They raise money and collect food for hungry people. They collect the school's recycling, count and distribute the newsletter, and do their own laundry. Last year, they even made costumes for the school musical.

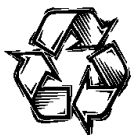
Mrs. Kruc changes attitudes of those around her by the way she interacts with her students. Other than making adaptations for their particular challenges, she treats her students like any other middle schooler. They have lockers, schedules and homework planners. They are expected to observe the school's dress code and behavior guidelines.

Recently, she was taking two students to lunch. One of the students, is non-verbal with a severe cognitive impairment. She got ahead of us and turned down a hall before the lunchroom. Instead of running after her, explaining that she did not know any better, her comment (for the benefit of me, and the other student) was "Well, you know eighth graders. They think they run the school and can do whatever they want."

She does more than educate the student, she has a lesson for all of us. When she teaches a child how to use a recording device to relay a message, she also teaches the person hearing the message that students of different abilities have something to say. This is an important lesson for everyone - all voices should be heard and valued.

The thing she has taught me is we all have more in common than we think and just because a person does things differently, doesn't mean their contributions don't have merit.

- JoEllyn Jolstad bugle@bmna.org



Recycling

www.ci.minneapolis.mn.us
/solid-waste
(612) 673-2917

Bryn Mawr Recycling Schedule

	Monday	Tuesday
Area	March 9 March 23	
Areas 4W, 5W, 6, 7	March 2 March 16	
Areas 2, 3, 4E, 5E		March 3 March 17 March 31

Use it up, wear it out, make it do, do without.
Recycle — 673-2917

more CounterTalk

by Dave Logsdon



"There is a crack in everything,
that's how the light gets in,
that's how the light gets in"

- Leonard Cohen

Wow, what a winter! So much is happening right here in River City! Now if I can only capture everything that is going on in my mind....hmmm.... maybe not everything.

Dave's Excellent Adventure

When Barack Obama was elected in November, I thought I might want to go to the inauguration. I wasn't sure I could pull it off right up until a week before the event. Then my peace activist pal from Area 3, Bruce Berry, told me he had a place for my fellow Vets for Peace traveling partner, Doug Drews, and I to stay in Falls Church, Virginia. So we rented a car and took off for D.C.!

After staying overnight near Cincinnati, we traversed the snowy

mountains of West Virginia and made it to D.C. on Monday night before the inaugural. After dropping off our luggage at the place we were staying in Falls Church, hopping the subway into D.C., we had dinner at the wonderfully political Busboys and Poets Cafe up on 14th street and then got ahold of Bruce.

He was sleeping on the floor of someone's Hotel Harrington room just off the inaugural parade route. It was after midnight and going back to Falls Church wasn't an option, so Bruce got us a couple spaces on the hotel room rug where we managed to get a couple hours of sleep. At 4 am we all went downstairs to the security check-point just off Pennsylvania Avenue.

There was a hardy group of 40 or 50 folks gathered and by 8:30 there was a few thousand people waiting to slip through four metal detectors. Fortunately the port-o-pottys were right on the other side!

I somehow ended up on the other side of Pennsylvania Avenue from Bruce and his pals with their ARREST BUSH banner. From where I was standing, there was nothing but security people in between me and the Obama's. After eight cold hours, I got the photo seen above of the President and First Lady!

By the time I met up with the boys again and got back to Falls Church it was almost nine o'clock. Needless to say, I slept well that night content to have been part of this historic event in our history'



President and Mrs. Barack Obama in a sea of security on inauguration day.

Before I Go....

Darryl Reeves grew up in Bryn Mawr and ended his life in Bryn Mawr. Darryl advertised in the classified section of the Bugle for years and has done a lot of handyman jobs for many Bryn Mawr community members including at our house. He was having health problems recently and was seeking answers at VA hospital. His frustrations may have led him to take his own life. I knew him as a decent fellow, may he rest in peace.

Recently, on the news was a story about the departure of a Minnesota National Guard unit to Iraq. Among the soldiers was Captain Chris Reid who lives in Area 5 on Russell Avenue. We all wish him the best of luck. Hopefully, the day will come when our National Guard stays where they belong, on call in case of emergencies in the state, instead of foreign misadventures we seem to be pursuing.

Hopefully, I make it to 64th birthday on the first ("will you still need me, will still feed me"), and if I do, I will see you next month.

Dear Bryn Mawr Neighbors,

Our store, like many retail businesses, has suffered because of the current economic crisis. For the last several months we have been working to make the Bryn Mawr Market a cleaner and more convenient store. We hope this will help us through this tough time and keep our Bryn Mawr neighbors as customers.

Paul and I have been a part of Bryn Mawr all of our lives. For the last 20 years we have worked

to keep Bryn Mawr the very special place that it is. We ask for your support during this turbulent time.

Please contact me or Paul if you have any questions or suggestions as to how we can encourage neighbors to stop at our store.

Sincerely,

Doug and Paul Anderson

Doug's cell # 612-747-9278

Remember...we deliver at no charge!
Bryn Mawr Market # 612-377-6014

BMNA Bulletin Board

BMNA Volunteer Opportunities - Contact: organizer@bmna.org

Area 5 Representative to Land Use Committee (LUC) Needed

The BMNA is looking for a representative from Area 5 on the LUC. The LUC reviews variance requests and advises the BMNA on whether or not to support the request.

Members of the LUC are - Area 1: Mike Dillon, Bob Burgett (alternate), Area 2: Dan Claar, Curt MacKenzie, Area 3: Steve Maurelli, Area 4: Kevin Johnson, Area 5: OPEN, Area 6: Michael Martens and Area 7: Pat Waddick

NRP Schools Committee Needs Representation from Area 7

The schools committee meets three times a year to look at issues related to schools and the neighborhood. Regular meetings are the fourth Thursdays of January, April and September at 7:00 pm in the conference room at Bryn Mawr Elementary. Additional meetings are scheduled as needed to review specific schools issues of the BMNA or neighbors.

Members of the Schools Committee are - Area 1: Bruce Jones, Area 2: Kevina Munich, Lynda Shaheen, Co-chair, Area 3: Jessica Wiley, Co-chair, Area 4: JoEllyn Jolstad, Area 5: Jean Defresne, Area 6: Beth Boyle and Area 7: OPEN.

Area 2 Bugle Distribution Coordinator

Area 2 Bugle Coordinator. A new coordinator is needed as of March 1 so that the Area 2 block distributors can continue to get the Bugle out to the neighbors.

The job consists of having all the Area 2 Bugles delivered to your home on the last Friday of each month (except December) then getting them to the volunteers, like yourself, who take them door-to-door. The Area Coordinator also maintains a list of each block and its volunteer to ensure that all residents get the Bugle.

If this sounds like something you or someone you know would be willing to do, contact David Logsdon, Bugle Volunteer Coordinator (377-9689)

Bugle Block Distributors - All Areas!

Every month, hundreds of your neighbors go for a little walk around the block. When they do, the drop copies of the Bugle on each of the 1500 doorsteps in Bryn Mawr. The last Friday of each month, Bugles are delivered to one coordinator in each area. They count and distribute them to the block distributors. Call Dave at (612) 377-9689 to find out if a block near you needs your help.

Save the Date! May 2nd! 3rd Annual BMNA Garage Sale!

The BMNA will be hosting a garage sale during the Bryn Mawr Garage Sale weekend. This will be a fundraising event with all proceeds donated to the BMNA.

The garage sale consists of items donated by Bryn Mawr neighbors. Last year the event raised \$527. So, while you are getting re-organized after the holidays, start thinking about what you want to donate and hang on to it until May 1. A volunteer will come to your home on May 1 and pick up your donations. It's that simple!

We would appreciate donations from the list below:

Children's clothing, accessories, jewelry, housewares, pictures, select furniture (with approval), clean linens, crafts, books, CD's, DVD's, records, toys, games, small appliances in working order, antiques, collectibles, holiday decorations, handtools, office supplies.

We cannot accept: items that require cleaning or repair, hazardous waste items or appliances.

Questions? Contact Neighborhood Coordinator, Patty Wycoff pwcoordinator@com-cast.net or 612-377-4565.



BMNA

Volunteer Profile: Carolyn Bastick, Area 4

A continuing series spotlighting exceptional neighborhood volunteers

1. How long have you been a Bryn Mawr resident?

I bought my very first house in Bryn Mawr back in 1986.

2. What do you like most about living here?

Where do I start ... Bryn Mawr has pretty much everything I need. Involved, caring neighbors and fantastic facilities all within walking distance – the Bryn Mawr Market (what we'd call the village shop back where I come from); great coffee shops; a park; dry cleaner; gas station; wonderful houses and architecture (I'm onto my third house in Bryn Mawr); a location that is hard to beat with being so close to downtown in one direction, the woods in the other direction, 15 minutes to my work or out to the farm where I keep my horse. I absolutely love it. My children can walk down to their dentist, I can walk to get my hair cut by Dennis and pick up milk from the Market

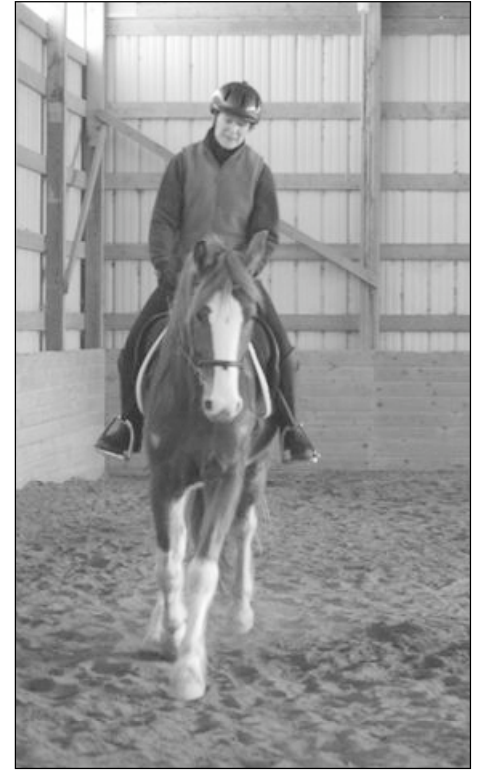
on my way home, and without a shadow of a doubt, Bryn Mawr has THE best pizza place in town. And wherever you go, you are bound to bump into people you know. Those are just some of the reasons.

3. What do you wish you could change about the neighborhood?

The high property taxes – the price we have to pay for the neighborhood's growing popularity. This is a tough one. For those of us who have invested some serious time into this neighborhood, we have a great investment in our homes and we can remember the ludicrously low prices we may have paid for them 20+ years ago when this neighborhood was viewed a little differently. I'm grateful for this, but I have to admit the resulting hike in property taxes is hard to stomach. I worry especially about the retired residents of Bryn Mawr who even though they own their own homes, still struggle to pay those high taxes.

4. How and why do you volunteer for the BMNA?

I think I started out in 1987 or so volunteering to do the want ads for the Bugle, ended up by handling the display ads somewhere along the line, then co-edited the Bugle with my good pal Jennie Bartholomew for a while when the Bugle found itself without an editor (that involved cutting and pasting on my dining room table, which is a fond memory), took a break when I had my first son Adam, then back to doing the want ads – that seems to have stuck. When we started doing the Bryn Mawr garden tour in earnest, I helped organize a number of the tours with Greg Lecker and a group of great volunteers, had my own garden on the tour a few times, I've done a spot of weeding and rubbish pick up from time to time. Why? I reckoned it was what you did when you were grown up enough to have your own house,



Bugle Classified Ad Manager, Carolyn Bastick

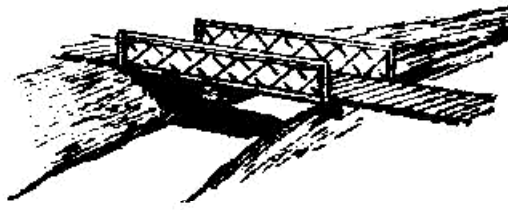
and honestly it doesn't take a lot of time and it adds value to the neighborhood and one's own life. The garden tour part was because I really believed we had so many lovely urban gardens that others would enjoy. There are so many different volunteer jobs people can do in a place like Bryn Mawr, especially surrounding the Bugle.

Bryn Mawr Neighborhood Association Calendar - March 2009

All meetings are open - everyone is welcome. Neighbors are urged to attend and participate in meetings and activities of special interest to them. Bryn Mawr Neighborhood Association and its committees meet at Bryn Mawr Elementary School during the school year (begins September 2 2008.) unless otherwise noted.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 BMNA Budget and Fundraising Meeting at Bryn Mawr School in Rm. 136 at 7pm	4 Land Use Meeting at Bryn Mawr School in Rm.136 at 7 pm	5	6	7
8	9	10	11 BMNA Monthly Meeting at Bryn Mawr School in the cafeteria at 7pm.	12	13	14
15	16	17 Bassett Creek Valley Redevelopment Oversight Committee (ROC) Meeting, 6:30 Ripley Gardens-corner of Penn and Glenwood Aves.	18	19	20	21
22	23	24	25 Lunch w/ Lisa Goodman at St. Thomas at noon. 10th and LaSalle, RM 257 \$10/person	26	27 Family Fun Night at Bryn Mawr Elementary	28
29	30	31	Minneapolis Public Schools Spring Break is April 3-12 There are no meetings at the school during this time. The April BMNA Board meeting will be Wednesday, April 15.			

View From the Bridge



March 2009

Bird Banding Sunday Mornings

Looking to share a new experience with your family? Bird banding is an interesting and free activity and available at a local nature center, Springbrook Nature Center in Fridley, Minnesota. See schedule of Sunday morning bandings at end of column.

Not only do visitors have the opportunity to see and hear birds close-up, but by observing the banding process and listening to the data collected, one may learn quite a bit about birds. The nature center's program brochure invites you to "Help capture and release wild birds for this banding research project. Hold in your hand cardinals, chickadees, robins and more as they are released."

John James Audubon "banded" birds by knotting silver threads around the legs of birds that he found returning to the same place to nest the next year. Data from banding has plotted/estimated (word choice) flight speed and flight courses of birds. Banding has also revealed migration patterns for bird species as well as the differences in migration for differently aged birds and male vs. female birds and adults vs. immature birds.

Today, twenty-eight different band sizes accommodate birds ranging from the tiny hummingbird to the large Trumpeter Swan. Lock-on or rivet bands are used for raptors that have strong beaks to prevent the bird from opening the band. Aluminum bands are generally used; stainless steel is used for birds that live near saltwater habitats.

Members of the American Banding Association began banding on a large scale in 1909. Banding research has revealed/discovered bird ages, population status, diseases, food preferences, estimating bird numbers, migration routes and the influence of weather on routes and timing, weight loss during migration.

Bird banding and individual identification of birds allows studies of migration, life-span, survival and reproductive rates, and population growth and dispersal. Waterfowl banding allows setting of harvest regulations. Banding of raptors allows study of behavior and social structure - answering such questions as: Which bird builds the nest? Which feeds the young? How often? Banding has sorted out the mystery of migration routes into four corridors in North America: Pacific Flyway, Central Flyway, Atlantic Flyway, and our own local Mississippi Flyway. Some species fly south via one flyway and return via another flyway.

Birds are captured at Springbrook in a variety of ways: feeder traps,

suet traps, and mist nets. Feeder and suet traps consist of metal traps set around the feeder which closes after birds enter the traps to feed. Mist nets are made of thin black nylon thread and are virtually invisible when set within a woodland. On average, about fifty birds are trapped and banded. On a good migrating day, 95 to 100 birds might be captured.

At thirty minute intervals, Paul Fusco, one of several veteran volunteers, will walk the net line or check the traps. He will carefully remove birds from the nets or traps, holding the bird carefully but firmly, and taking care not to prevent the bird from pecking the handler's hand. The handler then carefully place the bird head down into a soft cloth bag and return to the banding station inside the nature center. The bagged birds are then hung on a clothesline with clothespins to await their turn.

Some birds try to escape while wriggling in the bander's hand; others loudly express their displeasure; others loose their bowels. However, most birds accept this intrusion calmly and quietly.

While the bird is moved from the clothesline to the banding table itself, the bird and its bag are weighed and the weight of the bag subtracted to arrive at the bird's weight in grams. For reference, consider that a Black-capped Chickadee weighs 10.8 grams - just over the weight of two nickels.

Only 2,000 master banders have demonstrated the ability to safely trap, handle, and band birds. It's possible for master banders to collect skills by taking courses; but it is recommended that they apprentice under an existing bander. Ron Refsnider is master bander for Springbrook Nature Center.

The band size is selected after measuring the bird's leg and consulting the banding records. Ron opens the metal band with a special pliers, slides the band onto the bird's leg, and then closes the band with the pliers in such a way that the band maintains its circular shape and does not overlap. He calls out the band's number to Judy Jones, who records the data. Then over a few minutes time, further data is collected and recorded. Ron evaluates the amount of fat (on a scale of 0 to 7) that the bird has stored by observing the yellow material stored under the skin when he gently blows on the contour feathers of the bird's throat and upper chest. Birds with large amounts of fat have much fuel stored and are ready to migrate.

While observing the amount of fat, Ron also lightly blows over the rest of the bird's body and looks for body and flight feather molt.

Next, Ron measures the wing length



Clockwise from top:
Ron Refsnider and Judy Jones with American Goldfinch;
Ron studies bird's flight feathers;
Ron Refsnider examines Downy Woodpecker #2251.21136, banded 10/14/2007 at Springbrook Nature Center, recaptured at Springbrook on 11/11/2007, 12/8/2007, 2/3/2008, and 3/30/2008;
Strings of bands await use in banding birds

with a special ruler. Wing length helps to verify the bird species and may distinguish male and female birds. Ron also looks for the presence of a cloacal protuberance or brood patch. The cloaca is the name given to the single opening for excretion of wastes and for sexual reproduction. As breeding season approaches, the cloaca of most male birds enlarges to store sperm. Just prior to and during the time that the female is incubating nests, a brood patch develops. The feathers of the lower breast and abdomen are lost and fluid collects beneath the skin to increase the transfer of heat from the bird to the eggs.

Birds are held for a short amount of time - a few minutes - to minimize stress and to allow them to return quickly to their territory with a custom-fitted leg band. Children are often invited to participate in the release of birds after banding is complete. An experienced assistant instructs, asking the child to extend an open hand, palm side up. The bird handler then places the bird's feet in the child's hand. After the handler releases the bird into the child's hand, the free bird flies quickly to nearest tree, and perched on a branch, preens itself, combing its bill or feet through its feathers, refitting the feathers together.

To understand the magnitude of banding, consider that in 2001, over one million birds were banded and nearly 100,000 recovered banded birds were reported to the banding laboratory. At Springbrook Nature Center, the most commonly caught birds include: Black-capped Chickadee, Hairy and Downy Woodpeckers, Dark-eyed Junco, Blue Jay, American Robin, and Northern Car-

dinal. Some individual birds are caught again and again - residents like chickadees, wood peckers, proving that birds remain or sometimes return in the same area year after year.

Springbrook Nature Center

100 85th Avenue NW
Fridley, MN 55432
763-572-3588

Banding dates

(times are continuous until 12 noon)

March 1,	7:30 AM
March 29,	7:00 AM
April 19,	6:30 AM
May 3,	6:30 AM
May 17,	6:30 AM
June 7,	6:30 AM
June 28,	6:30 AM

Sources:

The Birdwatcher's Diary, Edgar M. Reilly, Gorton Carruth, 1987
Watching Birds - An Introduction to Ornithology, Roger F. Pasquer, 1977

www.springbrooknaturecenter.org
http://www.springbrooknaturecenter.org/bird_banding.cfm
<http://www.ci.fridley.mn.us/parksec/snc/newsletter.pdf>
http://www.springbrooknaturecenter.org/pdfs/Springbrook_Newsletter_web_Fall08.pdf

Plan a late winter visit to Springbrook Nature Center ...it will be worth your effort!

Greg Lecker
U of M Extension Service Master Gardener; Minnesota Master Naturalist Volunteer



www.minneapolisparcs.org

Lakes District Community Service Area Informational Meeting - March 5

Informational meetings are being held around the city in regards to the Community Service Areas (CSA's) in the Lakes District of the Minneapolis Park and Recreation Board. These meetings are being held to inform the public about what CSA's are and how they work.

The meeting for the Lakes North CSA, which includes Kenwood, Elliot and Harrison Parks, would be the information most appropriate for your the Bryn Mawr area. It will be held Thursday, March 5, 7:00 pm at Kenwood Park located at 2101 West Franklin Ave.

- Maggie Mercil, Kenwood Park

2009 Loppet the Best Ever

With the early and sustained snow and cold temperatures, this year's City of Lakes Loppet was the best ever - and, as usual, the Bryn Mawr neighborhood played a big role. The City of Lakes Nordic Ski Foundation - the organization that runs the Loppet - ran programs at both Bryn Mawr Elementary and Anwatin Middle School this year. Scores of Bryn Mawr residents took part in the events. And, of course, the Loppet's big Sunday events passed right behind the schools and through the neighborhood.

More than 160 neighborhood students learned to ski this year through the programs at Bryn Mawr and Anwatin. About 120 students participated through the Bryn Mawr School program, which was sponsored by UCare Minnesota. The program uses skiing as a vehicle to teach the children about fitness and nutrition generally. Each week students learn about a different system - like the heart or lungs - and how that system relates to skiing and to fitness generally. At the end of the year the students were bused to the Minne-Loppet (about 50 Bryn Mawr students attended) and provided with a nutritious banquet where they all received graduation certificates.

Another 40 students at Anwatin Middle School learned to ski through the Foundation's programming. About 20 of these students participated through the Anwatin Ski Team, a partnership between the Foundation and the Anwatin Community Education Department. Another 20 were exposed to skiing



Elliot and Olivia Etz, Area 4, skied the Minne-Loppet, January 31, 2009.

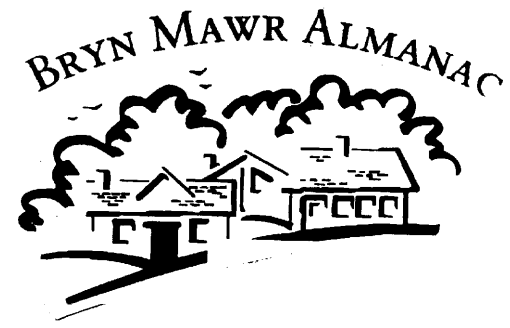
through the Anwatin Race Team, a partnership between the United States Olympic Committee and the Nordic Ski Foundation. The idea behind the race team was to take middle school students at Anwatin and work with them throughout the fall and winter. The students met with their coaches Brandan Ostroot and Ben Kremer two to three times per week and even attended a camp sponsored by Maplelag Resort in northwestern Minnesota.

Notable Bryn Mawr residents at the 2009 Loppet include:

Tim Trudeau - 38th overall in the Freestyle race
 Tim Hennem - 579th overall in the Freestyle race
 Nate Pasmarter- 503rd overall in the Freestyle race
 Deacon Wamer - 509th overall in the Freestyle race
 Bob Wheeler - 34:13 in the REI Tour

For more information on the Loppet visit www.cityoflakesloppet.com or call 612 604-5330.

- John Munger, City of Lakes Nordic Ski Foundation



- March 11, 2009 Full moon, the Ojibwe Snowshoe Breaking Moon. Average snow depth is 4.5 inches at the beginning of March and 0.5 inch at the end, so early Minnesotans could put away their winter equipment. When the snow is gone, things warm up quickly, as the brown earth can absorb solar heat that snow reflects. Average temperatures here increase 4° in the first half of March but 11° in the second half.
- March 23, 2007 Male cricket frogs calling from local ponds, including those in Wirth Park and the marshy area in Bassett's Creek Park near Thomas and Chestnut. These frogs are tiny, about an inch long, but can make quite a racket by putting their voices together. If disturbed, they will stop abruptly.
- March 30, 2008 Seen during an early morning walk along Bassett's Creek: robins, cardinals, crows, chickadees, nuthatches, mallard ducks, and one red-winged blackbird. The arrival of red-winged blackbirds is a reliable sign of spring. Recently, robins have been over-wintering in Bryn Mawr. This year, a flock of them has been hanging out in a wooded ravine in Bassett's Creek Park where a spring provides open water.

Southwest High School Students Advance to National Japan Bowl Competition in Maryland!!

The Upper Midwest Regional Japan Bowl Competition was held at Normandale Community College on February 14th, 2009. There were three levels: level II, level III and level IV in this competition. The Southwest level III-A students won first place in their category. This team is now eligible to participate in the 2009 National Japan Bowl Competition, to be held Thursday-Friday, April 2-3, 2009 at the National 4-H Youth Conference Center in Chevy Chase, Maryland.

The Japan Bowl is a national competition to test the ability of high school students throughout America who are studying the Japanese language. It is modeled on a quiz show format and aims to make the study of Japanese challenging and enjoyable.

Congratulations to the finalists who represented Southwest at Regions this year: Jessamyn Anderson, Brenda Barrera, and Rachel Boyle. Rachel, who is the daughter of Beth and Frank Boyle in Area 6 and Jessamyn are both sophomores who started their instruction in Japanese at Anwatin Middle School.

Other participants who did a great job at Regions are:

Level IV
 Dakota Darkstar, Sulecca Lomax, and Shophia Scheller



Former Anwatin students, Jessamyn Anderson (l) and Rachel Boyle (r, Area 6) on their trip to Japan last summer.

Level III-B
 Grant Jolstad (Area 4), Reed Monson (Area 2), and Connor Rice
 Level II-A
 Kaija Beilke, Lilable McCall, and Jonathan Riddle
 Level II-B
 Maximilian, Cunthia Vue, and Anthony Williams

- Kyoko French, Japanese Teacher Anwatin and Southwest High School



Youth & Schools

Calling all Bryn Mawr Elementary Alumni and Families!

Family Fun Night 2009 is coming up on Friday, March 27th. The PTO at Bryn Mawr Elementary is looking for some volunteers for this event. We would love to have some help from alumni students and their families. We need help from 7:30-9:30pm. If you are able to volunteer, please contact Wade Martinson at wsm@alum.mit.edu

Bryn Mawr PTA Plant Sale Is Back!

Once again, the parents of the Bryn Mawr PTA are having a big plant sale. Order forms will be inserted in the April Bugle. You will also find order forms at the school, in some of the downtown business or email jjolstad@mpls.k12.mn.us and have a PDF file sent to you.

There will be a huge selection of annuals, perennials, and the world's most beautiful hanging baskets. Plus, there will be wildflowers, native grasses, herbs and tomatoes. All plants will be delivered to the school for you to pick up in time for Mother's Day!

What makes our sale special?

Unique Selection - Even if you are a loyal supporter of another plant sale, with 150+ varieties, we know

you will find something you like! High Quality Locally Grown Plants - Repeat customers know they will get full-size beautiful plants.

Orders are due by April 20. Plants will be delivered the first week of May with an overstock sale the next day. Thank you in advance for your generosity this year and enjoy your wonderful plants!

- Jenny Warner, Area 6 (374-5156)

Bail Out the Bryn Mawr Band!

The Bryn Mawr PTA is looking for sponsors for its rockin' new fund raiser. "Shake it Like it's Hot" will be Saturday, May 23 at Lee's Liquor Lounge. It will feature several great local bands including Gone is Gone, Steams County Pachenga Society and Slim Dunlap.

Here's your chance to be a rock star!

Please join our list of rockin' sponsors in helping us Bail out the Band!

\$50	Groupie
\$100	Roadie
\$250	Rock Star
\$250+	Rock Legend!

All Rock Star and Rock Legend Sponsors will receive rock star treatment and be promoted in our advertising and promotional materials.

For more information, contact Amy Morris at (612) 374-9779.

YMCA's Camp Ihduhapi in nearby Loretto, Mn.

The Voyager program offers parents and kids the opportunity to share time quality time with each other and friends and build strong relationships in a low-key atmosphere, according to Noah Mammen, coordinator of the Voyagers program for the Hiawatha YMCA in Minneapolis.

Participants form "bands" and gather for activities on their own about once a month - parents with daughters for the Pathfinders groups and parents with sons as Guides groups. The bands also come together for an annual pinewood car derby and attend Voyager-wide camps, one in tents in the spring and one in cabins in the winter.

"It's not over-scheduled or over-organized," said Chris Davis, who

joined a band based in the Bryn Mawr neighborhood with five other parents in 2000 when his son was in kindergarten. "We look forward to our band getting together each month and to seeing the other bands at the winter and spring campouts and car derby."

Within each band, a different parent-kid team plans a monthly activity that may range from a bike trip around the lakes to a game of capture the flag to a service project helping to clean up a neighborhood.

"This is a great way to link kids with their parents in a fun way," Mammen said. "We emphasize community service and that helps instill values, like caring and responsibility."

For the annual pinewood car derby, kids and parents craft miniature vehicle out of two small pieces of 2 x 4 wood and a set of wheels.

Awards go to the fastest cars, as well as the most creative.

"My car looked like a race car, it was red with white stripes," said fourth grader Kally Carlson. "I came in first place in my group, and sixth place overall."

The Hiawatha YMCA encourages parents and kids to form bands and sign up for the program. Bands often form when kids are in the early elementary years, but participants range in age up through the middle school.

For more information, call Noah Mammen at (612) 728-7631. For a brochure about the program, visit www.ymcatwincities.org.



Generous Neighbors!

Youth members of the Bryn Mawr Presbyterian Church presented a check for \$66 to Jennifer Carlson, Treasurer of the Bryn Mawr PTA. Each of the three neighborhood schools (Bryn Mawr, Anwatin Middle School, and Park View Montessori) received checks from a collection that was taken at the church Thanksgiving service.

City of Minneapolis Curfews

Age	Sun-Thurs	Fri-Sat
Under 12	9:00 pm	10:00 pm
12-14	10:00 pm	11:00 pm
15-17	11:00 pm	12:00 pm

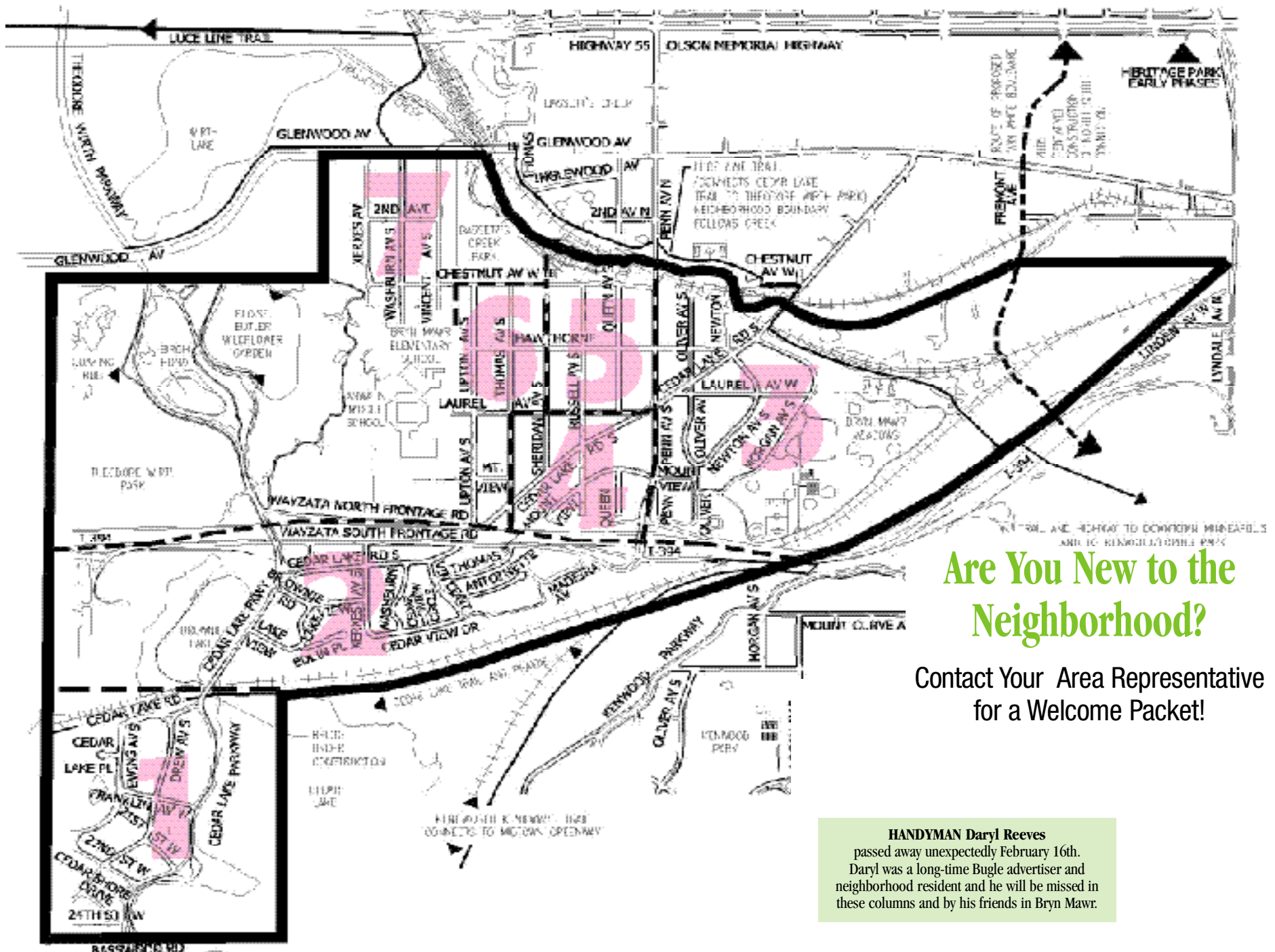
Minneapolis 311 is available weekdays from 7:00 a.m - 11:00 p.m.

YMCA Voyagers Offer Fun, Build Memories for Parents and Kids

By Matt Kane
kaneconway@msn.com

What do you call a nighttime broomball game in the woods at five degrees below zero? Fun. That's the verdict from dads and kids in the YMCA's Voyager program.

"It's not cold when you're running around - even on ice," said Mitchell St. Clair, a 4th-grader from Hale Elementary in Minneapolis. The late-night broomball game was played during a January weekend at the



Are You New to the Neighborhood?

Contact Your Area Representative for a Welcome Packet!

HANDYMAN Daryl Reeves passed away unexpectedly February 16th. Daryl was a long-time Bugle advertiser and neighborhood resident and he will be missed in these columns and by his friends in Bryn Mawr.

THE BRYN MAWR NEIGHBORHOOD ASSOCIATION

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The Bryn Mawr Bugle is the official newsletter of the Bryn Mawr Neighborhood Association (BMNA) and is published monthly, except January.

Distribution is free to Bryn Mawr residents; copies are also available at the Bryn Mawr Coffee Shop, the Bryn Mawr Market, Bryn Mawr Mobile and Cuppa Java. Subscriptions are \$21 per year. Letters must be signed and include a phone number. They are subject to editing. Please call the editor if you have questions about submitting material. Electronic submissions (CD or email) are preferred.

Copy deadline for the April issue is March 20!

Display Ads are due March 20. Ads must be pre-paid & camera ready. Call Deryck Jolstad at (612) 377-8968 or djolstad@msn.com for rates.

GENERAL ADVERTISING POLICIES: All ad copy is subject to approval by the paper, which reserves the right to reject or request changes to an ad. Ad placement does not imply endorsement by the BMNA. The advertiser, not the paper, is responsible for the truthful content of the ad. Readers use service/product providers at their own risk and are solely responsible for checking references, state agencies, BBB, etc.

SUPPORT THE BMNA!

We have some of the cheapest rates around
Why don't you advertise in the Bugle?!!

Display Ad Rates	Page Size	Residents	Non Residents
Full Page	10" w X 16" h	\$240	\$280
Half page, horizontal	10" w X 7 7/8" h	\$120	\$140
Half page, vertical	4 7/8" w X 15.5" h	\$120	\$140
Quarter page, horizontal	10" w X 3 7/8" h	\$60	\$70
Quarter page, vertical	4 7/8" w X 7 7/8" h	\$60	\$70
Quarter page, 1-column	2 3/8" w X 15.5" h	\$60	\$70
Quarter page, 3-column	7 3/8" w X 4 3/4" h	\$60	\$70
3-column, 1/4 high	7 3/8" w X 3 7/8" h	\$45	\$55
Sixth-page vertical	4 7/8" w x 6 3/8" h	\$45	\$55
Eighth page, horizontal	4 7/8" w X 3 7/8" h	\$30	\$35
Eighth page, vertical	2 3/8" w X 7 7/8" h	\$30	\$35
Business Card, horizontal	4 7/8" w X 2 3/8" h	\$20	\$25
Business Card, vertical	2 3/8" w X 3 7/8" h	\$20	\$25
Inserts	8.5" w X 11" h	\$135	\$155

(Inserts must be printed by you, double or single-sided.)

Color Now Available!

\$60 each color, limit three per issue, Does not include ad placement fee. Some production costs may apply.

Full-Color Also Available!

Call for Details.

Ads are due the 20th of each month and should be camera-ready and paid in advance.

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